## Referencias bibliográficas

- 1. Berger H. Ueber das Elektroenkephalogrammdes Menschen. J Psychol Neurol 1930; 40: 169-79.
- 2. Von Economo C. Sleep as a problem of localization. J Nerv Ment Dis 1930; 71: 249-59.
- 3. Loomis AL, Harvey EN, Hobart GA. Cerebral states during sleep as studied by human brain potentials. J Exper Psychol 1937; 21: 127-44.
- 4. Moruzzi G, Magoun HW. Brain stem reticular formation and activation of the EEG. Electroencephalogr Clin Neurophysiol 1949; 1: 455-73.
- 5. Aserinsky E, Kleitman N. Regularly occurring episodes of eye mobility and concomitant phenomena during sleep. Science 1953: 118: 273-4.
- 6. Dement WC, Kleitman N. Cyclic variations in EEG during sleep and their relation to eye movements, body motility and dreaming. Electroencephalogr Clin Neurophysiol 1957; 9: 673-90.
- 7. Rechtschaffen A. Physiological correlates of prolonged sleep deprivation in rats. Science 1983; 222: 182-184.
- 8. Schenkein J, Montagna P. Self management of fatal familial insomnia. Part 1: what is FFI? .Med Gen Med 2006; 8 (3): 65.
- 9. National Commission on Sleep Disorders Research. Wake up America: A national sleep alert. 1993; 1: 15-74.
- 10. Rosekind MR, Gregory KB. The cost of poor sleep: Workplace productivity loss and associated costs. J Occup Environ Med 2010; 52(1): 91-98.
- 11. Knipling R, Wang J. Revised estimates of the U.S. drowsy driver crash problem size based on general estimates system case reviews. Association for the Advancement of Automotive Medicine; 39th Annual Proceedings; 1995 Oct; p.16-18.
- 12. National Sleep Foundation, Centers for Disease Control and Prevention. Insomnia and the performance of U.S. workers. Sleep 2011.

## Imágenes en red arquitectura del sueño y otras

https://www.google.com.mx/search?q=representacion+grafica+del+sue%C3%B1o&tbm=isch&tbo=u&source=univ&sa=X&ei=NSDxUorSCqHJygH1nYDlCw&ved=0CFYQsAQ&biw=1280&bih=571#facrc=\_&imgdii=\_&imgrc=E8mKVwNNSIfRhM%253A%3BaCt5vUd8Bh1R9M%3Bhttp%253A%252F%252Fantroporama.net%252Fwp-content%252Fuploads%252F2013%252F10%252Fgrafica.gif%3Bhttp%253A%252F%252Fantroporama.net%252Fque-le-ocurre-a-mi-cuerpo-cada-noche-13-las-fases-del-sueno%252F%3B360%3B171

https://www.google.com.mx/search?q=representacion+grafica+del+sue%C3%B10&tbm=isch&tbo=u&source=univ&sa=X&ei=N SDxUorSCqHJygH1nYDICw&ved=0CFYQsAQ&biw=1280&bih=571#q=arquitectura+del+sue%C3%B10&tbm=isch&facrc=\_&i mgdii=\_&imgrc=VQz9DL\_zzjLYwM%253A%3BeSXqF9h9fTl3fM%3Bhttp%253A%252F%252Fwww7.uc.cl%252Fsw\_educ%2 52Fenferm%252Fciclo%252Fimagenes%252Finterior%252Fesquema%252Fetapa\_s.gif%3Bhttp%253A%252F%252Fwww7.uc.cl%252Fsw\_educ%2 52Fsw\_educ%2 52Fsw\_