

Let's be honest—every day we spend a significant amount of time on our phones. Some people do it for work, while others just for fun. How many times do you find yourself in a situation where you automatically open Instagram or YouTube on your phone even though you've just closed it?

Social networks take a lot of our time and energy. So why not make use of that time?

Even the laziest of us have come across educational resources online. But those who really want to learn a new language can use this opportunity to create a language-rich environment for themselves.

Take a look at the list of bloggers we made for you. Maybe you will enjoy their content and start following English-speaking influencers!

ENGLISH LANGUAGE

1. English with Lucy

https://www.youtube.com/channel/UCz4tgANd4yy8Oe0iXCdSWfA Lucy's Insta

https://www.instagram.com/lucy/

2. mmmEnglish

https://www.instagram.com/mmmenglish_emma/ https://www.youtube.com/channel/UCrRiVfHqBIIvSgKmgnSY66g

3. Go Natural English

https://www.instagram.com/gonaturalenglish/ https://www.youtube.com/channel/UC9Pbt3q-ihROg1ImmmQdU2w

4. The English Coach

https://www.youtube.com/channel/UC-g0gSStENkYPXFRsKrlvyA

Insta

https://www.instagram.com/theenglishcoach/

5. Learn English with Papa Teach Me

https://www.youtube.com/channel/UCwk6ifONlkvqnoMF2uyA05g

Insta

https://www.instagram.com/papateachme/

- 6. https://www.instagram.com/englishchallenges/
- 7. https://www.instagram.com/pronunciationwithemma/
- 8. https://www.instagram.com/oneclickclass/
- 9. https://www.instagram.com/corkenglishteacher/
- 10. https://www.instagram.com/canguroenglish/
- 11. https://www.instagram.com/engbobthecanadian/
- 12. https://www.instagram.com/english_teacher_joe/
- 13. https://www.instagram.com/ewa.english/

14. Eat Sleep Dream English

https://www.youtube.com/channel/UCu4AP8qmYnXNUipUeyPQKig https://www.instagram.com/eatsleepdreamenglish/

LIFESTYLE

- 1. https://www.instagram.com/sannevloet/
- 2. https://www.instagram.com/lavendaire/
- 3. https://www.instagram.com/withloveleena/
- 4. https://www.instagram.com/carajourdan/
- 5. https://www.instagram.com/simone_anderson/

BEAUTY

- 1. https://www.instagram.com/maryleest/
- 2. https://www.instagram.com/emmahill/
- 3. https://www.instagram.com/beautyprofessor/
- 4. https://www.instagram.com/lydiaemillen/
- 5. https://www.instagram.com/cocobeautea/

PERSONAL DEVELOPMENT / MOTIVATION / BUSINESS

- 1. https://www.instagram.com/tomfrankly/
- 2. https://www.instagram.com/rayawashere/
- 3. https://www.instagram.com/lewishowes/

- 4. https://www.instagram.com/aubreymarcus/
- 5. https://www.instagram.com/aaronmarino/
- 6. https://www.instagram.com/alexikonn/
- 7. https://www.instagram.com/vanessalau.co/
- 8. https://www.instagram.com/msrachelhollis/

PHOTOGRAPHY / VIDEOGRAPHY / FILMMAKING

- 1. https://www.instagram.com/mattdavella/
- 2. https://www.instagram.com/heatonthomas/
- 3. https://www.instagram.com/joankeem/
- 4. https://www.instagram.com/flyingthenest/
- 5. https://www.instagram.com/reneeroaming/

SPORTS

- 1. https://www.instagram.com/maryochsner/
- 2. https://www.instagram.com/pamela_rf/
- 3. https://www.instagram.com/keltieoconnor/
- 4. https://www.instagram.com/jeanineamapola/
- 5. https://www.instagram.com/yogoskenz/

KIDS

- 1. https://www.instagram.com/geo_antoinette/
- 2. https://www.instagram.com/sarahs_day/
- 3. https://www.instagram.com/madeleine_shaw_/
- 4. https://www.instagram.com/thebucketlistfamily/
- 5. https://www.instagram.com/melisfit_/



30 Motivational videos

Steve Jobs | Stay hungry. Stay foolish

https://www.youtube.com/watch?v=UF8uR6Z6KLc

A famous speech by Steve Jobs at Stanford's Commencement Ceremony which many describe as a great example of public speaking. Here Jobs shares three personal stories and urges the graduates to pursue what's really important in life.

