

# MAHARISHI VIDYA MANDIR

(A Unit of Maharishi Vidya Mandir Group of Schools, Chennai)

*Affiliated to CBSE (New Delhi) Affiliation No.: 1930770*

## Calendar and Handbook

**April 2018 - March 2019**

*Pupils should bring this diary to school everyday*

### **“MAHARISHI VIDYA MANDIR”**

Mayavaram Main Road, Ammachathiram,  
Thirubuvanam (Po), Kumbakonam - 612 103.  
Tel : 8940401014 / 15 / 88 LL : 0435 - 2462566 / 766  
Email : mvmschoolkmb@gmail.com  
Website : maharishividyamandirkmb.com





**HIS DIVINITY GURUDEV  
SWAMI BRAHMANANDA SARASWATI MAHARAJ**

**THE TRADITION OF KNOWLEDGE**

Transcendental Meditation and T.M.Sidhi Programme draw their inspiration from Maharishiji's Master, His Divinity Swami Brahmananda Saraswati Maharaj, who was the Shankaracharya of Jyotirmath, in Northern India.

Maharishiji and his Master came from a tradition whose roots go back to the beginning of time and which includes great saints such as Vashista and Vyasa, who saw within themselves the delicate impulses of pure knowledge, the Veda, which are the very basis of life.

The precious knowledge, which has made Transcendental Meditation so effective and so successful and has made it possible for us to become Sidhas, comes from this glorious tradition.

# SCHOOL MOTTO

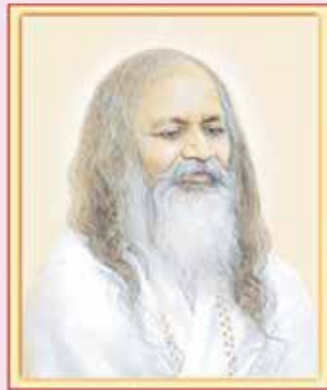


Knowledge is structured in consciousness means consciousness constitutes knowledge....

"If we want complete knowledge we should have a state of consciousness which is most comprehensive. The expanded, unbounded state of consciousness should be established and then on the basis, whatever knowledge is gained will be true and complete. Because that non changing field of pure consciousness does not change and because it is unbounded, knowledge will always be complete, comprehensive and non-changing. Then the knowledge will be true. Truth is that which never changes. Only incomplete knowledge changes. Complete, decisive, full knowledge gained on the level of pure consciousness never changes. This is what we aim at when we say: "knowledge is structured in consciousness".

## MISSION STATEMENT

The school strives to improve the performance of the students every year in such a way that at least 40% of the students get into high profile institutions and other reputed institutions. It ensures to improve the student's physical and mental health through physical fitness programs. Transcendental meditation, yoga and pranayama makes the learning environment happy and peaceful.



**His Holiness Maharishi Mahesh Yogi**  
***(Our Founder and a Great Sage)***

Founder of Maharishi School of the Age of Enlightenment, who introduced the Transcendental Meditation program to the world 50 years ago for systematically developing higher states of consciousness, Maharishi is now offering every school consciousness-based education so that all students everywhere can enliven total brain functioning, unfold their full creative potential to enjoy healthy, happy and successful lives.





*Jai Guru Dev*

## **H.H. Maharishi Mahesh Yogi**

His Holiness Maharishi Mahesh Yogi was born on 12th January 1917 in Rajpur City of present day Chhattisgarh, India. Originally named Mahesh Prasad Varma, he belonged to a Kshatriya caste, Hindu family, living in a small village called Chichli, near Jabalpur, Madhya Pradesh. He received his Master's Degree in Physics from Allahabad University, in 1940. During this period, he felt inclined towards spiritual life. He, then, became a disciple of Swami Brahmananda Saraswathi, who gave him the name of 'Bal Brahmachari Mahesh'.

After the death of Swami Brahmananda Saraswathi, in 1953, Mahesh travelled to Uttarkashi, in the Himalayas. The two years he spent in Himalayas enabled him to deepen his meditation experience. He left Uttarkashi in 1955 and decided to teach the world, the traditional meditations techniques, which he had learnt from his master.

He named these techniques "Transcendental Meditation". Transcendental Meditation is a mental technique that helps a person in achieving consciousness. It involves the use of mantra through which the mind becomes alert, but the body feels relaxed. Meanwhile he assumed the title of "Maharishi". Thereafter, he started public teaching of meditation techniques. He started the spiritual re-generation movement in 1957, by establishing his first organisation in Chennai, the same year.

He received positive feedback from spiritual re-generation movement which motivated him to expand his teachings. His tour to Rangoon (Burma) in 1958, marked the beginning of world tour to teach the Transcendental Meditation techniques. Later, he travelled to the United States in 1959, to establish his spiritual re-generation movement there. After popularizing the movement in the United States, he travelled to Europe to expand his teachings further.

His Holiness Maharishi Mahesh Yogi returned to India and established a number of Administrative Centres in India, where he gave lectures and taught about the Transcendental Meditation techniques. A number of practitioners trained to serve as Teachers of this technique. H.H. Maharishi Mahesh Yogi organized his first International Teacher Training Course in Rishikesh, in 1961.

Maharishi Mahesh Yogi established his first International University in 1971, which he re-named 'Maharishi University of Management'. Taped lectures and writings of the Maharishi about Science of Creative Intelligence have been stored in the University's Library. Maharishi University of management is accredited with combining Modern Science with Vedic Science. His increasing interest in Vedic Knowledge motivated him to translate and give commentary on the first six chapters of Bhagwad Gita.

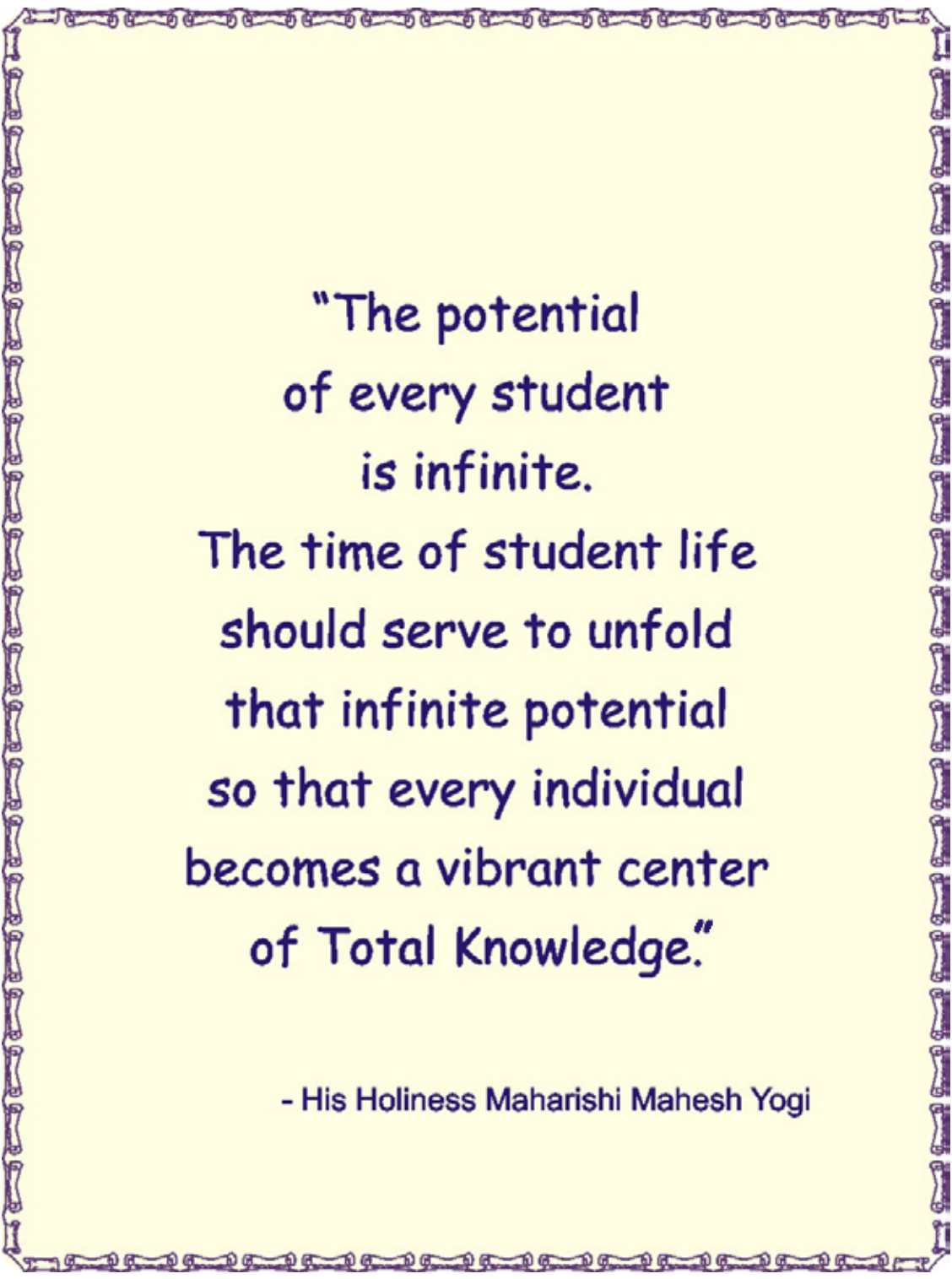
In addition to Transcendental Meditation techniques for over 30 years, the TM-Siddhi Programme designed by him proves to be quite beneficial in group practice. The TM Movement has become very popular. Many scientists have found physical and mental health benefits from the Transcendental Meditation techniques.

The little seed sowed by Him had nourished into a structured tree, the fruit of which is reared through implementation of Transcendental Meditation techniques in our schools, throughout.

Maharishi Mahesh Yogi breathed his last on February 5th, 2008 at Vlodrop, The Netherlands. Today, there are more than 5 million followers of Maharishi, who seek to attain higher state of consciousness.

"All that we are is the result of what we have thought. The mind is everything. What we think, we become".

- Maharishi Mahesh Yogi



"The potential  
of every student  
is infinite.

The time of student life  
should serve to unfold  
that infinite potential  
so that every individual  
becomes a vibrant center  
of Total Knowledge."

