

This report focuses extensively on ecosystems and human welfare. Healthy ecosystems are vital for human well-being and survival, providing essential products and benefits like food, building materials, clothing, shelter, medicine, clean water, and air. Due to increasing human pressure, global ecosystems are being negatively impacted, which in turn affects human welfare. The report covers the interrelationship between humans and ecosystems, and the links between environmental change and human health. The study was conducted from 2001-2005 by the Millennium Ecosystem Assessment, involving over 1,360 experts worldwide assessing how ecosystem changes impact human well-being.

One new thing I learned is about indoor air pollution. I was unaware of its major impact on human health - the WHO estimates it causes over 1.6 million deaths per year from solid fuel used for cooking/heating in poorly ventilated households. Another is how priorities can be set to address health consequences of ecosystem change through political decisions on resource allocation based on criteria like cost-effectiveness.

Malaria is very sensitive to ecological factors. Children under 5, pregnant women and HIV/AIDS patients are most vulnerable. It's transmitted via infected Anopheles mosquitoes which breed in standing water, especially in humid climates. One action is being aware of malaria risks in my area and considering preventative treatment. Promoting good sanitation and clean water sources also helps combat the disease, as does introducing species that reduce larva numbers to lower adult mosquito populations. One such species is the western mosquitofish which eats larvae. Using natural methods is best for both malaria prevention and environmental protection.

One question I have is: given these problems persist for years, at what point would it be considered a global health emergency requiring urgent action? Or is declaring a pandemic based less on public health than on other interests?

References:

WHO (2005). Ecosystems and human well-being. Retrieved from https://my.uopeople.edu/pluginfile.php/1096432/mod_book/chapter/266773/Unit04DA.pdf

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