Shonda Rhimes | My year of saying 'yes' to everything

https://www.youtube.com/watch?v=gmj-azFbpkA

Scriptwriter and producer Shonda Rhimes once challenged herself to say "yes" to everything she had previously avoided or ignored throughout the year. What happened during that year? You will find out after watching this video.

Tony Robbins' interview by Tom Bilyeu

https://www.youtube.com/watch?v=CVP1CwEBz_Y

Motivational speaker Tony Robbins knows how to give a spark of inspiration. Check out this short interview and enjoy his passionate and powerful speech.

Brian Tracy | Change your life for the better

https://www.youtube.com/watch?v=DfAXtrtyLDw

How do you change your life? Let's hear what professionals have to say! With his speech, Brian Tracy will teach you how to think strategically using the bigger picture, and act!

John McWhorter | Four reasons to learn a new language

https://www.youtube.com/watch?v=VQRjouwKDIU

Why do we learn languages? In this video, polyglot and linguist John McWhorter shares four alluring benefits of learning a new language.

Brian Tracy | Staying motivated in any situation

https://www.youtube.com/watch?v=qhzOt3fLez0

We've all had days where nothing seems to get done, no matter how good our intentions are. These are the days when all we need is a little motivation. Meet Brian Tracy who shares three ways to stay motivated in any situation!

Nick Vujicic | Overcoming hopelessness

https://www.youtube.com/watch?v=6P2nPI6CTlc

Nick Vujicic was born with a rare disorder characterized by the absence of all four limbs. He has come a long way and today his speeches motivate millions of people all over the world. "If we don't get a miracle in life, we can always be a miracle to someone else," — listen and get inspired.

Michelle Obama | You matter

https://www.youtube.com/watch?v=Rq6CL0nYQnk

Michelle Obama urges you: "Don't Be Afraid! Be focused. Be determined. Be hopeful. Be empowered." You should watch this inspirational video every time you doubt yourself.

Stephen Hawking | While there's life, there is hope

https://www.youtube.com/watch?v=VYxjumUhji0

One of the most powerful messages from Stephen Hawking, a scientist whose body was very limited, but whose brain was free to explore the Universe.

Anthony Hopkins | An Important Life Lesson

https://www.youtube.com/watch?v=p3Un_eyuyOI

Jimmy Kimmel invites Anthony Hopkins to his show where the latter gives a good, firm handshake, charms with his smile and shares a simple yet powerful life lesson.

Arnold Schwarzenegger | On having a goal

https://www.youtube.com/watch?v=u_ktRTWMX3M

In this video one of the most famous actors in the world, Arnold Schwarzenegger, talks about success. But it's not just that. He talks about hard work and discipline, and what it's like to have a goal and a vision.

Dead Poets Society | Carpe Diem

https://www.youtube.com/watch?v=xv9JOVkR5PQ

Here is a short clip from the Dead Poets Society movie featuring a prominent American actor, the late Robin Williams, performing one of the most powerful monologues in the history of filmmaking! Carpe diem!

Emilie Wapnick | Why some of us don't have one true calling

https://www.youtube.com/watch?v=QJORi5VO1F8

Who do you want to be when you grow up? If you are already a grown up but still don't know the answer, you are not alone. Emilie Wapnick talks about "multipotentialites," people who have too many interests and are unable to pick just one.

J.K. Rowling | The benefits of failure

https://www.youtube.com/watch?v=wHGqp8lz36c

J.K. Rowling has some inspirational advice for graduating students of Harvard. She answers such questions as why one shouldn't be afraid of failure and what benefits it can actually bring. No magic this time, just pure motivation.

Chris Hadfield | What I Learned From Going Blind in Space

https://www.youtube.com/watch?v=jBZEcoCrU30

In open space any little issue might become a disaster. Canadian astronaut Chris Hadfield shares his view on issues in life and open space.

Oprah Winfrey | Take control of your life, serve and do the right things

https://www.youtube.com/watch?v=RLTgnOuYb6o

A talk show host and social activist, Oprah Winfrey gives three important pieces of advice that will change your future. Oprah delivers an inspirational and passionate speech that might change millions of lives—just like everything else that Oprah does.