- His Holiness Maharishi Mahesh Yogi

## PUPIL'S PERSONAL RECORD

Name of the Pupil :

Standard : Sec :

Date of birth :

Community / caste :

Admission no. :

EMIS No. :

Aadhar No. :

Blood group :

If allergic to any medicine  
mention the medicine :

Name of father :

Name of mother :

Name of guardian :

Address :

[i] Office with Phone No. :

[ii] Residence with Phone No. :

[iii] Mail ID :

[iv] Request Phone No. :



## IDENTITY CERTIFICATE

1. Name : \_\_\_\_\_
  2. Standard : \_\_\_\_\_ Division : \_\_\_\_\_ House : \_\_\_\_\_
  3. Admission No. : \_\_\_\_\_
  4. Date of Birth : \_\_\_\_\_
  5. Nationality : \_\_\_\_\_
  6. Parent's Name :      Father : \_\_\_\_\_  
   Mother : \_\_\_\_\_
  7. Designation of Father : \_\_\_\_\_
  8. Designation of Mother : \_\_\_\_\_
  9. Mail ID : \_\_\_\_\_
  10. Annual Income : \_\_\_\_\_
  11. Single Child Status : \_\_\_\_\_
  12. Community : \_\_\_\_\_
  13. House Address \_\_\_\_\_ Office Address \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  14. Specimen signature of Parent or Guardian who will sign the Pupil's diary.  
Father : \_\_\_\_\_ Mother/Guardian : \_\_\_\_\_  
Initials : \_\_\_\_\_ Initials : \_\_\_\_\_
  15. Name of Brothers/Sisters studying in the School, if any  
[1] \_\_\_\_\_ Std : \_\_\_\_\_  
[2] \_\_\_\_\_ Std : \_\_\_\_\_
  16. Name of Brothers/Sisters who are past pupils.  
[1] \_\_\_\_\_ [2] \_\_\_\_\_
- I have read all the rules of the school as contained in the School Diary and agree to abide by them and all the decisions of the School.
- Date : \_\_\_\_\_ Signature of the Father : \_\_\_\_\_
- Note : This form must be filled in carefully and handed over to the class teacher.



# IDENTITY CERTIFICATE

1. Name: \_\_\_\_\_
2. Standard: \_\_\_\_\_ Division: \_\_\_\_\_ House: \_\_\_\_\_
3. Admission No.: \_\_\_\_\_
4. Date of Birth: \_\_\_\_\_
5. Nationality: \_\_\_\_\_
6. Parent's Name :      Father : \_\_\_\_\_  
                                Mother : \_\_\_\_\_
7. Designation of Father : \_\_\_\_\_
8. Designation of Mother : \_\_\_\_\_
9. Mail ID: \_\_\_\_\_
- | 10. House Address | Office Address |
|-------------------|----------------|
| _____             | _____          |
| _____             | _____          |
| _____             | _____          |
- Tel. No. : \_\_\_\_\_ Tel. No. : \_\_\_\_\_
- Mob. No. : \_\_\_\_\_ Mob. No. : \_\_\_\_\_
11. Specimen signature of Parent or Guardian who will sign the Pupil's diary.
- Father : \_\_\_\_\_ Mother/Guardian : \_\_\_\_\_
- Initials: \_\_\_\_\_ Initials: \_\_\_\_\_

12. Name of Brothers/Sisters studying in the School, if any

[1] \_\_\_\_\_ Std : \_\_\_\_\_

[2] \_\_\_\_\_ Std : \_\_\_\_\_

13. Name of Brothers/Sisters who are past pupils.

[1] \_\_\_\_\_

[2] \_\_\_\_\_

I have read all the rules of the school as contained in the School Diary and agree to abide by them and all the decisions of the School.

Date : \_\_\_\_\_ Signature of the Father : \_\_\_\_\_

Note : This form must be filled in carefully and retained in the diary.

## MORNING PRAYER

“Gurur Brahma Gurur Vishnu  
Gurur Devo Maheswaraha  
Guruh Sakshath Para Brahma  
Thasmai Shri Gurave Namah”.

## தமிழ்த்தாய் வாழ்த்து

நீராரும் கடலுடுத்த நிலமடந்தைக் கெழிலொழுகும்  
சீராரும் வதனமெனத் திகழ்பரத கண்டமதில்  
தெக்கணமும் அதிற்சிறந்த திராவிட நல்திருநாடும்  
தக்கசிறு பிறைநுதலும் தரித்தநறுந் திலகமுமே!  
அத்திலக வாசனை போல் அனைத்துலகும் இன்பமுற  
எத்திசையும் புகழ் மணக்க இருந்த பெருந் தமிழணங்கே!  
தமிழணங்கே!

உன் சீரிளமைத் திறம்வியந்து  
செயல்மறந்து வாழ்த்துதுமே!  
வாழ்த்துதுமே!  
வாழ்த்துதுமே!

- மனோன்மனியம் பெ. சுந்தரம்பிள்ளை

## TRANSLITERATION

Neearum Kadaluduththa Nilamadanthai kezhil Ozhukum  
Seearum Vadanamena Thikazh Bharatha Kandamithil  
Thekkanamum Athil Sirantha Dravidanal Thriunadum  
Thakkasiru Pirainuthalum Tharitha Narum Thilakamume  
Aththilaka Vasanipol Anaithulagum Inbamura  
Eththisaium Pugazh Manakka Iruntha Perum Thamizhanange!  
Thamizhanange!

Un Seerilamai Thiram Viyandu  
Seyal Marandu Vazhthuthume!  
Vazhthuthume!  
Vazhthuthume!

“Manonmaniam” - P.Sundaram Pillai

## SARASWATHI SLOKA

Saraswathi Namasthubhyam,  
Varadey Kaamarupinee!  
Vidhyarambham Karishyami,  
Sidhir bhavathu mey sada !  
Yaa Kundendu tushaara haara-dhavalaa,  
Yaa shubhra-vastra'avritha  
Yaa veena-vara-danda-manditakara,  
Yaa shwetha padma'asana  
Yaa brahma'achyutha shankara prabhritibhir Devai-sadaa Vanditha  
Saa Maam Paathu Saraswati Bhagavatee Nihshesha jaadyaa-pahaa.

## SHANTHI PATHA

Saha navavathu  
Saha nav bhunaktu  
Saha Viryam Kara vavahai  
Tejasvi na avadhitam astu  
Ma Vid visa Vahai  
Om Shanthi, Shanthi, Shanthi Hi

## TRANSLATION

Let us be together  
Let us eat together  
Let us be vital together  
Let us be radiating truth  
Never shall we denounce anyone  
Never entertain negativity

## MORNING PRAYER

“O God I thank you for  
Giving me this lovely day.  
I offer it back to you.  
Help me to study well. Bless my Daddy, my Mummy,  
my brothers, my sisters,  
and my teachers”.

## EVENING PRAYER

“O God I thank you for all  
that I have learnt today,  
I am very sorry for all the wrong that  
I have done during this day,  
I promise, with your help to be better tomorrow.”



## SCHOOL SONG

Tender flowers are we  
In the garden of “Maharishi”  
Where truth and beauty are supreme  
Our duty comes first  
Pleasure will be the last  
We are the children of God  
Whose chosen angel “Maharishi”  
Rules our mind: dwells in our heart  
His path we follow, there lies our goal  
Oh! Jai Guru Dev! Oh! Jai Guru Dev!

Guide us between right and wrong  
Good and evil, virtue and vice  
And show us the path of righteousness  
Let love be our religion  
Bless our school, bless our land:  
Bless us all; Bless us all;  
Fair or dark, rich or poor  
We love them all with our heart.

Long live His Holiness Maharishi’s glory  
Long live Maharishi Vidya Mandir;  
Long live His Holiness Maharishi’s glory  
Long live Maharishi Vidya Mandir.

Composed by - **Shri. Desikamani**  
Choreographed by - **Mrs. Anusuya Krishnamurthy**

## NATIONAL ANTHEM

Jana gana mana adhinayaka jaya he  
Bharatha Bhagya Vidhata  
Punjab Sindu Gujarata Marata  
Dravida Utkala Vanga  
Vindhya Himachala Yamuna Ganga  
Ucchhala Jaladhi taranga  
Tava Subha name jage  
Tava Subha ashisha mange  
Gahe tave jaya gatha  
Jana gana mangala dayaka jaye he  
Bharatha Bhagya Vidhata  
Jaya he, jaya he, jaya he,  
Jaya Jaya Jaya Jaya he.

## TRANSLATION

Thou art the ruler of the minds of all people,  
Thou Dispenser of India's destiny  
Thy name rouses the hearts of the Punjab, Sind  
Gujarat and Maratha, of Dravida, Orissa and Bengal  
It echoes in the hills of Vindhyas and Himalayas  
Mingles in the music of Jamuna and Ganga and is  
Chanted by the waves of the Indian Sea  
They pray for the blessing and sing thy praise  
Thou Dispenser of India's destiny  
Victory, Victory, Victory to thee.

## INTEGRATION PLEDGE

“India is my country  
All Indians are my brothers and sisters  
I love my country  
And I am proud of its rich and varied heritage.  
I shall always strive to be worthy of it  
I shall give my parents, teachers and all elders respect.  
And treat everyone with courtesy.  
To my country and my people, I pledge my devotion.  
In their well-being and prosperity alone lies my happiness”.

