# Unit 5 Teaching Outline Double Trouble

# **Audience**

This is going to be a group bible study project for adults. The group normally ranges from 10 people to 15. These 10 sessions are going to allow us to learn more about God's grace and what it means for us as Christians. There will be questions for the group throughout the lessons as well as videos about main topics. I will be writing the lessons using two books the first being Set Free! : What the Bible Says about Grace and the second being another Jack Cottrell book titled 13 Lessons on Grace.

## **Introduction Video**

https://youtu.be/aNOZ7ocLD74?si=ExniTnfbeckyBoyw

### **Outline**

- I. Double Trouble
  - A. What happened to sin?
    - 1. It's still here, but people in our culture no longer think of it as sin, but as the cultural norm
  - B. Why is this a problem?
    - 1. Without us acknowledging the reality and severity of sin in ourselves and others we cannot fully accept the gospel of Christ
  - C. Romans 1:16
    - 1. "For I am not ashamed of the gospel, because it is the power of God that brings salvation to everyone who believes: first to the Jew, then to the Gentile."
  - D. Paul's harsh warnings for those who do not believe in sin or Christ
    - 1. Romans 1:18
      - a. "The wrath of God is being revealed from heaven against all the godlessness and wickedness of people, who suppress the truth by their wickedness,"
    - 2. Sin <u>must</u> be acknowledged before <u>salvation</u> will be accepted
- II. How does sin make us guilty?
  - A. Guilt
    - 1. This is not an inward condition; it does not involve our nature of being.
    - 2. It is rather a matter of relationships.
    - 3. To be guilty means that we are in a wrong relationship with God and God's laws.
  - B. The legal issue
    - 1. Disaster will always occur when we go against God's law.
      - a. We need to remember that it may not be immediate, but it will come in God's time.
    - 2. The laws do not only require that the commands of God be obeyed, but the penalties for those also have to be upheld.
      - a. Second Death
        - i. Eternal existence in the fiery lake of hell
    - 3. Legal Terms (All used in reference to sin)
      - a. Judgment
      - b. Condemnation
      - c. Damnation
      - d. Penalty
      - e. punishment
      - f. Wrath

#### C. Wrath of God

- 1. Man's denial of God's wrath
  - a. Since God is a loving and king God how can He be wrathful?
  - b. One of Satan's biggest deceptions
- 2. Nahum 1:6
  - a. "Who can withstand his indignation? Who can endure his fierce anger? His wrath is poured out like fire; the rocks are shattered before him."
- 3. Zephaniah 2:1-2
  - a. "Gather together, gather yourselves together, you shameful nation, before the decree takes effect and that day passes like windblown chaff, before the Lord's fierce anger comes upon you, before the day of the Lord's wrath comes upon you."
- 4. Revelation 6:16-17
  - a. "They called to the mountains and the rocks, "Fall on us and hide us[a] from the face of him who sits on the throne and from the wrath of the Lamb! 17 For the great day of their[b] wrath has come, and who can withstand it?"
- 5. What arouses God's anger?
  - a. Any godlessness or wickedness that we do against God

# III. Sin makes you sick

- A. Are people sinful or just our actions?
  - 1. People are not only sinners, but are sinful
- B. Sin makes our spiritual nature weakened and corrupted
  - 1. "This is what causes for Satan to get a foothold into a lot of us
- C. Sin not only effects our relationship with God and others, but also us personally.
- D. Our Sinful Nature
  - 1. Sin infects us like a disease
  - 2. Sin is not only what we do, but also what we are.
  - 3. Are we born corrupted?
    - a. Born into original sin or grace?
  - 4. Our natures aren't completely depraved
    - a. Our free-will choices make us that way
  - 5. Ephesians 2:1
    - a. "As for you, you were dead in your transgressions and sins,"
  - 6. Matthew 7:17-20
    - a. "Likewise, every good tree bears good fruit, but a bad tree bears bad fruit. A good tree cannot bear bad fruit, and a bad tree cannot bear good fruit. Every tree that does not bear good fruit is cut down and thrown into the fire. Thus, by their fruit you will recognize them."

### 7. Weakness

- a. We are spiritually blind
  - i. "Their throats are open graves; their tongues practice deceit." "The poison of vipers is on their lips." "Their mouths are full of cursing and bitterness."
- b. Jeremiah 19:9
  - i. "The heart is deceitful above all things and beyond cure. Who can understand it?"
- c. Our spiritual conditions at this time are so bad it is sometimes often referred to as a state of death.
- d. Alexander Campbell
  - i. "Without faith every man is spiritually blind, and dead to the things of God, of Christ, and heaven."

#### E. Sins and Sinfulness

- 1. To see what we do as sin is easy. The hard part is recognizing it **in** ourselves.
- 2. When we are corrupt in our hearts it gives rise to sinful acts.

- 3. Vicious Sin Cycle
  - a. Once you yield to temptation once it spirals into a revolving door of sin
- 4. Why do we do evil things?
  - a. Because of our nature
- 5. Matthew 12:33-35
  - a. "Make a tree good and its fruit will be good, or make a tree bad and its fruit will be bad, for a tree is recognized by its fruit. You brood of vipers, how can you who are evil say anything good? For the mouth speaks what the heart is full of. A good man brings good things out of the good stored up in him, and an evil man brings evil things out of the evil stored up in him."
- 6. Eye Opener
  - a. Discernible sins are no more than symptoms of a inner disease
    - i. Like a fever or the red dots that turn into Chicken Pox
- 7. How to overcome sin and temptation
  - a. What not to do
    - i. Trying to overcome temptation without God
    - ii. Suppressing the initial signs
  - b. What to do
    - i. We cure the underlying disease with our faith and trust in God.

#### IV. Double Trouble

- A. First we are guilty and are condemned by God's law
- B. Second we are spiritually corrupted and more likely to sin
- C. Storied Example
  - 1. Short-tempered husband who becomes angry with his wife. He stalks out of the house, gets into his car, and roars off down the street. At the intersection he ignores the stop sign, zooms out onto the highway, and promptly collides with a truck.
  - 2. This is an example of double trouble
    - a. Legal problems
      - i. which will involve the police, lawyers, and fines
    - b. Medical issues due to accident
- D THE GOOD NEWS
  - 1. Both can be overcome by the grace and power of Jesus Christ. For the double trouble, there is a double cure.

### **Group Activity**

Going to show a spotted white paper and demonstrate that our sins aren't the black spots, yet they are the white paper instead.

#### Rationale

I chose this topic to teach on because the idea and theology behind grace is so misunderstood. I feel that we as humans trying to grasp the idea of a gift given to us with no strings attached that will enable us to enter heaven is almost impossible. Even when we finally understand grace it's something we still at times have a hard time not only explaining to ourselves, but to others as well. I hope through this 10 week study I can not only shine a light on what grace is to others, but also grow in understanding of it myself.

Bible Gateway. "Bible Gateway. Bible Gateway. Bible Gateway, 2024. https://www.biblegateway.com/.

Cottrell, Jack. 1988. 13 Lessons on Grace. WIPF and Stock Publishers.