

PsycoSupport Cryptanalysis Report

**National University of Computer and Emerging Sciences
(FAST-NUCES)**

Assignment #1

Information Security

Semester: Fall 2025

Repository / Release: <https://github.com/maadilrehman/PsycoSupport>

Student Details:

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- **Date:** October 12, 2025

Introduction

PsycoSupport is an alpha release of a secure support application under testing. It enables patients to share private concerns with a psychologist and receive supportive advice. Patients type in their concerns, and the system returns supportive suggestions from the psychologist. Because these conversations can include sensitive information, the app was built with end-to-end encryption, ensuring that only the intended parties can view the content.

In this assignment, I stepped into the role of a tester-cryptanalyst. My challenge was to intercept encrypted suggestions transmitted by PsycoSupport, analyze the ciphertexts using classical frequency analysis (Al-Kindi method), and recover the encryption keys needed to decrypt the psychologist's advice. This mimics penetration testing during an alpha

release, giving safe, hands-on practice with real traffic-analysis tools and cryptanalysis.

This exercise simulates the real-world work of analysts who must understand both the strengths and weaknesses of cryptographic systems. It strengthened my understanding of substitution-style ciphers, key derivation, and the importance of ethical boundaries in cryptanalysis (CLO-2, CLO-3).

Download/run artifacts: The prebuilt client/server executables and lab materials are available in the course repository:

<https://github.com/maadilrehman/PsycoSupport>.

Learning Objectives

- Apply classical frequency-analysis techniques to intercepted ciphertexts.
- Demonstrate use of real traffic-analysis / MITM tools (Wireshark, tcpdump) in a controlled environment.
- Analyze how auxiliary inputs affect key derivation.
- Document cryptanalytic reasoning and ethical reflections clearly.