### SONG OF PATRIOTISM

सारे जहाँ से अच्छा हिन्दोस्तान हमारा  
हम बुलबुले हैं इसकी ये गुलसिता हमारा ॥ 2 ॥

गुरबत में हो अगर हम रहता है दिल वतन में  
समझो खी हमें भी दिल है जहाँ हमारा ॥ 1 ॥

परबत वो सब से ऊँचा हमसाया आसमों का  
वो संतरी हमारा वो पासवों हमारा ॥ 2 ॥

गोदी में खेलती है जिसकी हज़ारों नदियाँ  
गुलशन है जिनके दम से रश्क - ए - जना हमारा ॥ 3 ॥

ए अब रौद गंगा वो दिन है याद तुझको  
उतर तेरे किनारे जब कारवों हमारा ॥ 4 ॥

मज़हब नहीं सिखाता आपस में बैर रखना  
हिन्दी हैं हम वतन है हिन्दोस्तान हमारा ॥ 5 ॥

यूनान - ओ - मिस्र - ओ - रोमा सब मिट गये जहाँ से  
अब तक मगर है बाकी नामो - निशान हमारा ॥ 6 ॥

कुछ बात है कि हस्ती मिटती नहीं हमारी  
सदियों रहा है दुश्मन दौर - ए - जमान हमारा ॥ 7 ॥

इकबाल कोई मेहरम अपना नहीं जहाँ से  
मालूम क्या किसी को दर्द - ए - निहा हमारा ॥ 8 ॥

मुहम्मद इक़बाल

### MEANING

“Better than the entire world, is our Hindustan;  
we are its nightingales of mirth,  
and it is our garden abode  
Though in foreign lands we may reside,  
with our homeland our hearts abide,  
Regard us also to be there, where exist our hearts  
That mountain most high, neighbour to the skies;  
it is our sentinel; it is our protector  
In the lap of whose, play thousands of rivers;  
gardens they sustain; the envy-of-the-heavens of ours  
O waters of the Ganga mighty, do you recall the day  
when on your banks, did land the caravan of ours  
Religion does not teach us to harbour  
grudges between us  
Indians we all are; India, our motherland  
While Greece, Egypt, Rome have all been wiped out  
till now yet remains, this civilization of ours  
{it has stood the test of time}  
Something there is that keeps us, our entity  
from being eroded  
For ages has been our enemy, the way of the world  
Iqbal! Is there no soul that could  
understand the pain in thy heart?

## **SCHOOL TIMINGS FOR THE ACADEMIC YEAR 2018 - 2019**

### **ASSEMBLY SCHEDULE**

<b>Timings</b>	<b>Std. LKG to X</b>
<b>08.30 - 08.50</b>	<b>Assembly</b>
<b>08.50 - 09.30</b>	<b>I Period</b>
<b>09.30 - 09.40</b>	<b>Break</b>
<b>09.40 - 10.20</b>	<b>II Period</b>
<b>10.20 - 11.00</b>	<b>III Period</b>
<b>11.00 - 11.40</b>	<b>IV Period</b>
<b>11.40 - 12.20</b>	<b>V Period</b>
<b>12.20 - 12.50</b>	<b>Lunch</b>
<b>12.50 - 01.30</b>	<b>VI Period</b>
<b>01.30 - 02.10</b>	<b>VII Period</b>
<b>02.10 - 02.50</b>	<b>VIII Period</b>
<b>02.50 - 03.05</b>	<b>Meditation</b>
<b>03.05 - 03.45</b>	<b>IX Period</b>

<b>PREKG Timings : 09.30am to 12.30pm</b>
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### **ACADEMIC YEAR 2018-2019**

<b>TIMINGS</b>	<b>:</b>	<b>8.30 a.m. - 8.50 a.m.</b>
<b>MONDAY</b>	<b>:</b>	<b>STD VI - X</b>
<b>TUESDAY</b>	<b>:</b>	<b>STD VI - X</b>
<b>WEDNESDAY</b>	<b>:</b>	<b>STD IV &amp; V</b>
<b>THURSDAY</b>	<b>:</b>	<b>BHAJANS</b>
<b>FRIDAY</b>	<b>:</b>	<b>STD I, II &amp; III</b>
<b>NATIONAL ANTHEM</b>	<b>:</b>	<b>Common time for the whole school at 8.50 a.m.</b>

## **CELEBRATE YOUR CHILD’S BIRTHDAY IN A NOVEL WAY**

Instead of distributing sweets for your child’s birthday, you may please donate a book or set of books to the School Library. Suggested titles can be had from the Principal. The gift will be announced in the Assembly and the birthday will be long cherished by the pupils.

**“Distributing Chocolates is strictly prohibited. Students and parents kindly co-operate”**

### **Rules & Regulations**

1. All the pupils should come in the prescribed neat uniform every day during the school hours and to all school functions.
2. Pupils should not come with ornaments or valuable articles to school. They are responsible for the safe custody of their books and belongings.
3. During school hours parents/guardians are not allowed to see their wards or their teachers in the classroom without the permission of the Principal.
4. Any communication, request or complaint made by the parents/guardians should be addressed only to the Principal and not to the class teacher.
5. Any willful damage caused by the pupil to the building, furniture, apparatus or any other school property is liable to be made good by the parent / guardian.
6. Pupil who is ill for a long period must produce a Medical Certificate.
7. Homework assigned to the pupil by the teachers should be done regularly and parents / guardians are requested to co-operate with the school authorities by checking the homework of their wards.
8. Pupil should be punctual to school and bring the prescribed books according to their timetable.
9. Pupils will be eligible to sit for Examination only if they put in 80% of attendance.

### **SPECIAL FEATURES OF MAHARISHI VIDYA MANDIR.**

1. Follows curriculum pattern of C.B.S.E Schools - I to X STD
2. Has only English as medium of instruction in all classes.
3. The campus includes a calm and serene garden with special class rooms.
4. Has good facilities for both curricular and co-curricular activities.



5. Has school bus facility for students from LKG to X.
6. Transcendental Meditation (T.M.) based on the Unified Field of Technology of His Holiness Maharishi Mahesh Yogi with Yogasanas and Pranayama and Science of Creative Intelligence are an important and regular part of the daily programme. This has been incorporated to improve the learning ability and exploit pupil's full mental potential. Experiments have proved beyond doubt that regular practise of Transcendental Meditation does improve learning ability, memory power, receptivity, power of expression, creativity and improves physical and mental health and social behaviour.
7. Lives of great men are studied as a source of inspiration for students.
8. Development of the total and multi-sided personality of the students is the major objective of the school.
9. Guru Pooja and Group Bhajans are conducted every Thursday.
10. Basic Knowledge of Electronics and Computer is also being imparted.
11. Computer and British council Lab for students.
12. School Counsellor has been appointed for providing educational guidance, particularly to low achievers. The counsellor serve as School - Home Liasion officer too. Counselling for developing skills of adolescents is also provided by trained teachers.
13. Learning by doing, experiencing through activities at Kindergarten and Primary classes.
14. Technology - aided learning in all the branches of knowledge is imparted by preparation and presentation of educational CDs through multimedia.
15. Learning and reinforcement of mathematical concepts through practical demonstrations and introduction of non-routine topics at various levels.
16. National flag is hoisted every Monday morning during the assembly session.
17. Leisure time of children is ideally utilized by making them view subject related CDs to enhance their knowledge.
18. An Informative Technology Centre has been established for conducting IT Courses.
19. Introduction of worksheets in all primary classes in almost all the subjects for increasing the creativity and comprehension level of the pupils.

20. To help the students in the academic performance, our devoted teachers spend one hour in the evenings (after school hours) to guide and assist the students in studies. The parents co-operate in picking up their wards from coaching classes.
21. Parents who have transferable jobs can seek admission in Maharishi Vidya Mandir Schools spread all over India. **Subject to availability.**
22. Extra Marks education content is being followed in smart classes for all students. The content frame work helps to increase retention of concepts and application based learning.
23. MVM has built a sprawling and beautiful school campus at Santha Vellur, Sunguvarchathiram, Sriperumbudur Taluk, Kanchipuram District, on Bangalore Highway. Parents who wish to admit their children (Boys & Girls) in our Residential School for the academic year 2018 - 2019 of classes I to XII may enroll their children at MIRS Office. An Ayurvedic College of Research and Science and a B.Ed. College will be started in our MIRS campus.
24. Another CBSE school at Trichy (Ennai Village, Eluppur, Pudukkottai Dt.) started functioning from 2012-2013, in addition to the school at Polachery (DABC CAMPUS, Mambakkam, Medavakkam Road), Irungattukottai (VGN BRIXTON) our new branch at Mahindra World City (New Chennai 603 002) started functioning from 2014 - 2015. In addition to the existing branch schools, Linga Global School at Srivilliputhur started functioning from the academic year 2015 - 2016. Our MVM schools at Melpakkam Village, Ponnammalle Taluk, Avadi, Chennai-77 and Thenkasi are functioning from the academic year 2017-2018.
25. We have introduced life skills training by “Only Success Leadership Academy” for Stds I to X. They cover Study skills, Lifeskills and Leadership skills. These are the requisites to face the challenges and to become successful in life.
26. ‘Fit Kids’ - a Sport programme by Leap Start has been introduced for Stds Pre to IX. The special trainers coach the students in specific games as well as the basic of sports. They focus on skills and assessment after every lesson.
27. The school has implemented ‘Writewiz’ - a handwriting improvement course for classes I - VIII to train the students for good handwriting.

28. Cambridge English Language Assessment has been introduced in the School for the students from Stds II to IX, on optional basis. Students will get a certificate from the renowned University of Cambridge after qualifying the examination.

There are 3 levels of test for Primary Classes :

- YLE (Young Learners English) Starters, Movers & Flyers for Stds. II to V. Classes will be conducted during the first & third Saturdays between 8.30 am & 10.30.am.
- The final examination will be conducted in the first week of December.
- KET (Key English Test) for std. VI
- PET (Preliminary English Test) for Std.VII
- FCE (First Certificate in English) for Stds VIII& IX

The final examination for KET, PET & FCE will be conducted as per the global dates of Cambridge University Calendar.

29. Maharishi Vidya Mandir has introduced the path breaking “Learn English” program from the British Council for students from grades 1 to 10. This program is the first ever 100% digital functional English language offering and this has been deployed both on computers and tablets in the school. The program consists of a unique approach to language learning involving grammar and vocabulary games, songs, stories and videos that help children learn English in a fun and interactive way. It is easy to use and offers a progressive path to all learners.
30. As per the letter from Directorate of School Education, Chennai - 600006, received in the month of October - 2014, it is ordered that Tamil shall be taught as a subject in Standards I to X in all schools, in a phased manner commencing from the academic year 2015 - 2016 for Std I. Hence from the academic year 2017-18 it was extended to Std II, III & IV.
31. As part of Student Health Initiative, a wellness room with the state of art equipments is available and an experienced and trained nurse caters to the health care services of all the students and staff in the campus.
32. **KINDLE- e-Reader** - 21st century’s latest innovation in the field of reading is Kindle. The device is lighter, smaller and faster. It is an e-reader with touch screen display, built-in Wi-Fi, massive book collection of over 8 lakh titles. Kindle is a good vocabulary builder & has the best compilation of vital information for learning. We at MVM, have taken an initiative to install this facility for our students to give timely guidance, that could

enrich their knowledge in various fields of learning. MVM has made a provision of 40 Kindles in the library to enable the students to explore the stories during the library periods.

