

Comparing HTTP, CoAP and MQTT Protocols with ESP8266

Lab-05

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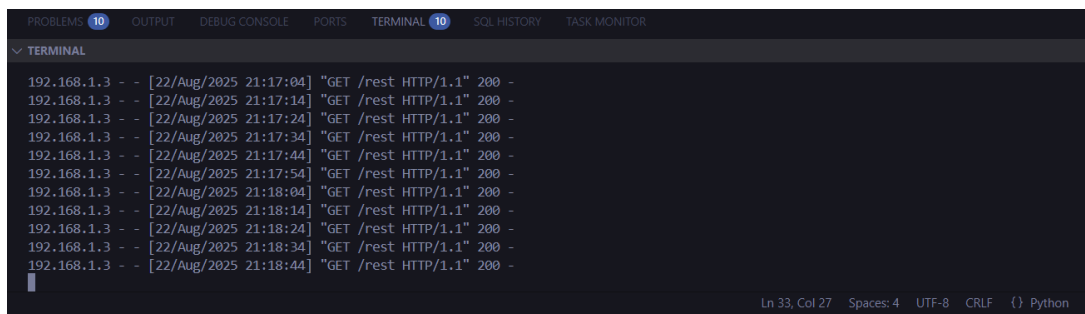
August 22, 2025

1 Introduction

The Hypertext Transfer Protocol (HTTP) is a text-based, request-response protocol that operates over TCP. It is widely used for web communications but is considered heavy-weight due to its verbose headers, making it less ideal for resource-constrained IoT devices. The Constrained Application Protocol (CoAP) is a lightweight, UDP-based protocol specifically designed for constrained environments, featuring compact binary headers and REST-like semantics for efficient data exchange. Message Queuing Telemetry Transport (MQTT) is a publish/subscribe protocol that runs over TCP (often with TLS), optimized for low-bandwidth and high-latency networks with minimal header overhead, making it suitable for scenarios like sensor data reporting. The purpose of this lab is to set up and analyze these protocols using NodeMCU ESP8266 microcontrollers and Python scripts, capture network traffic with Wireshark, and compare their efficiency, overhead, transport mechanisms, and suitability for IoT applications.

2 Procedure Summary

The setup followed the lab instructions with minor modifications to the provided code files. For HTTP, the Arduino code (CSE406_HTTPbasicClient.ino) was updated with WiFi credentials ("ZTE_2.4G_fRbXhk", "4GAXxtCA") and the Flask server IP (192.168.1.2:5000). The Python Flask server (main.py) was modified to handle only the REST endpoint for GET requests, returning a JSON message. No hardware sensors were used; hardcoded values were assumed if needed. For CoAP, the provided CSE406_CoapServer.ino was used on the ESP8266, and CoapClient.py was run on the Python side to send PUT requests with payload 1" or 0" to the /light resource. The ESP8266 IP was updated in CoapClient.py. MQTT setup was prepared but not executed; the CSE406_mqtt.ino file was reviewed, but no captures were performed. Packet captures were done using Wireshark on a computer in the same WiFi network. For HTTP, traffic was filtered with http" after running the Flask server and uploading the Arduino code. For CoAP, the filter udp.port==5683" was used while running CoapClient.py. Captures were saved as .pcapng files. Multiple runs ensured consistent measurements, and connectivity was tested beforehand.



```
PROBLEMS 10 OUTPUT DEBUG CONSOLE PORTS TERMINAL 10 SQL HISTORY TASK MONITOR
TERMINAL
192.168.1.3 - - [22/Aug/2025 21:17:04] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:17:14] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:17:24] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:17:34] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:17:44] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:17:54] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:18:04] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:18:14] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:18:24] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:18:34] "GET /rest HTTP/1.1" 200 -
192.168.1.3 - - [22/Aug/2025 21:18:44] "GET /rest HTTP/1.1" 200 -
Ln 33, Col 27 Spaces: 4 UTF-8 CRLF {} Python 6
```

