How to run iProfiles

Requirements
Make sure you have the following installed and set up on your computer:
1. Python
2. Pip (for installing Python libraries)
2. NodeJS
3. React

Steps
Download the **intron** to your computer and open it on your code editor.
1. Open a terminal and change the current working directory to ***intron***
2. Install the dependencies for the server:

Set up a virtual environment
```
python -m venv .
source bin/activate
```
(for Windows, use \Scripts\activate)

Install Flask and other dependencies:
```
pip install flask flask-cors flask-sqlalchemy Flask-Migrate
```

3. To run the Flask server:

In a new terminal, navigate the directory to ***intron/server***.
Run: `python app.py`

4. To run the React project:

Navigate the current working directory to intron/iprofiles
Run:
```
npm install
npm start
```

5. View the React project running on http://localhost:3000

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