33. The Maharishi Science - Math Exhibition has blossomed in the year 2016, which is the brainchild of our Senior Principal, Sri.Namasivayam. The aim of this project is to encourage and kindle the scientific spirit among our students of Maharishi group of Schools. Henceforth this will be an annual feature. To boost the enthusiastic participation of our students, cash awards are given by the Management.

## **ADMISSIONS AND WITHDRAWALS**

### **A. Admission:**

1. While seeking fresh Admission parents should produce Transfer Certificate from the school where the child last studied, duly signed by the competent authority. Application for admission into any class should be accompanied by Original Birth Certificate and a Medical Certificate certified by a Registered Medical Practitioner.
2. A child seeking admission to Class I should have completed 5 years and 6 months of age on 31st March. The age for admission to other classes shall be reckoned accordingly. Relaxation in age is not permitted. Apart from that, the pupils should have learnt one more language in addition to II language for getting admission to Stds V to VIII.
3. This school will admit pupils from all recognized schools, Central / State on production of T.C. duly certified by competent officer of the Education Department. However in Std IX and X, this school will admit only pupils from Central Schools on production of T.Cs. Pupils are admitted on the basis of the Scheme of school based assessment/Aptitude test.
4. Candidates seeking admission to class XI should have the following criteria:-  
Passed an equivalent examination conducted by any other recognized Board of Secondary Education/Indian University and recognized by CBSE as equivalent to its Secondary School Examination.

### **B. Withdrawals :**

1. Application for Transfer Certificate should be given in writing to the Principal by both the parents of the pupil. A minimum of seven days are required for the issue of the Transfer Certificate.

2. Pupil who intends to leave the school should clear all the fee dues to the school before taking the T.C.
3. A student once removed from the roll will be re-admitted only after the payment of re-admission fee of ₹ 250/- (Rupees two hundred and fifty only) provided there is a seat.

### **RULES FOR PROMOTION**

1. A student is eligible for promotion in Stds I to X only if he or she has attended classes for 80% of the total number of working days for which the school has worked from April to March of the academic year.
2. For III Language there will be an Internal Examination at the end of Std VIII, students should complete the internal examination in the third language of Std VIII positively.
3. A delay in payment of school fees debars a student from appearing for an examination and the Report Book shall be withheld.

### **CURRICULUM**

The syllabus and curriculum followed are the same as those of Central Schools. We have well qualified and competent team of teachers devoted to their work.

### **LANGUAGE PATTERN**

Std I to X : I Language English (Compulsory)

Std I to X : II Language (Hindi / Tamil / Sanskrit)

Std V to VIII : III Language (Hindi / Tamil / Sanskrit)

From Std V to VIII study of III language is compulsory.

Learning Tamil as a language is compulsory from the academic year 2015 - 2016. (Refer page no. 21 / point no. 30)

### **SCHOOL FEES**

1. School fees can be remitted in four terms on the notified dates in the school office.
  - a. Fees can be paid through swiping credit / debit card.
  - b. DD in favour of MVM - Kumbakonam.



## **CODE OF CONDUCT FOR STUDENTS**

**Dear Student,**

You are a unique person filled with latent potential. We would like to help you explore the riches of your character. To achieve this we need your co-operation and collaboration. Self-imposed discipline will help you to acquire ideals, interest, right attitudes, good habits, etc.

**The following would be helpful as guidelines:**

1. Do Yogasanas regularly and Transcendental Meditation twice a day.
2. Be loyal to your school, teachers and companions.
3. Do your home assignments regularly. Success depends on you. Work hard and do your best in your studies and complete all the assignments given to you by the school.
4. Be cheerful and optimistic, radiating joy in your surroundings. Be co-operative and be ready to help others in times of need or when occasion arises.
5. Be honest and sincere in all your dealings.
6. Cleanliness is next to Godliness. Be clean in person, i.e. body, heart and mind as well as maintain cleanliness of your environment.

### **GENERAL RULES**

1. The school authorities will not be responsible for the loss, damage or theft of pupils' belongings. It is not advisable for the pupils to bring money or valuable articles to school.
2. Although the school is not responsible for the behaviour of its students outside its premises, due notice will be taken of reports of misbehaviour and disciplinary action will be taken against the concerned students if the report is substantiated on proper enquiry.
3. Any damage done in the class or in the school premises has to be made good. Pupils must take care of the equipment that has been lent for their use.
4. Speaking in English is enforced in the school and within the school premises.
5. The students must take down the work assigned for the next day in their calendars.
6. Pupils are expected to be punctual. Late comers are liable to be sent home at the parents' own risk. Absence on the re-opening day will be viewed strictly.

7. Irregular attendance, unjustified or unexplained absence for more than a week, habitual idleness, disobedience or objectionable moral influence justify dismissal.
8. Finger-nails must be cut short and kept clean.
9. When the students go for P.T. or move along the corridors or while changing classes, they must walk in silence in a single line. They should always keep to the left.
10. Pupils are expected to come to school provided with all that is necessary for the day's work. Borrowing or lending of pencils, erasers, rulers, sharpeners, instrument box etc., is discouraged.
11. Personal cleanliness and hygiene are greatly recommended to all. Pupils should be particularly careful not to litter anything in the school premises. They should use the baskets and bins specially provided for this purpose.
12. Absence without proper information or prior permission will be considered a gross breach of discipline.
13. The names of students who are absent for one month without informing the school authority will be struck off from the register.
14. The school takes adequate care about the safety of the pupils. However, the school will not be held responsible for any injury or accident met by the pupils.
15. During unavoidable and abnormal circumstances, we may declare a holiday and on such days the school buses will not ply to pick the children to school. In case the holiday announcement comes later, i.e. after the children reach school, they will be retained in the school till evening. Parents who want to take them back home must come in person to collect their wards.

### **CO-CURRICULAR ACTIVITIES**

In order to provide total education to children and good citizenship training, the school organizes different co-curricular activities through various Houses, Clubs, Educational Tours, Social Service Projects, Audio - Visual Education, Fine Arts, Scouts & Guides, Cubs & Bulbuls and Bunnies, NGC, JRC, Karuna Club, Musical Instruments, T.M., Science of Creative Intelligence, Yogasanas and Pranayamas. Programmes to motivate lateral thinking in students are devised and incorporated in school curriculum.

## **EXTRA CURRICULAR ACTIVITIES**

Activities include training in Archery, Bharatha Natyam, Carnatic Music, Band, Karate, Handwriting, Key board, Tabla, Guitar, Skating, Sports and Games, etc. The school fosters a high degree of competency in several co-curricular and extra-curricular activities and the children are encouraged to participate in any one activity at a time.

## **MVM HUB**

MVM School Kumbakonam has provided a new learning environment for the students by organizing MVM - HUB. Senior students visit their Junior student's classes during their break time to enrich their communication skills. They motivate them to speak in English. Apart from this, they inculcate good habits and values in them. It enhances leadership & responsibilities in the senior children.

## **YOGA & YOGIC EXERCISE SCHEDULE FOR THE ACADEMIC YEAR 2018-2019**

### **MORNING 1st SESSION (11.00 a.m. - 11.40 a.m.)**

MONDAY	: STD I (SURYA NAMASKAR)
TUESDAY	: STD II (SURYA NAMASKAR)
WEDNESDAY	: STD III (YOGIC EXERCISE, PRANAYAMA & MEDITATION)
THURSDAY	: STD V (YOGA, PRANAYAMA & MEDITATION)
FRIDAY	: STD IV (YOGA, PRANAYAMA & MEDITATION)

### **MORNING 2nd SESSION (11.40 a.m. - 12.20 a.m.)**

MONDAY	: STD VIII (YOGA & PRANAYAMA)
TUESDAY	: STD VII (YOGA, PRANAYAMA & MEDITATION)
WEDNESDAY	: STD VI (YOGA & PRANAYAMA)
THURSDAY	: STD IX (YOGA & PRANAYAMA)
FRIDAY	: STD X (YOGA, PRANAYAMA & MEDITATION)



## Meditation vs Education



My education transformed me superficially,  
made me civilized,

My meditation transformed me deeply,  
made me realized.

My education gave me gold medals,  
My meditation gave me golden moments.

My education gave me job eligibility,  
My meditation gave me life flexibility.

My education fostered appreciation,  
My meditation fostered introspection.

My education made me a good tax-payer,  
My meditation answered my prayers.

My education sharpened my intelligence,  
My meditation deepened my awareness.

My education stimulated my passion,  
My meditation motivated my compassion.

My education made my job fruitful,  
My meditation made my life grateful.

My education provoked competitiveness,  
My meditation invoked inclusiveness.

My education inflated my ego,  
My meditation allowed me to let go.

My education coloured my mind,  
My meditation made my mind,  
(undisturbed)

My education pushed me outward,  
My meditation pulled me inward.

My education made me who I am,  
My meditation showed me who am I.

\*EDUCATE TO MEDITATE\*

## INITIATIVE FOR MORAL AND CULTURAL TRAINING FOUNDATION (IMCTF)

**IMCTF's motto - "Value Buildings is Nation Building"**

*When Bharat is rising as a geo-political, economic and cultural power....*

Initiative for Moral and Cultural Training Foundation (IMCTF) intends to prepare the young India to measure up to its national and global responsibilities. IMCTF believes Virtues and Values, build Families, Societies and Nations .

**The Objective of IMCTF** is to revive , retain and reinstate our civilization's values and virtues to sustain our heritage based on the ancient philosophy of “ **ISAVASYAM IDAM SARVAM**”, meaning everything, even the tiniest atom, is manifestation of the Divine”.

IMCTF has been endeavoring to impart moral and cultural values for influencing the conduct of young boys and girls since 2012. It has reached over 350 schools in Chennai with its training programme. Around 1000 schools have come in contact with IMCTF through pre-fair activities since 2012 to 2017.

**The six fundamental themes of IMCTF are:**

- **Conserving Forests and protecting wild life.**
- **Preserving Ecology.**
- **Sustaining Environment.**
- **Inculcating Human and Family Values.**
- **Fostering women's Honour and**
- **Instilling Patriotism**

All themes are done by the unique methodology called **Samskaram**. It is an ancient Indian method to impart and imbibe values “**for protection of one's life and character**”.