Figure 1: Python HTTP Flask Server Output

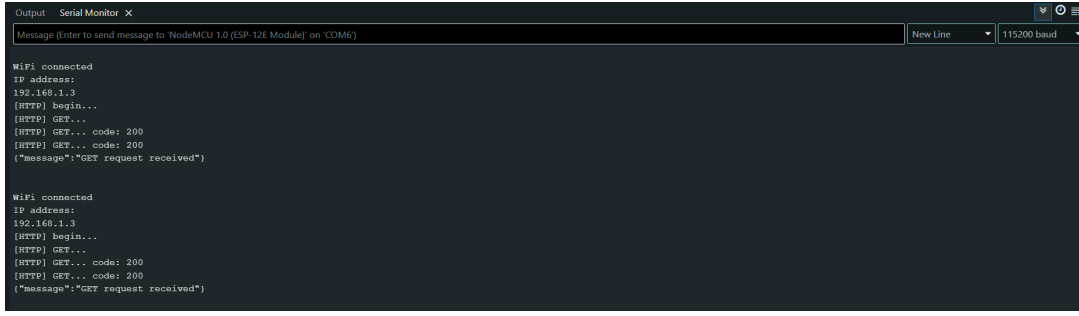
A screenshot of the Arduino Serial Monitor window. The title bar says "Output Serial Monitor X". The message input field contains "Message (Enter to send message to 'NodeMCU 1.0 (ESP-12E Module)' on 'COM6')". The output area shows two identical blocks of text. Each block starts with "WiFi connected", followed by "IP address: 192.168.1.3", then "[HTTP] begin...", "[HTTP] GET...", "[HTTP] GET... code: 200", "[HTTP] GET... code: 200", and finally ("message":"GET request received").

Figure 2: HTTP Client Arduino Serial Monitor Output

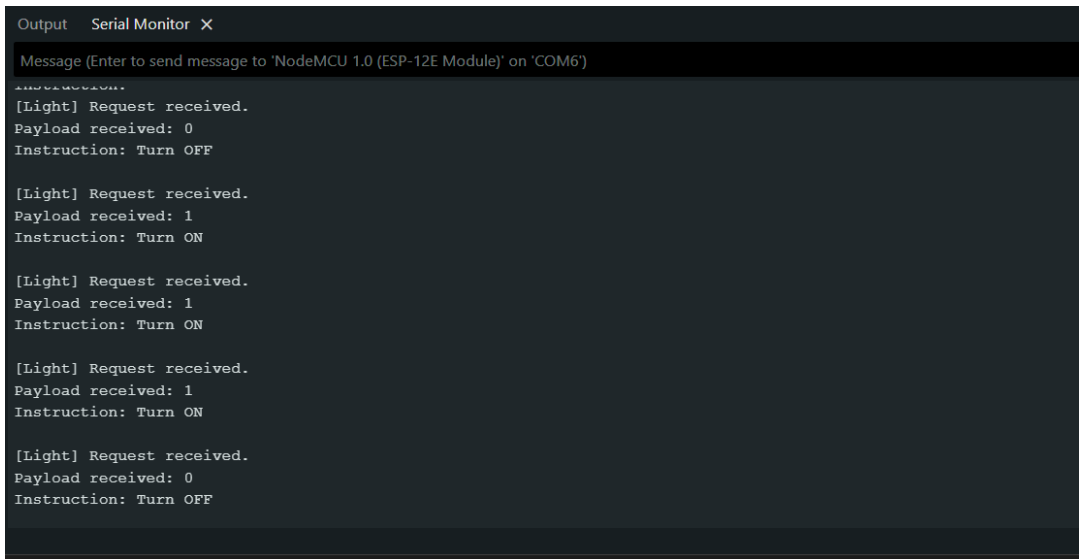
A screenshot of the Arduino Serial Monitor window. The title bar says "Output Serial Monitor X". The message input field contains "Message (Enter to send message to 'NodeMCU 1.0 (ESP-12E Module)' on 'COM6')". The output area shows four blocks of text. Each block starts with "[Light] Request received.", followed by "Payload received: 0" or "1", and then "Instruction: Turn OFF" or "ON". The sequence of payloads and instructions is 0, OFF; 1, ON; 1, ON; 0, OFF.

