

# Impression management

(1) What is impression management?

⇒ Impression management is defined as the act of controlling or influencing another person's perception.

For Example - Bragging.

(2) What are some examples of impression management?

⇒ If the professor or ~~str~~ teacher walks in to class on the first day of a class, seems disorganized and occasionally stumbles on his statement.

A person who only tells others of their achievement to appear successful. A person who speaks highly of their significant other to persuade their parents to like them.

(3) What are some ways to improve impression mg?

⇒ There are many ways to improve impression mg, one of them are consistent & honest, others' perceptions of you are shaped by your action & behaviors. Another one is be authentic & a good communicator. Authenticity is essential in self-presentation. To have or practice empathy & perspective taking. This can help you navigate social & professional situations more effectively.