Thematic competitions are conducted to popularize and create awareness about the six values. The competitions are being conducted as one of the significant pre-fair activities ahead of the commencement of Hindu Spiritual and Service Fair (HSSF) every year.

MVM is associated with IMCTF for the past 6 Years. Students and Parents take interest keen to participate in all Samskarams done by our MVM group of schools .

## UNIFORM PATTERN: BOYS

S.No	Class	Item	Uniform Particulars	Uniform Particulars on Mondays
1.	I - VII	Half Pant / Nikkar	Bantex English Kid Shade No. TC 391 with cross pockets, 2" loops	---
		Shirt	Maharishi Special Checks, Half Sleeves, with button down collar, front pocket with solid brown strap. with school Badge	Viking BLD White with school Badge
2.	VIII -XII	Full Pant &	Parallel with cross	Viking BLD White with school Badge
		Shirt	Pockets and 2" loops with school Badge	
		Socks	White	White

Full White Uniform on Monday.

Students from Stds I to X have to wear Sports Banian and Track suits on all Fridays.

Black Shoes with White Socks should be worn on all working days.

## UNIFORM PATTERN: GIRLS

S.No	Class	Item	Uniform Particulars	Uniform Particulars on Mondays
1.	I - II	Pinafore with U round neck & 4 box pleats (front & back)	Bantex English Kid Shade No. TC 391 (with school Badge)	---- Bantex Supreme BLD White (with school Badge)
2.	III- VII	Pinafore with U round neck & 4 box pleats (front & back)	Cloth Bantex English Kid Shade No. TC 391 (with school Badge)	Bantex Supreme BLD White (with school Badge)
		Blouse with round collar & Sleeve band in solid brown	Maharishi Special Checks.	Viking BLD White
3.	VIII-XII	Salwar Kameez with Sleeve band and coat in solid brown	Maharishi Special Checks & Bantex Gokul Supreme TC 391 with waist coat (with school Badge)	Viking BLD White (with school Badge)
		Hair	Two Plaits	Two Plaits
		Ribbons	White-Nylon	White-Nylon
		Socks	White	White

Full White Uniform on Monday.

Students from I - X have to wear Sports Banian and Track suits on all Fridays.

Black Shoes with White Socks should be worn on all working days.

## **SCHOOL BUS SERVICE**

### **RULES & REGULATIONS:**

1.
  - a) Admission does not ensure school bus service.
  - b) Availability of school bus facility entirely depends on the scheduled timings and location.
  - c) The bus runs for the convenience of children without any liability whatsoever on the part of the authorities of the school.
  - d) Any change of residence, does not guarantee continuity of the service and parents must make their own arrangements.
  - e) If the pupil is found indisciplined while travelling in the school bus, he / she will be removed from the school bus facility.
  - f) The bus facility is available only for classes LKG to X.
  - g) The buses will ply for classes LKG - X only on the selected routes. However the facility is extended if there is a minimum of 30 students availing the bus for both ways.

The school transport fee is much lower when compared to the auto, cycle rickshaw and public transport rates. Hence you may avail our school transport facility. The children travelling by school bus will be picked from and dropped in the scheduled spots as planned and finalized by the school and not as per Parent's wish near their houses.

3.
  - a) If the residence of the child is located in a narrow or blind end street, it would only be possible to pick up the child at a pre-determined place on the main road.
  - b) As it is not possible to provide door service for everyone, the stages fixed by the management shall be final.
4.
  - a) No adult is permitted to accompany the child in the School Bus.
  - b) On no accord should any transaction, of whatever description be entered into, with any of the staff accompanying the children in the bus. Any such transaction will be only at the parent's own risk and will not bind the School authorities in any way.
  - c) The Management does not hold itself liable for any damage or loss incurred by the children during the transit in the school bus.



## **TRAFFIC RULES**

Rules to be followed :-

### **While Walking**

- Walk only on the pavement or footpath.
- If there is no pavement, walk on the right hand side of the road so that you can see the traffic coming towards you.
- Always walk one behind the other when there is a heavy traffic. Do not rush.
- Do not behave in the street as you do in the playground.

### **While Crossing**

- Cross the road at a zebra crossing, traffic light crossings or at traffic islands or where there is a police officer or a traffic warden.
- Look for traffic in all directions and listen.
- Cross when there is a safe gap and you are sure there is enough time.

### **While Cycling**

- Look behind before starting off, turning right or left, overtaking, or stopping and make sure it is safe.
- Give a clear arm signal to show what you intend to do.
- Always keep both hands on the handlebars unless you are giving a signal or changing gears.
- Do not wear a personal stereo or use a mobile phone whilst cycling. These devices affect your concentration.

## **A NOTE TO PARENTS**

1. The Hand Book is the most effective medium of Parent - Teacher communication. Parents are requested to check the Hand Book daily, look in for homework endorsement made by the teacher and to communicate their queries through the Hand Book.
2. Parents who seek information or wish to make suggestion should do so to the Principal. The Principal can only be met on all working days during the Visitor's timings. Parents can meet teachers regarding the child's progress after getting permission from the Principal and may do so only during the break times.
3. Parents and guardians are requested not to meet their children or interview the teacher during class hours without prior permission from the Principal.
4. Parents are expected to co-operate in the work of the school by enforcing regularity, punctuality and discipline, by taking interest in their children's progress. They should check diary daily, note the homework and see that the homework is done.
5. Medical inspection is held once a year. Parents are requested to follow the suggestions given by the Medical Officer.
6. The school will strictly adhere to the schedule of working days and holidays as mentioned in the Hand Book. Only under extraordinary circumstances, if there is a Government announcement of a holiday for educational institutions, the school will not function.
7. Cycle- parking: Though school safe guards the cycles parked by the students in the school premises during the school hours, the school will not be held responsible for the loss of any cycle. It is the sole responsibility of the pupils to lock the cycles carefully and not allow them to be misused by his/her friends.
8. Parents are requested to ensure that their wards practise Yogasanas and Transcendental Meditation daily which are taught in the school.
9. Ensure that your wards study and then sign in their Hand Book everyday mentioning their study hours.
10. Observation class: Parents may have the privilege of observing the child's class-room activities during the school working days with the prior permission of the Principal.
11. Pupils should bring only vegetarian food to the school.

## WAKE UP PARENTS !

Years back, **poor illiterate parents** produced

- ◆ Doctors                      ◆ Engineers                      ◆ Scientists
- ◆ Lawyers                     ◆ Accountants                   ◆ Architects
- ◆ Professors.... Whom I will refer to as **Group A**

These **Group A** children struggled on their own after primary or Grade 12, to become notable personalities. Most of them

- ☛ Trekked to school **barefooted**
- ☛ Went to farms
- ☛ Fetched water and firewood
- ☛ Cared for domesticated animals
- ☛ Did some work including trading after school to survive.

Group 'A' who have now become parents themselves are **producing Group B children** .

These group B children are

- ◆ Pampered.
- ◆ Helped in their homeworks or home assignment from nursery school through secondary schools to higher institutions.
- ◆ Chauffeur driven to very expensive school or are sent abroad to study.
- ◆ They can watch movies from morning till dawn after school.
- ◆ They are treated like baby king and queen.
- ◆ They don't do any household chores.
- ◆ Food is served on the table for them.
- ◆ Their plates are removed and washed by parents or housemaids.
- ◆ They are given expensive cars and clothes.
- ◆ Not forgetting big pocket money to be wasted !!!

Inspite of all these, only few can **speak** or **write** correctly

Group A parents cared for their own **parents** and **children**,

Group B, their children are still **struggling to find their feet at age 30+ !!**

They find it difficult to do things on their own because they are used to being helped to think and doing things by Group A. So they can't help themselves, their parents or their society. THEY ABANDON THEIR PARENTS IN THEIR BID TO ACQUIRE THE WORLD.

### Where do you belong?

- ✎ Reduce the pampering and unnecessary help you offer your children.
- ✎ Let your children **grow in wisdom, intelligence and strength**.
- ✎ Let them face the truth and the realities of life. Teach them to grow to become **independent adults**. Teach them to
  - ☛ fear God,
  - ☛ respect others and
  - ☛ develop confidence in themselves.

Parents, discipline your children to become disciplined adults, **useful** and not **useless**.

## LIST OF HOLIDAYS FOR 2018-2019

MONTH	DATE	DAY	EVENTS
APRIL	14.4.2018	Saturday	Tamil New Year's Day & Dr.B R Ambedkar Birthday
	28.4.2018	Saturday	Summer Holiday begins
MAY	01.5.2018	Tuesday	May Day
JUNE	15.6.2018	Friday	Ramzan
AUGUST	15.8.2018	Wednesday	Independence Day
	22.8.2018	Wednesday	Bakrid
	24.8.2018	Friday	Varalakshmi Viradham
	25.8.2018	Saturday	Onam
	26.8.2018	Sunday	Aavani Avittam
SEPTEMBER	02.9.2018	Sunday	Krishna Jayanthi
	13.9.2018	Thursday	Vinayagar Chathurthi
	21.9.2018	Friday	Muharram
	24.9.2018 to 2.10.2018	QUARTERLY EXAM HOLIDAYS	
OCTOBER	02.10.2018	Tuesday	Gandhi Jayanthi
	18.10.2018	Thursday	Ayudha Pooja
	19.10.2018	Friday	Vijayadasami
NOVEMBER	06.11.2018	Tuesday	Diwali
	21.11.2018	Wednesday	Milad-un-Nabi
DECEMBER	22.12.2018 to 01.01.2019	HALF YEARLY EXAM HOLIDAYS	
	25.12.2018	Tuesday	Christmas
JANUARY	01.01.2019	Tuesday	New Year Day
	13.01.2019	Sunday	Bhogi
	14.01.2019	Monday	Pongal
	15.01.2019	Tuesday	Uzhavar Day
	16.01.2019	Wednesday	Thiruvalluar Day
	26.01.2019	Saturday	Republic Day
MARCH	04.03.2019	Monday	Maha Shivarathri
	20.03.2019	Wednesday	Holi - Holiday
	29.03.2019	Friday	Mahavir Jayanthi