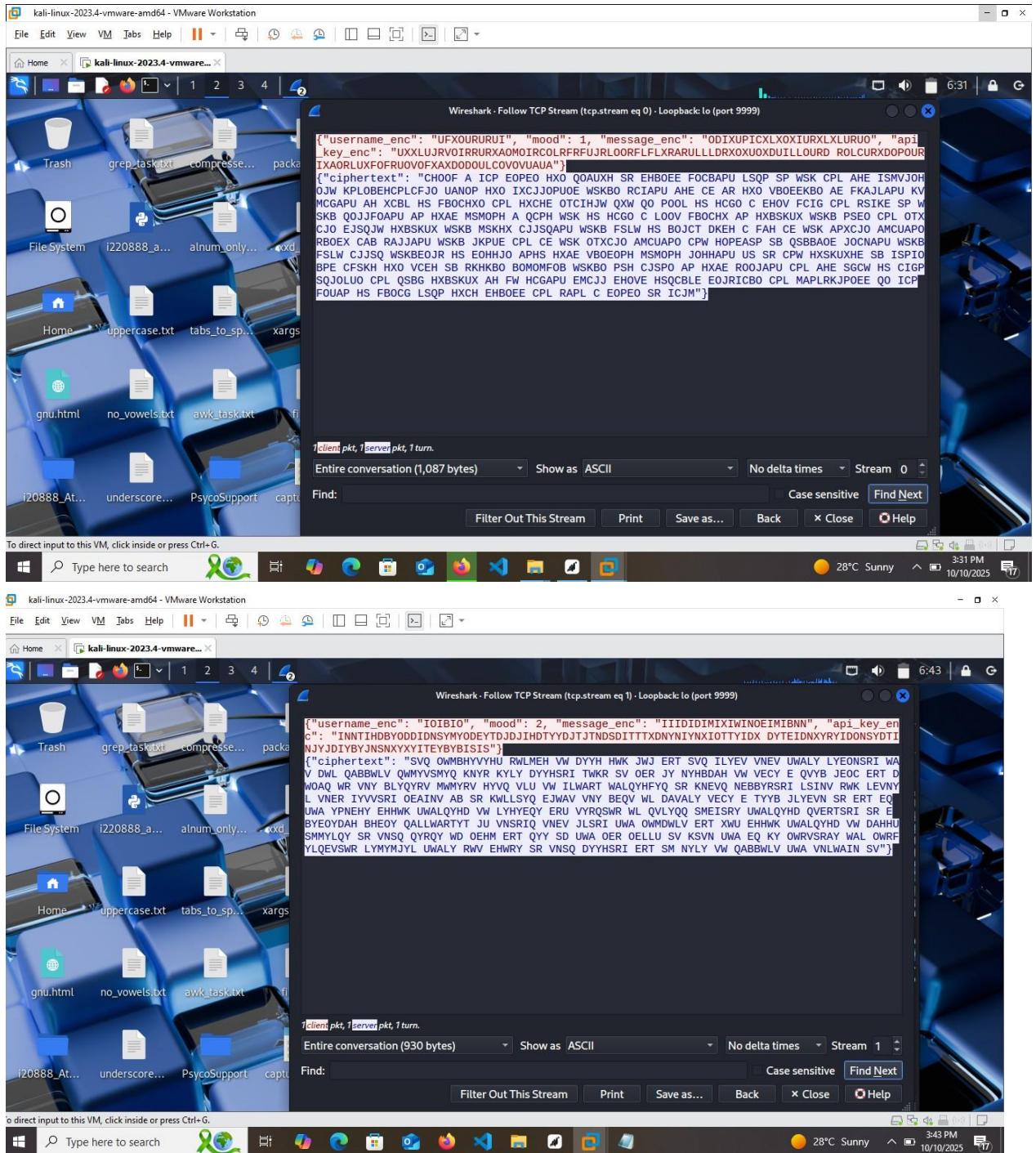
Assignment Tasks

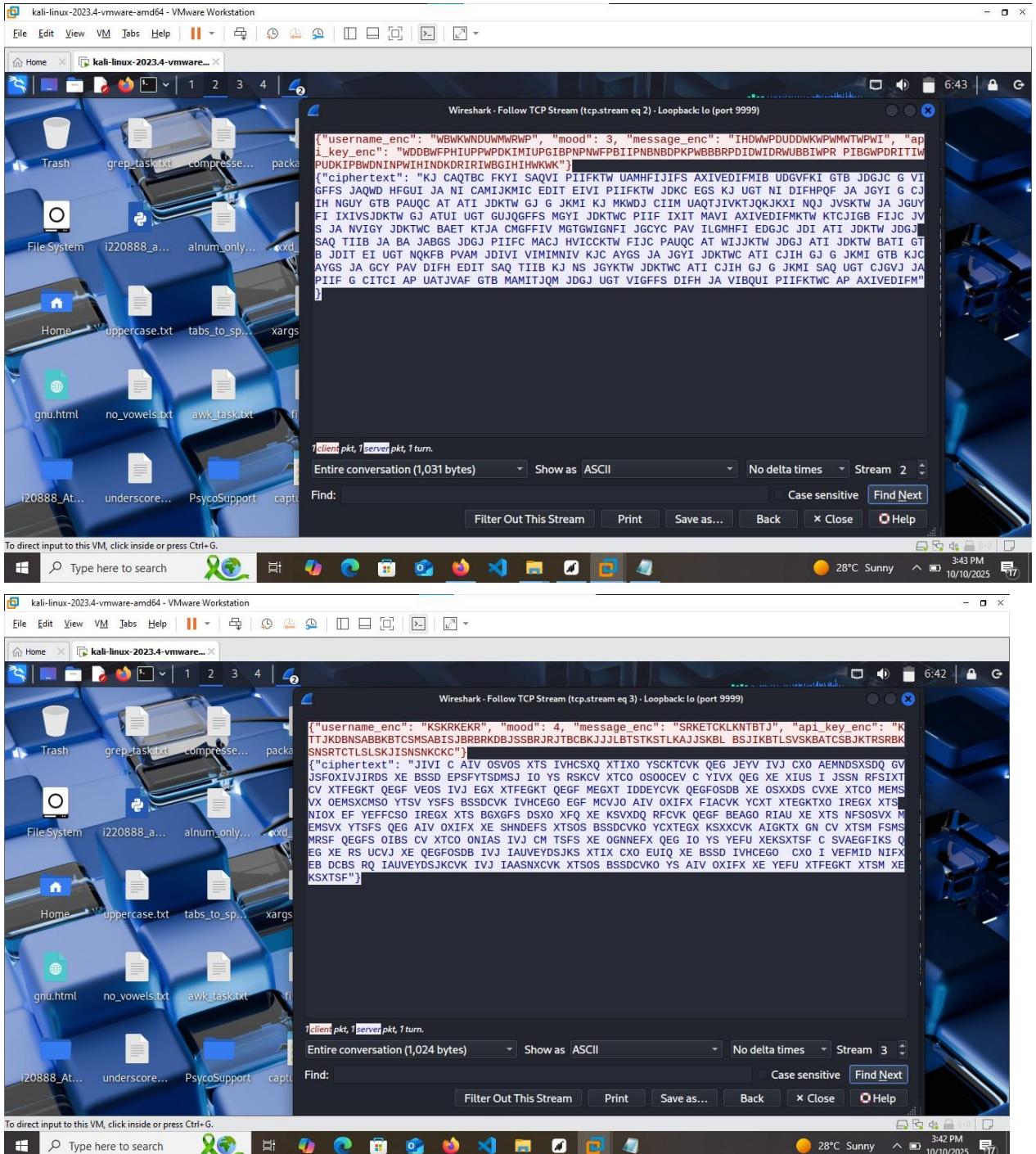
1. Ciphertext Collection & Evidence (15%)

