Office hours: 8:30 a.m.-5:30 p.m., Monday-Friday. If after hours, press "2" when prompted to be directed to our answering service, which will identify a Girl Scout staff member to assist you.

In case of emergencies, call Girl Scouts San Diego 619-298-8391



EMERGENCY CARD

Before trip: Review transportation, insurance, first aid and girl/adult partnership sections of the *Volunteer Essentials* publication; and complete required forms listed below.

Bring on each group outing:

- This card
- Health History/Annual Permission forms (with parent contact info)
- Trip or Event Permission forms, if used for this outing
 Directions to nearest hospital or medical facility
- · Cell phone
- Non-emergency phone numbers for nearest:

Police station	Poison Control Cente
Hospital	800-222-1222

Fire station _____

EMERGENCY ACTION PLAN

- Administer first aid.
- Call for appropriate help (911, police, fire or medical).
- · Move non-injured away from the scene (as appropriate).
- Do not permit anyone to disturb victim or surroundings until an appropriate authority assumes responsibility.
- Ensure a responsible adult stays at the scene.
- Speak only to the police or other appropriate authorities.
- Do not discuss the incident, release names, place or accept any blame, or acknowledge liability.
- Media: Do not notify or make statements to them. Refer all inquiries to the communications director by calling the number on the reverse.
- Always notify police about motor vehicle accidents, serious accidents or fatalities.
- Within 24 hours, submit an Accident/Incident Report form to accidentreporting@sdgirlscouts.org. Find the form at Girl Scout resource centers and sdgirlscouts.org/forms.