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UHV Assignment No 1

Title: Practice session to discuss natural acceptance in human being.

Aim: To understanding Natural Acceptance by discussion on -
“What do you mean by your natural acceptance? Illustrate with examples. Is it invariant with time and place?”

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Natural acceptance implies unconditional and total acceptance of the self, people and environment also refers to the absence of any exception from others. Once we fully and truly commit ourselves to natural acceptance, we feel a holistic sense of inner harmony, tranquillity and fulfilment. Actually our acceptance is way to accept the good things naturally. Learn everything that is good from others, but in, and in our own way absorb it; do not become others. Every Human being naturally expects to be purposeful and successful. Our wisdom is the true source for realizing these expectations. This source could never be obliterated - every person naturally accepts goodness, Every person naturally expects goodness to happen. We all are waiting for goodness to happen. The place where goodness would be realized will naturally be in our relationships with other entities in existence. Recognition of a relationship in existence is essentially recognizing of its innate purpose or value. Natural acceptance

does not change with time. It remains invariant with time. For example natural acceptance for trust and respect does not change with age. It does not depend on the place. Whatever we have accepted, in our life, at any time of our age does not change, even if we move from one place to another one. It does not depend on our beliefs or past conditionings. No matter how deep our belief conditioning, as long as we ask ourselves the question sincerely, as long as we refer deep ourselves, the answer will always be the same.