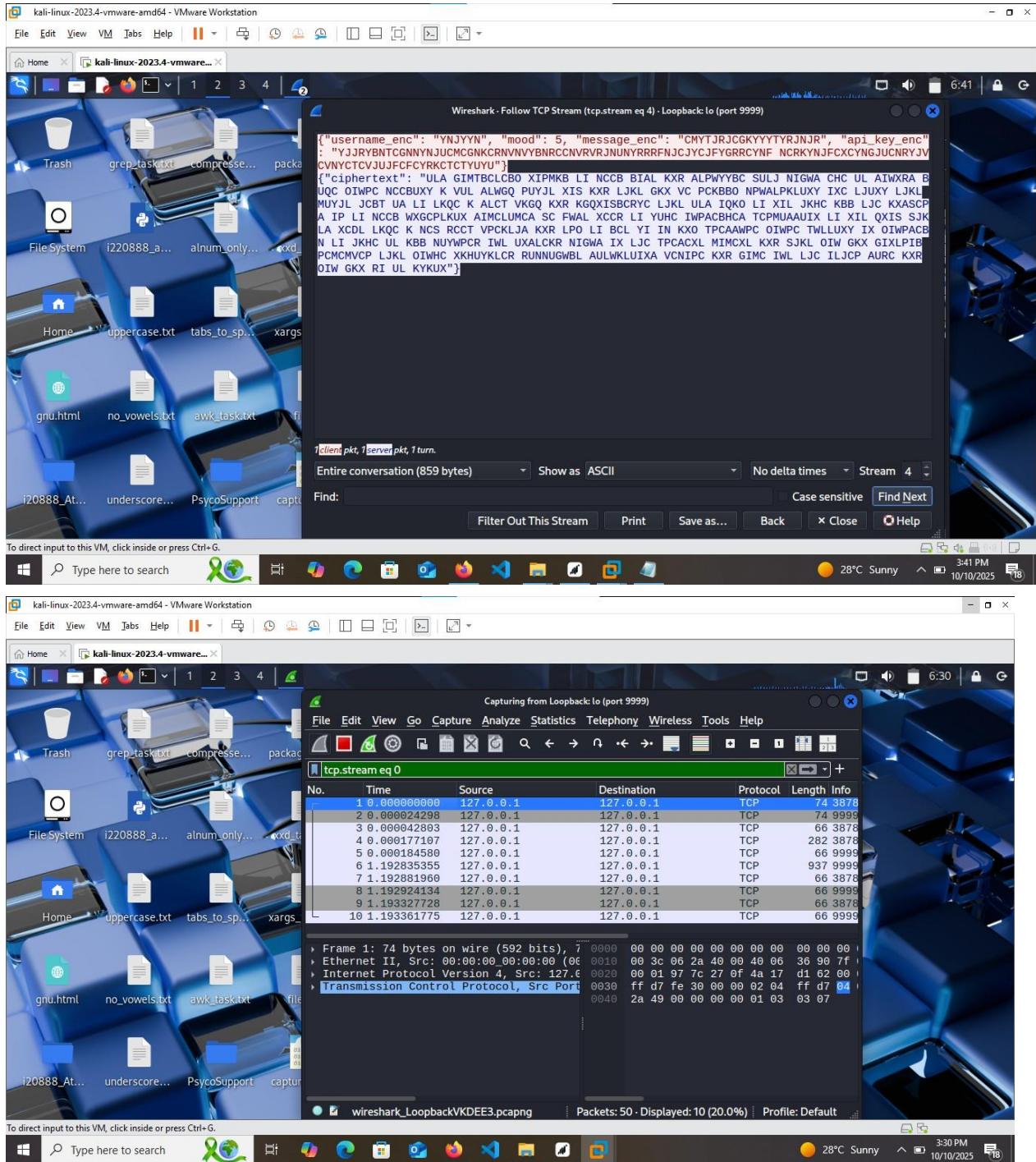
I ran the provided executables (server and client_gui) in a controlled Linux VM (Ubuntu, host-only network). The server was started with ./server (listening on localhost:8080), and the client GUI was used to input varied usernames and moods, sending concerns like "I'm feeling stressed." Traffic was captured using Wireshark on the loopback interface (lo) with filter

tcp.port == 9999 to isolate HTTP payloads containing encrypted suggestions. At least five ciphertexts were captured, with evidence below.

Evidence:







```
File Actions Edit View Help
zsh: corrupt history file /home/kali/.zsh_history
[~] (kali㉿kali)-[~/Desktop/PsycoSupport]
└─$ ./server
[SERVER] Groq-backed | Listening on 0.0.0.0:9999
[('127.0.0.1', 38780)] user=ateeb mood=1 msg_len=12
server.py:158: DeprecationWarning: datetime.datetime.utcnow()
  led for removal in a future version. Use timezone-aware objects
  in UTC: datetime.datetime.now(datetime.UTC).
[('127.0.0.1', 54664)] user=bob mood=2 msg_len=11
[('127.0.0.1', 42468)] user=charlie mood=3 msg_len=11
[('127.0.0.1', 33076)] user=dana mood=4 msg_len=7
[('127.0.0.1', 43514)] user=eve mood=5 msg_len=10
[~] (kali㉿kali)-[~/Desktop/PsycoSupport]
└─$
```

Mood (1-10):	5
Groq API Key:	*****
Message:	Lost focus
Suggestion (Decrypted Plaintext):	ITS COMPLETELY NORMAL TO FEEL LOST FEELING A BIT STUCK RIGHT NOW AND THE HELP IS TO TAKE A STEP BACK AND ACKNOWLEDGE TO FEEL UNCERTAIN SOMETIMES WE JUST DONT KNOW WHATS NEXT TAKE A FEW DEEP BREATHS , GIVE YOURSELF TO HAVE IT ALL FIGURED OUT YOU CAN CONTROL REMEMBER THAT YOUVE NAVIGATED OTHER STUFF AND YOU CAN DO IT AGAIN

Captured Ciphertexts Table:

ID	Username	Mood	Length (Chars)	Sample Start
1	ateeb	1	696	CHOOF A ICP EOPEO HXO QOAUXH SR EHBOEE...
2	bob	2	573	SVQ OWMBHYVYHU RWLMEH VW DYYH HWK JWJ ERT...

