

# Agile and Why It Works

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PRINCIPLE SOLUTIONS ARCHITECT

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# Overview/ Summary



**Comparing development processes**

**What Agile is and is not**

**Contemporary Agile Methodologies**



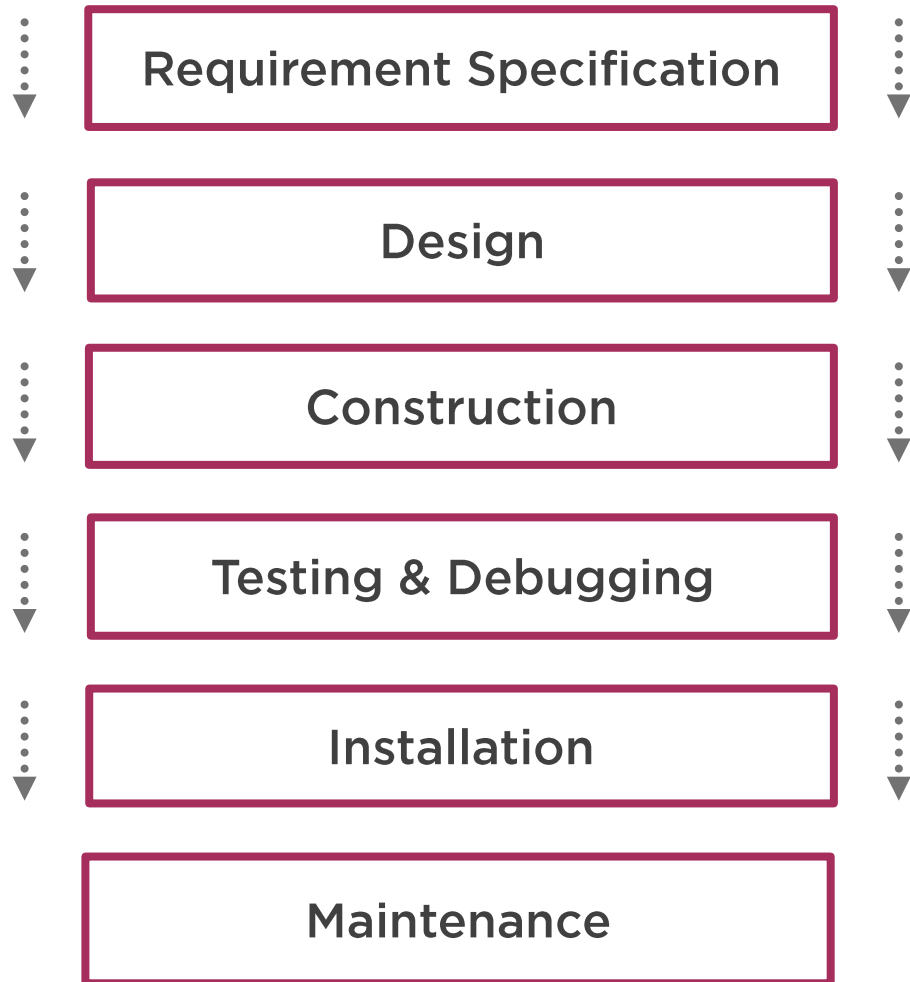
# Comparing Development Processes

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Agile and Plan Driven



# Winston Royce's Waterfall Model



From the 1970 IEEE paper “Managing the Development of Large Software Systems”

Each phase should pass iteratively to the next

The entire process should be exercised twice before release

Royce knew that a single pass will fail



Unfortunately, for the process illustrated, the design iterations are never confined to the successive steps.



# The Agile Manifesto

Original  
Signatories

Kent Beck  
Mike Beedle  
Arie Van Bennekum  
Alistair Cockburn  
Ward Cunningham  
Martin Fowler  
James Grenning  
Jim Highsmith  
Andrew Hunt  
Ron Jeffries  
Jon Kern  
Brian Marick  
Robert C. Martin  
Steve Mellor  
Ken Sutherland  
Dave Thomas



# Manifesto for Agile Software Development

We are uncovering better ways of developing software by doing it and helping others do it. Through this work we have come to value:

Individuals and Interactions

Working Software

Customer Collaboration

Responding to Change



That is while there is value in the items on the right, we value the items on the left more.

