

Name:				Grade:
Date:				Sex:
Date of Birth:_	/		/	ID:
	Month	Day	Year	

Here is a list of things that happen to people and that people think or feel. Read each sentence carefully, and circle the one word (Never, Sometimes, Often, or Always) that tells about you best, especially in the last two weeks. THERE ARE NO RIGHT OR WRONG ANSWERS.

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1. I worry s	1. I worry someone might hurt me at school.		Sometimes	Often	Always
2. My dreai	2. My dreams scare me.		Sometimes	Often	Always
3. I worry v	3. I worry when I am at school.		Sometimes	Often	Always
4. I think at	oout scary things.	Never	Sometimes	Often	Always
5. I worry p	5. I worry people might tease me.		Sometimes	Often	Always
6. I am afra	id that I will make mistakes.	Never	Sometimes	Often	Always
7. I get nerv	vous.	Never	Sometimes	Often	Always
8. I am afra	id I might get hurt.	Never	Sometimes	Often	Always
9. I worry I	might get bad grades.	Never	Sometimes	Often	Always
10. I worry a	bout the future.	Never	Sometimes	Often	Always
11. My hand	s shake.	Never	Sometimes	Often	Always
12. I worry I	might go crazy.	Never	Sometimes	Often	Always
13. I worry p	eople might get mad at me.	Never	Sometimes	Often	Always
14. I worry I	might lose control.	Never	Sometimes	Often	Always
15. I worry.		Never	Sometimes	Often	Always
16. I have pro	oblems sleeping.	Never	Sometimes	Often	Always
17. My heart	pounds.	Never	Sometimes	Often	Álways
18. I get shak	xy.	Never	Sometimes	Often	Always
19. I am afra	id that something bad might happen to me.	Never	Sometimes	Often	Álways
20. I am afra	id that I might get sick.	Never	Sometimes	Often	Álways
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