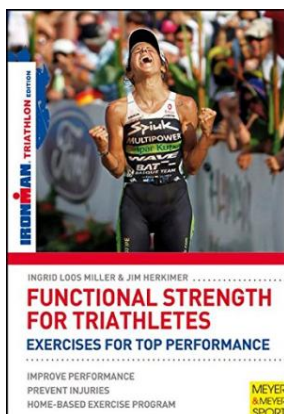


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FUNCTIONAL STRENGTH FOR TRIATHLETES: EXERCISES FOR TOP PERFORMANCE



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