

Codebook for survey.sav

Full variable name	SPSS variable name	Coding instructions
Identification number	id	subject identification number
Sex	sex	1 = males; 2 = females
Age	age	in years
Marital	marital	1 = single; 2 = steady relationship; 3 = living with a partner; 4 = married for the first time; 5 = remarried; 6 = separated; 7 = divorced; 8 = widowed
Children	child	1 = yes; 2 = no
Highest level of education	educ	1 = primary; 2 = some secondary; 3 = completed high school; 4 = some additional training; 5 = completed undergraduate; 6 = completed postgraduate
Major source of stress	source	1 = work; 2 = spouse or partner; 3 = relationships; 4 = children; 5 = family; 6 = health / illness; 7 = life in general
Do you smoke?	smoke	1 = yes; 2 = no
Cigarettes smoked per week	smokenum	Number of cigarettes smoked per week
Optimism Scale	op1 to op6	1=strongly disagree , 5=strongly agree