# Fathima Sakila

## UNDERGRADUATE

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#### SUMMARY

I am an undergraduate in Health Promotion at the Faculty of Applied Science, with hands-on experience in fieldwork and public health projects. My academic background and practical experience have equipped me with the skills to design and implement effective health strategies. I am passionate about improving community health and eager to apply my knowledge in real-world settings.

#### **EDUCATION**

BSc in Health Promotion | 04/2022 - Present

Rajarata University of Srilanka

#### **EXPERIENCE**

#### Field Work

Health Promotion Department of Applied Science

- Completed two years of fieldwork focused on community health and public health initiatives.
- Conducted health assessments, provided educational outreach, and promoted healthy lifestyle choices within local communities.
- Assisted in planning, implementing, and evaluating health campaigns and workshops on various health topics.
- Collaborated with healthcare professionals and community stakeholders to design and deliver health interventions.
- Gained practical experience in data collection, analysis, and reporting on health behavior and outcomes.

#### **SKILLS**

- **Health Education & Awareness**: Ability to develop and deliver health education programs and campaigns.
- **Community Engagement:** Skilled in building relationships with diverse community groups and stakeholders.
- Data Collection & Analysis: Proficient in collecting, analyzing, and interpreting health data and statistics.
- Team Collaboration: Skilled in working as part of a team to achieve common health objectives and goals.
- **Problem Solving:** Strong ability to identify health issues and implement effective solutions for community well-being.
- **Health Communication:** Strong communication skills to convey health information effectively to diverse audiences.

### **LANGUAGES**

English - Proficient Sinhala - Proficient Tamil - Native

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