**NUMBER OF WORKING DAYS**  
**2018-2019**

Month		Number of Working Days
APRIL	-	20
JUNE	-	21
JULY	-	24
AUGUST	-	22
SEPTEMBER	-	15
OCTOBER	-	21
NOVEMBER	-	20
DECEMBER	-	17
JANUARY	-	22
FEBRUARY	-	22
MARCH	-	16
TOTAL	-	220

DATE	DAY	APRIL - 2018	
1	SUN	HOLIDAY	
2	MON		
3	TUES		
4	WED	NEW ACADEMIC SESSION BEGINS FOR STDS - I to X	1
5	THU		2
6	FRI		3
7	SAT		4
8	SUN	HOLIDAY	
9	MON		5
10	TUE		6
11	WED	NEW ACADEMIC SESSION BEGINS FOR KG	7
12	THU		8
13	FRI		9
14	SAT	AMBEDKAR BIRTHDAY & TAMIL NEW YEAR - HOLIDAY	
15	SUN	HOLIDAY	
16	MON		10
17	TUE		11
18	WED		12
19	THU		13
20	FRI		14
21	SAT	FIELD TRIP - II <sup>nd</sup> STD	15
22	SUN	HOLIDAY	
23	MON		16
24	TUE		17
25	WED		18
26	THU		19
27	FRI	SCHOOL CLOSSES FOR SUMMER VACATION	20
28	SAT		
29	SUN	HOLIDAY	
30	MON		

DATE	DAY	JUNE - 2018	
1	FRI		
2	SAT		
3	SUN	HOLIDAY	
4	MON	SCHOOL REOPENS AFTER SUMMER VACATION FOR STDS VI TO X	21
5	TUE		22
6	WED		23
7	THU		24
8	FRI		25
9	SAT	FIELD TRIP - STD VII - HOLIDAY	
10	SUN	HOLIDAY	
11	MON	SCHOOL REOPENS AFTER SUMMER VACATION FOR STDS KG TO V	26
12	TUE		27
13	WED		28
14	THU		29
15	FRI	RAMZAN - HOLIDAY	
16	SAT		30
17	SUN	HOLIDAY	
18	MON		31
19	TUE		32
20	WED		33
21	THU		34
22	FRI		35
23	SAT	FIELD TRIP - STD X - HOLIDAY	
24	SUN	HOLIDAY	
25	MON	LANGUAGE WEEK	36
26	TUE		37
27	WED		38
28	THU		39
29	FRI		40
30	SAT	FIELD TRIP - STD IV	41

DATE	DAY	JULY - 2018	
1	SUN	HOLIDAY	
2	MON		42
3	TUE		43
4	WED		44
5	THU		45
6	FRI		46
7	SAT	FIELD TRIP FOR STD. I	47
8	SUN	HOLIDAY	
9	MON		48
10	TUE		49
11	WED		50
12	THU		51
13	FRI		52
14	SAT	FIELD TRIP - STD.IX - HOLIDAY	
15	SUN	HOLIDAY / BIRTHDAY OF KAMARAJAR	
16	MON		53
17	TUE		54
18	WED		55
19	THU		56
20	FRI		57
21	SAT	FIELD TRIP - STD III	58
22	SUN	HOLIDAY	
23	MON	MATHEMATICS WEEK	59
24	TUE		60
25	WED		61
26	THU		62
27	FRI		63
28	SAT	FIELD TRIP - STD VI - HOLIDAY	
29	SUN	HOLIDAY	
30	MON		64
31	TUE		65



DATE	DAY	AUGUST - 2018	
1	WED		66
2	THU		67
3	FRI		68
4	SAT		69
5	SUN	HOLIDAY	
6	MON		70
7	TUE		71
8	WED		72
9	THU		73
10	FRI		74
11	SAT	HOLIDAY	
12	SUN	HOLIDAY	
13	MON		75
14	TUE		76
15	WED	INDEPENDENCE DAY - HOLIDAY	
16	THU		77
17	FRI		78
18	SAT		79
19	SUN	HOLIDAY	
20	MON		80
21	TUE		81
22	WED	BAKRID - HOLIDAY	
23	THU		82
24	FRI	VARALAKSHMI VIRADHAM - HOLIDAY	
25	SAT	ONAM - HOLIDAY	
26	SUN	AAVANI AVITTAM - HOLIDAY	
27	MON	SCIENCE WEEK	83
28	TUE		84
29	WED		85
30	THU		86
31	FRI		87

DATE	DAY	SEPTEMBER - 2018	
1	SAT		88
2	SUN	KRISHNA JAYANTHI - HOLIDAY	
3	MON		89
4	TUE		90
5	WED		91
6	THU		92
7	FRI		93
8	SAT	HOLIDAY	
9	SUN	HOLIDAY	
10	MON		94
11	TUE		95
12	WED		96
13	THU	VINAYAKAR CHATHURTHI - HOLIDAY	
14	FRI	HINDI DIWAS	97
15	SAT		98
16	SUN	HOLIDAY	
17	MON		99
18	TUE		100
19	WED		101
20	THU		102
21	FRI	MUHARRAM - HOLIDAY	
22	SAT	HOLIDAY	
23	SUN	HOLIDAY	
24	MON	QUARTERLY HOLIDAYS BEGIN	
25	TUE		
26	WED		
27	THU		
28	FRI		
29	SAT		
30	SUN	HOLIDAY	

DATE	DAY	OCTOBER - 2018	
1	MON		
2	TUE	GANDHI JAYANTHI - HOLIDAY	
3	WED	SCHOOL RE-OPENS AFTER QUARTERLY HOLIDAYS	103
4	THU		104
5	FRI		105
6	SAT		106
7	SUN	HOLIDAY	
8	MON	MAHALAYA AMAVASYA	107
9	TUE	NAVARATHIRI BEGINS	108
10	WED		109
11	THU		110
12	FRI		111
13	SAT	FIELD TRIP - STD. VIII - HOLIDAY	
14	SUN	HOLIDAY	
15	MON	Dr.ABDUL KALAM'S BIRTHDAY-WORLD STUDENTS DAY	112
16	TUE	WORLD FOOD DAY	113
17	WED		114
18	THU	AYUDHA POOJA / SARASWATHI POOJA - HOLIDAY	
19	FRI	VIJAYA DASAMI - HOLIDAY	
20	SAT		115
21	SUN	HOLIDAY	
22	MON	SOCIAL SCIENCE WEEK	116
23	TUE		117
24	WED		118
25	THU		119
26	FRI		120
27	SAT		
28	SUN	HOLIDAY	
29	MON		121
30	TUE		122
31	WED	SARDAR VALLABHAI PATEL'S BIRTHDAY/ NATIONAL RE-DEDICATION DAY	123

DATE	DAY	NOVEMBER - 2018	
1	THU		124
2	FRI		125
3	SAT	FIELD TRIP STD V	126
4	SUN	SHREE GURU NANAK'S BIRTHDAY - HOLIDAY	
5	MON	DEEPAVALI HOLIDAY	
6	TUE	DEEPAVALI HOLIDAY	
7	WED	DEEPAVALI HOLIDAY	
8	THU		127
9	FRI		128
10	SAT	HOLIDAY	
11	SUN	HOLIDAY	
12	MON		129
13	TUE		130
14	WED	CHILDREN'S DAY	131
15	THU		132
16	FRI		133
17	SAT		134
18	SUN	HOLIDAY	
19	MON	NATIONAL INTEGRATION WEEK BEGINS (19 <sup>th</sup> to 25 <sup>th</sup> )	135
20	TUE		136
21	WED	LINGUISTIC HARMONY DAY / MILADI NABI HOLIDAY	
22	THU		137
23	FRI	KARTHIGAI DEEPAM	138
24	SAT	HOLIDAY	
25	SUN	HOLIDAY	
26	MON	FINE ARTS WEEK	139
27	TUE		140
28	WED		141
29	THU		142
30	FRI		143

DATE	DAY	DECEMBER - 2018	
1	SAT		144
2	SUN	HOLIDAY	
3	MON		145
4	TUE		146
5	WED		147
6	THU		148
7	FRI		149
8	SAT	HOLIDAY	
9	SUN	HOLIDAY	
10	MON		150
11	TUE		151
12	WED		152
13	THU		153
14	FRI		154
15	SAT		155
16	SUN	HOLIDAY	
17	MON		156
18	TUE	VAIKUNDA EKADESI	157
19	WED		158
20	THU		159
21	FRI		160
22	SAT	HALF YEARLY HOLIDAYS BEGIN	
23	SUN	HOLIDAY	
24	MON		
25	TUE	CHRISTMAS	
26	WED		
27	THU		
28	FRI		
29	SAT		
30	SUN	HOLIDAY	
31	MON	GURU BRAHMANANDA SARASWATHI'S BIRTHDAY	

DATE	DAY	JANUARY - 2019	
1	TUE	NEW YEAR DAY- HOLIDAY	
2	WED	SCHOOL RE-OPENS AFTER HALF YEARLY HOLIDAYS	161
3	THU		162
4	FRI		163
5	SAT		164
6	SUN	HOLIDAY	
7	MON		165
8	TUE		166
9	WED		167
10	THU		168
11	FRI		169
12	SAT	H.H.MAHARISHI MAHESH YOGI'S BIRTHDAY	170
13	SUN	BHOGI - HOLIDAY	
14	MON	PONGAL - HOLIDAY	
15	TUE	UZAVAR THIRUNAL - HOLIDAY	
16	WED	THIRUVALLUVAR DAY - HOLIDAY	
17	THU		171
18	FRI		172
19	SAT		173
20	SUN	HOLIDAY	
21	MON		174
22	TUE		175
23	WED		176
24	THU		177
25	FRI		178
26	SAT	REPUBLIC DAY - HOLIDAY	
27	SUN	HOLIDAY	
28	MON		179
29	TUE		180
30	WED		181
31	THU		182

DATE	DAY	FEBRUARY - 2019	
1	FRI		183
2	SAT		184
3	SUN	HOLIDAY	
4	MON		185
5	TUE		186
6	WED		187
7	THU		188
8	FRI		189
9	SAT	HOLIDAY	
10	SUN	HOLIDAY	
11	MON		190
12	TUE		191
13	WED		192
14	THU		193
15	FRI		194
16	SAT		195
17	SUN	HOLIDAY	
18	MON		196
19	TUE		197
20	WED		198
21	THU		199
22	FRI		200
23	SAT	HOLIDAY	
24	SUN	HOLIDAY	
25	MON		201
26	TUE		202
27	WED		203
28	THU		204

