

Learning Journal Unit 4

UNIV 1001-01 Online Education Strategies - AY2025-T2

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Date: 06-Dec-24

The topic I personally love to talk about is Picnics. The best thing about picnics is they are unforgettable. They give you time to refresh your soul, relax and enjoy yourself, and all this can be done with in the presence of good company or even if you just enjoy your company. Picnics give you a nice escape from everyday life to seek some calmness. Picnics have been a favorite outdoor activity for ages, bringing together friends and family to enjoy wonderful food, calm vistas and each other's companionship. In this essay, I will relate my own experiences with picnics and provide some suggestions and information for hosting a good picnic.

Today the article I chose to write my essay on is named “Exploring the Great Outdoors with Your Friends: Fun Activities to Try” from The Dubrovnik Times, Publisher: Knowledge Bylanes. I loved the opening lines of the article “Nothing beats the fresh air, adventure, and fun found in exploring the great outdoors with your friends. Whether it's a picnic, a game of frisbee, or gel blaster guns, there are endless possibilities for unforgettable outdoor activities.” (Exploring the Great Outdoors with Your Friends, 2023).

My first memories of going to picnic are from when I was 6 years old. The thrill and enthusiasm while planning the picnic was unforgettable. From making sandwiches with my mother to packing snacks and fruits was a dream coming true. The memories of running through the meadow to choose the perfect spot, laying our blanket and enjoying the food still take me back to the past.

With time my fondness for picnics grew stronger and it became a habit of planning for picnics to escape the tiredness of jobs and responsibilities. When I moved to Scandinavia 5 years ago, the real beauty of nature, green meadows, snowy mountains and beautiful lakes all over made picnics like a ritual to me which I can't miss or wait for a longer period to get my hands on my picnic basket and set my sails towards nature. The author of the article narrated “With the

sun shining overhead and the birds chirping in the trees, there's no better way to spend a lazy afternoon than by picnicking in nature's beauty” (Exploring the Great Outdoors with Your Friends, 2023).

In the consecutive papers, I would like to share some tips and suggestions for the readers on how to plan a perfect picnic. From finding perfect spots to packing essential supplies and preparing meals that are easy to pack and not making readers too tired before starting picnics will be the main highlights. I will also include the things readers can do during picnics like sports or card games to make their trip memorable for ages.

In a nutshell, picnics can be a wonderful opportunity to make some of the best memories with the loved ones, enjoy nature, relax and forget the stresses of life. Just by following some basic concepts and planning, anyone can organize an unforgettable picnic. Just load your basket, grab a blanket, and head out to the park for a picnic experience!

Wordcount: 516

Reference:

Exploring the Great Outdoors with Your Friends: Fun Activities to Try. (2023, April 19).

Dubrovnik Times, NA.

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