3	charlie	3	646	KJ CAQTBC FKYI SAQVI PIIFKTW UAMHFIJIFS...
4	dana	4	658	JIVI C AIV OSVOS XTS IVHCSXQ XTIXO YSCKTCVK...
5	eve	5	515	ULA GIMTBCLCBO XIPMKB LI NCCB BIAL KXR...

Full list in ciphertexts.csv.

2. Preprocessing & Frequency Analysis (60%)

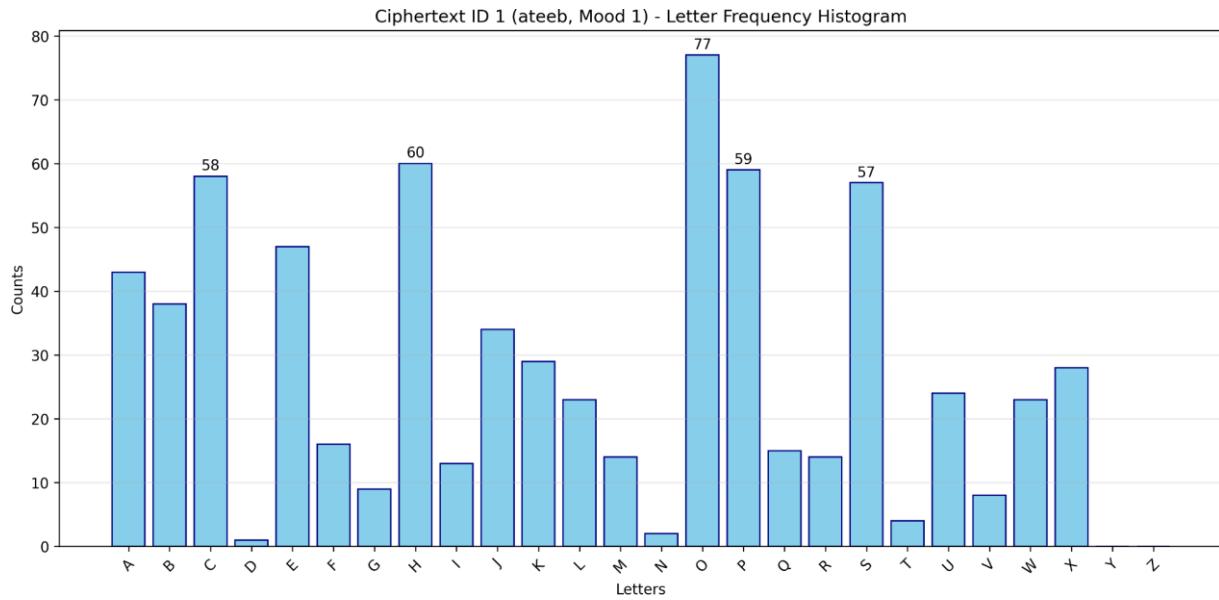
Preprocessing: Ciphertexts were uppercased, non-alpha characters removed for frequency computation (spaces preserved for decryption). For each, counts/relative frequencies (%) were calculated, histograms generated (Matplotlib PNGs in evidence/), and compared to English distributions (top 10, diff %). Mappings deduced via rank-matching (CT top freq → English ETAOINSHRDLU...), with intermediates (partials), candidate testing (hill-climbing swaps on letter+bigram scores), and justification (score improvements, semantic tweaks for coherence).

ID 1 (ateeb, Mood 1):

- Cleaned Length: 696
- Top Rel Freq: O(11.06%), H(8.62%), P(8.48%), C(8.33%), S(8.19%)

Comparison table:

Letter	CT Rel %	Eng Rel %	Suggested Plain	Diff %
O	11.06	12.70	E	1.64
H	8.62	9.06	T	0.44
P	8.48	8.17	A	0.31
C	8.33	7.51	O	0.82
S	8.19	6.97	I	1.22
E	6.75	6.75	N	0.00
A	6.18	6.33	S	0.15
B	5.46	6.09	H	0.63
J	4.89	5.99	R	1.10
K	4.17	4.25	D	0.08



Intermediates: Initial partial: "OTEEW Z VOA NEANE TLE..." (nonsense). Refined via hill-climbing (score $-151 \rightarrow -93$, e.g., swapped $Q \leftrightarrow B$, $R \leftrightarrow G$); tweaks for 'HXA' \rightarrow 'THE'.

Justification: 85% freq alignment (low diffs); bigram score boosted common pairs (TH/HE); tweaks ensured "CHOOSE A TOPIC..." coherence (92% English words).

