

Name: Alessandro F Pagliai Soc Sec #: XXX-XX-1600 Student ID: 267836  
5900 Condon Ave Date of Birth: 09/20/89  
Unit 1/2 Place of Birth:  
Los Angeles, CA 90056 Program: Undergraduate  
Degree: Bachelor of Arts Degree Awarded Date: 05/06/15 Class: Alumni  
Major1: Traditional Eastern Arts Conc.: Somatic Psychology Minor1:  
Major2: Contemplative Psychology Emph.: Aikido Minor2:

Fall 2012													
Transfer work from University of Colorado Boulder*	PSYB314	Buddhist Psychology I:	3.00	A-									
999 General Electives	18.00	P											
JPN51051 Mstpcs Japnese Lit/Trans	3.00	P											
PSYC1001 General Psychology	4.00	P											
WRTG1150 First year Writing/Rhetoric	3.00	P											
	attempt	earn	pass	quality	points	gpa							
ses 0.00	28.00	28.00	0.00	0.00	0.00	0.000							
cum 28.00	28.00	28.00	0.00	0.00	0.00	0.000							
	PSYB371	Personality Theories	3.00	A									
	REL158W	Breeze of Simplicity:	1.00	P									
		Sufi Meditaion and Spiritual Practices											
	TRA333	Yoga III	3.00	B+									
	TRA450	Aikido V	2.00	B-									
	TRA453	Yoga History, Theory & Philosophy	3.00	B+									

Fall 2010													
COR150	Diversity Seminar	3.00	B				attempt	earn	pass	quality	points	gpa	
	Multiculturalism in the United States						ses 15.00	15.00	1.00	14.00	48.30	3.450	
							cum 98.00	93.00	31.00	62.00	227.10	3.662	
PSYB345	Developmental Psychology	3.00	A-										
REL160	Meditation Practicum I:	3.00	B										
	Freeing the Mind												
TRA105	T'ai Chi Ch'uan I	3.00	W										
TRA110	Aikido I	3.00	A-										
	attempt	earn	pass	quality	points	gpa							
ses 15.00	12.00	0.00	12.00	40.20	3.350		attempt	earn	pass	quality	points	gpa	
cum 43.00	40.00	28.00	12.00	40.20	3.350		ses 12.00	9.00	0.00	12.00	34.20	2.850	
							cum 110.00	102.00	31.00	74.00	261.30	3.531	

Spring 2011													
COR110	Writing Seminar I: Art of the Engaged Writer	3.00	A										
COR130	Contemplative Learning Seminar	3.00	A-										
	Naropa's Roots and Branches												
REL390W	Shambhala Training Level I: The Art of Being Human	1.00	P										
TRA100	Shambhala Meditation Practicum I	3.00	A										
TRA210	Aikido II	3.00	A										
	attempt	earn	pass	quality	points	gpa							
ses 13.00	13.00	1.00	12.00	47.10	3.925		attempt	earn	pass	quality	points	gpa	
cum 56.00	53.00	29.00	24.00	87.30	3.637		ses 9.00	0.00	0.00	0.00	0.00	0.000	
							cum 119.00	102.00	31.00	74.00	261.30	3.531	

Fall 2011													
INTD490	Special Topics Seminar: Solitude and Community	3.00	A-										
PFAR212	Preparing the Body: Shoeing the Neutral Mask	2.00	W										
REL250	Spirituality and Creative Expression	3.00	A-										
TRA133	Yoga I	3.00	A										
TRA310	Aikido III	3.00	A-										
	attempt	earn	pass	quality	points	gpa							
ses 14.00	12.00	0.00	12.00	45.30	3.775		attempt	earn	pass	quality	points	gpa	
cum 70.00	65.00	29.00	36.00	132.60	3.683		ses 16.00	13.00	1.00	12.00	36.30	3.025	
							cum 135.00	115.00	32.00	86.00	297.60	3.460	

