حلقههای for

یک حلقه for برای تکرار کردن یک عملیات در طول یک لیست یا تکرار شوندهها استفاده میشود. یعنی در هر دور خود یک عضو از یک **دنباله** را استفاده میکند. بگذارید ساختار این حلقه را فرمول بندی کنیم:

```
for item in object:
    statements to do stuff
```

این که برای متغیر item چه اسمی بگذاریم، به برنامه نویس بستگی دارد، اما باز هم بهتر است که اسمی انتخاب شود که مفهوم داشته باشد. که وقتی دوباره کد را می بینید متوجه شوید! این متغیر می تواند درون حلقه نیز بکار رود، مثلا گذاشتن یک شرط روی آن. حالا بگذارید یک سری مثال را با هم ببینیم:

Example 1

Iterating through a list

We could have also put an else statement in there:

Example 3

Another common idea during a for loop is keeping some sort of running tally during multiple loops. For example, let's create a for loop that sums up the list:

```
In [4]: # Start sum at zero
    list_sum = 0
    for num in list1:
        list_sum = list_sum + num
    print(list_sum)

55
In [5]: sum(list1)
Out[5]: 55
```

Great! Read over the above cell and make sure you understand fully what is going on. Also we could have implemented a += to perform the addition towards the sum. For example:

```
In [6]: # Start sum at zero
list_sum = 0

for num in list1:
    list_sum += num

print(list_sum)
```

Example 4

We've used for loops with lists, how about with strings? Remember strings are a sequence so when we iterate through them we will be accessing each item in that string.

```
In [7]: for letter in 'This is a string.':
    print(letter, end=' ')

This is a string.
```

Example 5

Let's now look at how a for loop can be used with a tuple:

```
In [8]: tup = (1,2,3,4,5)
    for t in tup:
        print(t)

1
2
3
4
5
```

Example 6

Tuples have a special quality when it comes to for loops. If you are iterating through a sequence that contains tuples, the item can actually be the tuple itself, this is an example of *tuple unpacking*. During the for loop we will be unpacking the tuple inside of a sequence and we can access the individual items inside that tuple!

Cool! With tuples in a sequence we can access the items inside of them through unpacking! The reason this is important is because many objects will deliver their iterables through tuples. Let's start exploring iterating through Dictionaries to explore this further!

Example 7

Notice how this produces only the keys. So how can we get the values? Or both the keys and the values?

We're going to introduce three new Dictionary methods: .keys(), .values() and .items()

In Python each of these methods return a *dictionary view object*. It supports operations like membership test and iteration, but its contents are not independent of the original dictionary – it is only a view. Let's see it in action:

```
In [19]: # Create a dictionary view object
d.items()
Out[19]: dict_items([('k1', 1), ('k2', 2), ('k3', 3)])
```

Since the .items() method supports iteration, we can perform *dictionary unpacking* to separate keys and values just as we did in the previous examples.

If you want to obtain a true list of keys, values, or key/value tuples, you can cast the view as a list:

```
In [21]: list(d.keys())
Out[21]: ['k1', 'k2', 'k3']
```

Remember that dictionaries are unordered, and that keys and values come back in arbitrary order. You can obtain a sorted list using sorted():

```
In [22]: sorted(d.values())
Out[22]: [1, 2, 3]
```

Conclusion

We've learned how to use for loops to iterate through tuples, lists, strings, and dictionaries. It will be an important tool for us, so make sure you know it well and understood the above examples.

More resources

```
In [23]: list3 = []
         for num in [1,2,3,4,5,6,7,8,9]:
             if num % 3 == 0:
                 list3.append(num)
         print(list3)
         [3, 6, 9]
In [24]: range(1, 10)
Out[24]: range(1, 10)
In [26]: list(range(1,10))
Out[26]: [1, 2, 3, 4, 5, 6, 7, 8, 9]
In [28]: for num in range(2, 10,2):
             print(num)
         2
         4
         6
         8
```