DATE	DAY	MARCH - 2019	
1	FRI		205
2	SAT		206
3	SUN	HOLIDAY	
4	MON	MAHA SHIVARATHRI - HOLIDAY	
5	TUE		207
6	WED		208
7	THU		209
8	FRI		210
9	SAT	HOLIDAY	
10	SUN	HOLIDAY	
11	MON		211
12	TUE		212
13	WED		213
14	THU		214
15	FRI		215
16	SAT		216
17	SUN	HOLIDAY	
18	MON		217
19	TUE		218
20	WED	HOLIDAY - HOLI	
21	THU		219
22	FRI	LAST WORKING DAY FOR THE ACADEMIC YEAR 2018-19	220
23	SAT	HOLIDAY	
24	SUN	HOLIDAY	
25	MON		
26	TUE		
27	WED		
28	THU		
29	FRI	MAHAVIR JAYANTHI - HOLIDAY	
30	SAT		
31	SUN		



**Test / Exam Portion**

Date :

**Test / Exam Portion**

Date :

**Test / Exam Portion**

Date :

**Test / Exam Portion**

Date :

**Test / Exam Portion**

Date :

**Test / Exam Portion**

Date :

# MAHARISHI VIDYA MANDIR

## ASSESSMENT - 1 (JULY)

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

# MAHARISHI VIDYA MANDIR

## ASSESSMENT - 2 (SEPTEMBER)

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature



# MAHARISHI VIDYA MANDIR

## ASSESSMENT - 3 (NOVEMBER)

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

# MAHARISHI VIDYA MANDIR

## ASSESSMENT - 4 (DECEMBER)

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

# MAHARISHI VIDYA MANDIR

## ASSESSMENT - 5 (FEBRUARY)

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

# MAHARISHI VIDYA MANDIR

## ASSESSMENT - 6 (MARCH)

DATE	DAY	SUBJECT

Class Teacher's Signature

Parent's Signature

## TIME TABLE - Std. I - X

Name :							CT :							
Time	8.30 - 8.50	8.50 - 9.30	9.30 - 9.40 BREAK	9.40 - 10.20	10.20 - 11.00	11.00 - 11.40	11.40 - 12.20	12.20 - 12.50 LUNCH	12.50 - 1.30	1.30 - 2.10	2.10 - 2.50	2.50 - 3.05 MEDITATION	3.05 - 3.45	
Days		1		2	3	4	5		6	7	8		9	
MON														
TUE														
WED														
THUR														
FRI														
SAT														

### Meditation : I to X

**Yogasanas, Pranayama and Transcendental Meditation are  
part of our daily programme**

## INTERNATIONAL YEAR OF CLEAN & HEALTHY PLANET - 2018

To increase global awareness of the overwhelming waste dumping problem in the world, "Let's Do It Foundation" in partnership with a number of umbrella organisations in the world, addressed to UN General Assembly to support their initiative and the year 2018 has been declared as the year of "Clean & Healthy Planet".

One of the major initiatives is to call 150 countries to join the **World Clean up Day on 8th of September 2018** with the aim to mobilize hundreds of millions of people in a single day event to clean up illegal waste. This action serves the purpose of starting a rapid change for a cleaner planet with the message that to live well, to achieve the Sustainable Development Goals, to give the people of the world a chance to share in the progress of development more equally, we need to live on a clean planet.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"A comfortable and regulated life is needed for fastest pace of evolution."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Earth is a small town with many neighborhoods in a very big universe.”

- Ron Garan



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“No action can be performed successfully without a clear result in view.”

- Maharishiji



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"If what we think of ourselves were true, the planet would overflow with geniuses."

- DejanStojanovic



## ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"We must take situations as they are. We must only change our mental attitudes towards them."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Go green to make globe clean



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"People are influenced by what we are, what we radiate. This has greater appeal than what we say."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Feel the nature, it will teach you about how to save earth.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"We are born only to bless, not to punish."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Soil pollution is a devil, will eat the earth in few years. Save earth.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“The kingdom of heaven is like electricity. You don't see it. It is within you.”

- Maharishiji



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Don't be sorry for past but do seriously for better future. Save earth.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“When you forgive all, nature enjoys your brilliance and returns joy to you.”

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Recognize the value of earth and start caring it from today

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Be established in the eternal unbounded reservoir of energy, intelligence & happiness within yourself and perform action to enjoy maximum results. Transcendental Meditation is the key.”

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Earth is the only known planet to have life, save earth.

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“A right thought is one which in its nature, is harmonious and useful to the thinker and his surroundings.”

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

God has blessed us with green earth, Just save it.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“The purpose of speech is to inspire and to uplift.”

- Maharishiji



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

The little effort of everyone may change into big one; save earth.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“We should never doubt what we have created, because then we have created doubt.”

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Let's plant more trees and make our earth green and clean.

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Feel not disappointed in life and shrink not from your responsibility in despair. If you want peace and happiness come on with faith and you will have it.”

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Keep your planet safe to get healthy future.



## ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Let us not look back in anger or forward in fear, but around in awareness.”

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Green and clean earth will bless you with longer life.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

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Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Failure is not the end of the road but only a bend.”

- Maharishiji



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Keep oceans blue, forests green, rivers environment clean, and earth light.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Deserve..... and then desire.”

- Maharishiji

## ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Follow rain water harvesting techniques to reduce some heat of earth.

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“All that is true, and real is always simple, natural and life supporting.”

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Reduce, reuse and recycle are ways to save the nature.



## ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"It is better to build children than to repair men."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

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Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Green revolution is the only solution to save the nature.



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"It doesn't matter if he thinks bad of me. I think good of him."

- Maharishiji



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

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Preserve natural resources to reserve the nature.

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“Knowledge is like water. To be pure it must keep running.”

- Maharishiji

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Keep water bodies clean to save aquatic animals lives.



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"Simpler you are, more at home with you people feel."

- Maharishiji

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Live gently upon this Earth.



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“Life is a field of all possibilities. What you make out of it is your life.”

- Maharishiji

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Man belongs to the Earth.



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“Knowledge gives humbleness. When the mangoes are full on the tree then the tree bows down. As the fruit comes, it bows to earth for all people to enjoy.”

- Maharishiji



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Earth doesnot belong to Man.



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“Love is greatest harmonizing power in life.”

- Maharishiji

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The Earth is what, we all have in common.

- Wendell Berry.



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"The World is as we are."

- Maharishiji

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Look deep into nature, and then you will understand everything better

- Albert Einstein.



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“The movement belongs to those who move it.”

- Maharishiji

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One touch of nature makes the whole world kin.

- William Shakespeare



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"Responsibility can never be given. It can only be taken."

- Maharishiji



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I believe the Universe is incomprehensibly beautiful an endless prospect of magic and wonder

- Ansel Adams

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"If the thought is useful and creative, then the action will be useful and productive."

- Maharishiji

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The Nature holds answers to questions, man has not yet learned to ask.

- Nancy Newhall



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“A strong mind is tolerant, weak mind is easily overcome by the surrounding.”

- Maharishiji

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The Earth is a fine place and worth fighting for.

- Ernest Hemingway

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“Life is all business. Spend your energy to get joy, happiness, evolution, and to gain more ability to enjoy. In this field we spend our energy. We never use our time, energy, speech, or ability to do something that doesn't help us grow and improve our life. It's not worth it.”  
- Maharishiji

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One of the first conditions of happiness is that the link between man and nature shall not be broken.

- Leo Tolstoy



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“Good social behaviour is based on a strong clear and contented mind.”

- Maharishiji



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To cherish what remains of the Earth and to foster its renewal is our only legitimate hope of survival.

- Wendell Berry



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“In the field of knowledge is all possibility.”

- Maharishiji

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The proper use of science is not to conquer nature but to live in it.

- Barry Commoner



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“The highest state is laughter.”

- Maharishiji

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Nature, to be commanded, must be obeyed.

- Francis Bacon Essayist



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“To resolve problems through negotiation is a very childish approach.”

- Maharishiji

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"We are all butterflies. Earth is our chrysalis."

- LeeAnn Taylor

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“The philosophy of life is this: Life is not a struggle, not a tension... Life is bliss. It is eternal wisdom, eternal existence.”

- Maharishiji



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The constitution of the universe is total natural law. 'Natural law,' we say from the field of science. 'Will of God,' we say from the field of religion. It's the same thing.

- Maharishiji

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“Individual potential of life is cosmic potential. Individual is divine deep inside. Transcendental experience awakens that divinity in man. And when you kill a man you deprive him of that birthright of it.”

- Maharishiji

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Life finds its purpose and fulfillment in the expansion of happiness

- Maharishiji

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“Great amount of scientific research is there to show that health is better because transcendental meditation deals with consciousness, and consciousness is the basic value of all the physical expressions. The entire creation is the expression of consciousness.”  
- Maharishiji

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Stress is the reason for crime and all other kinds of frustration. To relieve it will eliminate everything else.

- Maharishiji



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“We must take situations as they are. We must only change our mental attitudes towards them.”

- Maharishiji

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My University of Management will create managers who will float in happiness,  
success and fulfillment.

- Maharishiji

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“Transcendental Meditation opens the awareness to the infinite reservoir of energy, creativity, and intelligence that lies deep within everyone.”

- Maharishiji



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There is one unity, unified wholeness, total natural law, in the transcendental unified consciousness.

- Maharishiji



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"A good teacher will appreciate the good qualities of his students. If one good quality is allowed to emerge, a world of good qualities will emerge from that one."

- Maharishiji

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Master of the universe is every man's potential insight, cosmic potential.

- Maharishiji

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“The most effective teachers embody the teaching they give out.”

- Maharishiji

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Being happy is of the utmost importance. Success in anything is through happiness.

- Maharishiji

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“Peace in the world can only be established if the people in the world are at peace within themselves.”

- Maharishiji

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What we have done, the result of that comes to us whenever it comes, either today, tomorrow, hundred years later, hundred lives later, whatever, whatever. And so, it's our own karma. That is why that philosophy in every religion: Killing is sin. Killing is sin in every religion.

- Maharishiji



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“Every aspect of life is an aspect of the nation, so every aspect must enjoy perfect health.”