Figure 3: CoAP Server Arduino Serial Monitor Output

3 Task Results

3.1 Task 1: Setup and Packet Capture

The environment was set up by installing required Arduino libraries (ESP8266WiFi, ESP8266HTTPClient) and Python packages (flask, aiocoap). WiFi credentials were configured in the Arduino sketches. For HTTP, the Flask server was started on port 5000, and the ESP8266 acted as a client sending GET requests every 10 seconds. The setup used one NodeMCU ESP8266 board per protocol. No additional hardware like LEDs or sensors was connected; references in code were commented out or ignored. For CoAP, the ESP8266 ran as the server, and the Python client sent PUT requests to toggle a virtual light state. Captures were performed as follows:

HTTP: Uploaded the modified CSE406_HTTPbasicClient.ino, started main.py, and captured GET requests/responses. CoAP: Uploaded CSE406_CoapServer.ino, ran CoapClient.py with payload "1", and captured PUT requests/responses.

Code changes included updating IPs, ports, and WiFi details. Captures were run multiple times for accuracy.

3.2 Task 2: Analyze Packet Details

For each protocol (HTTP and CoAP), key packets were examined in Wireshark. **HTTP:**

Request Packet: Identified as a GET /rest HTTP/1.1 from 192.168.1.3 to 192.168.1.2. Key fields include the method (GET), Host header (192.168.1.2:5000), and no payload (empty request body). The packet shows standard HTTP headers like User-Agent and Accept. Response Packet: 200 OK with JSON payload "message": "GET request received". Key fields: Status code (200), Content-Type (application/json), Content-Length (32), and the JSON payload. Sizes: Request total packet size 225 bytes (including Ethernet 14, IP 20, TCP 20, HTTP 171). HTTP header size approximately 171 bytes (request line + headers; no payload). Response total 219 bytes, header ~54 bytes, payload 32 bytes. Wireshark Screenshot Annotation: (Description: Highlight the HTTP request line GET /rest HTTP/1.1", Host header, and lack of payload. For response, annotate status 200 OK", Content-Length, and JSON data.)

CoAP:

Request Packet: CON PUT /light with token 5b 1f and payload 1". Key fields: Version (1), Type (Confirmable), Code (0.03 PUT), Options (Uri-Path: light"), Token, and 1-byte payload. Response Packet: ACK 2.04 Changed with payload "1". Key fields: Type (Acknowledgement), Code (2.04), Token matching request. Sizes: Request total packet size 56 bytes (Ethernet 14, IP 20, UDP 8, CoAP header/options ~13, payload 1). CoAP header size 4 bytes fixed + options (~8 bytes). Response total 53 bytes, header/options ~11 bytes, payload 1 byte. Wireshark Screenshot Annotation: (Description: Highlight CoAP fixed header (Ver, T, TKL, Code), Uri-Path option, Token, and payload "1" in request. For response, annotate Code 2.04 and matching Token.)

Figure 4: Wireshark Screenshot for HTTP and CoAP Packets

3.3 Task 3: Compare Protocols

The comparison is based on one sample request/response pair per protocol: HTTP GET, CoAP PUT, MQTT PUBLISH. **Analysis and Discussion:**

Protocol	Request Type	Total Size (bytes)	Header Size (bytes)	Payload Size (bytes)	Key Details
HTTP	GET	225 (req) / 219 (res)	171 (req) / 168 (res)	0 (req) / 32 (res)	GET, 200 OK, Host, Content-Length, JSON {"message": "GET request"}
CoAP	PUT	56 (req) / 53 (res)	12 (req) / 11 (res)	1 (req) / 1 (res)	0.03 PUT / 2.04 Changed, Uri-Path "light", Payload: "1"

