

MONSON MONTHLY

Welcome to our monthly newsletter for Monson Care Home.
The newsletter is for the benefit of Residents, families and staff to keep everyone up to date with what is happening within the home, including special occasions, activities, and what's going on in our area.
We hope you enjoy reading it.

WHAT'S IN THIS MONTH'S ISSUE:

- Star of the month.
- Trip to Skegness.
- St Peter of Gowt School.
- Baking
- Cheese and wine evening.
- Past entertainment.
- Events that happened in August.
- Joke of the month.
- Quote of the month.
- Birthday mentions.
- What's on next month.
- Residents meeting notes.
- August activity planner.

Star of the Month award for July was
Sophie.

Sophie is part of our night team, a great motivator and mentor to all the carers, and has also been promoted to night senior.
Well done!

Let us know who you would like to nominate for 'star of the month'.



Activities.

Day trip to Skegness.

Last month, the residents and staff, took a lovely trip to Skegness for the day.

They had lunch at a local fish and chips restaurant, which was followed by a walk to the end of the beach to take in the views over the North sea.

One resident said that it reminded her of being back in her native country, Italy, when she lived by the sea. Others reminisced about previous family holidays taken at various seaside destinations.

The day was finished of with a trip to the pier and a lovely ice-cream. Everyone had a lovely time, and can not wait to go back again.





Activities.



A brief history of Skegness pt1.

Skegness was once a haven town, built on a raised promontory with a harbor trading in timber and other merchandise.

The name like many others in the area, relates to the Danes, Skeggi's 'ness' or headland, one of the places where the Vikings landed in the ninth century. The haven port was washed away in 1526, the storm tide breaking up the raised ground, now buried up to a mile seaward. The traveling antiquary, John Leland, wrote in his 'Chronicles' a few years later that: 'Olde Skegness is now builded a pore new thing.' As indeed it must have been, built by poor people deprived of all they possessed.

By the 1850's the village still had less than 400 inhabitants, a few earning a living as fishermen and the rest employed about the farms on what was some of the richest grazing land in the country. The gentry from not too distant places brought their families to indulge in the fashionable practice of sea-bathing during the summer months, but it was not until the railway reached Skegness in 1873 that visitors began arriving in large numbers. They were the new day trippers from the working classes, but all there was for them were four hotels, two or three refreshment rooms, the sea and sands and several bathing machines.

Most of the land belonged to the Earl of Scarborough (who lived in Yorkshire) but, believing that the seaside would become more and more popular, he engaged an architect to plan a model watering place as the Victorians called them, on the site of the existing village. Work began in the late 1870's building wide, tree lined streets promenades and gardens, a park and a pier, as well as a new main shopping street, a church and lots of new houses.

When the new century began, the Skegness population had risen to well over two thousand, with new residents coming from Nottingham, Leicester, Derby and other areas to set up their businesses. Through the Edwardian years the new seaside Town continued to grow, attracting more visitors each year, as the earl had predicted, and soon after the Great War ended he sold the whole of the seashore to the Skegness District Council for a very reasonable sum.

In the twenty years that followed, between the World Wars, the local authority laid out the basic amenities we know today from what had virtually been the sands and the dunes. They included rose gardens and walks, a boating lake and bathing pool, waterway, amusement park, bowling greens and tennis courts, the Embassy Centre and other attractions, whilst new hotels, entertainments and shops continued to proliferate.

Activities.

A brief history of Skegness Pt2

The Town suffered heavy bombing during the war years, as well as occupation by the armed forces, and there was much repair and refurbishing to concentrate on in the late 1940's, as well as extra housing for the newly returned servicemen and others. Then an industrial estate was laid out to attract all year round jobs and an improved road system to facilitate the movement of the ever increasing volume of motor traffic.

The 1950's indeed saw the age of the motor car really arrived and visitors flocked to the coast under their own power instead of on the trains and new car parking space had to be provided, near the sea, as well as a wider choice of accommodation. Caravan camps were popular in Skegness in the 1920's and 30's but after the war they expanded on a huge scale to make this the most popular caravan coast in the country. Hotels and guesthouses were upgraded to meet higher standards and Butlin's Skegness Holiday Centre was also modernised at considerable expense.

