

No	Type	Video	URL
1	Armflapping	Armflapping_01	https://www.youtube.com/watch?v=l7fdv1q9-m8
2	Armflapping	Armflapping_02	https://www.youtube.com/watch?v=hKf-lwHM6TI
3	Armflapping	Armflapping_03	https://www.youtube.com/watch?v=Z2kfVB4lv7A
4	Armflapping	Armflapping_04	https://www.youtube.com/watch?v=5Ps9iE8mPqY
5	Armflapping	Armflapping_05	https://www.youtube.com/watch?v=pz1nIbRWb2M
6	Armflapping	Armflapping_06	https://www.youtube.com/watch?v=nGoMpqcYcOg
7	Armflapping	Armflapping_07	https://www.youtube.com/watch?v=5sgfS0SSh8o
8	Armflapping	Armflapping_08	https://www.youtube.com/watch?v=JM8BHjJTSFM
9	Armflapping	Armflapping_09	https://www.youtube.com/watch?v=1vRklwIBC28
10	Armflapping	Armflapping_10	https://www.youtube.com/watch?v=MOt-6FAEP_g
11	Armflapping	Armflapping_11	https://www.youtube.com/watch?v=AQ-jO6O5gow
12	Armflapping	Armflapping_12	https://www.youtube.com/watch?v=UxpQpWzhOx0
13	Armflapping	Armflapping_13	https://www.youtube.com/watch?v=AGmXuSY4gx0
14	Armflapping	Armflapping_14	https://www.youtube.com/watch?v=l2rfPPinMHk
15	Armflapping	Armflapping_15	https://www.youtube.com/watch?v=T9rbit_ojIA
16	Armflapping	Armflapping_16	https://www.youtube.com/watch?v=WRGUUOZ5_wA
17	Armflapping	Armflapping_17	https://www.youtube.com/watch?v=SOc13pnf-Dc
18	Armflapping	Armflapping_18	https://drive.google.com/file/d/1rTK0og2fcG0haZC6giTT1Pq9UU9O_tjU/view?usp=sharing
19	Armflapping	Armflapping_19	https://www.youtube.com/watch?v=iDuAugAykcc
20	Armflapping	Armflapping_20	https://www.youtube.com/watch?v=3Oh_Lmehb6c
21	Headbanging	Headbanging_01	https://www.youtube.com/watch?v=WRGUUOZ5_wA&t=67s
22	Headbanging	Headbanging_02	https://www.youtube.com/watch?v=yCaymsrcNwA
23	Headbanging	Headbanging_03	https://www.youtube.com/watch?v=a5Buwkqtla0
24	Headbanging	Headbanging_04	https://www.youtube.com/watch?v=k9MJ4pDQQ74
25	Headbanging	Headbanging_05	https://www.youtube.com/watch?v=pzPhXbGEpSo
26	Headbanging	Headbanging_06	https://www.youtube.com/watch?v=Lex0glMd73g
27	Headbanging	Headbanging_07	https://www.youtube.com/watch?v=WLtorzPESbc
28	Headbanging	Headbanging_08	https://www.youtube.com/watch?v=aNaC46cUOJo
29	Headbanging	Headbanging_09	https://www.youtube.com/watch?v=B9hYEljsHDA
30	Headbanging	Headbanging_10	https://www.youtube.com/watch?v=0Vki9itex_ds
31	Headbanging	Headbanging_11	https://www.youtube.com/watch?v=TVMWW9Sejgl
32	Headbanging	Headbanging_12	https://www.youtube.com/watch?v=yMgx2IVjf5I
33	Headbanging	Headbanging_13	https://www.youtube.com/watch?v=BUAFdqrw4fA
34	Headbanging	Headbanging_14	https://www.youtube.com/watch?v=6sR-8IIWI_s
35	Headbanging	Headbanging_15	https://www.youtube.com/shorts/wxDzCOyhFXM
36	Headbanging	Headbanging_16	https://drive.google.com/file/d/1J60ped_BEh4gLO91MCzBZZMB5iahqDfi/view?usp=sharing
37	Headbanging	Headbanging_17	https://drive.google.com/file/d/1BQuldNVXjWUGuK34CjC_iekVE9g6rSXI/view?usp=sharing
38	Headbanging	Headbanging_18	https://www.youtube.com/watch?v=EE-p8Q7AW3Q
39	Headbanging	Headbanging_19	https://www.youtube.com/watch?v=z7NeBs5wNOA
40	Headbanging	Headbanging_20	https://www.youtube.com/watch?v=z7NeBs5wNOA
41	Headbanging	Headbanging_21	https://drive.google.com/file/d/1GKsV4rf9Nh0nkHme_SWNlXqDU6AEDkC4/view?usp=sharing
42	Spinning	Spinning_01	https://www.youtube.com/watch?v=uNpUNkNjNreg

43	Spinning	Spinning_02	https://www.youtube.com/watch?v=sAgAvYT3D8s
44	Spinning	Spinning_03	https://www.youtube.com/watch?v=Gt-WMpTP7IE
45	Spinning	Spinning_04	https://www.youtube.com/watch?v=arn5UCMLIBo
46	Spinning	Spinning_05	https://www.youtube.com/watch?v=2AS14wxMB-A
47	Spinning	Spinning_06	https://www.youtube.com/watch?v=5MS6VZwZDi0
48	Spinning	Spinning_07	https://www.youtube.com/watch?v=uWgl1w2fQhs
49	Spinning	Spinning_08	https://www.youtube.com/watch?v=VAMZwnfAHyY
50	Spinning	Spinning_09	youtube.com/watch?v=ZHJr17Q4384
51	Spinning	Spinning_10	https://www.youtube.com/watch?v=gKED6S0eGYA
52	Spinning	Spinning_11	https://www.youtube.com/watch?v=scM9g0LExJA
53	Spinning	Spinning_12	https://www.youtube.com/watch?v=kFuxwAufWvQ
54	Spinning	Spinning_13	https://www.youtube.com/watch?v=yiEo7Kg1ngY
55	Spinning	Spinning_14	https://www.youtube.com/watch?v=8R1MfXol3mo
56	Spinning	Spinning_15	https://www.youtube.com/watch?v=U35q146wMZo
57	Spinning	Spinning_16	https://drive.google.com/file/d/1CoaPKv9saTyDx060vIxR_TQw1Zt76X14/view?usp=sharing
58	Spinning	Spinning_17	https://www.youtube.com/shorts/gbwXCI4YizE
59	Spinning	Spinning_18	https://www.youtube.com/watch?v=AXghcX_Bjac
60	Spinning	Spinning_19	https://www.youtube.com/watch?v=Nxgk374ybVs
61	Spinning	Spinning_20	https://www.youtube.com/watch?v=WHG4dXC8Bfl