# ARTICLE TITLE:

## "Neem Tree and Its Benefits"

Neem, also called Margosa, is a very quick growing tree of the Mahogany family namely "Meliaceae". It is considered as medicinal plant and a source of organic pesticides and timber. Neem is very attractive, fast-growing and evergreen tree.

The Neem Tree has a straight and erect trunk and it can reach a height of 30 meters and more, though it is being observed that 15 to 20 meters of height is the average. The bark is stiff, dense, rough and flaky, fissured even in young trees. It's often brown, but in older trees it can be pale or greyish-black.

Neem has two closely related species, "Azadirachta indica A. Juss", and "Melia Azadirachta"; the former is popularly known as the Indian Neem (Margosa Tree) or Indian Lilac, and the latter as the Persian Lilac. It is a matter of fact that the Neem Tree is widely found and grown in the Indian subcontinent and in the dry areas throughout the South Asia.

Neem leaf is filled with various health and skin aids and advantages. Consuming it in the form of a paste, in tea or just chewing its stem or shoot which is freshly plucked from the tree has retrieved a number of benefits for the human beings since the ancient times. Chewing the Neem Leaves can also nutrify our hair and heal headaches. The Neem leaves are also used for various eye disorders, bloody nose, intestinal worms, stomach troubles and issues, loss of hunger, skin ulcers, diseases of the heart and blood vessels (cardiovascular disease), fever, diabetes, and liver ailment.

The shelter of Neem Tree is very soothing and refreshing and it provides a very cool effect to the body. Growing the Neem Tree in the hotter areas can be very beneficial for the human community.