

Ra Yoga 200 HR Teacher Training Application

Particulars

Name: _____

Phone Number: _____

Address: _____

Email: _____

City: _____ St: _____ Zip: _____

Birthday: _____

Social Media Handles (IG & What's App): _____

Preferred Pronoun: _____

How did you hear about the teacher training? _____

Emergency Contact #1: Name _____ Relationship _____ Phone _____

Emergency Contact #2: Name _____ Relationship _____ Phone _____

Emergency Contact #3: Name _____ Relationship _____ Phone _____

Tell us about you

How long have you been practicing? How often?

What is your favorite yoga class/style? Why?

What are you hoping to accomplish through taking this teacher training?

This training certifies you as a 200 hour vinyasa teacher. Our goal to expose you to different styles of yoga as well. How interested are you in the following practices, elements, principles, or styles with regards to this training?

	Very Excited	Excited	Interested	So-So	Not Interested
Vinyasa Technique	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Hot Yoga Technique	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Yoga with Weights Technique	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Kundalini Practice	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Pilates Technique	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Restorative / Yin / Yoga Nidra	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Becoming Self Actualized	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Understanding the Chakras	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Healing Science of Ayurveda	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>		
Mastering Public Speaking	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Mentorship	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Posture Alignment	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Anatomy	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

What attracted you most to Ra Yoga's 200-hour Teacher Training?

Do you hope to teach yoga either part-time or full-time?

List, if any, other personal development courses or education you have received.

Payment Information

We are so excited that you have decided to deepen your own practice with our 200-hour Teacher Training. We have worked hard to develop a holistic training that can inspire and help you grow your teaching and your personal practice. We recognize this is a very big decision and we never want money to be the reason someone decides not to participate, so we have developed multiple payment plans to fit individual needs. Listed below are payment options, please select your preference before turning in your application.

In order to receive your diploma, all balances must be paid off.

A payment from the options below is required to hold your spot on the roster. Additionally, there is a \$500 non refundable portion of your payment should you decide to terminate your enrollment, before or during the training.

Regular Price \$3350 | (Fully paid by start of training)

Early Bird \$3050 | \$1550 due 30 days prior to start of training, balance due by start of training

6 month pp | Monthly payment - \$575

9 month pp | Monthly payment - \$400

12 month pp | Monthly payment - \$325

Teacher Training Cost does not include mandatory textbook purchases. Estimated cost of additional reading material is \$100.00.

(Books may be available on loan from previous graduates. To inquire email laurie@rayoga.com.)

Methods of payment accepted at Ra Yoga are: Cash, Check or Credit Card. You may place your down payment by emailing teachertraining@rayoga.com.

Trainings may have opportunities for partial scholarship and trade opportunities. Please email Jenny@rayoga.com to inquire.

Teacher Training Commitment Agreement

I _____ (student) understand that I am enrolling in a Teacher Training program, designed and facilitated by Ra Yoga, whose curriculum is approved by Yoga Alliance and whose instructors are certified to teach this 200-hour Yoga Teacher Training.

I understand that enrollment and payment does not guarantee me a yoga teacher certificate. My attendance and participation are necessary to receive a 200-hour certificate. I also understand that procurement of a Ra Yoga 200-hour Teacher Certificate does not guarantee me a teaching position at any Ra Yoga studio in the future. While all new teachers will be evaluated for possible positions, there are no guarantees of placement.

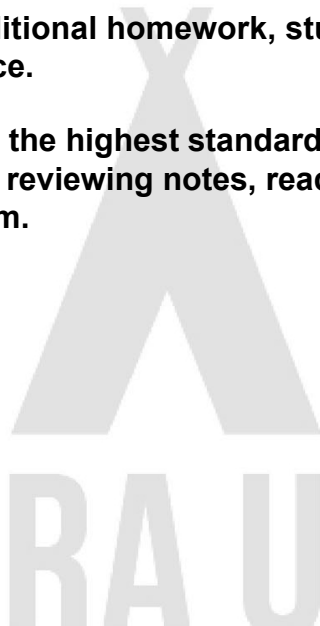
I understand that I am required to attend every session. I am allowed to miss one full weekend or the hourly equivalent; anything beyond that is expected to be made up on your own time at the guidance of the lead instructor.

Please know that this may include additional homework, study time and hours to ensure that all hours are completed in yoga alliance.

I understand that I must hold myself to the highest standard of excellence during this training, including facing fears, being punctual, reviewing notes, reading assigned books, practicing postures, doing homework, ad infinitum.

Signature

Date



Waiver of Liability

In consideration of & as inducement to my participation as a student within Ra Yoga's teacher training, I represent and agree as follows:

- (1) I have been examined by a licensed physician with in the past six months and have been found by such physician to be in good physical health and fully able to perform all yoga exercises which I am to learn and/or practice during my teacher training.
- (2) I will faithfully follow the instruction of my teacher trainer as well as his/her assistant, understanding that yoga is a serious exercise. I understand that my training will help prevent injury to myself and/or others I might instruct in the future. I understand that any deviations from instruction might lead to injury. I also understand that Ra Yoga is not responsible for any injuries that may occur to me or anyone I may instruct in the future. Yoga can be injurious if a practitioner does not listen his/her own body.
- (3) I will not hold Ra Yoga, our partners, instructors or employees responsible for any injuries suffered by me caused in whole or in part by my failure to faithfully follow the instructions of Ra Yoga or its instructors or by any physical impairment fully disclosed to you in writing.
- (4) I understand and acknowledge that I am to receive instruction in yoga and yoga related theories/sciences. I will not hold Ra Yoga (instructors, employees, teacher trainers) to any higher standard of care than that applicable to school of yoga theory and exercises.
- (5) The tuition paid for Ra Yoga's Teacher Training is non-refundable once the program begins.

Signature

Date