RESPONDENT ID NUMBER TODAY'S DATE DAY YEAR O Jan Feb 000000000O Mar Apr ① ① 2005 C 22222222 May 2 2 2006 🔾 333333333 O Jun 3 3 2007 🔾 444444444 4 2008 O Jul 55555555 **(5)** 2009 \bigcirc Aua **6** 2010 \bigcirc 66666666 Sep 777777777 Oct **7** 2011 O 8888888 3 2012 O Nov 99999999 2013 O Dec

FOOD E QUESTIONNAIRE

This form is about the foods your child usually eats. Is your child Child's Child's Child's weight height It will take about 20 - 30 minutes to complete. age Male ft. in. Female pounds • Please answer each question as best you can. Estimate if you aren't sure. • USE A NO. 2 PENCIL ONLY. **@1** • Fill in the circles completely, 2 02 and erase completely if you 3 03 make any changes. **4) (4)** (T) (4) **5 5 (5) (65)** 60 6 6 (D D) 07) (B) (B) **08**) 99 09 10

This form is about your child's <u>usual</u> eating habits in the past $\mathcal E$ months. There are no right or wrong answers, and it is very important that we learn what <u>your child actually</u> eats, not what you think they should eat.

Please include all meals or snacks, at home, in the carry in a restaur in the carry-out food.

There is one question for each food:

HOW OFTEN, on average, did your child eat the food average the past 6 months?

*Please BE CAREFUL which column you put your answer in.

*Please DO NOT SKIP any roods. Mark "Never" if your child didn't eat it.

EXAMPLE: In the past 6 months, it is child I ank apple juice twice a week, and ate rice once a week.

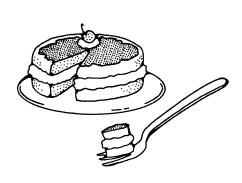
	THE SE		HOW	OFTEN	IN TH	E PAS	Г 6 МО	NTHS	
	Cotto Pice	NEVER	ONCE per MONTH	2-3 TIMES per MONTH	ONCE per WEEK	TWICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY
Apple juice	This	0	0	0	0		0	0	0
Rice	` •	0	0	0	•	0	0	0	0

PLEASE DO NOT MARK IN THIS AREA

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		HOW OFTEN IN THE PAST 6 MONTHS									
child eat the f	the past 6 months did your ollowing <u>breakfast type foods</u>	NEVER	ONCE per MONTH	2-3 TIMES per MONTH	ONCE per WEEK	TWICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY		
	ereals like Frosted Flakes, Fruit Charms, Cocoa Puffs	0	0	0	0	0	0	0	0		
Any other col	d cereal, like Corn Flakes, e Krispies	0	0	0	0	0	0	0	0		
Cooked cerea	ils like oatmeal, Malt 'o Meal, at or grits	0	0	0	0	0	0	0	0		
Milk on cereal	I	0	0	0	0	0	0	0	0		
Pancakes, wa french toast	ffles,	0	0	0	0	0	0	0	00		
Eggs, includir (Not egg subs	ng egg biscuits or Egg McMuffins stitutes)	0	0	0	0	0	0			, C	
Bacon, breakt	fast sausage, including sausage	0	0	0	0	0	5	in the second	0		
Granola bars, bars, or pop to	breakfast bars, oatmeal raisin arts	0	0	0	0		A STATE	3	0		
Jam, jelly, pre	serves, honey, sugar	0	0	0	O	J.C.C.C	01	0	0		
Yogurt, "Gogu	urt", frozen yogurt	0	0	0	<u>60</u>	4	0	0	0		
Real cheese, i	including cheddar, mozzarella, cheese	0	25		6	0	0	0	0		
	or processed cheese like eze Whiz, Cheese spread	8)	11500	0	0	0	0	0	0		
Cream cheese		CO C	0	0	0	0	0	0	0		
Does your chi	ild eat breakfast very day	O m	ost days	. 0	sometir	nes	○ hard	ly ever			
	O ROLL PIE				5//						
- - - -		D 4.0-									
		PAGE	2								





		HOW	OFTEN	I IN TH	E PAS	Г 6 МО	NTHS	
How often in the past 6 months did your child eat the following <u>fruits</u> ?	NEVER	ONCE per MONTH	2-3 TIMES per MONTH	ONCE per WEEK	TWICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY
Bananas	0	0	0	0	0	0	0	0
Apples, applesauce, pears	0	0	0	0	0	0	0	0
Oranges, tangerines, not including juice	0	0	0	0	0	0	0	0
Grapes	0	0	0	0	0	0	0	0
Peaches or apricots, fresh, frozen or canned	0	0	0	0	0	0	8	0.
Strawberries	0	0	0	0	0	0	50	
Raisins, fruit roll ups or dried fruit	0	0	0	0	24	20	8	0
Fruit cocktail	0	0	0	o k	00			0

