

Lab: Repetition Structures (Loops)

By the end of this lab, you will be able to:

- Write correct `while` and `for` loops with proper indentation.
- Explain what an **iteration** is and trace loop execution step-by-step.
- Use `range(start, stop, step)` without off-by-one mistakes.
- Build **accumulators** (running totals) and counters correctly.
- Use **sentinel** loops and **input validation** loops.
- Debug and correct common loop errors (infinite loops, wrong update, wrong range, wrong accumulator).

Suggested 4-Hour Lab Plan

- Warm-up examples + `while` basics + tracing iterations
- `for` + `range()` + patterns
- Accumulators, sentinel loops, validation loops
- Debugging drills + mini-project exercises (30 total)

How to Debug Loop Code (Fast Checklist)

If your loop gives wrong output or runs forever:

- ① Check indentation (is the body inside the loop?).
- ② Check initialization (counter/total set correctly before loop?).
- ③ Check condition (will it eventually become False?).
- ④ Check update (counter changes every iteration?).
- ⑤ For `range()`, check **stop is excluded** and step sign.

How Iterations Work (Mental Model)

Every loop repeats this cycle:

- ➊ **Initialize** (starting values)
- ➋ **Test / Next value** (while tests condition; for gets next value)
- ➌ **Body** (work done once per iteration)
- ➍ **Update** (move toward stopping)

Iteration = one complete execution of the loop body.

1: while Counter (1 to 5)

```
count = 1                                # Initialize counter at 1

while count <= 5:                          # Condition checked before each
    iteration
    print("count =", count)               # Body: prints current count
    count = count + 1                     # Update: moves count toward
    stopping
```

1 Trace (What Happens Each Iteration?)

For the previous code:

- Iteration 1: `count=1` prints 1, then `count` becomes 2
- Iteration 2: `count=2` prints 2, then `count` becomes 3
- Iteration 3: `count=3` prints 3, then `count` becomes 4
- Iteration 4: `count=4` prints 4, then `count` becomes 5
- Iteration 5: `count=5` prints 5, then `count` becomes 6
- Next test: $6 \leq 5$ is False \rightarrow loop stops

2: Common Infinite Loop + Fix

Buggy: missing update (infinite loop)

```
count = 1                                # Initialize counter
while count <= 5:                         # Condition stays True forever (
    count never changes)                 # Prints forever
    print(count)
```

Fix: add update

```
count = 1                                # Initialize counter
while count <= 5:                         # Condition can become False
    print(count)                          # Print current count
    count += 1                            # Update counter each iteration
```


3: for + range (1 to 5)

```
for i in range(1, 6):  
    print("i =", i)  
        iteration
```

*# range(1,6) generates 1,2,3,4,5
i gets a new value each*

4: range Variants

```
for x in range(5):           # 0,1,2,3,4
    print(x)                 # Prints 0 to 4

for x in range(2, 7):        # 2,3,4,5,6
    print(x)                 # Prints 2 to 6

for x in range(10, 0, -2):    # 10,8,6,4,2
    print(x)                 # Descending needs negative step
```

5: Accumulator (Sum of 5 Numbers)

```
total = 0.0                                # Accumulator must start at 0
for _ in range(5):                        # Repeat exactly 5 times
    n = float(input("Enter number: "))    # Read one number
    total += n                            # Add to running total each
        iteration                         # iteration
print("Total =", total)                  # Print final accumulated total
```

6: Sentinel Loop (Stop with 0)

```
total = 0                                # Accumulator for sum
x = int(input("Enter a number (0 to stop): ")) # Priming read

while x != 0:                             # Sentinel condition (0 ends
    input)                                 #
    total += x                             # Add current number to sum
    x = int(input("Enter a number (0 to stop): ")) # Read next
    number                                 #

print("Sum =", total)                     # Final sum after loop ends
```

7: Input Validation Loop (0..100)

```
score = int(input("Enter score (0-100): "))    # Priming read

while score < 0 or score > 100:                # Invalid range
    condition
    print("ERROR: score must be 0..100")        # Message for user
    score = int(input("Enter score (0-100): ")) # Read again

print("Accepted score:", score)                # Safe to use now
```

8: Nested Loops (Rectangle Pattern)

```
rows = 4                                # Number of rows
cols = 6                                # Number of columns

for r in range(rows):                   # Outer loop controls
    rows                                #
    for c in range(cols):               # Inner loop controls
        columns                          #
        print("*", end=" ")             # Print without newline
    print()                             # Newline after each
    row
```

9: Optional Turtle Loop (Square)

```
import turtle                                # Turtle graphics
    module

for _ in range(4):                            # 4 iterations for 4
    sides
    turtle.forward(100)                       # Move forward 100
        pixels
    turtle.right(90)                          # Turn right 90 degrees
```

Mini-Quiz (Predict Before Running)

Predict outputs:

- ❶ `for i in range(3): print(i)`
- ❷ `for i in range(1,4): print(i)`
- ❸ `for i in range(5,0,-1): print(i)`
- ❹ `total=0; for i in range(1,6): total+=i; print(total)`

Exercise 01: Print 1 to 10 using while

Write a program that prints numbers 1 to 10 using a `while` loop.