Processes and Tools

Comprehensive Documentation

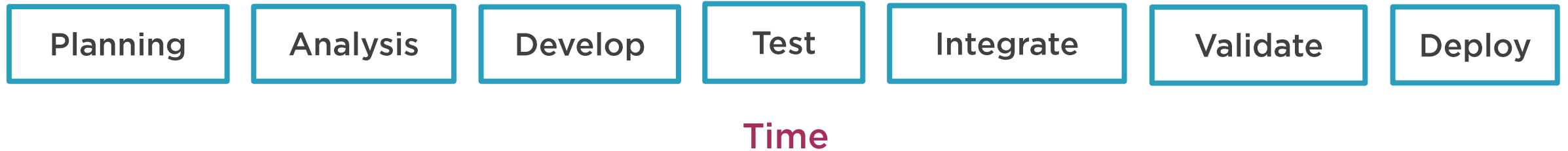
Contract Negotiation

Following a Plan

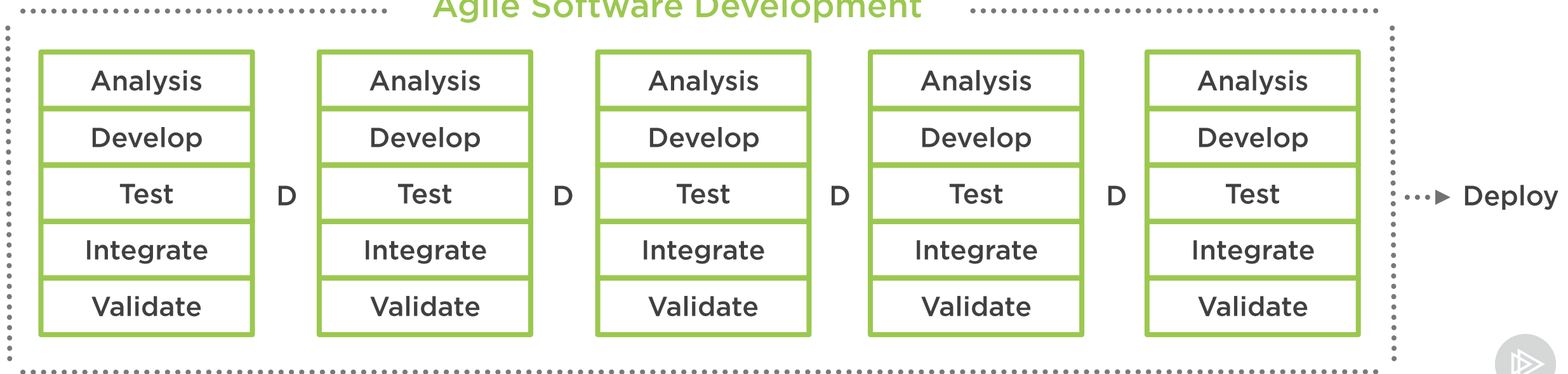


# The Big Difference

## Plan Driven Software Development



## Agile Software Development





# Comparing Methodologies

## Plan Driven Methodologies

Change is bad, therefore discouraged  
and actively controlled

Adherence to the plan determines  
