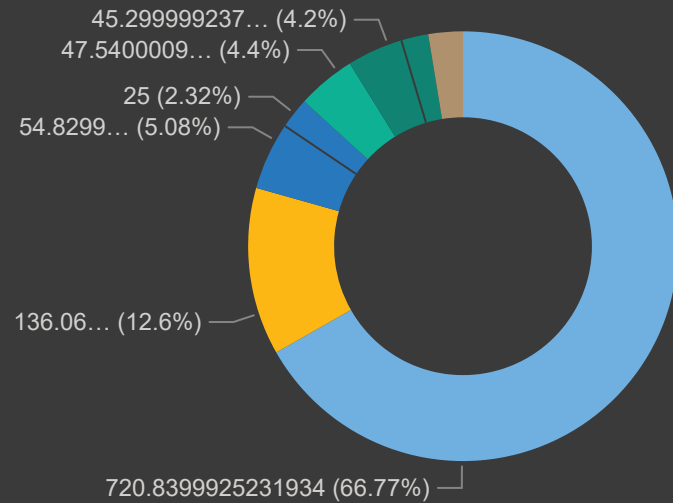
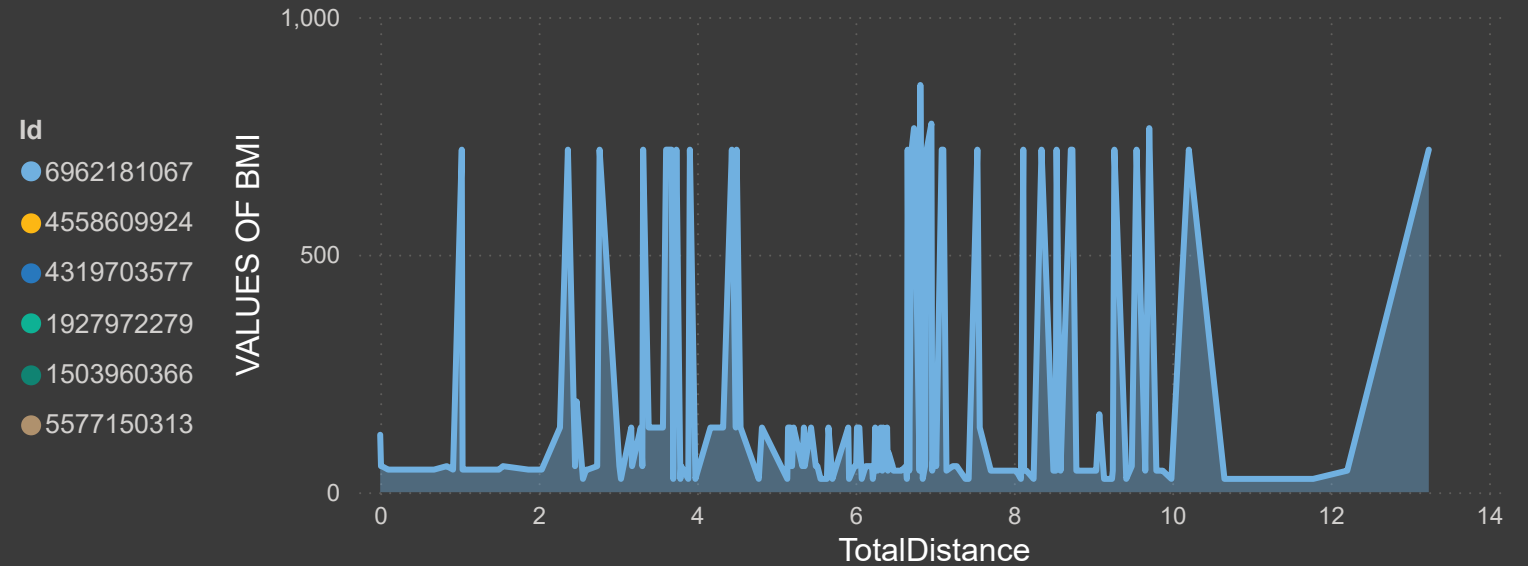