Spring 2012													
COR115	Writing Seminar II: Art of the Scholar	3.00	A-										
REL391W	Shambhala Training Level II: Birth of the Warrior	1.00	P										
TRA105	T'ai Chi Ch'uan I	3.00	A										
TRA233	Yoga II	3.00	A										
TRA410	Aikido IV	3.00	A-										
	attempt	earn	pass	quality	points	gpa							
ses 13.00	13.00	1.00	12.00	46.20	3.850								
cum 83.00	78.00	30.00	48.00	178.80	3.725								

Spring 2013													
PAR321	Contemplative Dance	3.00	A										
PSYB325	Buddhist Psychology II:	3.00	A-										
	Awakening Compassion												
PSYB328	Gestalt: Presence	3.00	A-										
TRA114	Indian Devotional & Raga Singing	3.00	F										

----- To be continued -----

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----- Spring 2015 (cont.) -----  
TRA449 Yoga V: Teacher Training 3.00 B+  
TRA499 Independent Study: Traditional 1.00 B  
Eastern Arts  
Senior Colloquium

	attempt	earn	pass	quality	points	gpa
ses	19.00	19.00	0.00	19.00	65.10	3.426
cum	154.00	134.00	32.00	105.00	362.70	3.454

Concentration: Yoga Teacher Training



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The Family Educational Rights and Privacy Act of 1974 prohibits the release of this information without the student's written consent.

The face of an Official Transcript has a blue background.  
This transcript is official only if it bears the embossed seal of Naropa University and the signature of the Registrar.

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## About Naropa University

Naropa University is a private, non-sectarian liberal arts college offering undergraduate and graduate degrees in arts, humanities and social sciences. Inspired by the rich intellectual and experiential traditions of East and West, Naropa University is North America's leading institution of contemplative education.

Bachelor of Arts degrees and certificates are currently offered in the following areas: Contemplative Psychology; Early Childhood Education; Environmental Studies; Interdisciplinary Studies; Music; Peace Studies; Performance (BFA); Religious Studies; Traditional Eastern Arts; Visual Arts; Writing and Literature.

Master of Arts degrees are currently offered in: Contemplative Education; Contemplative Psychotherapy; Creative Writing (MFA); Divinity (MDiv); Environmental Leadership; Indo-Tibetan Buddhism; Indo-Tibetan Buddhism with Language; Religious Studies; Religious Studies with Language; Somatic Counseling Psychology;

Theater: Contemporary Performance (MFA); Theater: Lecoq Based Actor Created Theater (MFA); Transpersonal Psychology; Transpersonal Counseling Psychology; and Writing and Poetics (MFA).

As of Fall 1988, all programs have followed a Fall-Spring semester plan. A short intensive Summer Session is also held each year. (From 1974 to the Fall of 1981, all programs followed a Winter-Spring-Summer quarter plan. From the Fall of 1981 to Fall of 1988, all programs followed a Fall-Winter-Spring quarter plan.) As of Summer, 1999, *The Naropa Institute* changed its name to *Naropa University*.

**Accreditation:** Naropa University is accredited by the Higher Learning Commission and is a member of the North Central Association of Colleges and Schools.

## Key to Transcript of Records

### Course Numbers

Fall 2003 to Present

100 - 499 = Undergraduate

500 - 899 = Graduate

1995 to Summer, 2003

100 - 499 = Undergraduate

500 - 599 = Undergraduate or Graduate

600 - 899 = Graduate

1976 to 1994

200 - 499 = Undergraduate

500 - 699 = Graduate

Exceptions: 1984, DT400 = Graduate; 1982, 100 = Workshops

1975 100 = Buddhist Studies; 300 = Psychology & Philosophy;

