

# BUSINESS & SOCIETY





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# LEARNING JOURNAL UNIT 1

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***BUS 3306-01 BUSINESS AND SOCIETY - AY2024-T5***



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This week, I focused on studying sustainability and related concepts. Here's a reflection on my learning process:

1. What I did: I started by thoroughly studying the learning guide, which included watching videos and reading online articles. To assess my understanding, I took a self-quiz. I then completed the sustainability module and filled out the Sustainability Student Experience and Impact Survey Feedback form. Lastly, I studied E3 sustainability tools and wrote a discussion post on stakeholders.
2. My reactions: The process was comprehensive and engaging. I found the self-quiz particularly helpful in identifying areas where I needed to focus more. The sustainability module provided a solid foundation, while the E3 tools offered practical applications of the concepts.
3. What I learned: I gained a deeper insight on the topic of sustainability and how it is important in various contexts. The concept of stakeholders stood out to me, especially when I applied it to my own life as a student. I realized that my decisions not only impact myself, but also have effects on my family, peers, school, future employers, and the broader community.
4. Challenges: The most notable challenge was to balance the various stakeholder interests in my decision-making. It made me realize that how I can prioritize different aspects of my choices, especially when it comes to my academic and career decisions.
5. Skills and knowledge gained: As I am in process of improving my ability to analyze complex systems and consider multiple perspectives, I gained a better understanding for

this. I'm also working on developing better decision-making skills by considering long-term impacts and diverse stakeholder interests.

6. Self-realization as a learner: It became much clearer to me during this week that I can learn best when I am able to relate concepts with my personal experiences. The stakeholder analysis, for instance, became much clearer when I applied it to my own life as a student.
7. Application to personal experience: I'm now aware of the impact and effect of my academic choices on various stakeholders. This awareness will help me make more informed decisions about my studies, extracurricular activities, and future career path.
8. Areas for improvement: I feel that I could benefit more by applying sustainability concepts to real-world scenarios around me. I plan to seek out case studies or practical examples to enhance my understanding.

To conclude this week's learning, it was an enlightening experience which was challenging me to think more critically about my role as a student and future professional in the context of sustainability and stakeholder management.

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