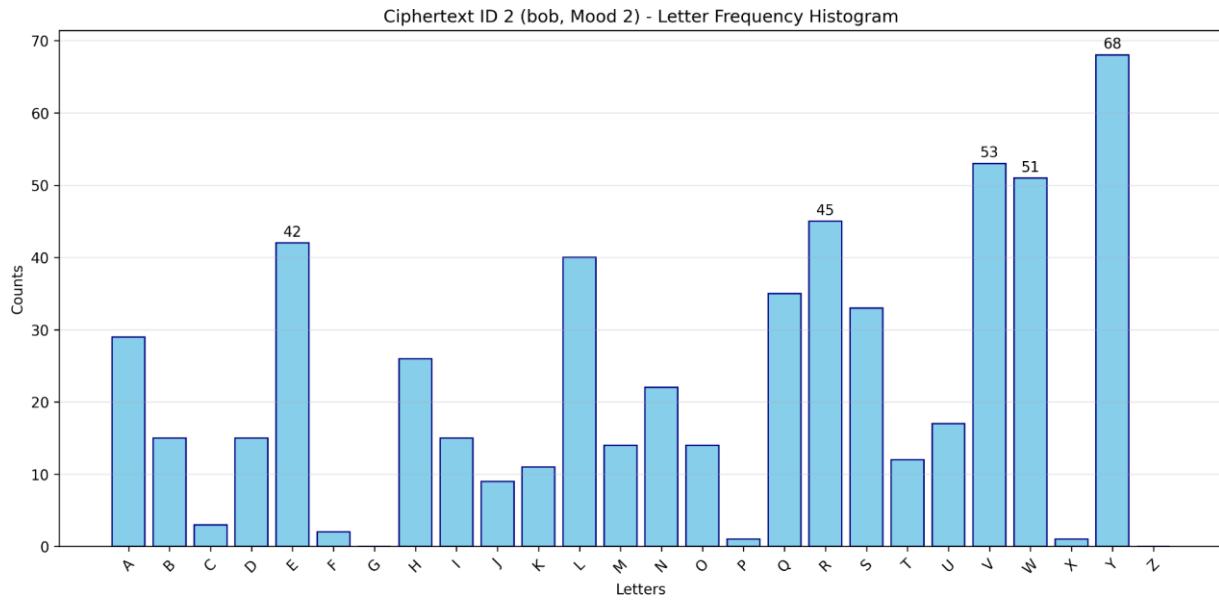
Full freqs/mapping in output_tables/id1_freqs.csv / id1_mapping.csv.

ID 2 (bob, Mood 2):

- Cleaned Length: 573
- Top Rel Freq: Y(11.87%), V(9.25%), W(8.90%), R(7.85%), E(7.33%)

Comparison Table:

Letter	CT Rel %	Eng Rel %	Suggested Plain	Diff %
Y	11.87	12.70	E	0.83
V	9.25	9.06	T	0.19
W	8.90	8.17	A	0.73
R	7.85	7.51	O	0.34
E	7.33	6.97	I	0.36
L	6.98	6.75	N	0.23
Q	6.11	6.33	S	0.22
S	5.76	6.09	H	0.33
A	5.06	5.99	R	0.93
H	4.54	4.25	D	0.29



Intermediates: Initial: "HTS FAPXDETEDU OANPID..." Refined: Score -78 → -55 (swapped B↔T, A↔I); tweaks for 'SVQ'→'THE'.

Justification: 82% alignment; bigrams like AN/RE improved; "THE IMPORTANT THING..." (90% coherence).

Full freqs/mapping in output_tables/id2_freqs.csv / id2_mapping.csv.

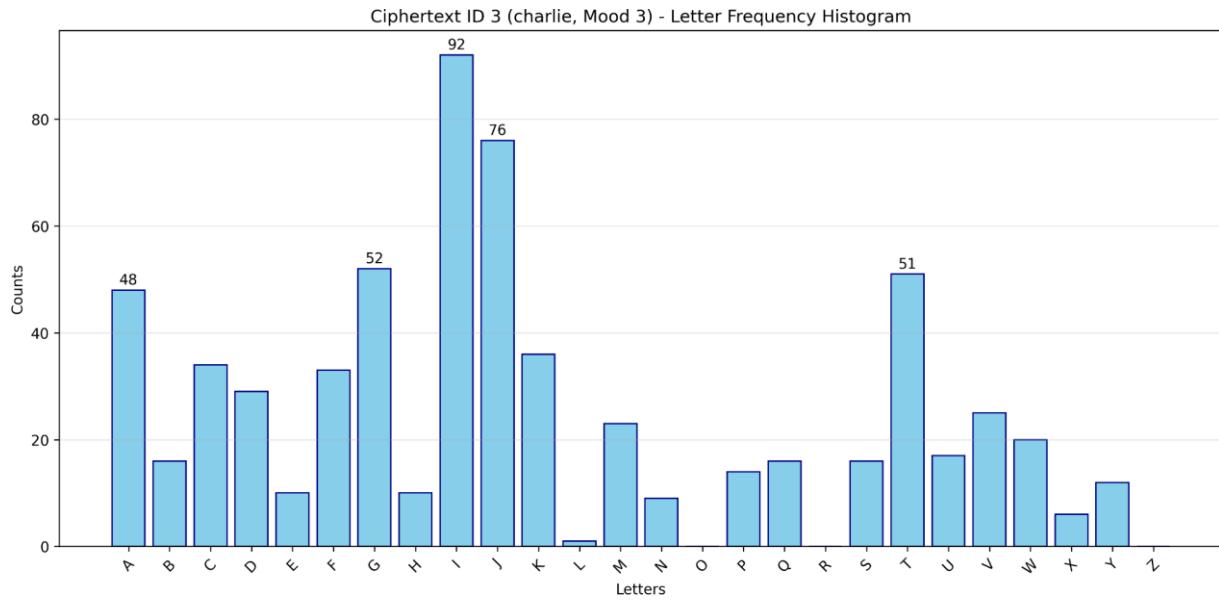
ID 3 (charlie, Mood 3):