Skegness got off lightly in the great East Coast Flood of 1953, but the sea defences were then strengthened and new promenades built on the sea walls. In 1978 another great storm almost destroyed the pier, but what remains has recently been repaired and improved.

As the new century gets under way, in spite of the rush to the sun, 'Skeggy,' on the drier side of Britain, is still a regular point of call for thousands of people from the East Midlands and elsewhere. With its fine sand beach, flying the blue flag of excellence, it is a paradise for children and there is a wide choice of activities for all other ages.



Activities.

St Peter of Gowt Primary School.

In July, the residents were invited, again, to visit the local primary school to watch their summer play rehearsals. the residents were treated to some lovely refreshments and had a lovely time watching the children rehearse for their big day.



A week later, the younger children visited us to deliver the residents various bunches of flowers. The residents were very touched and honoured to receive their lovely gifts. It was a touching surprise that made everyone smile.



Activities.

For last months baking challenge, the residents made some yummy filo pastry parcels, filled with chocolate and nuts, they were delicious.



In July, Monson held their first cheese and wine evening. It was a successful night and everyone agreed how nice it was, trying different cheeses/ wines and meeting others. Everyone agreed that this should become a regular event, so if you missed this one, look out for the next on the activity board.



Past entertainment.

In July, we celebrated independence day with American food and music courtesy of Mr Banjo man. Everyone had a lovely time hee-hawing!



Last month, we welcomed back our favourite ponies- Joe and Buggs from Rainbow Dreaming. Everyone enjoyed chatting to Kaf and Grainne about the ponies and what the charity does. We look forward to seeing them all again soon.



Past entertainment.

In July , we welcomed back one of our favourite groups- the Lincoln Ukulele Band. They played, and sang, various songs new and old, as well as taxing our brains with various trivia questions. The residents, and families, shook their pom-poms and joined in with the music. We look forward to seeing them again later this year.



Important events that happened in August.

3 August
1926

Britain's first set of electric traffic lights appear on the streets of London.

5 August
1962

Nelson Mandela imprisoned for attempting to overthrow South Africa's apartheid rule.

6 August
1881

Birth of Sir Alexander Fleming, Scottish discoverer of penicillin.

8 August
1963

Britain's Great Train Robbery – £2.6 M stolen from Royal Mail.

11 August
1897

Birth of best-selling children's writer Enid Blyton, whose books have been among the world's best-sellers since the 1930s, with more than 600 million sold.

14 August
1040

Duncan I of Scotland is killed in battle by his own men, led by Macbeth

15 August
1945

Japan surrenders to the Allies, ending the Second World War.

20 August
1940

Winston Churchill referring to the RAF pilots, says " Never in the field of human conflict was so much owed by so many to so few".

31 August
1900

Coca Cola is sold for the first time in Britain.

Jokey of the month:

Did you hear about the two people who stole a calendar?

They both got 6 months!

Quote of the month:

“New month, new intentions, new goals, new love, new light, and new beginnings.”

— April Mae Monterrosa



Mary - 4th



Thelma- 4th



Peter- 6th.

Upcoming events - August.

OPEN DAY WITH SPECIAL GUESTS- 3RD.

CHURCH SERVICE WITH SANDY ~13TH.

LINCOLN CITY FOUNDATION VISIT ~ 14TH & 21ST

CHARLOTTE AND DB ANIMALS ~ 15TH.

THE NEST NURSERY VISIT ~ 27TH.

LEARN MAKATON (SIGN LANGUAGE) ~ 28TH.

MUSIC FOR HEALTH ~ 29TH.

If you would like to add anything
to this newsletter, or advertise something,
please let Joanne know :)

Monson Care Home
9, 11 Monson Street,
Lincoln.
LN5 7RZ.
enquiries@autograph.care
monson@autograph.care