Table 1: Protocol Comparison Table

Efficiency: CoAP's compact binary format results in significantly smaller packets (e.g., 56 bytes for PUT) compared to HTTP's text-based headers (225 bytes for GET), making CoAP more efficient for constrained devices. **Overhead:** For HTTP, header-to-total ratio is high (~76%). **Transport:** HTTP and MQTT use TCP for reliability (connection-oriented, retransmissions), ensuring delivery but adding overhead like handshakes. CoAP uses UDP for speed and lower overhead, but lacks built-in reliability (though confirmable messages add ACKs). **IoT Suitability:** CoAP is highly suitable for

resource-constrained devices due to its lightweight REST model and UDP efficiency, e.g., for simple device control like lights. HTTP is less suitable due to high resource demands but offers familiarity. MQTT's pub/sub is ideal for sensor networks with many-to-many communication, supporting QoS for reliability in unreliable networks.

Include Wireshark screenshots with annotations: For HTTP, highlight headers and payload; for CoAP, options and code fields.

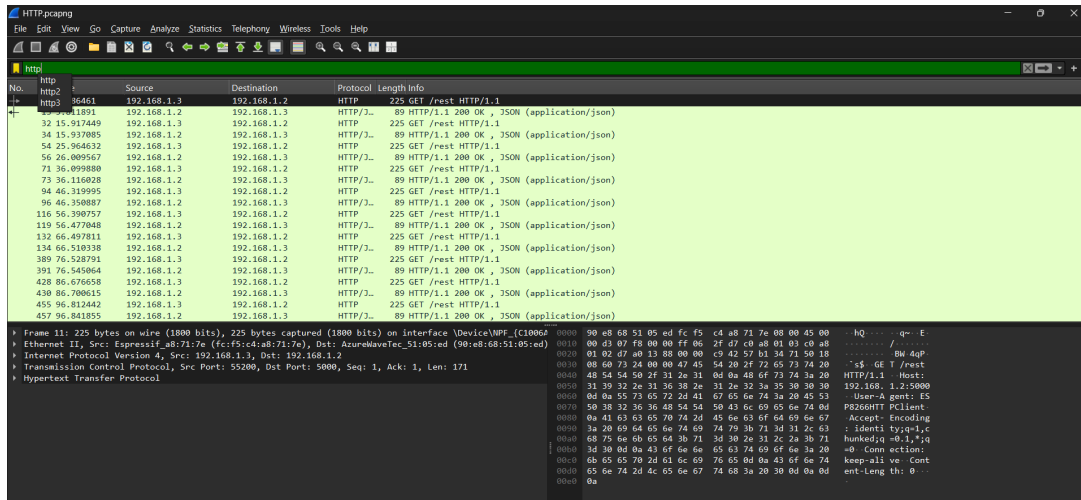


Figure 5: HTTP WireShark Results

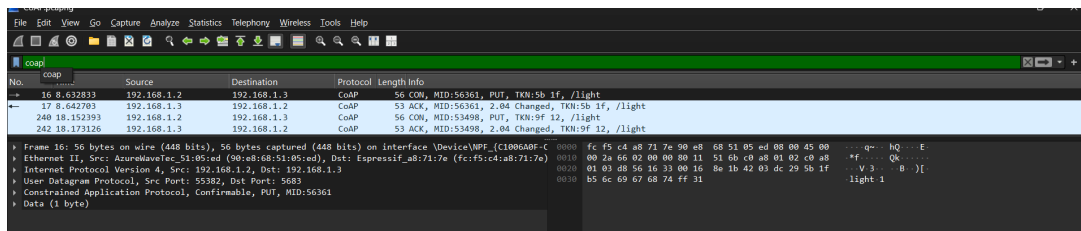


Figure 6: CoAP WireShark Results

4 Conclusions

In summary, CoAP and MQTT offer lightweight designs with low overhead, making them preferable for IoT over HTTP's verbose, resource-heavy nature. Pros of CoAP include speed and efficiency on UDP; cons are potential packet loss without confirmables. HTTP's pros are universality and reliability via TCP; cons are high bandwidth use. MQTT pros include scalability for pub/sub; cons are TCP overhead. Potential applications: MQTT for large-scale sensor networks (e.g., environmental monitoring), CoAP for battery-powered devices (e.g., smart locks), and HTTP for integration with web services where resources allow.