How often in the past 6 months did your child		HOW	OCT2N	IIV TH	E PAS1	Г 6 МО	NTHS	
eat the following vegetables, including fresh, frozen, canned or in stir fry, at home or in a restaurant?	NEVER	WC N.Y.Y DF.	2-3 TIMES THE	ONCE Far WLEN	WICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY
Broccoli		600	18	0	0	0	0	0
Corn		3	0	0	0	0	0	0
Carrots		0	0	0	0	0	0	0
Peas		0	0	0	0	0	0	0
Spinach or other dark green.	0	0	0	0	0	0	0	0

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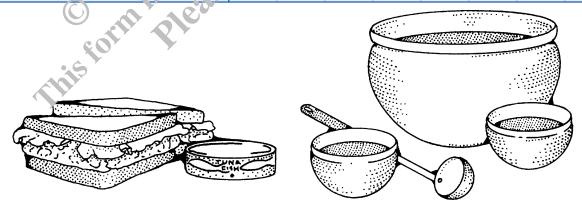
How often in the past 6 months did your child									
eat the following vegetables, including fresh, frozen, canned or in stir fry, at home or in a restaurant?	NEVER	ONCE per MONTH	2-3 TIMES per MONTH	ONCE per WEEK	TWICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY	
French fries, tator tots, hashbrowns or home fries	0	0	0	0	0	0	0	0	
Any other kind of potatoes (<i>not fried</i>)	0	0	0	0	0	0	0	0	
Green beans	0	0	0	0	0	0	0	0	
Green salad, including raw salad vegetables	0	0	0	0	0	0	0	95	
Tomatoes	0	0	0	0	0	0			
Catsup, salsa, chile peppers	0	0	0	0	0	56		S	

	HOW OFTEN ! THE PAST 6 MUNTHS											
How often in the past 6 months did your child eat the following foods?	NEVER	ONCE per MONTH	2-3 TIMEこっe. MごNTH	per	DWICE per WELY	TIMES	5-6 TIMES per WEEK	EVERY DAY				
				0								
Hamburgers, cheeseburgers, meatloaf	0	35	0		0	0	0	0				
Beef, including roast, steak or in sandwiches	8)		0	0	0	0	0	0				
Pork, including chops, roast, ham	(CO)	0	0	0	0	0	0	0				
Hamburger Helper, beef and noodles, beef stew, or any other beef dishes	00	0	0	0	0	0	0	0				
Fried chicken, chicken nuggets		0	0	0	0	0	0	0				
Chicken or turkey, roasted or broiled	0	0	0	0	0	0	0	0				
Fried fish, fish sticks	0	0	0	0	0	0	0	0				

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HOW OFTEN IN THE PAST 6 MONTHS

How often in the past 6 months did your child eat the following foods?	NEVER	ONCE per MONTH	2-3 TIMES per MONTH	ONCE per WEEK	TWICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY
Any other fish (<i>not fried</i>), including tuna	0	0	0	0	0	0	0	0
Pizza or pizza pockets	0	0	0	0	0	0	0	0
Spaghetti, noodles or other pasta <u>with tomato</u> <u>sauce</u> , like Spaghettios or Chef Boy R Dee	0	0	0	0	0	0	0	0
Tacos, meat burritos, enchiladas	0	0	0	0	0	0	6	95
Hot dogs, or sausage like Polish, Italian, chorizo	0	0	0	0	0	6)		0
Boloney, sliced ham, turkey lunch meat, other lunch meat	0	0	0	0	5	331	OX	0
Soups like chicken noodle or vegetable	0	0	0		ON	0	0	0
Pea, bean, or lentil soup	0	0		SIC	80	0	0	0
Pinto, Navy, other cooked dried beans, or refried beans or bean burritos	0	9)	.895	0	0	0	0	0
Chili with beans	GO	001		0	0	0	0	0
Cheese dishes without tomato sauce, like macaroni and cheese	Q)		0	0	0	0	0	0
Stews with carrots and other vegetailes		0	0	0	0	0	0	0
Lunchables		0	0	0	0	0	0	0