Solution 01

```
i = 1                                # Initialize counter at 1
while i <= 10:                       # Repeat while i is at most 10
    print(i)                         # Print current i (one iteration
    output)
    i += 1                          # Update i so the loop can stop
```

Exercise 02: Print even numbers 2 to 20 (while)

Print: 2,4,6,...,20 using a `while` loop.

Solution 02

```
n = 2
while n <= 20:
    print(n)
    n += 2
```

Start from first even number
Continue until 20
Print current even number
Jump to next even number

Exercise 03: Sum 1..n (for)

Input n . Compute and print $\sum_{k=1}^n k$ using `for` + `range`.

Solution 03

```
n = int(input("Enter n: "))          # Read n as integer
total = 0                            # Accumulator for sum (start at
    0)

for k in range(1, n + 1):            # k = 1, 2, ..., n
    total += k                       # Add k into running total

print("Sum =", total)                # Print final sum
```

Exercise 04: Factorial n (for)

Input n . Compute $n!$ using a loop (do not use `math.factorial`).

Solution 04

```
n = int(input("Enter n: "))
```

```
# Read n
```

```
fact = 1
```

```
# Multiplicative accumulator
```

```
starts at 1
```

```
for k in range(1, n + 1):
```

```
# Multiply by 1..n
```

```
    fact *= k
```

```
# Update factorial
```

```
print("n! =", fact)
```

```
# Print factorial
```


Exercise 05: Count digits (while)

Input a positive integer and count how many digits it has using `while`.

Solution 05

```
num = int(input("Enter a positive integer: "))    # Read integer
count = 0                                         # Digit counter
    starts at 0

while num > 0:                                   # Repeat until number becomes 0
    num //= 10                                    # Remove last digit (integer
        division)
    count += 1                                    # Count one digit removed

print("Digits =", count)                        # Print digit count
```

Exercise 06: Reverse a number (while)

Input a positive integer and print its reverse using `//` and `%`.

Solution 06

```
num = int(input("Enter a positive integer: "))    # Read integer
rev = 0                                           # Reversed number
    starts at 0

while num > 0:                                   # Repeat until all digits
    processed
    digit = num % 10                             # Extract last digit
    rev = rev * 10 + digit                       # Append digit to reverse
    num //= 10                                   # Remove last digit

print("Reverse =", rev)                         # Print reversed number
```

Exercise 07: Sentinel sum (0 ends)

Keep taking integers from user and add to sum until user enters 0. Print sum.

Solution 07

```
total = 0                                # Accumulator
    for sum
x = int(input("Enter integer (0 to stop): "))    # Priming read

while x != 0:                                # Sentinel loop
    continues until 0
    total += x                                # Add current
        value
    x = int(input("Enter integer (0 to stop): "))    # Read next
        value

print("Sum =", total)                        # Print final
    sum
```

Exercise 08: Sentinel average (-1 ends)

Input numbers until user types -1 . Print average (handle case: no numbers).

Solution 08

```
total = 0.0                                # Sum accumulator
count = 0                                  # Counter for how
    many numbers
x = float(input("Enter number (-1 to stop): ")) # Priming read

while x != -1:                              # Sentinel is -1
    total += x                               # Add into total
    count += 1                               # Count this
    number
    x = float(input("Enter number (-1 to stop): ")) # Read next

if count == 0:                              # Avoid division
    by zero
    print("No numbers entered.")             # Special case
else:
    avg = total / count                     # Compute average
    print("Average =", avg)                 # Print average
```


Exercise 09: Validate score (0..100)

Input score. If invalid, keep asking until valid. Then print accepted score.

Solution 09

```
score = int(input("Enter score (0-100): "))           # Priming read

while score < 0 or score > 100:                       # Invalid
    condition
    print("ERROR: Score must be 0..100")             # Message
    score = int(input("Enter score (0-100): "))      # Read again

print("Accepted score:", score)                      # Valid score
```

Exercise 10: Validate positive integer

Input an integer. Keep asking until user enters a positive integer (>0).