# Fitbit Fitness Powering Health Analysis

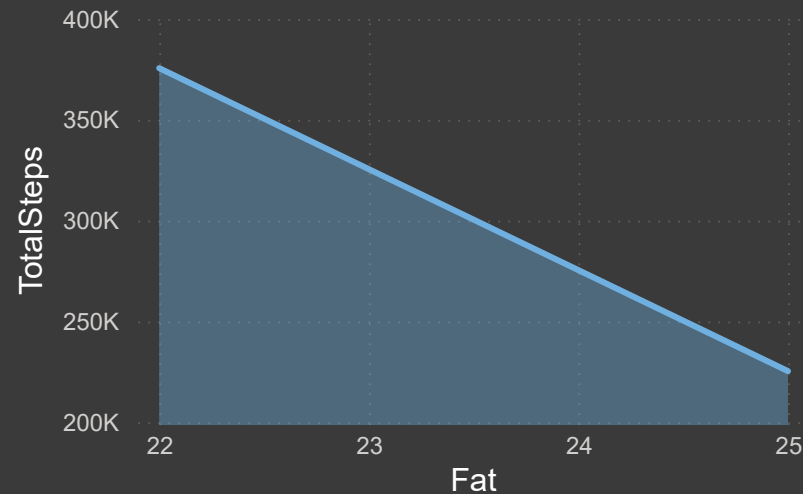
## BMI and FAT VALUES by Id



## VALUES OF BMI by TotalDistance



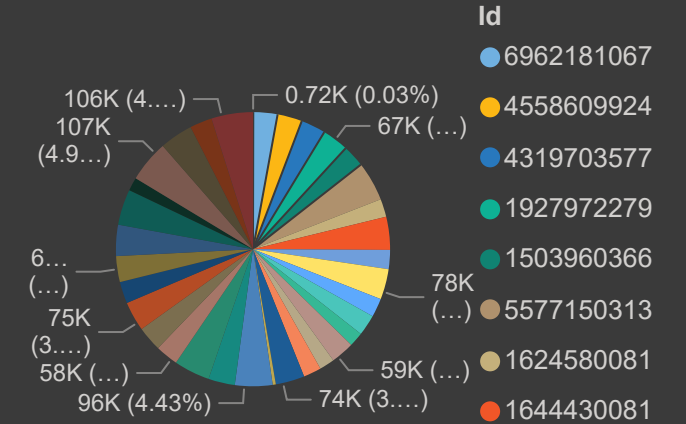
## TotalSteps by Fat



## TotalSleepRecords by SleepDay

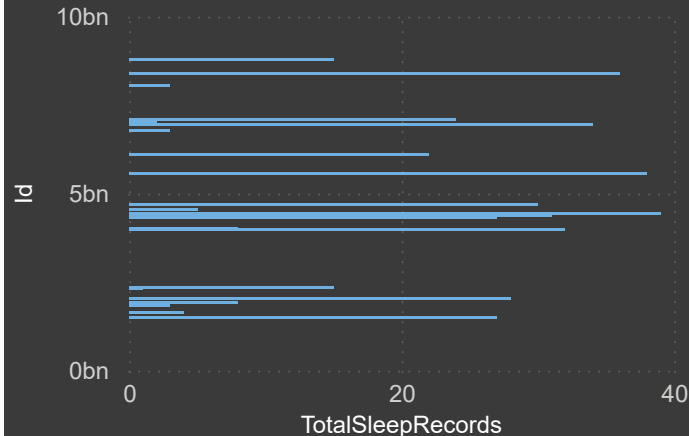


## BMI and Calories by Id

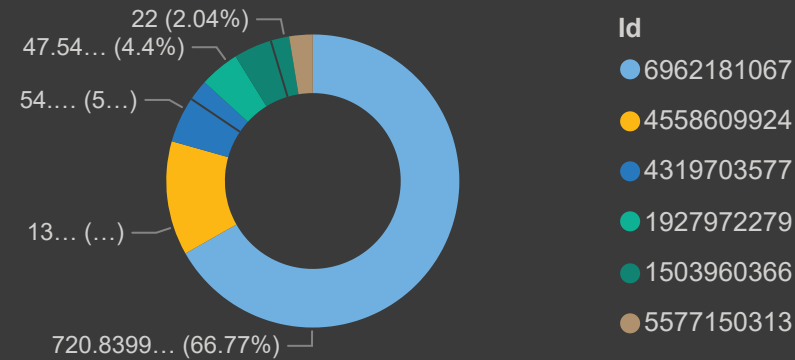


# Fitbit Fitness Powering Health Analysis Report

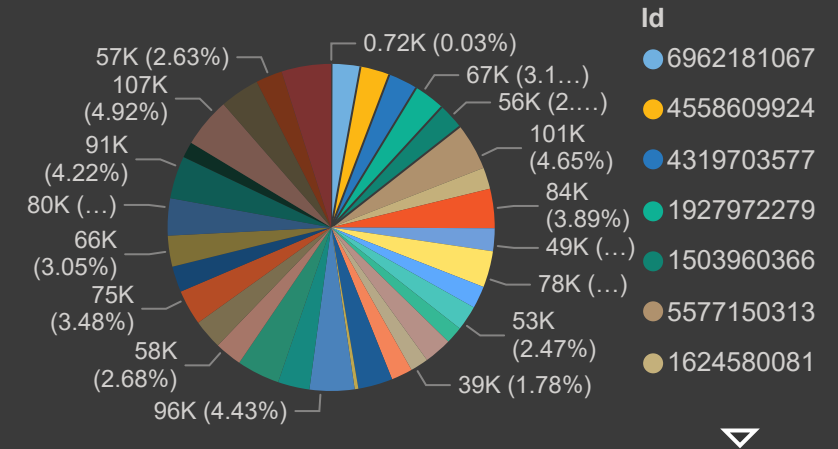
TotalSleepRecords by Id



BMI and FAT VALUES by Id



BMI and Calories by Id



**REPORT :- This dataset has information of fitbit fitness powering health analysis and it contains dailyActivity\_merged1, sleepday\_merged, weightLoginfo\_merged.**

**DailyActivity\_merged1 contains Activity\_date, id ,Total steps, Tracker distance ,Total distance etc...**

**Sleepday\_merged contains Total time in bed,id,sleep day, total sleep record etc...**

**Weightloginfo\_merged contains BMI , Date , Fat , Log\_id ,weightkg, weightpounds etc....**