Its From All in Academy:  
const options = {

page: parseInt(query.page) || 1, // defaultValue 1

paginate: parseInt(query.size) || 10,

where:{

UserId:data.user\_id

},

order: [['id', 'DESC']],

// attributes: ['username', 'id', 'userType', 'firstName', 'lastName', 'profilePictureURL', 'email', 'charges', 'isActive'],

// include: [sequelize.models.AdminRight]

};

const { docs, pages, total } = await Journey.paginate(options);

return { docs, pages, total };

};

sequelizePaginate.paginate(Journey);