



*The João José 'John' Santos Charitable Organization
A N.J. non-profit corporation*

bringing depression and suicide prevention into the spotlight!

*from **STIGMA** to **EDUCATION***

A educação é a chave para a compreensão da doença!

www.thejohncharitable.org

2020 -- SUICIDE GRIEF SUPPORT GROUPS

If you lost a loved one to suicide—you are not alone!! Suicide affects millions of people each year!! The John Santos Charitable Organization provides an opportunity for those who grieve a suicide loss to participate in our free support groups and connect with other survivors. We believe that by sharing, talking about your loved one is key to cope with the loss.

The John Santos Charitable Organization offers the following support groups:

Somerville Library – 35 West End Avenue, Somerville, NJ 08876

Wednesday, January 8 | 7:00pm-8:45pm

Wednesday, February 5 | 7:00pm-8:45pm

Wednesday, March 4 | 7:00pm-8:45pm

Bridgewater Library – 1 Vogt Drive, Bridgewater, NJ 08807

Tuesday, January 28 | 7:00-8:45pm

Monday, March 16 | 7:00pm-8:45pm

Unitarian Universalist Congregation of Somerset Hills - 123 East Cliff St., Somerville, NJ

Monday, February 17 | 7:00pm-8:45pm

{Portuguese/Spanish support available}

For more info, please contact Augusta Santos @ 908-938-0392 johncharitable@aol.com

Educating for a healthy tomorrow; one person, one family, one community at a time!

P.O. Box 234 ~ Raritan, NJ 08869 ~ 908-938-0392 ~ thejohncharitable.org