Solution 10

```
n = int(input("Enter a positive integer: "))           # Priming read

while n <= 0:                                         # Invalid if 0 or
    negative                                         negative
    print("ERROR: must be > 0")                     # Tell the user
    n = int(input("Enter a positive integer: "))     # Read again

print("Accepted:", n)                                # Valid value
```

Exercise 11: Multiplication table of 5

Using a loop, print: $5 \times 1 = 5$... $5 \times 10 = 50$.

Solution 11

```
n = 5                                # Fixed number for table

for i in range(1, 11):               # i = 1..10
    product = n * i                  # Compute 5*i
    print(n, "x", i, "=", product)  # Print one table line
```

Exercise 12: Rectangle pattern (nested loops)

Print a 4x6 rectangle of * using nested loops.

Solution 12

```
rows = 4                                # Total rows
cols = 6                                # Total columns

for r in range(rows):                   # Outer loop: each row
    for c in range(cols):               # Inner loop: each column
        print("*", end="")             # Print star without
        newline                          # Newline after each row
    print()
```


Exercise 13: Right triangle of stars

Print this using loops (size 5):

```
*  
**  
***  
****  
*****
```

Solution 13

```
size = 5                                # Number of rows in
    triangle

for r in range(1, size + 1):            # r = 1..5 (stars in row)
    for _ in range(r):                  # Print r stars
        print("*", end=" ")            # Same line
    print()                             # Newline after each row
```

Exercise 14: Stair pattern with spaces +

Print:

```
#  
 #  
  #  
   #  
    #
```

(using 5 rows)

Solution 14

```
rows = 5                                     # Total rows

for r in range(rows):                       # Row index 0..4
    for _ in range(r):                     # Print r spaces
        print(" ", end=" ")              # Spaces shift the #
    print("#")                             # Print # and newline
```

Exercise 15: Print coordinates (nested loops)

Print pairs (r,c) for $r=1..3$ and $c=1..4$ using nested loops.

Solution 15

```
for r in range(1, 4):                # r = 1..3
    for c in range(1, 5):            # c = 1..4
        print("(" , r, ", " , c, ")", sep=" ") # Print coordinate pair
```

Exercise 16: Countdown with range step

Print 10 down to 1 using `for` and `range` with negative step.

Solution 16

```
for n in range(10, 0, -1):           # 10,9,8,...,1 (stop=0
    excluded)                        #
    print(n)                         # Print each countdown
    number
```


Exercise 17: Multiples of 7 up to 70

Print: 7, 14, 21, ..., 70 using `range`.

Solution 17

```
for n in range(7, 71, 7):  
    include 70), step=7  
    print(n)  
    7
```

Start=7, stop=71 (to
Print each multiple of

Exercise 18: Compute x^n without **

Input x and n. Compute x^n using a loop (multiplication repeated).

Solution 18

```
x = float(input("Enter x: "))           # Base value
n = int(input("Enter n (>=0): "))       # Exponent as integer

power = 1                               # Start with
    multiplicative identity
for _ in range(n):                       # Repeat n times
    power *= x                           # Multiply by x each
    iteration

print("x^n =", power)                   # Print computed power
```

Exercise 19: Average of 5 numbers (for)

Read 5 numbers using a loop and print their average.

Solution 19

```
total = 0.0                                # Sum accumulator
count = 5                                  # Fixed count

for _ in range(count):                     # Repeat 5 times
    n = float(input("Enter number: "))      # Read a number
    total += n                              # Add to total

avg = total / count                        # Average = total / 5
print("Average =", avg)                   # Print average
```

Exercise 20 (Debug): Fix the infinite loop

This code runs forever. Fix it:

```
count = 1
while count <= 5:
    print(count)
```

Solution 20 (Corrected Code)

```
count = 1
while count <= 5:
    becomes 6
    print(count)
    count += 1
    iteration
```

```
# Initialize counter
# Stop condition when count

# Print current count
# FIX: update count each
```


Exercise 21 (Debug): Off-by-one in range

This prints 1..4 but we want 1..5. Fix it:

```
for i in range(1, 5):  
    print(i)
```

Solution 21 (Corrected Code)

```
for i in range(1, 6):  
    5  
    print(i)
```

FIX: stop must be 6 to include
Prints 1,2,3,4,5

Exercise 22 (Debug): Wrong accumulator start

This tries to sum 1..5, but total starts wrong. Fix it:

```
total = 100
for i in range(1, 6):
    total += i
print(total)
```

