

Learning Journal Unit 8

UNIV 1001-01 Online Education Strategies - AY2025-T2

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My journey through UNIV 1001: Online Education Strategies has transformed my approach to digital learning. The course's emphasis on critical thinking and self-directed learning opened my eyes to new possibilities in online education.

The most impactful strategy I discovered focuses on metacognition - thinking about my own thinking process. I've learned to pause regularly during my studies to evaluate my comprehension and adjust my learning methods accordingly. When tackling complex readings, I now create concept maps to visualize connections between ideas. This approach helps me identify knowledge gaps and strengthens my understanding of course materials. Moving forward at UoPeople, I plan to implement this strategy across all my courses by maintaining a learning journal where I'll document my thought processes, questions, and insights.

The most unexpected revelation came from discovering the power of discussion forums in online learning. Initially, I viewed forums as simple assignment requirements, but they've become invaluable spaces for knowledge exchange. Reading diverse perspectives from classmates across different cultures and professional backgrounds has enriched my understanding far beyond textbook learning. One particularly enlightening discussion about cultural approaches to time management helped me recognize how my own cultural background influences my learning style.

My relationship with peer assessment has undergone a remarkable evolution. During the course, I felt intimidated by the responsibility of evaluating others' work. The fear of making incorrect judgments or providing unhelpful feedback created significant anxiety. However, each peer assessment has built my confidence and analytical skills. I've learned to approach each assignment as both an evaluator and a learner, gaining insights from different writing styles and

thought processes. The detailed rubrics have taught me to provide specific, constructive feedback while maintaining respect for diverse perspectives.

What started as an obligation has become an opportunity for growth. Today, I actively look forward to peer assessments as chances to engage with new ideas and strengthen my critical analysis skills. This transformation reflects broader changes in my approach to online education - from passive consumption to active engagement, from isolation to collaboration, and from uncertainty to confidence in my academic abilities.

These insights from UNIV 1001 have equipped me with tools and mindsets essential for success in digital learning environments. As I continue my academic journey, these lessons will serve as my foundation for future growth and achievement.