

Health Condition	Tests	Normal Range	Critical Range
Diabetes	Blood glucose	70 - 120 mg/dL	< 50 or > 250 mg/dL
	HbA1C	5.7% - 6.4%	> 9%
Hypertension	Systolic BP	90 – 130 mmHg	< 70 or > 180 mmHg
	Diastolic BP	60 – 80 mmHg	< 40 or > 120 mmHg
High Cholesterol	LDL	50 - 140 mg/dL	> 190 mg/dL
	HDL	40 – 60 mg/dL	< 25 mg/dL
	Triglycerides	50 – 180 mg/dL	> 500 mg/dL
Anemia	Haemoglobin	9-15 g/dL	< 7 or > 20
	MCV	80-100 fl	< 70 or > 110 fl