Solution 22 (Corrected Code)

```
total = 0                                # FIX: accumulator must start  
    at 0  
for i in range(1, 6):                    # i = 1..5  
    total += i                           # Add each i to total  
print("Sum 1..5 =", total)               # Prints 15
```

Exercise 23 (Debug): Sentinel loop missing priming read

Fix this sentinel loop (it uses x before reading it):

```
total = 0
while x != 0:
    total += x
    x = int(input("Enter (0 to stop): "))
print(total)
```

Solution 23 (Corrected Code)

```
total = 0                                     # Sum accumulator
x = int(input("Enter (0 to stop): "))         # FIX: priming read
    BEFORE loop

while x != 0:                                # Sentinel condition
    total += x                                # Add current input
    x = int(input("Enter (0 to stop): "))     # Read next input

print("Sum =", total)                         # Print final sum
```

Exercise 24 (Debug): Pattern prints in one line

Fix so it prints a 3x4 rectangle:

```
for r in range(3):  
    for c in range(4):  
        print("*", end=" ")
```

Solution 24 (Corrected Code)

```
for r in range(3):  
    for c in range(4):  
        print("*", end=" ")  
    print()
```

```
# 3 rows  
# 4 columns  
# Print stars on same line  
# FIX: newline after each row
```


Exercise 25: Minimum until sentinel 0

Read integers until 0. Print the minimum (assume at least one number entered).

Solution 25

```
x = int(input("Enter integer (0 to stop): "))    # Read first value (  
    assume not 0)  
min_val = x                                     # Initialize minimum  
    as first value  
  
x = int(input("Enter integer (0 to stop): "))    # Read next value  
while x != 0:                                    # Stop when 0  
    entered  
    if x < min_val:                              # If current is  
        smaller  
        min_val = x                             # Update minimum  
    x = int(input("Enter integer (0 to stop): ")) # Read next  
  
print("Minimum =", min_val)                     # Print minimum
```

Exercise 26: Maximum until sentinel 0

Read integers until 0. Print the maximum (assume at least one number entered).

Solution 26

```
x = int(input("Enter integer (0 to stop): "))    # Read first value (  
    assume not 0)  
max_val = x                                     # Initialize maximum  
  
x = int(input("Enter integer (0 to stop): "))    # Read next value  
while x != 0:                                   # Loop until  
    sentinel  
    if x > max_val:                             # If current is  
        larger  
        max_val = x                           # Update maximum  
    x = int(input("Enter integer (0 to stop): ")) # Read next  
  
print("Maximum =", max_val)                     # Print maximum
```

Exercise 27: Sum of squares 1..n

Input n. Compute $1^2 + 2^2 + \dots + n^2$.

Solution 27

```
n = int(input("Enter n: "))           # Read n
total = 0                             # Accumulator for sum of squares

for k in range(1, n + 1):             # k = 1..n
    total += k * k                    # Add k^2 to total

print("Sum of squares =", total)      # Print result
```

Exercise 28: Count vowels in a string (for)

Input a string and count vowels (a,e,i,o,u) using a for loop.

Solution 28

```
s = input("Enter a string: ")      # Read input string
count = 0                          # Vowel counter

for ch in s:                       # Iterate over each character (
    one iteration per char)
    if ch in "aeiouAEIOU":         # Check if char is a vowel
        count += 1                # Increase count

print("Vowels =", count)           # Print vowel count
```


Exercise 29: Running total of distances

Given list: [1.2, 0.5, 3.0, 2.1] km. Use a loop to compute total distance.

Solution 29

```
distances = [1.2, 0.5, 3.0, 2.1]    # List of distances in km
total = 0.0                          # Accumulator for total distance

for d in distances:                  # Each iteration takes one list
    item                             # Add to running total
    total += d

print("Total distance (km) =", total) # Print total
```

Exercise 30: Mini-project (Guessing loop)

Secret number is 7. Keep asking until user guesses correctly. Count attempts.

Solution 30

```
secret = 7                                # Fixed secret number
attempts = 0                             # Counter for attempts

guess = int(input("Guess the number: ")) # Priming read
attempts += 1                             # First attempt counted

while guess != secret:                   # Loop until guess is
    correct
    print("Wrong! Try again.")           # Feedback message
    guess = int(input("Guess the number: ")) # Read next guess
    attempts += 1                         # Count each attempt

print("Correct!")                         # Success message
print("Attempts =", attempts)             # Print total attempts
```