

ARTICLE TITLE:

“TYPES OF THINKING”

THINKING:

Thinking is a gift for every human being from God. We think due to the blessings of Brain and Heart. However, it's up to us that how we manipulate our thinking and make decisions of our lives. The ability of thinking varies from human to human and it has more than one perspectives that may arise a positive as well as a negative thinker.

Discussing about some of the types of thinking, we have three basic ways that influence us making decisions in our lives differently. They are defined as under:

1) Directional Thinking:

Directional Thinking is a pattern of thought that works on moving the discussion forward, moving a step closer to a solution. It doesn't necessarily go in a straight line. The decisions are in the lighter grey versus the darker grey areas. It is looking at situations as opportunities to learn or experiment.

Directional thinking is suitable in the domain of uncertainty. It requires emotional intelligence because it doesn't feel safe or complete and it doesn't resolve any tension.

The best example for Directional Thinking is of a person completing a certain project. He thinks to work step by step on it, thus, fulfilling the Directional Thinking approach.

2) Binary Thinking:

Binary thinking is always putting things in terms of two options that are usually mutually exclusive. That is all the possibilities are either option A or option B and

not both. ... Binary thinking reduces it to "good" or "bad" with nothing in between. At times, Binary Thinking is vital for decisiveness.

For example, if a person has some time to kill, they might ask themselves a question like "Should I read a book or watch TV?" There isn't a third decision in-between or even weighting of probabilities is 50:50. That's Binary Thinking.

3) Consequential Thinking:

Consequential Thinking is the process of identifying the risks associated with a particular action and then considering whether to continue in pursuit of that goal.

Consequential thinking is a logical extension of Directional Thinking. It's a matter of fact that risk is everywhere. We all live with risk on daily basis and leaders encounter risks with every decision they make, and every action they pursue. What we call accidents are actually the result of our choices.

Since our decisions will change things from the way they are to the way we think they should be, we must consider the process and the outcomes carefully.

Whenever you make a decision, think about its consequences, consider its "pros vs. cons" as well as "costs vs. benefits" to end up with a best result of your desired accomplishment.