

MONSON MONTHLY

Welcome to our monthly newsletter for Monson Care Home.
The newsletter is for the benefit of Residents, families and staff to keep everyone up to date with what is happening within the home, including special occasions, activities, and what's going on in our area.
We hope you enjoy reading it.

WHAT'S IN THIS MONTH'S ISSUE:

- Star of the month.
- National carers week.
- D-Day remembrance, trip to watch the RAF Waddington parade.
- Birthday art.
- Ladies afternoon.
- Past entertainment.
- Birthday mentions.
- What's on next month.
- Joke of the month.
- Quote of the month.
- Events that happened in July.
- July activity planner.

Star of the Month award for May was Wayne.

Wayne is part of our care team, as well as helping out in the kitchen when required. He is hard working, works well as part of the team and a great mentor for all our new carers
Well done!

Let us know who you would like to nominate for 'star of the month'.





Activities.

National carers week.



At Monson, we pride ourselves in having an excellent team within all of our departments.

Speaking as someone who understands the pressures, and stresses, of being a carer, I know that it can be a tough job and sometimes can be a thankless job.

At Monson we value each and every staff member and to celebrate National Carers week, the residents made each carer and senior, a thank you card as well as a thank you note to show their appreciation for all their hard work.

Anna and Charli, also gave each staff member, from all departments, a goody bag filled with sweets and other items, and laid on some lovely cakes for the carers to help themselves to throughout their shifts.

We thank you all for your hard work and dedication, it does not go unnoticed.



Activities.

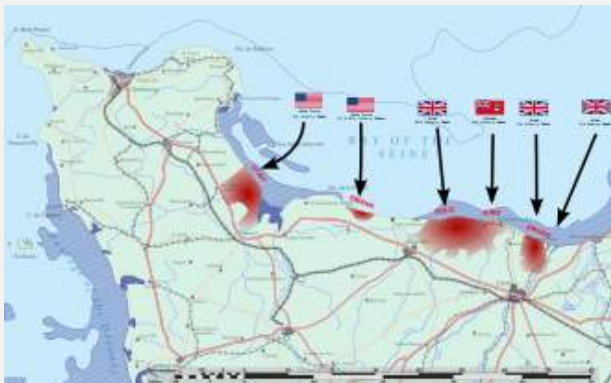
D-Day Landings.

The Normandy landings were the landing operations and associated airborne operations on 6 June 1944 of the allied invasion of Normandy in Operation Overlord during the second World War. Codenamed Operation Neptune and often referred to as D-Day, it is the largest seaborne invasion in history. The operation began the liberation of France, and the rest of Western Europe, and laid the foundations of the Allied victory on the western front.

Planning for the operation began in 1943. In the months leading up to the invasion, the Allies conducted a substantial military deception, codenamed Operation Bodyguard, to mislead the Germans as to the date and location of the main Allied landings. The weather on the day selected for D-Day was not ideal, and the operation had to be delayed 24 hours; a further postponement would have meant a delay of at least two weeks, as the planners had requirements for the phase of the moon, the tides, and time of day, that meant only a few days each month were deemed suitable. Adolf Hitler placed Field Marshal Erwin Rommel in command of German forces and developing fortifications along the Atlantic wall in anticipation of an invasion. US President Franklin D. Roosevelt placed Major General Dwight D. Eisenhower in command of Allied forces.

The invasion began shortly after midnight on the morning of 6 June with extensive aerial and naval bombardment as well as an airborne assault—the landing of 24,000 American, British, and Canadian troops. The early morning aerial assault was soon followed by allied amphibious landings on the coast of France c. 06:30. The target 50-mile (80 km) stretch of the Normandy coast was divided into five sectors: Utah, Omaha, Gold, Juno, and Sword.

Information and photographs from Wikipedia



Map of the beaches and the first day advances.



Activities.

D-Day 80th anniversary remembrance

To mark the 80th anniversary of D-Day, RAF Waddington paraded through the city, receiving the Freedom of the City at the same time.

To mark this special event, George, his daughter Clair, and Joanne, took a walk to the centre to watch the parade.

George wore his medals proudly and spoke about his career and the various places he had been stationed at including Hong Kong, Singapore and stations in England.

George enjoyed his time in the RAF and feels very proud of his service



Activities.

