

```

import cv2
import numpy as np
cap = cv2.VideoCapture('path_to_your_video_file.mp4')
prev_frame = None
initial_frame = None
pixel_to_meter_ratio = 1
while cap.isOpened():
    ret, frame = cap.read()
    if not ret:
        break
    gray = cv2.cvtColor(frame, cv2.COLOR_BGR2GRAY)
    if prev_frame is not None:
        flow=cv2.calcOpticalFlowFarneback(prev_frame, gray, None, 0.5, 3, 15, 3, 5, 1.2, 0)
        magnitude, angle = cv2.cartToPolar(flow[..., 0], flow[..., 1])
        speed = np.mean(magnitude) * pixel_to_meter_ratio
        print(f"Estimated speed: {speed} meters per frame")
    prev_frame = gray.copy()
    cv2.imshow('Frame', frame)
    if cv2.waitKey(1) & 0xFF == ord('q'):
        break
cap.release()
cv2.destroyAllWindows()

```