



USHMEET KAUR, SONI

PERSONAL DETAILS

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Email ID:

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Date of Birth: 19.06.2002

Place of Birth: Delhi, Delhi, India

Address: C-6/183- C, Keshav Puram,
Delhi, Pin: 110035, Delhi, India.

Nationality: Indian

Gender: Female

LANGUAGE PROFICIENCY

09.03.2024: IELTS Examination

Overall Band: 7.0 (CEFR Level C1)

Reading: 7.5, Listening: 7.5,

Speaking: 7.0, Writing: 6.5

**Completed 15 Years of Education in
English Language.**

WORKSHOP

29.03.2024 - 31.03.2024 Attended the
one day workshop on **Digital Marketing** at
the Indian institute of Technology , Delhi
during Tryst 2024 organized by World
Technocon in association with **Tryst 2024**
IIT Delhi.

EDUCATIONAL BACKGROUND

**Bachelor of Arts in Journalism and Mass
Communication || 06.2020 - 07.2023**

Guru Gobind Singh Indraprastha University, Delhi, India
(<http://ipu.ac.in/>)

Guru Gobind Singh Indraprastha University (GGSIPU),
popularly known as IP University or IPU is a state
university, located in Delhi. IPU is recognized by the UGC
and accredited with an 'A' grade by the NAAC.

Subjects: Personality Development, Basics of Design and
Graphics, media Laws & Ethics, print Journalism, Radio
Production Lab, Basics of Public Relations, Media
Research, Event Management etc.

Score: 9.43 CGPA German Grade - 1.29

Date of Passing: 18.08.2020

**Senior School Certificate Examination - 12th Class ||
04.2019 - 03.2020**

Central Board of Secondary Education, Delhi, India
(<https://www.cbse.gov.in/>)

Subjects: English Core, Mathematics, Physics, Chemistry,
Computer Science, Physical Education.

Score: 78% German Grade - 1.99

Date of Passing: 13.07.2020

**All India Secondary School Examination - 10th Class ||
04.2017 - 03.2018**

Central Board of Secondary Education, Delhi, India
(<https://www.cbse.gov.in/>)

Subjects: English Comm, Punjabi, Mathematics, Science,
Social Science.

Score - 91.8% German Grade - 1.37

Date of Passing - 29.05.2018

INTERNSHIPS

**21.06.2022 - 18.07.2022 Universal Tribes and Co.,
Pune, India** (<https://universaltribes.com/>)

Role: Intern

Learnings: Worked in Sales and Marketing
Department.

15.06.2022 - 01.08.2022 IFORTIS WORLDWIDE
(<https://ifortisworldwide.com/>)

Role: Intern

Learnings: Worked in Sales and Marketing
Department.

PAPER PUBLISHED

Topic: The High Five Habit: Take Control of your life with one simple habit by **Mel Robbins**

Abstract: The book "The High 5 Habit" makes a startling claim: a single change to your daily routine could help you break free from your old, self-limiting thinking and into high gear. Self-improvement appears to be easier than ever before with this plan for life change, which is intertwined with personal experiences and scientific data. Mel Robbins, the book's author, is a best-selling author and personal-development guru who lives in New England with her husband and three children. She is the creator of the number-one podcast on Audible, "Start Here: Pep Talks for Life." One of her other books is "The 5 Second Rule".

INTERNSHIPS

01.06.2021 - 01.07.2021 IIM Bangalore, India
(<https://www.iimb.ac.in/>)

Role: Intern

Learnings: Worked in Sales and Marketing Department.

HOBBIES

- Dancing
- Pencil Sketching
- Yoga
- Gardening