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<!DOCTYPE html>
<html lang="en">
<head>
  <meta charset="UTF-8">
  <meta name="viewport" content="width=device-width, initial-scale=1.0">
  <title>Pratique</title>
</head>
<body style="height: 3000px; padding-top: 50px; padding-left: 100px;">
  <div style="background-color: black; color: white; height: 40px; top: 0;
left: 0; right: 0; position: fixed;">Header</div>
  <div style="background-color: green; color: white; position: fixed; top:
40px; bottom: 0; width: 72px; left:0; ">SideBar</div>
  <div style="background-color: skyblue; height: 300px; width: 300px; color:
black; position: static;">Div 1</div>
  <div style="background-color: pink; height: 300px; width: 300px; color:
black; position: static; margin-top: 20px;">Div 2</div>
</body>
</html>
```