		HOW	OFTEN	IN TH	E PAS	Г 6 МО	NTHS	
How often in the past 6 months did your child eat the following foods?	NEVER	ONCE per MONTH	2-3 TIMES per MONTH	ONCE per WEEK	TWICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY
Rolls, buns, English muffins	0	0	0	0	0	0	0	0
White bread or toast, including sandwiches	0	0	0	0	0	0	0	0
Dark bread, like whole wheat or rye, including sandwiches	0	0	0	0	0	0	0	0
Biscuits or muffins	0	0	0	0	0	0	0	0
Tortillas	0	0	0	0	0	0	0	00
Snacks like potato chips, corn chips, popcorn	0	0	0	0	0	0	105	COLL
Crackers (Graham, Rits-bits, saltines)	0	0	0	0	0	5		8
Pretzels	0	0	0	0		A STATE OF THE STA		0
Rice	0	0	0	0	CE'C	01	. 0	0
Peanuts, other nuts or seeds	0	0	0	<u>60</u>	4	0	0	0
Peanut butter	0	9	0	0	0	0	0	0
Butter	8)	1500	0	0	0	0	0	0
Margarine	E COL	0	0	0	0	0	0	0
Mayonnaise, sandwich spreads, salad dressing		0	0	0	0	0	0	0



		HOW	OFTEN	I IN TH	E PAS	Г 6 МО	NTHS	
How often in the past 6 months did your child eat the following sweets?	NEVER	ONCE per MONTH	2-3 TIMES per MONTH	ONCE per WEEK	TWICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY
Ice cream	0	0	0	0	0	0	0	0
Popsicles	0	0	0	0	0	0	0	0
Pudding	0	0	0	0	0	0	0	0
Cake, sweetrolls, donuts, pastries	0	0	0	0	0	0	0	0
Pies, cobbler	0	0	0	0	0	0	3	0
Cookies	0	0	0	0	0	0	50	
Chocolate candy, candy bars	0	0	0	0	81	200	8	0
Other candy, not chocolate, like hard candy, caramel, jelly beans	0	0	0	o k	6		B	0

	the tent to the te											
		HOW	つじげをN	IN TH	ie "Yas"	Т 6 МО	NTHS					
How often in the past 6 months did your child drink the following beverages?	NEVER		2-3 TIMES THE MC OTH	ONCE Far WZEN	WICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY				
Real 100% orange juice or grapefruit juice, including fresh, frozen or bottled	B	300	180	0	0	0	0	0				
How many glasses or cups each time?	©1	0)2	0	3	O 4							
Other real fruit juices, like apple juice, grape juice, remember juice boxes	9	0	0	0	0	0	0	0				
How many glasses or cups each time?	O 1	○ 2	0	3	O 4							
Kool-aid, Sunny Delight, Cap.ป Sun, เปี-C, Tang Tampico, Gatorade, Iemo โลปัย		0	0	0	0	0	0	0				
How many glasses of cups each time?	O 1	○ 2	0	3	O 4							

	HOW OFTEN IN THE PAST 6 MONTHS										
How often in the past 6 months did your child drink the following beverages?	NEVER	ONCE per MONTH	2-3 TIMES per MONTH	ONCE per WEEK	TWICE per WEEK	3-4 TIMES per WEEK	5-6 TIMES per WEEK	EVERY DAY			
Regular soft drinks like Coke, Sprite, root beer, or bottled drinks like Snapple or Iced tea (not diet drinks)	0	0	0	0	0	0	0	0			
How many bottles or cans each time?	O 1	O 2	0	3	O 4						
Water	0	0	0	0	0	0	0	0			
How many glasses or cups each time?	O 1	O 2	0	3	0 4						
Glasses of milk (any kind – white, chocolate, strawberry)	0	0	0	0	0	0	0	00			
How many glasses or cups each time?	O 1	O 2	0	3	O 4			ern			
When your child drinks glasses of milk, what kind does he or she usually drink?	○ Reduced fat 2% milk ○ Non. fat or skin milk										
					200	OL	66,				
A few final questions about the foods you	r child e	ats.	.9		il.	of '	Y				

	HOW OFTEN IN THE PAST 5 MONTHS											
Overall, in the past 6 months	LESS THAN ONE PER WEEK	1-2 PER WEEK	3-4 PER	5-6 PEP WEEK	1 PE T DAY	1 1/2 PER DAY	2 PER DAY	3 PER DAY	4+ PER DAY			
About how many servings of vegetables did your child eat, not counting salad or potatoes?	0	8	1580	0	0	0	0	0	0			
About how many servings of fruit did your child eat, not counting juices?		0		0	0	0	0	0	0			
How often do you use oil, meat fa's or butter in cooking?	20	0	0	0	0	0	0	0	0			

Thank you very much for filling out this questionnaire.

Please take a minute to go back and fill in anything you may have skipped.

	PLEASE DO NOT MARK IN THIS AREA
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