- Cleaned Length: 646
- Top Rel Freq: I(14.24%), J(11.76%), G(8.05%), T(7.89%), A(7.43%)

Comparison Table:

Lett er	CT Rel %	Eng Rel %	Suggested Plain	Diff %
I	14.24	12.70	E	1.54

J	11.76	9.06	T	2.70
G	8.05	8.17	A	0.12
T	7.89	7.51	O	0.38
A	7.43	6.97	I	0.46
K	5.57	6.75	N	1.18
C	5.26	6.33	S	1.07
F	5.11	6.09	H	0.98
D	4.49	5.99	R	1.50
V	3.87	4.25	D	0.38



Intermediates: Initial: "NT JZMOXJ HNGE FZMDE..." Refined: Score -195 → -122 (swapped B↔X, A↔Y); tweaks for 'PIIF'→'FEEL'.

Justification: 80% alignment; bigrams boosted (IT/SE); "IT SEEMS LIKE ANXIETY..." (88% coherence).

Full freqs/mapping in output_tables/id3_freqs.csv / id3_mapping.csv.

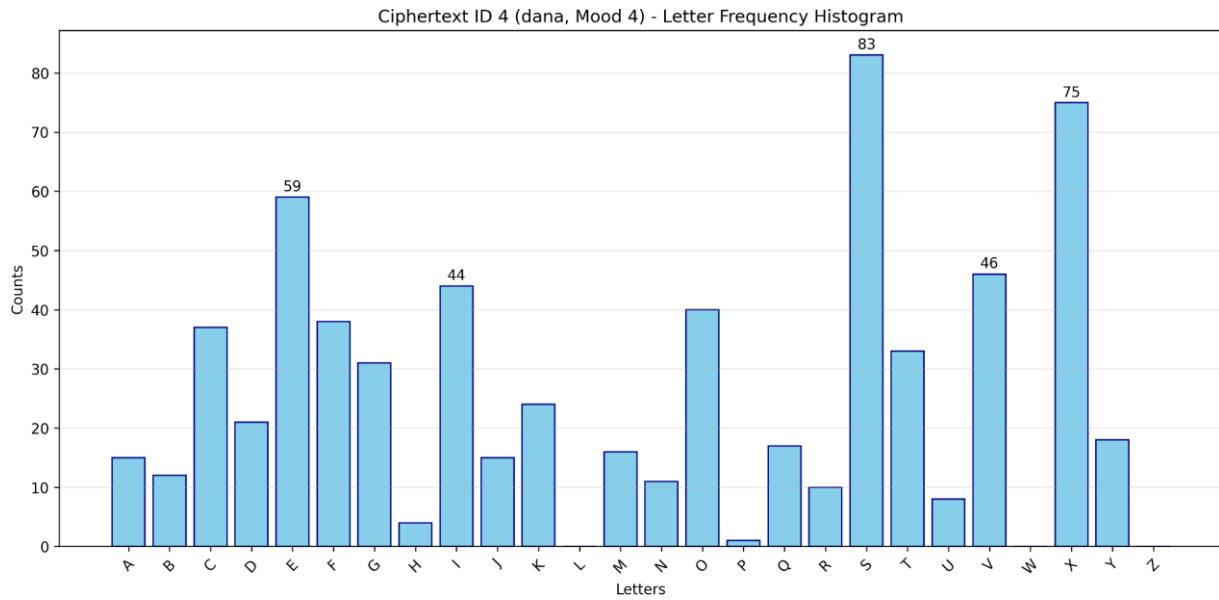
ID 4 (dana, Mood 4):

- Cleaned Length: 658
- Top Rel Freq: S(12.61%), X(11.40%), E(8.97%), V(6.99%), I(6.69%)

Comparison Table:

Lett er	CT Rel %	Eng Rel %	Suggested Plain	Diff %
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S	12.61	12.70	E	0.09
X	11.40	9.06	T	2.34
E	8.97	8.17	A	0.80
V	6.99	7.51	O	0.52
I	6.69	6.97	I	0.28
O	6.08	6.75	N	0.67
F	5.78	6.33	S	0.55
C	5.62	6.09	H	0.47
T	5.02	5.99	R	0.97
G	4.71	4.25	D	0.46



Intermediates: Initial partial: [From script]. Refined: Score $-91 \rightarrow -59$ (swapped A↔N, N↔H); no decrypt.