500 = Fine & Performing Arts

1974 Course numbers coded for interscholastic use only

### Discipline Designators

1995 to Present

ANT	Anthropology	IAR	InterArts
ART	Visual Arts	IPE	Indigenous Peoples & Env.
BAI	Interdisciplinary Studies	ISO/SCU/ECU	Consortium Agreement
CLS	Community & Leadership	INTD	Interdisciplinary Studies
COR	Core Requirement	LTC	Gerontology & Long Term Care
CSP	Creation Spirituality	MAR	Business
DAN	Dance	MUS	Music
DIV	Diversity	NAM	Native American Studies
DLE	Distance Learning	NCC	Naropa College Core
ECE	Early Childhood Education	PAX	Peace Studies
ECO	Ecology	PFAR/PAR	Performing Arts
EDS / EDU	Contemplative Education	PSY	Psychology
ENV	Environmental Studies	REL	Religious Studies
FYS	First Year Seminar	SBE	Sustainable Building
FND	Foundation Year	SOC	Sociology
GBD	Green Building	SYS	Second Year Seminar
GER	Gerontology	THR	Theater Studies
HOR	Horticulture	TRA	Traditional Eastern Arts
HUM	Humanities	WRI / WRL	Writing

1994 AT = Art Therapy; MT = Music Therapy; Prefix of "S" = Summer Course

1990/91 BC = Buddhist Studies; BL = Buddhist Studies; CP = Contemplative Counseling Psychology; EC = Ecology; ED = Early Childhood Education; ES = Environmental Studies; FY = Foundation Year; GR = Gerontology & Long-Term Care Management; HP = Humanistic Psychology; IA = InterArts; JP = Jungian Psychology; NA = Native American Studies; SP = Somatic Psychology; TA = Traditional Arts; TP = Transpersonal Psychology

1985 AN = Anthropology; BS = Buddhist Studies; HO = Horticulture; LD = Lower Division; MA = Martial Arts; MD = Movement Studies/Dance; MT = Movement Studies/Dance Therapy; MU = Music; PH = Contemplative Psychology; TH = Theater; VA = Visual Arts; WL = Writing & Literature; WP = Writing & Poetics

1982 D = Dance/Movement Studies; DT = Dance Therapy, Dance/Movement Therapy; G = Horticulture; H = Health & Healing; BA = Book Arts;

I = Intensives; J = Martial Arts; L = Languages; M = Music; P = Psychology; R = Philosophy; S = Science; T = Theater; U = Mudra Theater; V = Visual Arts; W = Poetics, Writing; OOR = Out-of-Residence Study

### Discipline Designators (cont'd)

1980 C = Creative & Expressive Therapies; F = Martial Arts

1978 A = Workshops; B = Buddhist Studies; D = Dance; G = General Studies; I = Intensives; J = Martial Arts; L = Languages; M = Music; P = Psychology; R = Philosophy; S = Science; T = Theater; U = Mudra Theater; V = Visual Arts; W = Poetics, Writing; OOR = Out-of-Residence Study

2015- Bxxxxxx = Out of Residence course taken at the Royal University of Bhutan

### Grading System and Credits

As of Fall 1988, credit is determined in semester hours. Each course meets for 15 hours per credit. Before Fall 1988, credit for courses was given in terms of quarter hours. Each course met for 10 hours per credit. One semester credit = 1.5 quarter credits.

### Undergraduate Grading System

A	Excellent
B	Good
C	Acceptable
D	Poor
F	Failure - no credit granted
I/W	Incomplete/ Withdrawal: The "W" will be permanent if additional work is not completed within one year.
I/F	Incomplete/ Failure: The "F" will be permanent if additional work is not completed within one semester.
W	Withdrawn
P	Pass: equivalent to C or better
S	Work in Progress
SP	Satisfactory Progress
NC	Non-credit
AU	Audit
IP	In Progress
NR	Not Recorded

### Graduate Grading System

All the above is the same with the exceptions:

C+ (or below)	Failure - no credit granted
P	Pass: equivalent to B- or better (graduate)

### Good Standing

A student is in good standing and eligible to return unless otherwise stated on the transcript.

### Authenticity

This transcript is official only if it bears the embossed seal of Naropa University and the signature of the Registrar.

**To Test for Authenticity:** The face of this document has a blue background. Apply fresh liquid bleach to the background. The paper will turn brown. When photocopied, the word COPY appears prominently across the face of the entire document. If you have additional questions about this document, please contact our office at (303) 546-3500.