

TIMES	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
10:00 AM - 11:00 AM	OPEN MAT (MEMBERS ONLY NOT OPEN FOR DROP-INS OR TRIALS)						CLOSED
5:00 PM - 6:00 PM			JUNIORS No-GI BJJ		JUNIORS No-GI BJJ		
5:00 PM - 6:00 PM		TEENS No-GI BJJ	TEENS No-GI BJJ	ADULT MMA	TEENS No-GI BJJ	ADULT MMA	
6:00 PM - 7:30 PM		ADULT No-GI BJJ	ADULT No-GI BJJ	ADULT No-GI BJJ	ADULT No-GI BJJ	ADULT No-GI BJJ	