



Good Morning
Welcome Back 🎉

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Steps

2.500 Steps

50% of your goals

Water

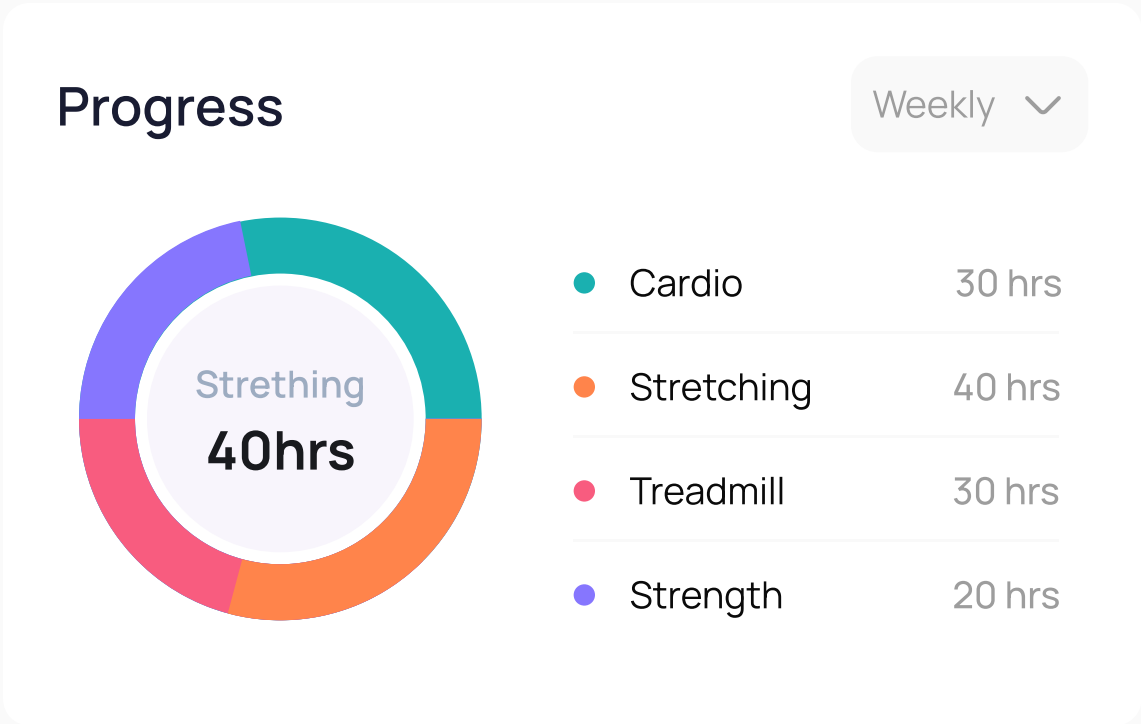
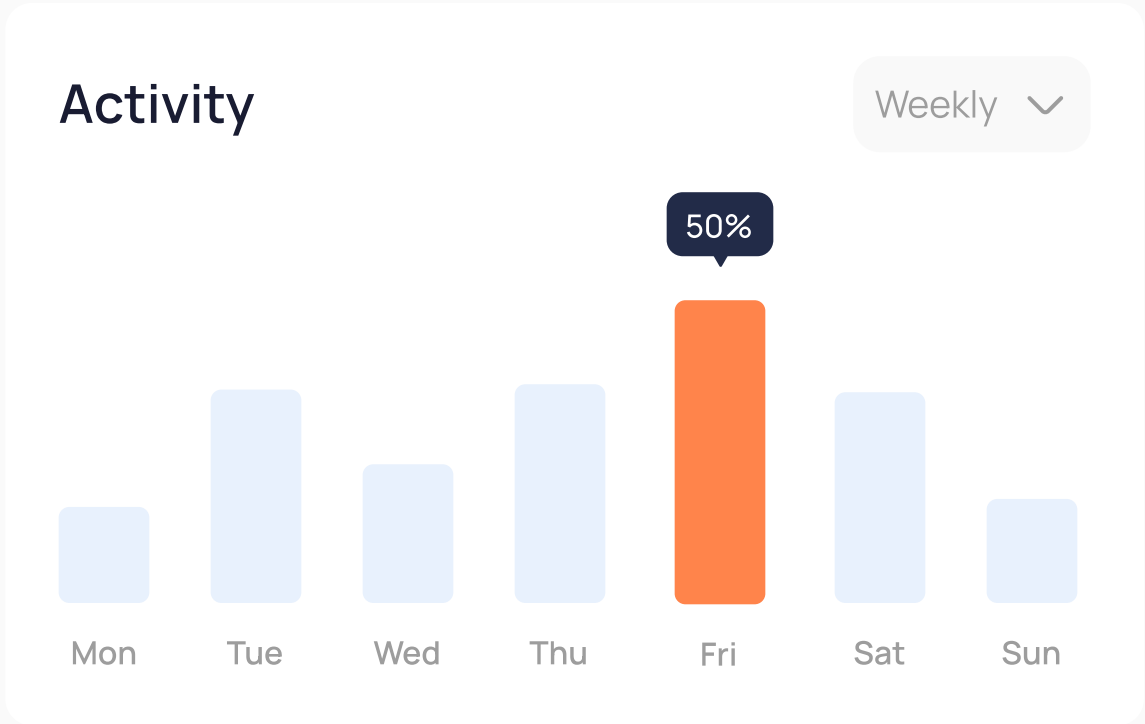
1.25 Liters

Calories

Today Under

Heart Rate

110 Bpm



75kg

Weight

6.5

Height

25yrs

Age

Your Goals

Running

70km/80km

79%

Sleeping

50hrs/60hrs

60%

Wight Loss

70kg/100kg

60%

Scheduled

Training - Yoga Class

Fitness

22 Mar