success or failure

I am done when my part of the plan  
is signed off

## Agile Methodologies

Change is inevitable and valuable,  
therefore encouraged and embraced

Incentives are often based on customer  
satisfaction and ROI

I am done when the customer is happy



# Comparing Methodologies

## Plan Driven Methodologies

Lots of gates to control quality

Inspect product when it is complete

Start by predicting what will  
be delivered

## Agile Methodologies

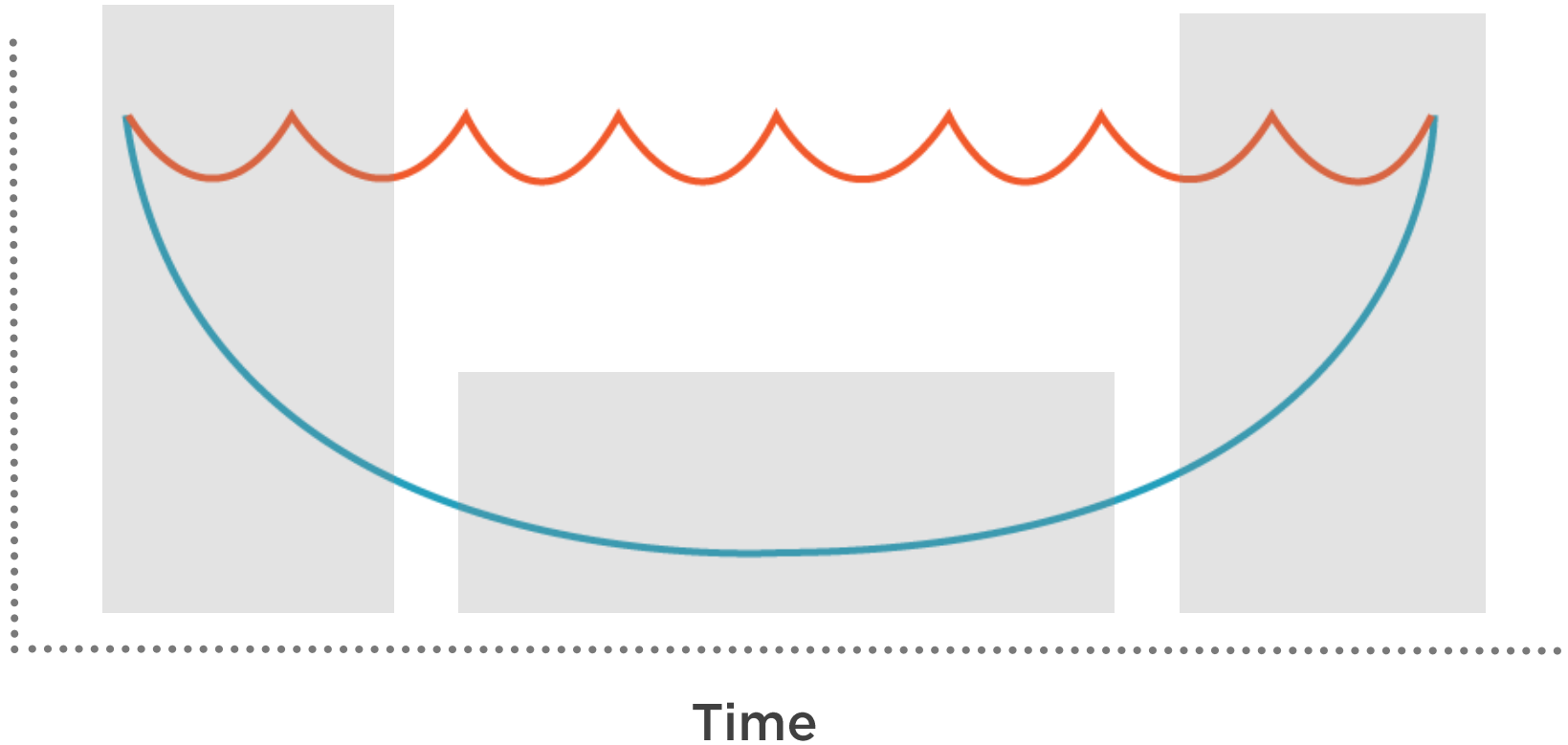
Highly iterative to achieve quality

Inspect work as it is being done

Start with a goal of filling a need



# Visibility

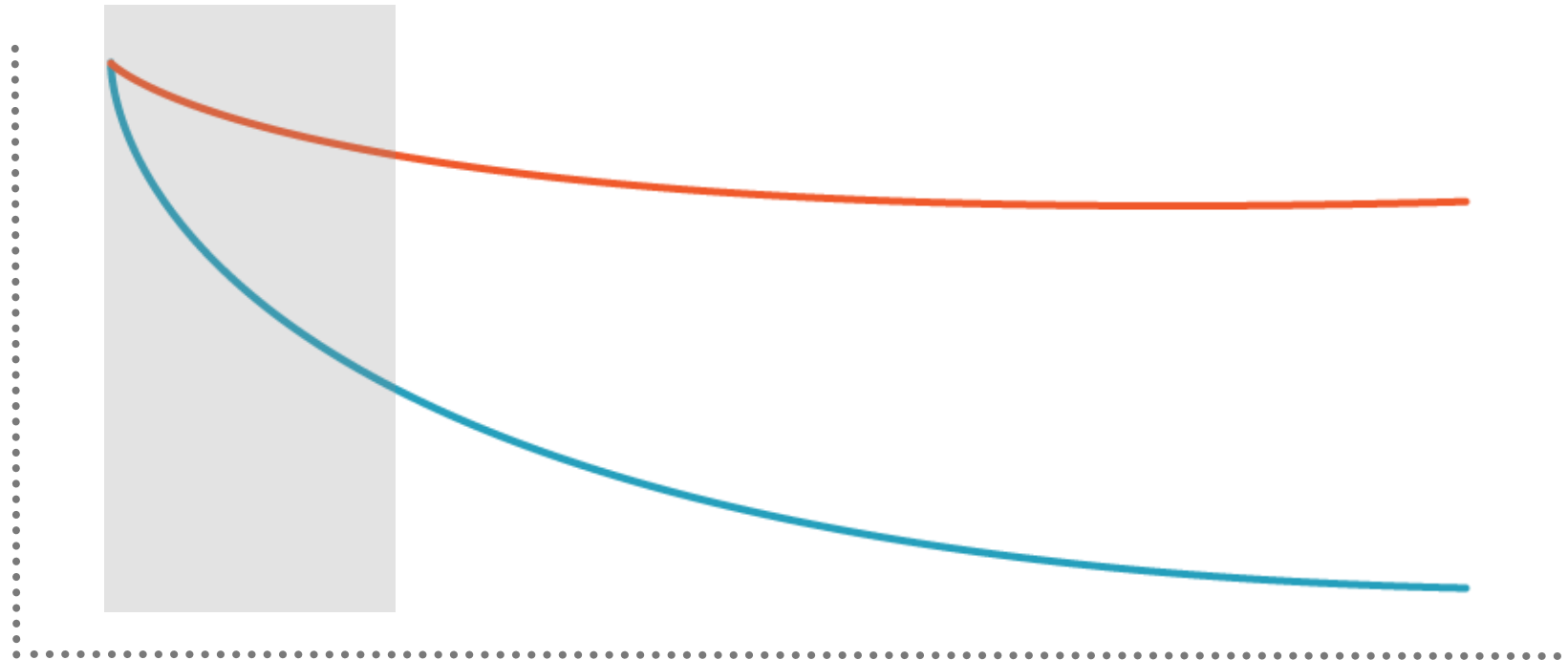


— Agile Software Development  
— Plan Driven Development



# Ability to Change

This is true of software produced and business decisions made

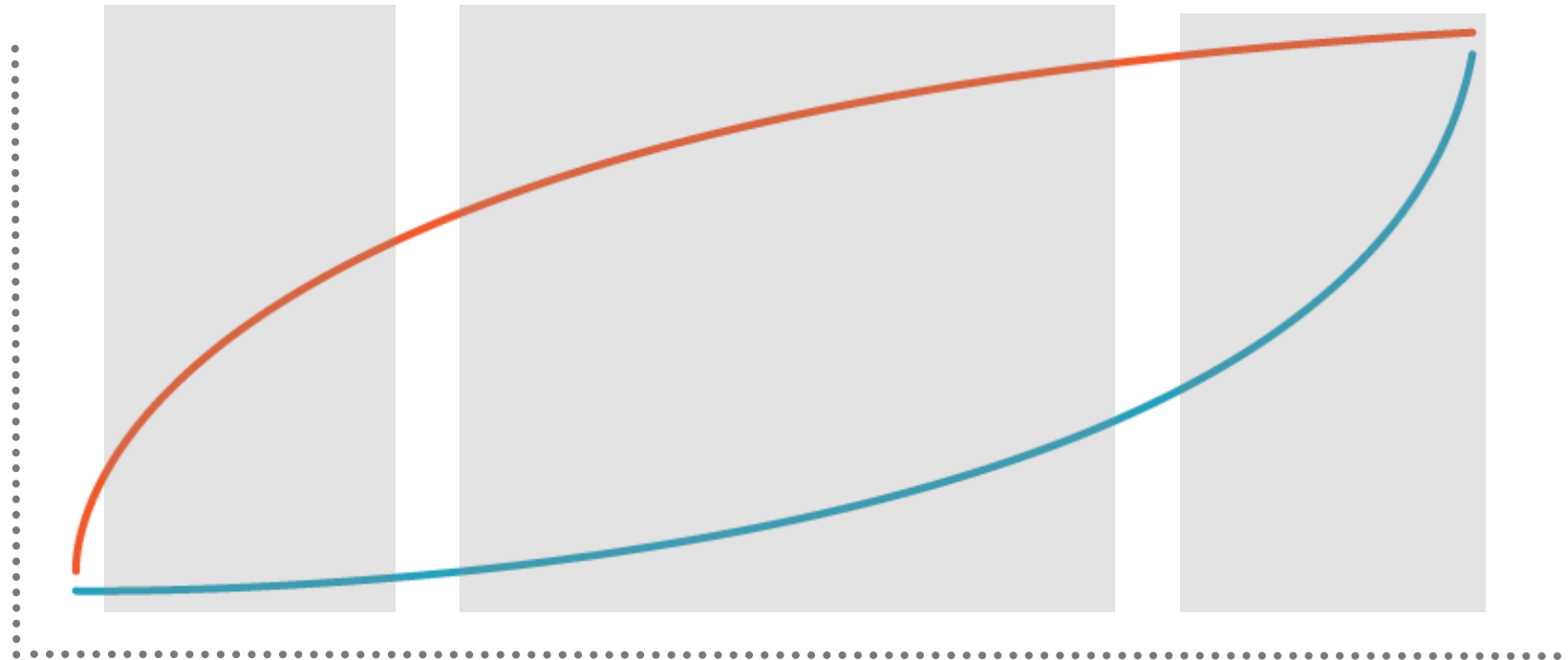


