

# TAILORED DIET

## ENSE 405 PROJECT



# Hello!

## I am Samuel Iregbu

I am the creator of Tailored Diet



# Tailored Diet

Let's start with the UN SDG Goal



# UN SDG GOAL 3: Good Health & Well-being

## Sub Goals

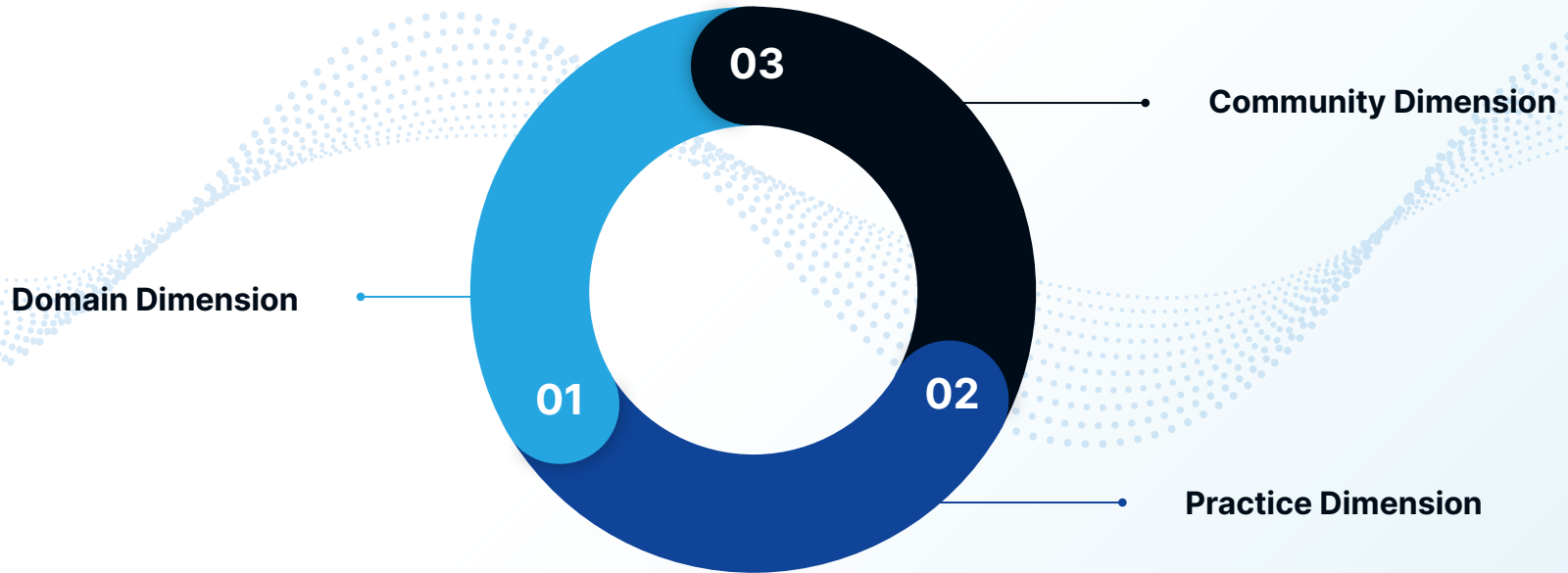
**3.4.** By 2030, reduce by one third premature mortality from non-communicable diseases through prevention and treatment and promote mental health and well-being.

**3.8.** Achieve universal health coverage, including financial risk protection, access to quality essential health-care services and access to safe, effective, quality and affordable essential medicines and vaccines for all.

**3** GOOD HEALTH  
AND WELL-BEING



# Overview of CoPs/Digital Habitat



# Community Orientation

- Content Orientation
- Future MVP's will involve more orientations

# Technology Configuration Inventory

- There are similar applications but not specific
- This project offers a community of experts.

# Project Why, How, What

## **Why?**

There is currently no effective dieting platform that is specific to terminal health conditions.

