

1. Do you respond to feedback, suggestions, or criticism with a fixed or growth mindset?

Why?

Responding to a given feedback in an appropriate manner is very vital and shows the personality of a person. I always try to respond to the given feedback with a positive and growth mindset as this enables me to embrace the opportunity to learn and improvise rather than being defensive or feeling discouraged by criticism. A growth mindset ensures that there is always room for improvement and giving or receiving feedback is a valuable tool for personal and professional development.

I take challenges and setbacks as opportunities for further growth and development in my career. By embracing this ideology, I can overcome obstacles and achieve my goals through perseverance and hard work.

2. Using a growth mindset, how would you respond to constructive criticism from your peers?

I will start by going through the presented material again, then paying attention to highlighted points, making a list of them, pinpointing where my knowledge lacked, and finding relevant resources to fix my mistakes. I understand that there is always room for improvement, and I am committed to learn and grow from this experience.