- Maharishiji



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Just think of any negativity that comes at you as a raindrop falling into the ocean of your bliss.

- Maharishiji



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“Attend to your own inner-health and happiness. Happiness radiates like the fragrance from a flower and draws all good things towards you.”

- Maharishiji

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When the conscious mind expands to embrace deeper levels of thinking, the thought wave becomes more powerful and results in added energy and intelligence.

- Maharishiji



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"It is the responsibility of the older generation to advise the young, to tell the child what is right and wrong. Even if they do not want to listen to follow our direction, it is right to tell them."

- Maharishiji

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You must learn to take life less seriously and to laugh

- Maharishiji



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"Decide what you want and don't think of the intermediary conditions. When Nature works for us we should want what we want and Nature will work it out for us."

- Maharishiji

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- Maharishiji



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Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Every aspect of life is an aspect of the nation, so every aspect must enjoy perfect health.”

- Maharishiji



## ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"Peace in the world can only be established if the people in the world are at peace within themselves."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"A good teacher will appreciate the good qualities of his students. If one good quality is allowed to emerge, a world of good qualities will emerge from that one."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"The most effective teachers embody the teaching they give out."

- Maharishiji

# ASSIGNMENT

Date :

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H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

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Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"We must take situations as they are. We must only change our mental attitudes towards them."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

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Sub 3

Sub 4

H.W. Defaulter

My Thought

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Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Transcendental Meditation opens the awareness to the infinite reservoir of energy, creativity, and intelligence that lies deep within everyone.”

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“Individual potential of life is cosmic potential. Individual is divine deep inside. Transcendental experience awakens that divinity in man. And when you kill a man you deprive him of that birthright of it.”

- Maharishiji



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"Great amount of scientific research is there to show that health is better because transcendental meditation deals with consciousness, and consciousness is the basic value of all the physical expressions. The entire creation is the expression of consciousness."

- Maharishiji



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

“To resolve problems through negotiation is a very childish approach.”

- Maharishiji



# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"The philosophy of life is this: Life is not a struggle, not a tension... Life is bliss. It is eternal wisdom, eternal existence."

- Maharishiji

# ASSIGNMENT

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

Date :

Day :

Sub 1

Sub 2

Sub 3

Sub 4

H.W. Defaulter

My Thought

Parent / Teacher's Note

Teacher's Sign

Parent's Sign

"The highest state is laughter."

- Maharishiji

## TEACHER / PRINCIPAL'S NOTE TO PARENTS

[illegible]

## PARENT'S NOTE TO TEACHER / PRINCIPAL

Date	Details	Teacher's / Parent's Signature	Principal's Signature

### PARENT'S NOTE TO TEACHER / PRINCIPAL

[illegible]

**LIBRARY / READING RECORD**

Date	Title	Author	Remarks

## ABSENCE RECORD OF PUPIL

Date	Details	Parent's Signature	Class Teacher's Signature



# **PUNCTUALITY / CLEANLINESS / ORDERLINESS RECORD OF PUPIL**

Date	Details	Teacher's / Principal's Signature	Parent's Signature

## **IMPORTANT ANNOUNCEMENT**

### **Rules and regulations laid down by TamilNadu Education Department for students**

1. Students should report to school on time.
2. Students should not wear low waist or tight Pants.
3. Students should wear only half sleeve shirts and not tight fittings.
4. The shirts should be long enough to be tucked in properly.
5. Students should not tuck the shirt in an improper way. Students should wear school belt only.
6. Students should cut their nails short both in hands and feet and should have police hair cut only .
7. Students should have trimmed mustache. The mustache should not be too big and it should not be curled or towards the upper lip. In case of deviation severe action will be taken.
8. Students should not wear rubber bands or any type of coloured threads in their hands and are also prohibited to wear ear-rings, studs or chains.
9. Students are allowed to avail leave only with the consent of the parents and the class teacher.
10. Bikes, cell phones, smart phones are strictly prohibited, violation will lead to confiscation (will not be returned).

## DISCIPLINARY RECORD

June 2018	July 2018	Aug 2018	Sep 2018	Oct 2018	Nov 2018	Dec 2018	Jan 2019	Feb 2019	Mar 2019
1	1	1	1	1	1	1	1	1	1
2	2	2	2	2	2	2	2	2	2
3	3	3	3	3	3	3	3	3	3
4	4	4	4	4	4	4	4	4	4
5	5	5	5	5	5	5	5	5	5
6	6	6	6	6	6	6	6	6	6
7	7	7	7	7	7	7	7	7	7
8	8	8	8	8	8	8	8	8	8
9	9	9	9	9	9	9	9	9	9
10	10	10	10	10	10	10	10	10	10
11	11	11	11	11	11	11	11	11	11
12	12	12	12	12	12	12	12	12	12
13	13	13	13	13	13	13	13	13	13
14	14	14	14	14	14	14	14	14	14
15	15	15	15	15	15	15	15	15	15
16	16	16	16	16	16	16	16	16	16
17	17	17	17	17	17	17	17	17	17
18	18	18	18	18	18	18	18	18	18
19	19	19	19	19	19	19	19	19	19
20	20	20	20	20	20	20	20	20	20
21	21	21	21	21	21	21	21	21	21
22	22	22	22	22	22	22	22	22	22
23	23	23	23	23	23	23	23	23	23
24	24	24	24	24	24	24	24	24	24
25	25	25	25	25	25	25	25	25	25
26	26	26	26	26	26	26	26	26	26
27	27	27	27	27	27	27	27	27	27
28	28	28	28	28	28	28	28	28	28
29	29	29	29	29	29	29	29		29
30	30	30	30	30	30	30	30		30
	31	31		31		31	31		31

H- Home Work not done, U - Not wearing uniform

Circle round the date indicates late coming

Dear Students, avoid the negative markings and try to win a fabulous prize and appreciation by bearing a clear record.

## AN APPEAL

### Dear Parents

A Parent's duty does not end once the child is admitted in school. In fact, in the present educational system, only the joint efforts of both Parents and Teachers can provide a bright future. Do not hesitate to consult either the class teacher or the Principal. If you can speak in English, it is good, if not you can converse with the teacher, in a language known to you. But encourage your child to always converse in English.

Supervise your ward's day to day activities. Draw a time table for their daily routine, right from brushing their teeth in the morning, till they go to bed. See to it that they go to sleep early at night and follow it accordingly. Set aside time for them to play and watch T.V. Do not hesitate to check into their duties such as brushing their teeth, bathing, cutting their nails, washing their face, hands and legs, cleaning their shoes, oiling and combing their hair, arranging and bringing books to school according to their time table, completing their home work regularly, bringing fresh and nutritious food to school, bringing a spoon and small napkin to wipe their hands and such other things everyday.

Shower love and affection on your children and at the same time, be strict when necessary.

We, the Parents and Teachers, join hands to create a bright and prosperous future for our children.

## வேண்டுகோள்

அன்பிற்குரிய பெற்றோர்களுக்கு....

குழந்தையைப் பள்ளியில் சேர்த்தவுடன் பொறுப்பு முடிந்தது என எண்ண வேண்டாம். இன்றைய கல்வி முறையில் பெற்றோரும், ஆசிரியரும் ஒருங்கிணைந்து செயல்பட்டால்தான், நல்ல எதிர்காலத்தைத் தர முடியும். எனவே, ஐயம் ஏற்படும் போதெல்லாம் வகுப்பு ஆசிரியரையோ, பள்ளி முதல்வரையோ கலந்தாலோசிக்கத் தயங்க வேண்டாம். தங்களுக்கு ஆங்கிலம் தெரிந்தால் நல்லது. தெரியாவிடின் அது ஒரு குறைபாடு அல்ல. தங்களுக்குத் தெரிந்த மொழியில் ஆசிரியரிடம் பேசவும். ஆனால், உங்கள் மாணவச் செல்வத்தை மட்டும் எப்போதும் ஆங்கிலத்தில் பேசமாறு ஊக்கப்படுத்தவும்.

தங்களது புதல்வன் / புதல்வியின் நடவடிக்கைகளைத் தினசரி கண்காணிக்கவும். காலை பல் தேய்ப்பதில் இருந்து, இரவு தூங்குதல் வரை கால அட்டவணை ஒன்றைத் தயாரித்து அதன்படி கட்டாயம் செயல்படச் சொல்லவும். விளையாடவும், தொலைக்காட்சி பார்க்கவும் நேரத்தைத் தாங்கள் ஒதுக்கிக் கொடுக்கவும். பஸ்துலக்குதல், நீராடல், நகம் வெட்டுதல், முகம், கை, கால் சுத்தம் செய்தல், காலணிகளைச் சுத்தம் செய்தல், தலைமுடிக்கு எண்ணெய் தேய்த்து ஒழுங்காக வைத்திருத்தல், சுத்தமான ஆடை அணிகளை அணிதல், கால அட்டவணைப் படி புத்தகம் மற்றும் நோட்டுப் புத்தகங்களை பள்ளிக்குக் கொண்டு வருதல், வீட்டுப் பாடங்களை ஒழுங்காகச் செய்தல், புளித்துப் போகாத நல்ல சத்துள்ள உணவுகளைத் தந்து பள்ளிக்கு அனுப்புதல் போன்ற அன்றாடக் கடமைகளை நினைவுறுத்தத் தயங்காதீர்கள். உங்கள் மழலைக்கு அளவற்ற அன்பைத் தரவும், அதே நேரத்தில் கண்டிப்புடனும் இருக்கத் தயங்காதீர்கள்.

உங்கள் பிள்ளைகள் தினமும் வீட்டில் முறையாக ஆழ்நிலைத் தியானமும் யோகாசனமும் செய்கிறார்களா எனக் கவனிக்கவும்.

கால அட்டவணை ஒன்றினைத் தயாரித்து, தினசரி செயல்பாடுகளையும், படிப்பினையும் முறைப்படுத்தவும் குறைந்தது மூன்று மணி நேரமாவது படிக்கச் செய்து பள்ளிக் குறிப்பேட்டில் பதிவு செய்து ஆசிரியர்களுடன் தினசரி தொடர்பை வலுப்படுத்திக் கொள்ளுங்கள்.

பெற்றோரும் ஆசிரியர்களும் இணைந்து பணியாற்றி நமது குழந்தைகளுக்கு நல்ல எதிர்காலத்தை உருவாக்குவோம்.