

SAMEER DAHAL

Student



9741839665



dahalsameer09@gmail.com



Jhaukhel , Bhaktapur

SUMMARY

I would like to introduce myself as someone who believes in hardwork and have always been honest with whatever endeavor I embark on.

SKILLS

- Communication skills - Experienced
- Computing - Skillful
- Decision Making and Problem Solving - Experienced

LANGUAGE

Nepali	● ● ● ● ●
English	● ● ● ● ○
Hindi	● ● ● ● ○

REFERENCES

Beena Banu

Paragon Public School / Principal

Dr. Bidhya Adhikari

Liverpool International Secondary School / Principal

EDUCATION

SEE

Paragon Public School / Kathmandu / January, 2019 - April, 2021

During my secondary education, I used to represent school on Inter-school sports competition which instilled in me with good leadership.

GPA: 3.70

+2

Liverpool International Secondary School / Kathmandu / July, 2021 - August, 2023

During my highschool, I was active in extracurricular activities. I competed in several sports such as MMA, Football, and Cricket.

GPA: 2.98

Bachelors

Herald College Kathmandu / Kathmandu / November, 2024 - Present

Currently pursuing a BSc (Hons) in Computer Science at Herald College Kathmandu. The program provides a strong foundation in programming, data structures, software development, and emerging technologies. Alongside technical learning, I am also developing teamwork, communication, and problem-solving skills through collaborative projects and practical assignments aimed at real-world applications.

TRAINING/CERTIFICATION

MMA

NRK FITNESS / 2023

I completed MMA training at NRK Fitness in 2023 and continue to practice it as a hobby. MMA has taught me discipline, mental toughness, and the importance of consistency. It has also improved my physical fitness and focus, which positively impacts other areas

of my life.

Muay Thai

FitFac Muay Thai / 2025

I recently completed Muay Thai training in Thailand, building on my prior experience in MMA. This opportunity allowed me to immerse myself in a new combat sport, gaining valuable skills in striking and discipline. I'm passionate about exploring different martial arts to continue developing my physical and mental resilience.