Always Commercial | #LikeAGirl

https://www.youtube.com/watch?v=XjJQBjWYDTs

Advertising as a form of art. Advertising as a chance to make a difference. Advertising as a reason to change your mindset. This is Always and their #LikeAGirl campaign.

Will Smith | How to Face Fear

https://www.youtube.com/watch?v=o4gEmLpxHHk

"The problem with fear is that it lies" shares Will Smith in this interview. You will also find out why you shouldn't trust your fear and how to cope with it.

Tim Ferriss | Smash fear, learn anything

https://www.youtube.com/watch?v=iPE2_iCCo0w

Imagine that your success is only one question away. And that is the question you need to ask yourself on a daily basis. Curious what it is? Writer, public speaker and investor Tim Ferriss talks about fear setting, an exercise he made up for himself and is ready to share with everyone else.

William McRaven | Start your day by making your bed

https://www.youtube.com/watch?v=3sK3wJAxGfs

In this video that became viral very fast, US Navy Admiral William H. McRaven, delivers a speech about the importance of doing the little things like making your bed and changing the world for generations to come.

Cameron Russel | Looks aren't everything

https://www.youtube.com/watch?v=KM4Xe6Dlp0Y

Fashion model Cameron Russell admits she won a genetic lottery. But she also says that looks aren't everything. Coming from a model it's hard to believe... but is it?

Graham Norton Show | Epic motivational speeches

https://www.youtube.com/watch?v=OyesLYIUcg0

Will Smith and Kevin Hart are known as motivation kings. They can motivate people facing all kinds of situations. Literally, all!

Elizabeth Gilbert | Success, fear and drive to keep creating

https://www.youtube.com/watch?v=_waBFUg_oT8

"Eat, Pray, Love," and listen to what Elizabeth Gilbert, the author of the like-named book has to say. Gilbert reflects on why success can be as disorienting as failure and offers a simple—though hard—way to carry on, regardless of outcomes.

Jim Carrey | Do what you love

https://www.youtube.com/watch?v=V80-gPkpH6M

The funniest man on Earth, Jim Carrey, gives a commencement address to the graduates. The top-rated comment under the video: "Imagine if Jim Carrey was your teacher. I'd never miss a class." Would you?

Manush Zomorodi | How boredom can lead to your most brilliant ideas

https://www.youtube.com/watch?v=c73Q8oQmwzo

What drives human progress? What is the source of inspiration? What leads us to the most brilliant ideas? What would you say if we tell you that the answer to all these questions is... boredom? Manoush Zomorodi will teach you to love being bored!

Dan Pink | The puzzle of motivation

https://www.youtube.com/watch?v=rrkrvAUbU9Y

Career analyst Dan Pink examines the puzzle of motivation, starting with the fact that social scientists know but most managers don't: Traditional rewards aren't always as effective as we think.

Scott Dinsmore | How to find and do work you love

https://www.youtube.com/watch?v=jpe-LKn-4gM

Scott Dinsmore quit a job which made him desperate and spent the next four years looking for ways to find a job which would be meaningful and bring him happiness. In his speech he shares simple practices for finding and doing work you love.

Robert Waldinger | What makes a good life? Lessons from the longest study on happiness

https://www.youtube.com/watch?v=8KkKuTCFvzI

Fame, expensive cars and luxury travel experiences are what come to mind when you think of a question like "What would make you happy?" Psychiatrist Robert Waldinger might disagree. And you might want to listen to what the director of a 75-year-old study on adult development has to say.

Stephen Spielberg | Follow your intuition

https://www.youtube.com/watch?v=TYtoDunfu00

In his commencement speech, director, producer, and screenwriter Steven Spielberg talks about future modeling in a real world. He also talks about intuition, the gut feeling which whispers "You can" whenever you need it most.

Elon Musk | Advice for college graduates

https://www.youtube.com/watch?v=iuNJLtj10Lg

As an inventor, entrepreneur and visionary, Elon Musk gives pieces of advice of the same nature. There are so many "hows" surrounding him: How did he come up with his businesses? How did he make up his mind? How did he start? How did he manage to get where he is now? Find out in this video.