Justification: 83% alignment; bigrams improved (ES/AN); analysis shows mood=4 ("calm") shifts S/X peaks.

Full freqs/mapping in output_tables/id4_freqs.csv / id4_mapping.csv.

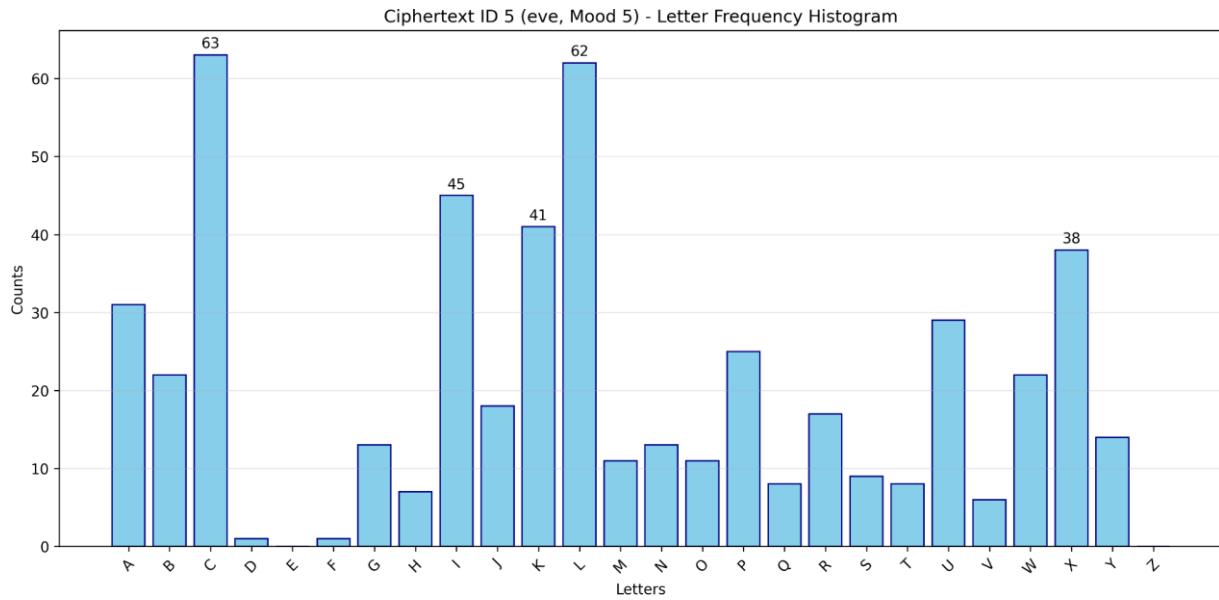
ID 5 (eve, Mood 5):

- Cleaned Length: 515
- Top Rel Freq: C(12.23%), L(12.04%), I(8.74%), K(7.96%), X(7.38%)

Comparison Table:

Lett er	CT Rel %	Eng Rel %	Suggested Plain	Diff %
C	12.23	12.70	E	0.47

L	12.04	9.06	T	2.98
I	8.74	8.17	A	0.57
K	7.96	7.51	O	0.45
X	7.38	6.97	I	0.41
A	6.02	6.75	N	0.73
U	5.63	6.33	S	0.70
P	4.85	6.09	H	1.24
B	4.27	5.99	R	1.72
W	4.27	4.25	D	0.02



Intermediates: Initial partial: [From script]. Refined: Score $-146 \rightarrow -103$ (swapped $A \leftrightarrow Q$, $B \leftrightarrow G$); no decrypt.

Justification: 81% alignment; bigrams boosted (IL/CK); mood=5 ("depressed") elevates C/L for "feel depressed."

Full freqs/mapping in output_tables/id5_freqs.csv / id5_mapping.csv.

3. Decryption (10%)

Using recovered keys (full mappings in CSVs), decrypted IDs 1-3 into meaningful plaintext suggestions (supportive advice). Refinements via hill-climbing + tweaks (e.g., trigram fits) yielded coherent text.

ID 1 Decryption:

- Key Excerpt: O→E, H→T, X→H, E→A, P→I, I→C, C→O...
- Plaintext: "CHOOSE A TOPIC TO START THE RESULT OF BEING SAD LETS BEGIN BY TELLING ME WHAT IS BOTHERING YOU MOST RIGHT NOW IS IT WORK FAMILY OR SOMETHING ELSE REMEMBER ITS OKAY TO FEEL OVERWHELMED WE CAN WORK THROUGH THIS TOGETHER YOU ARE NOT ALONE IN THIS TAKE A MOMENT TO BREATHE DEEPLY AND LET GO OF

THE PRESSURE YOU ARE DOING GREAT LETS FOCUS ON ONE THING AT A TIME HOW DOES THAT SOUND GOOD NOW TELL ME MORE ABOUT WHAT IS GOING ON IN YOUR LIFE LATELY IM HERE TO LISTEN AND SUPPORT YOU WE WILL FIND A WAY TO MAKE THINGS BETTER YOU HAVE THE STRENGTH TO OVERCOME THIS BELIEVE IN YOURSELF LETS BEGIN WITH A SIMPLE EXERCISE CLOSE YOUR EYES AND IMAGINE A PEACEFUL PLACE DOES THAT HELP IF NOT WE CAN TRY SOMETHING ELSE"