Time

— Agile Software Development  
— Plan Driven Development



# Business Value



Time



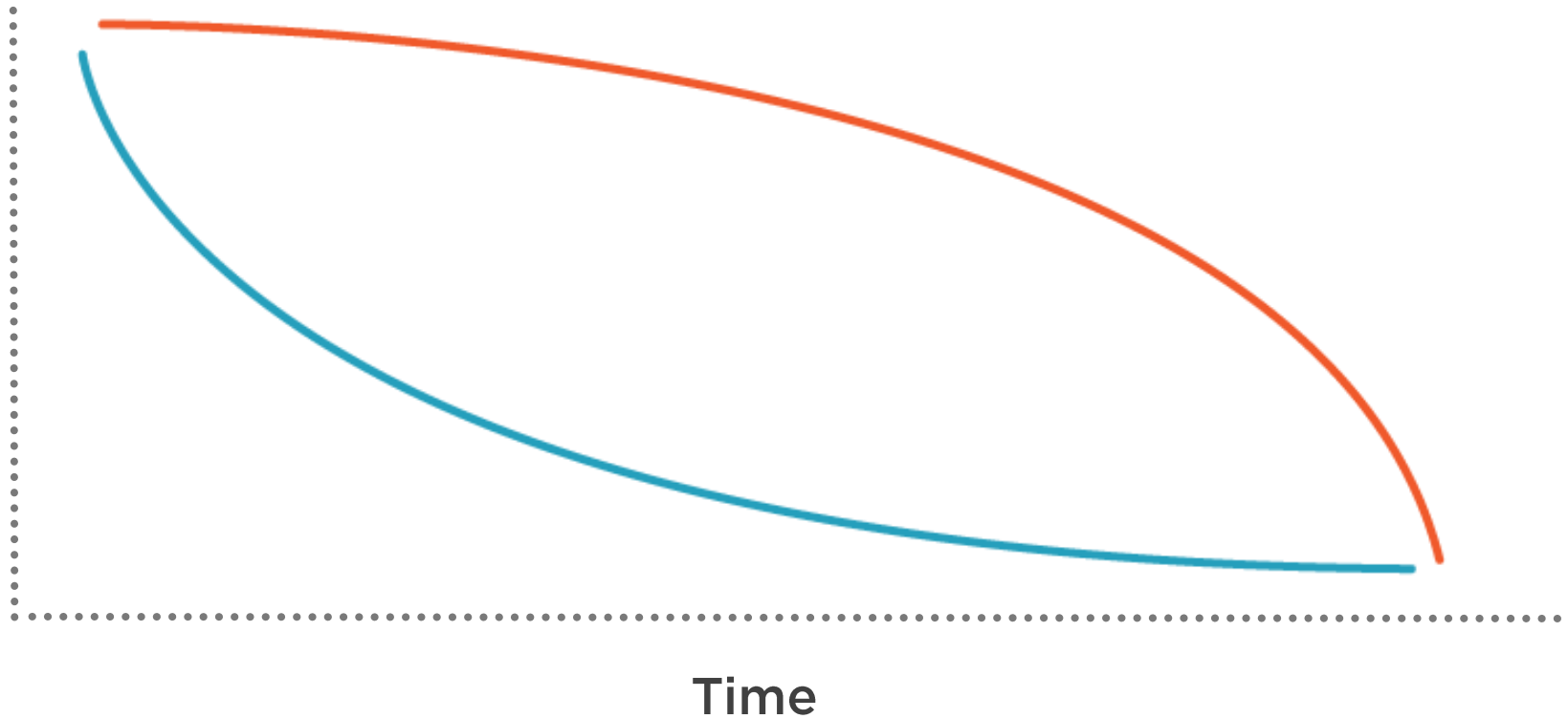
Agile Software Development



Plan Driven Development



# Risk



— Agile Software Development  
— Plan Driven Development



# What Agile is and is not

Dispelling Common Myths



# Touchstones of Agility

Come back to these things to recall what we are trying to accomplish.

