



LEARNING JOURNAL UNIT 6

POLS 1503-01 GLOBALIZATION - AY2024-T3



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Protecting Culture

In this week's readings, you learned about how culture is preserved—such as through language and value systems. Now, it is your turn to reveal how your culture is being kept alive in your country. How do you rightfully preserve your cultural identity, through food, traditions, language, values, or perhaps in some other aspect?

Furthermore, take a moment to reflect and express how cultural traditions have changed in your region, due to globalization. You can compare yourself to your parents' or even grandparents' generation.

PRESERVING PAKISTANI HERITAGE

Urdu is the language of love. We proudly speak Urdu from our homes, to offices, airports, sports and almost everywhere. It flows naturally from our tongues. It is our national language and many subjects in schools are taught in Urdu. Our newspapers, news, billboards are in Urdu. It is keeping our heritage alive. It connects all Pakistanis across country and even abroad.

FOOD NOURISHES OUR SOUL

Pakistani cuisine is the food for soul. The aroma of spices makes every dish appealing. The fragrance of mouth-watering Biryani, Nihari, haleem even makes neighbors wonder what's the occasion. We Pakistanis don't eat to live, we rather live to eat. The tradition of passing down family recipes to daughters and grand daughters is keeping the hearts warm, every time when we eat the same dish our late grandmother used to make. Every bite is encapsulated in culinary traditions. Family gathering on special occasions like Eid, Ramadan, Basant, with lots of special traditional cuisine, laughter and chatter make the bonds stronger among loved ones.

CUSTOMS GUIDE OUR PATH

TRADITIONAL VALUES ENDURE

The core principle of a traditional Pakistani household is to value its elders. The respect and honor showed to them is a heart touching experience. Young ones are always walking behind elders, talking in low volume in front of them is unmatched. The love and hospitality showered when we visit someone is unremarkable. Guests are embraced as family, and the less fortunate are always remembered on all occasions by distributing food, charity or by providing groceries to the needy is imprinted in our soul. These values transcend time.

THE TIDES OF CHANGE

Yet traditions inevitably evolve with time. Globalization and modernization alter the landscape. This is also happening in modern Pakistan. The life of my parents had little outside influence in their youth. But now today's youth adapt to Western cuisine, fashion, and entertainment. We have avidly adopted these contemporary trends. However, the core of our identity persists. Ancient customs harmoniously blend with modern realities.

BRIDGING PAST AND FUTURE

As a Pakistani I proudly uphold my heritage while embracing progress. The new generation is weaving the cultural threads from the past into the present tapestry. And without any hindrance the old and new are coexisting. Time-honored traditions are getting wrapped in a modern flair. Language, food, values, and festivals play their part in connecting us to our ancestors and taking our culture forward. Our vibrant identity thrives amidst dynamic change.