WELCOME TO MINIPRO MESS

BTech\_CSE

\_\_\_\_\_\_\_\_\_\_\_\_MENU CARD\_\_\_\_\_\_\_\_\_\_\_\_\_

NON-VEG OPTIONS IN ‘[]’

MONDAY:

BREAKFAST:AL, MIX VEG, ALOO- PARATHAS,TOMATO SAUCE, GREEN CHUTNEY, IMLI CHUTNEY

[NON-VEG: FRIED EGG]

LUNCH:ALOO PALAK DRY, RED MASHOOR DAL, CURD / FRUITS /KHEERA RAITA

FRIED

[NON-VEG:EGG CURRY]

DINNER:

ALOO TOMATO MATAR- Thick gravyOr Dry, MOONG

DAL WITH VEGETABLES , COCONUT RICE, NORMAL

RICE

[NON-VEG:GALAWATI KEBAB & ULTA TAWA PARATHA/MUTTON CURRY, GAJAR]

TUESDAY:

BREAKFAST:UPMA / (UTTAPAM, SAMBAR, NARIYAL CHUTNEY)

[NON-VEG: MALAI MENTHI CHICKEN / CHICKEN KALI MIRCH, SWEET CORN SOUP]

LUNCH:CABBAGE WITH ALOO MATAR, PALAK DAL , CURD/ FRUITS

[NON-VEG: CHICKEN CURRY /ALOO CHICKEN CURRY , DOUBLE KA MEETHA]

DINNER:CHOLE KULCHE, LEMON RICE / [POORI(AATA& MAIDA & STUFF KACHOURI), CHANADAL WITH COCONUT, ALOO TOMATO CURRY, TAMARIND RICE, KHEER/ SEWAI

WEDNESDAY:

BREAKFAST:IDLI, VADA(2 Pcs.) SAMBAR, NARIYAL CHUTNEY,

LUNCH:MIXED VEGETABLE CURRY, MIX DAL, CURD/FRUITS

[NON-VEG: REHU KALIA CURRY]

DINNER:MIX VEG, DAL MAKHANI

[NON-VEG: MUTTON REZALA/BUTTER CHICKEN]

THURSDAY:

BREAKFAST:(NON-VEG SANDWICH, VEG SANDWICH) / (CHILLA WITH TOMATO SAUCE + GREEN CHUTNEY)

LUNCH:ALOO JEERA , OR ALOO SARSO KA SAAG DRY KADHI PAKODI, CURD / FRUITS / DAHI -VADA

[NON-VEG: CHICKEN CURRY /ALOO CHICKEN CURRY , DOUBLE KA MEETHA]

DINNER:KADHAI PANEER , KASHMIRI PULAV ,STUFFED NAAN, TANDOORI ROTI, AATA NAAN, FRENCH FRIES, MIX GREEN SALAD,VFRUIT CUSTARD / PINEAPPLE RAITA

[NON-VEG:CHICKEN KORMA / MURG MALAI TIKKA]

FRIDAY:

BREAKFAST:POORI (AATA+ MAIDA), ALOO MATAR

LUNCH:ALOO GOBI GRAVY ,CHANA DAL, CURD/ BOONDI RAITA / FRUITS / EXTRA: [NON-VEG:KATLA FISH CURRY]

DINNER:ONION SAGA WITH ALOO, (MAIDA + AATA PARATHA) ARHAR DAL TADKA, COCONUT CHUTNEY

[NON-VEG: MUTTON DUM BIRYANI]

SATURDAY:

BREAKFAST:MASALA &ONION DOSA, SAMBAR, NARIYAL CHUTNEY,

LUNCH:ALOO, MIX VEG, MENTHI- PARATHAS,ALOO SEM KI SABJI,CHANA DAL, IMLI CHUTNEY (Sweet& Sour), CURD / FRUITS

[NON-VEG: : SHAHI EGG CURRY, PANEER PARATHA]

DINNER:KHICHDI , GOBI MATAR DRY, MASOOR DAL ONION PAKODA / CABBAGE PAKODA

[NON-VEG: : FISH FRY / CHICKEN KASHA , BOONDI LADDU]

SUNDAY:

BREAKFAST:POHARICE, DAHI, JALEBI

LUNCH:METHI MALAI PANEER ,MUNG DAL, PAPAD(Roasted/Fried),CURD/ FRUITS

[NON-VEG:SPECIAL NON VEG ITEM (FISH/MEAT)]

DINNER:CABBAGE WITH ALOO MATAR, ARHAR DAL TADKA , BRINJAL PAKODA )/ALOO PAKODA (with & without besan), GREEN CHUTNEY, GULAB JAMUN

[NON-VEG]::CHICKEN DUM BIRYANI

CALC OF MEAL:

MINI MEAL=== 3500 PER MONTH

FULL MEAL==4500 PER MONTH