## Documents

The Manifesto

The Declaration for  
Interdependence

## Principles

Iterative Delivery

Frequent Feedback

Transparency and  
Openness

Lean Principles





# The Two Parts of the Agile Discussion

## Processes and Methodologies

### Working with People

- Planning
- Teamwork
- Engaging customers
- Providing leadership
- Collaboration
- Learning

## Techniques and Practices

### Working with Software

- Design
- Coding
- Testing
- Deploying
- User experience



# Processes and Methodologies

## Working with People

- Planning
- Teamwork
- Engaging customers
- Providing leadership
- Collaboration
- Learning



# The Two Parts of the Agile Discussion

## Processes & Methodologies

- Adaptive Software Development
- Agile Modeling
- Agile Unified Process
- Crystal Clear
- Dynamic Systems Development Method
- eXtreme Programming
- Feature Driven Development
- Lean Driven Development
- Scrum
- User Stories

## Techniques & Practices

- Automated Regression
- Behavior Driven Development
- Continuous Integration
- Design Patterns
- Domain Driven Design
- DRY, SoC, Reuse, Testability
- Incremental Design
- JIT Architecture
- Seperation of Concerns
- Pair Programming
- Refactoring
- Test Driven Development



# Agile Is

Iterative

Adaptive

Value Based

Easy to  
Understand

Hard to  
Implement



# Agile Is Not

Just about  
writing code

Undisciplined

Unstructured

Whatever you  
want it to be

A placebo for  
pesky developers



# Contemporary Agile Methodologies

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Proven Practices



# Extreme Programming (XP)

**Ancestor of most Agile methodologies**

**Originated with Kent Beck in 1999**

**Blends processes and practices**

**Found success in smaller teams**

**XP became controversial early on due to advocates teaching it as dogma**



# Extreme Programming (XP)

1. Take observed effective team practices   2. Push them to extreme levels

## Good Practice

Code Reviews

Testing

Software Design

Simplicity

Integration Testing

Short Iterations

## Pushed to the Extreme

Pair Programming

TDD and constant regression

Relentless Refactoring

The simplest thing that could work

Continuous Integration

The Planning Game





# XP's 12 Practices

1. The Planning Game

5. Testing

9. Collective Ownership

2. Small Releases

6. Refactoring

10. On-site Customer

3. Metaphor

7. Pair Programming

11. The 40-hour Week

4. Simple Design

8. Continuous Integration

12. Coding Standards