## **How?**

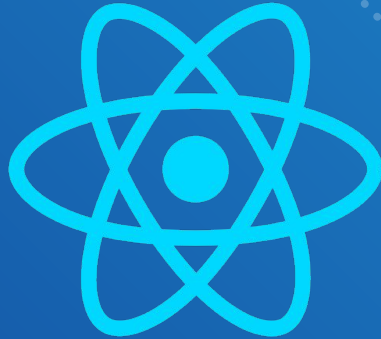
Post educative health contents for patients to become knowledgeable concerning their health

## **What?**

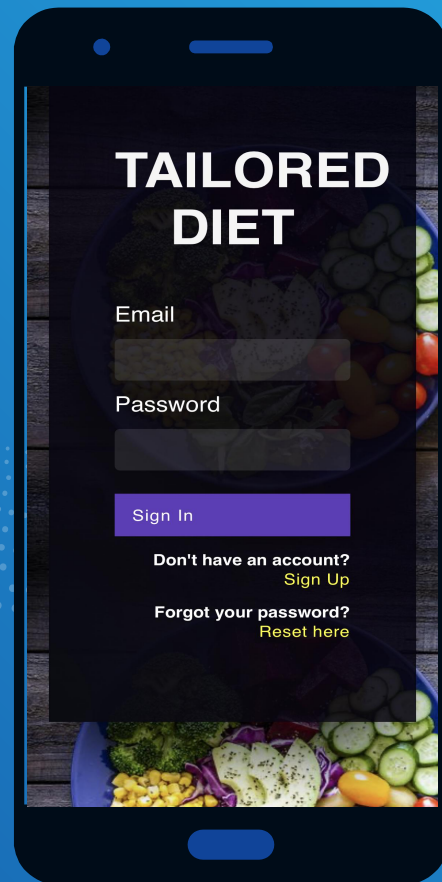
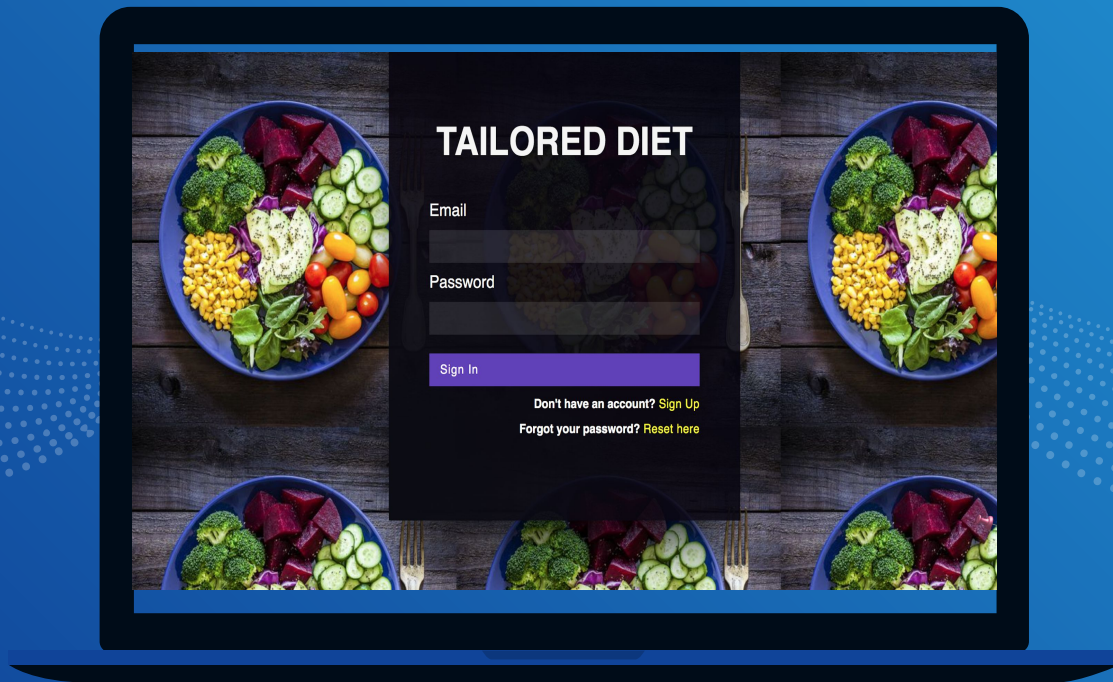
Tailored Diet web application



# Technology Used



# DEMO



# Reflection

How do I feel about this project?



Likes and Dislikes about the project?



What did I learn about myself?



Was the project a success?



What am I most proud of?



How will I use this learning experience going forward?



# Future Work/Ideas For Evolution

## **Scheduling System**

This allows patients to schedule appointments with the experts and the experts are able to manage these schedules

## **Multiple User Pools**

Two user pools that will handle both the patients and experts

## **Blog Filter**

Filter feature that will help filter blogs by the patients health condition, their medication and allergies.

## **Virtual Rooms**

Rooms that will cater to each specific health conditions

## **Diet Plan Generator**

Formulate diet plans that are tailored to each patient, based on the information the provided on their medical form



# Thanks!

## Any questions?