		BH-2 & BH-3 MESS MENU	
DAY	BREAKFAST	LUNCH	DINNER
MONDAY	Medu Vada,Sambhar,roasted peanut chutney,Dalia Sprouts, Egg/Banana	Aloo(30%) Soyabean ,Chana dal tadka,Pineapple raita,Jeera rice, roti,Salad Sambhar	Roti,methi matar malai,Arhar daal tadka,Rice, RotiSalad,Balushahi
TUESDAY	Chole kulche/Samosa,Chutney(Both),Egg/Banana,Sprouts, Cornflakes	Punjabi kadi, <mark>Urad Daal</mark> ,Rice,Roti,Lassi,Salad,Sambhar	Aloo ghobi(dry)(aloo 30% + ghobhi 70%),Nawabi daal Tadka,Rice,Roti,Salad,Gajar ka Halwa
VEDNESDAY	Idli / <mark>Aloo pyaz kachori,K</mark> etchup/Hari chutney,Aloo tamatar sabji,Egg/Banana,Dalia	Daal Masoor red, malai kofta, <mark>Rice Pulaow</mark> , Mint-onion raita, Salad,Sambhar ,roti	Fried Egg Curry/Kadai Paneer,Chana daal tadka,Rice, Roti,Salad,Gulab jamun
THURSDAY	Gobhi paratha, Laal Teekhi chutney, Maiyonese, Egg, Banana, Sprouts, Cornflakes	Veg biryani, <mark>Aloo Dum</mark> ,Arhar dal tadka,Chaach,Salad,Sambhar, roti	Chillipotato,Kaali masoor daal tadka,Rice,Roti,Salad, Red Sauce Pasta + ketchup,Moong daal halwa
FRIDAY	Poha + Haldiraam bhujiya , Jalebi,Dalia, Sprouts,Egg/Banana	Aloo Bhujiya, Daal makhni tadka, Rice , Roti, Dahi, Salad, Sambhar	Fried Chicken Butter masala/Paneer bhurji,Rice,Roti, Salad,Icecream
SATURDAY	Stuffed Paratha(aloo 40% + 20% onion + 40% paneer), Chutney,Dalia,Egg/Banana	Chole bhature, rice, Boondi Raita, Salad, Sambhar	White Chola, Pyaaz + Tamatar + Chaat Masala, Arahar daal tadka "Rice, Roti, Salad, Khalakhnad
SUNDAY	Masala Dosa,Coconut chutney,Egg/Banana,Chocos	Aloo Matar Tamatar,Nawabi daal,Dahi,Rice,jeera puri,Salad, Sambhar	Aloo (25%) Palak,Loki kofta,Pulaw, Roti,Salad,Kaju Katli
ould contain = Carr	ot/Beetroot + Tomato/Cucumber + onion and Mix achaar must b	e served for Lunch and Dinner Everyday.	