

## **GENERAL HEALTH SYLLABUS**

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**Textbooks:** Glencoe Health > A Guide to Wellness (Replacement Cost > \$ 78.00  
American Red Cross Workbook > \$ 15.00  
Alcohol & Drug Awareness Program Workbook (ADAP)  
Choosing the Best Life / Abstinence Education  
Fitness Gram Computer Program

**Units:**

1. ADAP Program
2. Substance / Drug Abuse.
3. Mental Health & Self-Esteem.
4. Relationships with Others, Marriage and Parenthood, Reproductive Systems, Sexually Transmitted Diseases and Aids Education.
5. First Aid and CPR Procedures.
6. Nutrition & Fitness
7. Fitness Gram Assessments

**Course Objective:** To improve student's awareness and confidence in their abilities to assume responsibility for their own personal health and wellness. Fitness assessments will be administered through out the semester to monitor each student's fitness levels in accordance with new State Standards. (House Bill 229).

**Mid-Term Progress Reports:** Reports are given to students following the sixth and twelfth week of each semester. Students must sign a form indicating receipt of the mid-term report and will be issued during a student's homeroom.

**Evaluation:** Major Test (35%) Class Projects (20%) Student Portfolio (15%) Fitness Assessment (10%) and Comprehensive Final Exam (20%)

- **Fitness Assessment:** Each Friday students are expected to change into a Northview PE T-shirt, gym shorts and tennis shoes. Warm ups may be worn over their T-shirt and shorts. Northview T-shirts and PE locks are available for purchase through the Health and Physical Education Department. Students will be evaluated each Friday through a Fitness Assessment Activity. All athletes in season are expected and required to dress out and participate on game days in the new Physical Education 2015-16 departmental issued T-shirt. Failure to do so results in loss of points that cannot be made up.

**Make-up Policy:**

Students can make-up excused absences for Full credit. It is the student's responsibility to obtain assignments and homework missed during the time of an excused absence by contacting the teacher upon returning to school. All assignments are expected to be turned in on the due date and this includes long-term assignments. Tests can be made up before or after school by arranging a specific date and time with the teacher. Work missed due to an unexcused absence may be made up; however, the student may receive a maximum grade of 80% per assignment.

**Late Work Policy:**

Students who fail to turn in assignments on the due date will receive a "zero" until the assignment has been completed. Students will receive partial credit for late assignments. All work must be turned in ten school days prior to the end of the semester.

**Recovery Policy:**

Opportunities designed to allow students to recover from a low or failing cumulative grade will be allowed when all work required to date has been completed and the student has demonstrated a legitimate effort to meet all course requirements including attendance. Students should contact the teacher concerning recovery opportunities. Teachers are expected to establish a reasonable time period for recovery work to be completed during the semester. All recovery work must be directly related to course objectives and must be completed ten school days prior to the end of the semester. Teachers will determine when and how students with extenuating circumstances may improve their grades.

**Honor Code:**

As explained in the student handbook, cheating is defined as "the giving or receiving, in any form, information relating to a gradable experience." Violations of the honor code will result in a zero for the assignment, plus an honor code violation form placed in the student's disciplinary file. Read the student handbook carefully to fully understand what constitutes a violation.

Upon teacher request, students may be required to email essays, research papers, or other written work to turnitin.com. The website checks the submission for plagiarism, provides a receipt for the student to give to the teacher, and reports to the teacher that the student's work was not copied from any source. Students will be trained on the use of turnitin.com in the first week of school. Students who do not have email access at home may use the computers in the media center.

**Teacher/Parent Communication:** Parents can contact their child's teacher to discuss academic or/and behavioral concerns by calling the office or by email. It is strongly suggested that you sign up for Home /Student Access Center a computer program to assist in immediate information on daily attendance and grades. Parents and students are encouraged to sign up for Remind 101. This provides a way for teachers to remind students and parents of due dates for assignments, test, etc.

### **Writing for Excellence**

The Language Arts Vertical Team, a committee of Fulton County Language Arts teachers, has developed guidelines to help our students achieve excellence in communication. The vertical team promotes active communication among teachers to ensure seamless instruction as student's progress through grades 5-12. A main objective is effective student writing in all content areas. The following are basic writing standards: complete sentences, appropriate punctuation, capitalization, formal spelling and legibility. Clear written communication is necessary for academic and professional success; therefore, our ultimate goal is to promote writing excellence.

### **Classroom Expectations:**

- \*Bring your Health Notebook daily to class.
- \*Be on time to class! Tardy Policy will be enforced
- \*Be courteous, respectful, and helpful to peers and teachers!
- \* **NO** food or drinks/sodas in the classroom! You may drink water in a clear plastic container
- \*Take proper care of school equipment and facility!
- \*Keep the classroom clean and neat!
- \*Take care of water and bathroom needs between classes!
- \*Come to class ready to learn!!!
- \* Remain in seats until the dismissal bell.

### **Tardy Policy:**

- \*1<sup>st</sup> tardy..... written reprimand.
- \*2<sup>nd</sup> tardy ..... one day private detention with teacher
- \*3<sup>rd</sup> tardy .....referral to administrator and two days public detention
- \*4<sup>th</sup> & subsequent tardy referral to administrator and one day Saturday School.

