$$H\left(\phi\right) = \begin{cases} 0 & \phi < -\varepsilon \\ \frac{1}{2} + \frac{\phi}{2\varepsilon} + \frac{1}{2\pi} \sin\left(\frac{\pi\phi}{\varepsilon}\right) & -\varepsilon \le \phi \le \varepsilon \\ 1 & \phi > \varepsilon \end{cases}$$