

Talking to your Children about Gambling

2014 Parenting Focused Problem Gambling
Outreach and Education Project

Gambling?



Gambling Defined

Webster says: “to stake or **risk** money, or anything of **value**, on the outcome of something involving **chance**”

What activities does that include?

Gambling Opportunities...

...AVAILABLE IN NYS

Lottery
Horse Racing at Race Tracks and OTBs
Casinos
VLT's (Video Lottery Terminals)
Bingo, Pull Tabs, 50/50 Raffles
Floating Casinos (Cruises to nowhere)
Card for Money, Dice
Sports Betting
Office Pools
Internet Gambling

...SURROUNDING NYS

Atlantic City, NJ
Foxwoods and Mohegan Casinos, CT
Ontario: Casino Niagara, Niagara Fallsview Casino, Fort Erie Racetrack and Slots, Fort Erie Bingo Parlors
Quebec: Casino de Montreal
Internet Gambling
Slot machines at Pennsylvania racetracks
Casinos are being developed in MA

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Why do we
need to talk to
our children
about
gambling?

What are youth between the
ages of 14 and 21 up to?

_____ %
reported
having
gambled in
the last year.

_____ %
admit to
gambling
twice or more
per week.

What are youth between the
ages of 14 and 21 up to?

68%
reported
having
gambled in
the last year.

11%
admit to
gambling
twice or more
per week.

Problem



Problem Gambling Defined

Problem gambling is gambling behavior which causes disruptions in any major area of life:

psychological, physical, social or vocational

What consequences does that include?

Mood swings

Problem with loved ones

Eating less or willingness to go without food, medications, household supplies, etc. to have money to gamble

Cashing in insurance policies and/or spending retirement funds, college savings, etc.

Lack of trust

Financial difficulties



Anticipation of loved one's mood

Concern over physical well-being of loved one

Anxiety, Depression

Frustration with gambler's inability to stop and related consequences

Bankruptcy

Homelessness

Crime

Abuse

Completed and attempted suicide

Treatment

Health-related costs

Absenteeism at work and time spent in courts

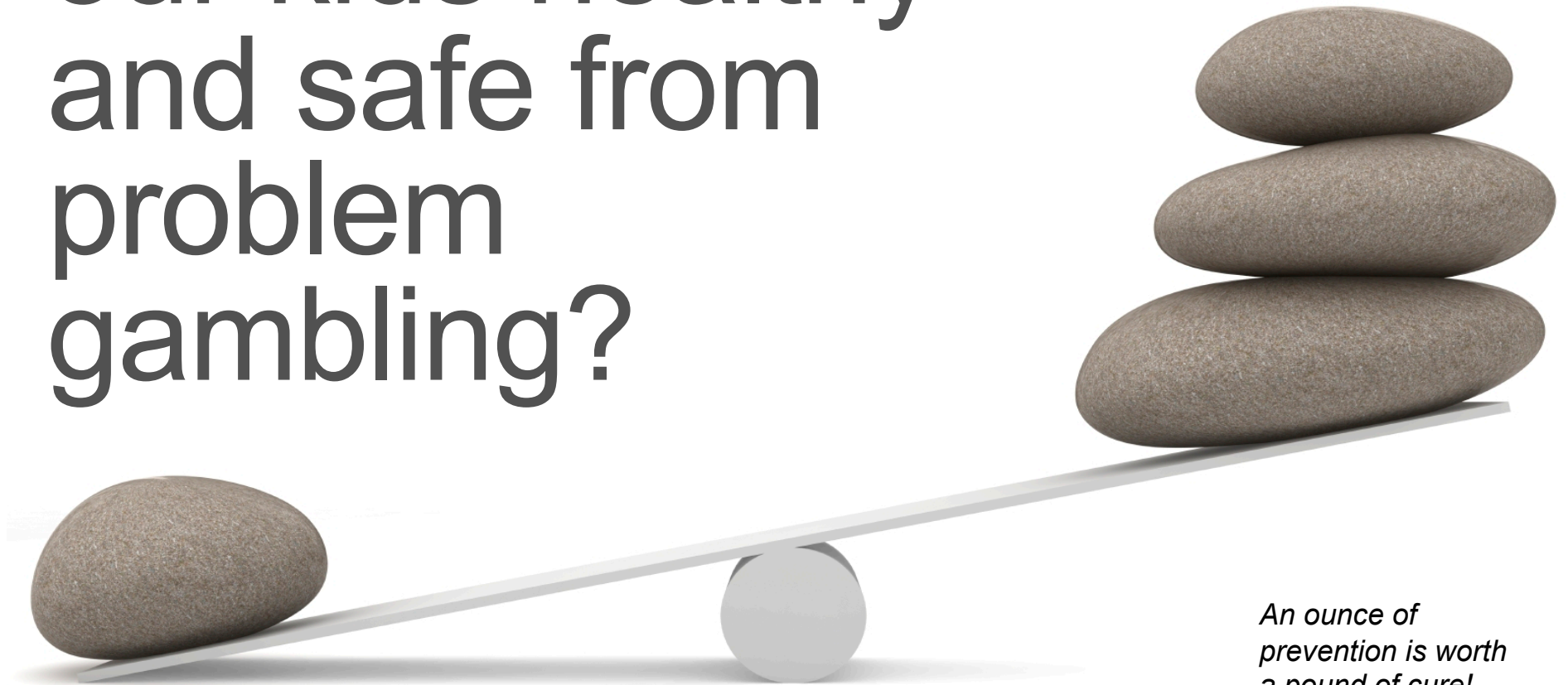
Regardless of religion,
cultural belief, race,
country of origin, we all
have two basic concerns
for our children.

What are they?

**health and
safety**



How can we keep our kids healthy and safe from problem gambling?



*An ounce of
prevention is worth
a pound of cure!*

★ Listen

★ Stay informed so you can keep them informed

★ Know the warning signs

★ Monitor their activities

★ Establish CLEAR rules and enforce them

★ Be involved

★ Be a good role model and talk to them about your behaviors/actions

★★★Talk to your kids EARLY – if they don't hear it from you, they'll hear it from someone else first.

What should I keep
an eye out for to spot
a gambling problem
early?

Warning Signs

- Sudden mood changes
- Feelings of anxiety
- Interest in gambling conversations or use of gambling slang
- Lying, cheating, stealing
- Unexplained absence from school or work
- Less time spent with friends and/or family

What if I'm worried that he/she
already has a problem?



1-877-8-HOPENY

Find Help for **1-877-846-7369**

Alcoholism, Drug Abuse, Problem Gambling

Other Resources



****Insert Agency Logo/Information Here****



DontBetYet.com

What's your next move?

