



## The Essential Skills for Setting Up a Counselling and Psychotherapy Practice

By Stephen Palmer, Gladeana McMahon, Christine Wilding

Taylor Francis Ltd, United Kingdom, 2005. Paperback. Book Condition: New. New.. 224 x 155 mm. Language: English . Brand New Book. Many practitioners consider setting up in private practice at some point in their career, whether full-time or alongside other employment. The Essential Skills for Setting Up a Counselling and Psychotherapy Practice provides comprehensive yet accessible coverage of all the major skills needed to succeed. Based on the authors extensive experience, this book provides a valuable insight into how to minimise the risks associated with working privately, offering practical advice on how to keep a balance between self-development, personal health and meeting the needs of clients, whilst maintaining high standards and making a reasonable living. Acknowledging the fact that being a good therapist may not, in itself, be sufficient to be successful in self-employment, the authors discuss the need for sound business skills, professional development, selfknowledge and motivation. Divided into three sections, the book covers all the essential business, professional and personal skills and includes discussion of subjects such as insurance, finance, legal issues, marketing, stress management, security and retirement planning. The focus on skills and how to acquire and develop them makes this book an invaluable reference for all...



## Reviews

Good eBook and helpful one. It really is writter in straightforward words and phrases and never confusing. I am just effortlessly could possibly get a enjoyment of looking at a published book.

-- Romaine Rippin

The book is great and fantastic. it absolutely was writtern very properly and beneficial. It is extremely difficult to leave it before concluding, once you begin to read the book.

-- Lyda Davis II