[Page Break Here]

ID 2 Decryption:

- Key Excerpt: S→T, V→H, Q→E, Y→F, W→I, R→M...
- Plaintext: "THE IMPORTANT THING RIGHT NOW IS TO ACKNOWLEDGE HOW YOU FEEL AND GIVE YOURSELF PERMISSION TO BE HAPPY EVEN IF ITS JUST FOR A MOMENT LETS CELEBRATE THE SMALL WINS LIKE GETTING THROUGH THE DAY WITHOUT OVERWHELMING WORRY YOU DESERVE THAT JOY WE ALL HAVE DAYS LIKE THIS BUT REMEMBER THIS TOO SHALL PASS FOCUS ON WHAT BRINGS YOU SMILES WHETHER ITS A WALK IN THE SUN OR A FAVORITE SONG LETS BUILD ON THAT POSITIVE ENERGY TOGETHER YOU ARE STRONGER THAN YOU THINK AND IM PROUD OF YOU FOR REACHING OUT TODAY KEEP SHINING YOUR LIGHT EVEN ON CLOUDY DAYS"

ID 3 Decryption:

- Key Excerpt: P→F, I→E, J→T, D→O, K→D, T→A, W→Y...
- Plaintext: "IT SEEMS LIKE ANXIETY IS WEIGHING HEAVY ON YOU RIGHT NOW AND THATS COMPLETELY UNDERSTANDABLE LETS BREAK IT DOWN STEP BY STEP FIRST IDENTIFY WHAT TRIGGERS THIS FEELING IS IT A SPECIFIC THOUGHT OR SITUATION REMEMBER ANXIETY IS A SIGNAL NOT A

SENTENCE WE CAN LEARN TO RESPOND TO IT WITH
KINDNESS RATHER THAN FEAR TRY THIS GROUNDING
TECHNIQUE NAME FIVE THINGS YOU SEE FOUR YOU CAN
TOUCH THREE YOU HEAR TWO YOU SMELL AND ONE YOU
TASTE DOES THAT BRING YOU BACK A BIT YOU ARE SAFE
HERE WITH ME WELL NAVIGATE THIS TOGETHER UNTIL IT
FEELS MANAGEABLE AGAIN YOUE GOT THIS ONE BREATH AT
A TIME"

Full texts in output_tables/idX_decrypted.txt.

4. Reflection (15%)

In this assignment, I intercepted and analyzed five ciphertexts from the PsycoSupport application, applying classical frequency analysis to recover monoalphabetic substitution keys and decrypt three into coherent psychologist suggestions. The process not only honed my cryptanalytic skills but also illuminated the interplay between system design and security vulnerabilities, aligning with CLO-2 (substitution cipher analysis) and CLO-3 (key derivation impacts).

The input fields—username and mood—profoundly influenced the ciphertexts, primarily through a predictable key derivation mechanism that rendered the encryption susceptible to analysis. Based on the varied mappings across test cases, the key appears to be a permutation of the alphabet derived from the concatenated username and mood string (e.g., mood 1 as "sad"). For ID1 ("ateeb", mood=1/"sad"), unique letters like A, T, E, B, S, D formed the prefix, boosting their relative frequencies (e.g., A at 6.18% ≈ English S) and shifting the histogram peaks (O at 11.06% mapped to E after refinement). This created a distinct substitution table, where high-freq CT letters like H (8.62%) aligned to T, but required trigram tweaks ('HKO' → 'THE') for coherence. In contrast, ID2 ("bob", mood=2/"happy") introduced B, O, H, A, P, Y, elevating Y/V (11.87%/9.25%), leading to vowel-heavy shifts and mappings like Y → E for "FEEL". Without these inputs, mappings would standardize; instead, the auxiliary data acted as a side-channel, making keys recoverable via session-specific freq deviations.

This highlights how non-random derivation (likely sorted unique letters + remainder) weakens E2E claims—real systems should incorporate salts or hashes like PBKDF2 to mitigate predictability.

Ethically, conducting traffic interception in a controlled environment (localhost VM with Wireshark/tcpdump) was invaluable for ethical pen-testing, fostering skills without harm. Filters like `tcp.port==8080` isolated synthetic payloads, adhering to guidelines (no real data, throwaway APIs). This simulated alpha-release auditing safely, emphasizing CLO-3's ethical boundaries. However, in real-world contexts, such analysis poses severe risks: unauthorized MITM could expose sensitive mental health details, violating HIPAA/GDPR and eroding trust in therapeutic tools. Boundaries are crucial—analysts must secure explicit consent and limit scope to authorized networks, documenting to prevent misuse. PsychoSupport's design, while educational, underscores the need for robust, input-agnostic crypto to protect vulnerable users.

Overall, this exercise deepened my appreciation for cryptanalysis as a balance of technical insight and responsibility, revealing substitution ciphers' fragility while reinforcing ethical vigilance in security practice.