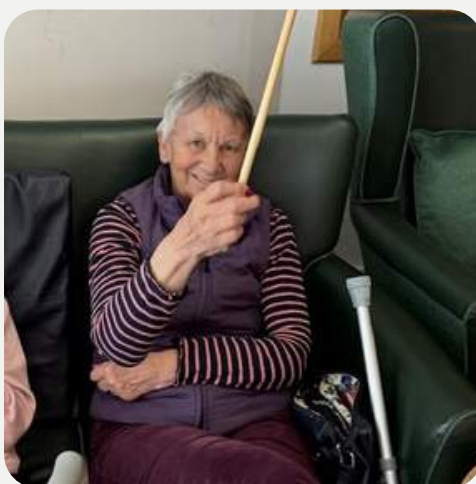
To celebrate our neighbours, LEAP housing, 30th birthday, our residents made them some lovely birthday cards, with the help of our new volunteer, Vicky.

We will deliver these in the very near future so keep an eye of updates.



Activities.

Trip to Whisby garden centre.
the residents took a lovely trip out to the local garden centre. recently. They enjoyed looking at the various fish, plants and flowers, followed by a cup of tea and slice of cake in the cafe.



Monson welcomed back Tina from Music for Health. The residents enjoyed making as much music as they could with various objects including musical instruments and plastic plates. Arm exercises with pom poms and pretending to be orchestra conductors with sticks. Everyone had a lovely time.



Past entertainment.

In May we welcomed back Andrew from Blow by Blow who gave a talk on the various tanks that were built in Lincoln for the WWI. Everyone agreed that they found the talk very interesting and some residents did not realise that a company in Lincoln had made the first tanks used in the first world war.

Andrew will be back for another talk about Lincoln in the future.



Peasants revolt barber shop quartet.

In May, we welcomed back our regular barber shop who entertained our residents with

various songs including sea shanties, traditional folk songs and some modern songs with a twist.

we always enjoy listening to this group and look forward to seeing them again in the near future.



Important events that happened in July.

Hong Kong is returned to China (1997)

Since 1842, Hong Kong had come under British colonial rule, and in 1898 the territory was leased for another 99 years from the Chinese. The lease ended at midnight on 1st July 1997, when Hong Kong was officially returned to China.

Battle of the Somme begins (1916)

The Battle of the Somme was one of the largest and bloodiest of the First World War and lasted until mid-November.

Declaration of Independence is adopted (1776)

The acceptance of the Declaration of Independence by the Continental Congress formally ended America's links with Britain. The day has become known as Independence Day in the US.

The National Health Service (NHS) is founded (1948)

On this day in 1948, the National Health Service Act 1946 came into effect, establishing a national public health system in the UK.

Dolly the Sheep is cloned (1996)

Scientists in Scotland successfully cloned (from an adult cell) a mammal for the very first time.

Battle of Britain begins (1940)

After France fell to Nazi Germany in June 1940, Hitler turned his attention toward Britain. From July to October 1940, the Luftwaffe threw everything it had at Britain in an attempt to bring the country to its knees. The British RAF emerged victorious and Hitler never tried to invade Britain again.

Live Aid takes place (1985)

A series of rock concerts were held around the world, including in London and Philadelphia, to raise funds for famine relief in Ethiopia. More than a billion people tuned into the concerts worldwide and over \$125 million was raised.

Man walks on the Moon (1969)

American Neil Armstrong became the first man to walk on the Moon after the Apollo 11 spacecraft successfully landed on Earth's only natural satellite. The event was not only a 'giant leap for mankind' but it also effectively ended the Space Race between America and the Soviets.

Joke of the month:

**Why are snails slow?
Because they're carrying a
house on their back.**



Quote of the month:

**'Family is the most important
thing in the world'. ~ Diana
(Princess of Wales)**



Upcoming events - July.

THE NEST NURSERY VISIT ~ 2ND, 16TH, 30TH.

LINCOLN CITY FOUNDATION VISIT ~ 3RD, 17TH.

INDEPENDENCE DAY WITH MR BANJO ~ 4TH

CHURCH SERVICE WITH SANDY ~ 9TH.

LINCOLN UKULELE BAND ~ 11TH.

TRIP TO SKEGNESS ~ 22ND

RAINBOW DREAMING PONIES ~ 24TH.

CHEESE & WINE EVENING ~ 25TH

MONTHLY COFFEE AFTERNOON, ALL WELCOME ~ 29TH

PELICAN TRUST ART & CRAFTS ~ 31ST.

If you would like to add anything
to this newsletter, or advertise something,
please let Joanne know :)

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