# Scrum



An iterative project management process



Used beyond software development



Originated with Ken Schwaber and Jeff Sutherland in 1990s



Blends well with XP development

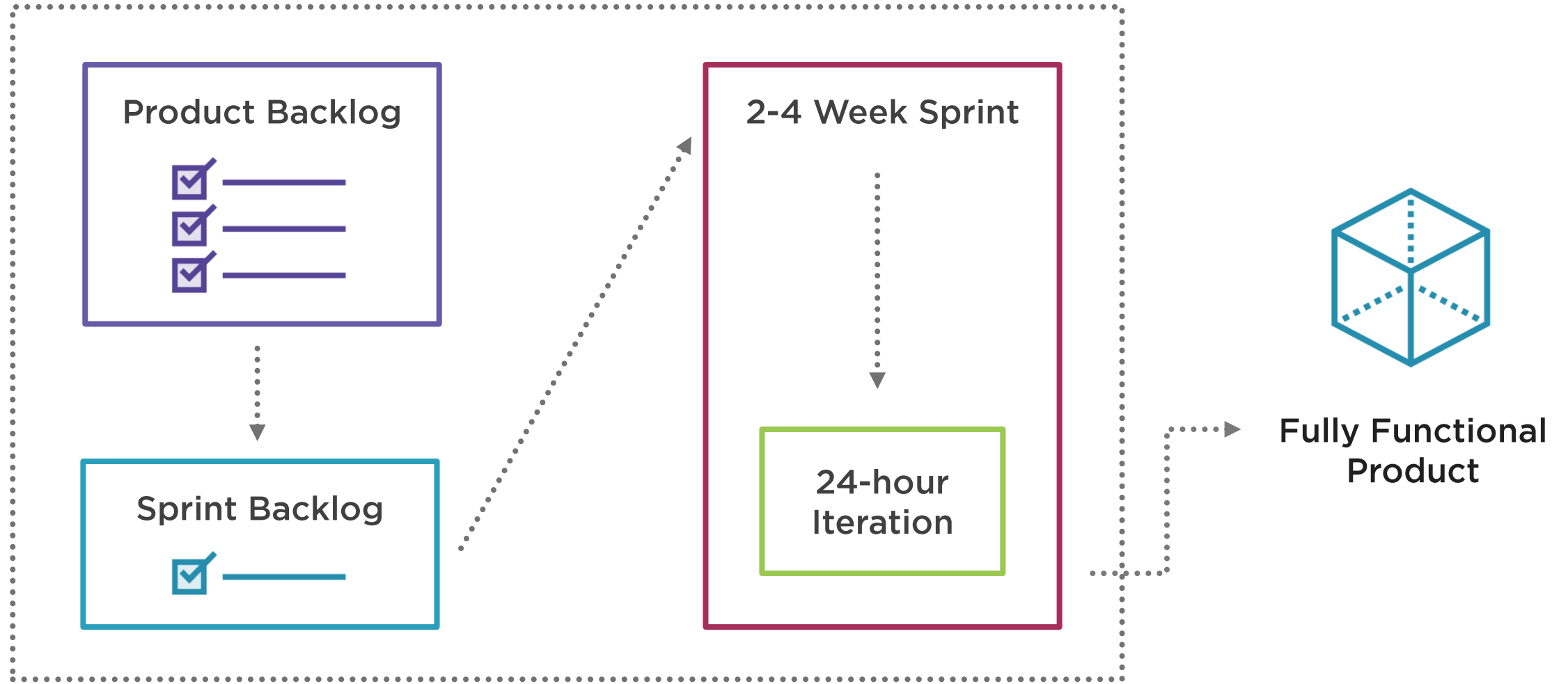


Does not advocate any specific engineering techniques



Simple

# Scrum



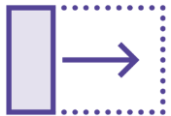
# Lean Software Development



More a set of guidelines than a formal methodology



Originally applied in manufacturing, now used in software development



Can be applied to improve any process



Focuses on Continuous Improvement (Kaizen) and value flow

# Principles of Lean Software Development

Eliminate waste

Amplify learning

Respect people

Build Quality

Defer commitment

Deliver Fast

Recognize and optimize the whole

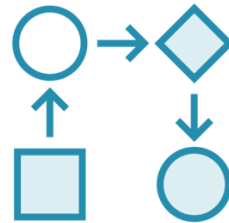


# Feature Driven Development

Originated with Jeff De Luca while working on a 50-person project at Singapore bank in 1997 and adheres to strict processes.



Based on time-honored engineering practices



Advocates modeling as the base currency of process



Some reports claim FDD scales more effectively than Scrum



# Feature Driven Development

## Activities

1. Develop Overall Model
2. Build Feature List
3. Plan by Feature
4. Design by Feature
5. Build by Feature

## Milestones

1. Domain Walkthrough
2. Design
3. Design Inspection
4. Code
5. Code Inspection
6. Promote to Build



<action> <result> <object>

Sum the total for monthly sales

Validate the password of the user





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# FDD Practices

**Domain Object Modeling**

**Developing by Feature**

**Individual Code Ownership**

**Feature Teams**



# FDD Practices

**Inspections**

**Configuration Management**

**Regular Builds**

**High Visibility Progress  
and Results**



# Summary



## Agile is a set of Principles

- Individuals and interactions **over** processes and tools
- Working software **over** comprehensive documentation
- Customer collaboration **over** contract negotiation
- Responding to change **over** following a plan

## Agile is not a distinct process or methodology, though it has distinct attributes

- Frequent and iterative product delivery
- Adaptive and responsive to feedback
- Close customer relationships
- Highly transparent



# References

The Manifesto for Agile Software Development  
[AgileManifesto.org](http://AgileManifesto.org)

Agile Alliance  
[AgileAlliance.org](http://AgileAlliance.org)

