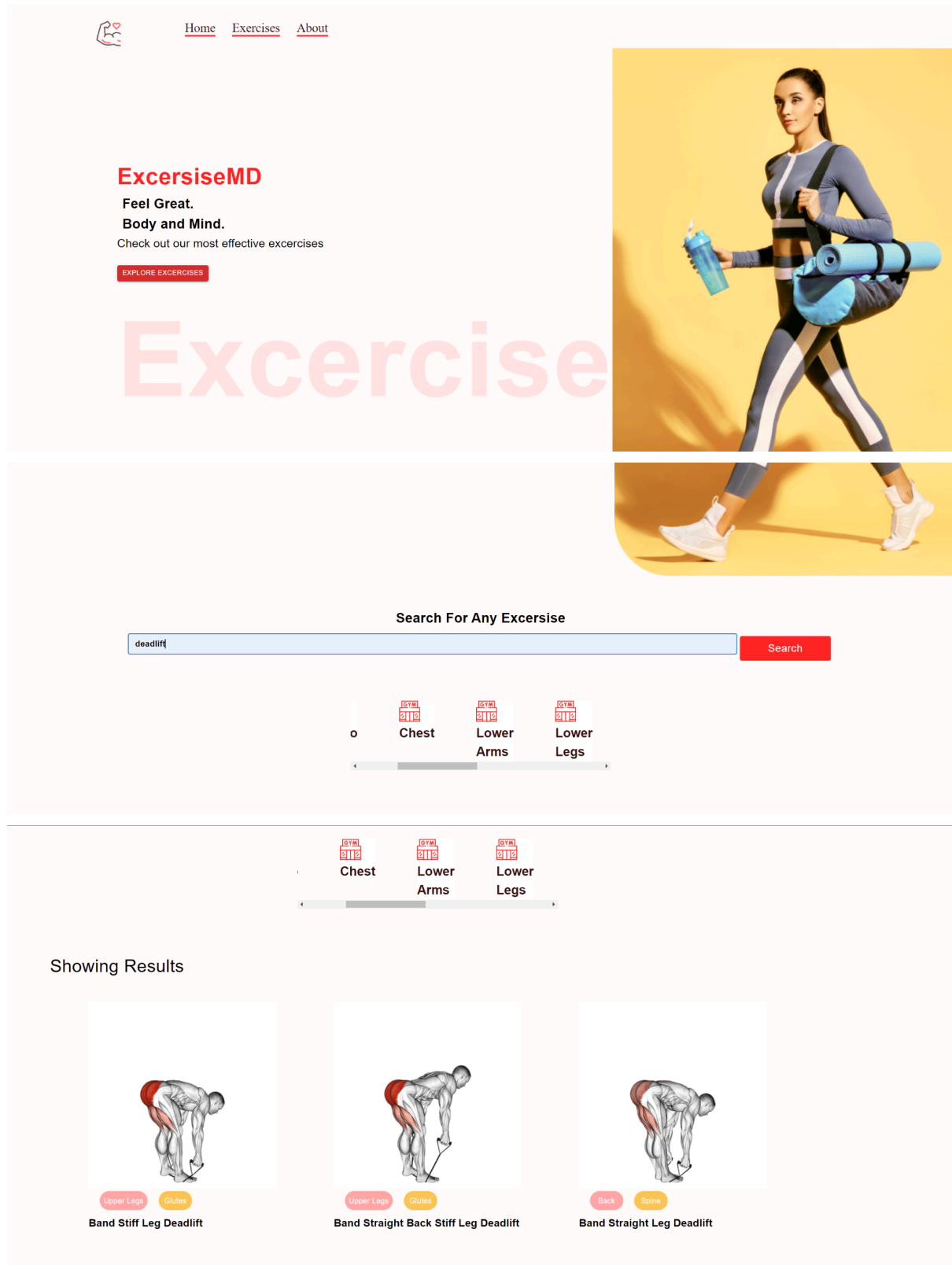


ExerciseMD

ExerciseMD is an exercise finder website that allows users to search for exercises by name, target muscle or exercise type. It provides the user with a pictorial reference(gifs) and the steps to be followed to perform the exercise.

Screenshots:

#homepage-----





ExcerciseMD

Check out our list of effective excercises



Waist

Abs

3/4 Sit-Up



Waist

Abs

45° Side Bend



Waist

Abs

Air Bike

