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**South Midlinds Classic Divisional**

**Championships**

**Saturday 12th November 2016**

To be held at:

**Elite Bodyworks**

**Clare House, Kingsclere Road,**

**Basingstoke Hampshire**

**Open to South Midlands lifters until 14th October 2016, after this date comp will be open to guests (space permitting).**

**The competition is limited to 40 competitors**

**All Women & Men up to 83 kg Weigh-In:** 8-30 a.m **Lift-Off:** 10-00 a.m

**Men 93 kg to 120 + kg Weigh-In 2:** 11-00 a.m **Lift-Off:** 1-00 p.m

**Entry Fee £20**

**Entry Fee + T-Shirt £32.50 (T-Shirts will be £15 on the day)**

**Pay by Cheque** payable to “South Midlands Powerlifting Association”

Send Cheque & Entry form to: Dean Bowring, 4 Nobes Avenue, Gosport, Hants, PO13 0HT.

**Pay by PayPal** using deanbowring@googlemail.com

Please note: Competitors must be current British Powerlifting (GBPF) members and need to produce their valid card at the weigh-in.

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| Name: | | | |
| Gender: | | Bodyweight Category: | |
| Date of Birth: | Division: | | Member No: |
| Address: | | | |
| email: | Telephone: | |  |
| Payment method: Cheque □ Paypal□ | | | |

Contact: Dean Bowring, phone: 07789798570 email:deanbowring@googlemail.com