



Chapter 19

MY DANCE AND YOUR DANCE



0537CH19

ACTIVITY 19.1 DANCE IN MY BACKYARD ★

Do you have a dance form of your region that you practise? Have you seen dancers perform your regional dance? You will now take a field trip to a regional dance practitioner and learn a dance from them.

Note to Teacher: Arrange a field trip to a regional dance practitioner or group.

List some of their unique elements below.

- ❖ Name of the dance _____
- ❖ What is the costume worn while performing ? _____
- ❖ Did you use any props? _____
- ❖ On what occasion is this dance performed? _____

- ❖ List the musical instruments used for the dance _____



ACTIVITY 19.2

DANCE(S) OF MY NEIGHBOURING REGIONS

Discuss the folk dances of neighbouring regions with your teacher and friends and list them. Decide on a dance you want to learn.

Learn a neighbour's dance form with a workshop or from an artist.



Fill in the table comparing your dance and your neighbour's dance.

	My regional folk dance	Folk dance from another region
1. Name		
2. Costume		
3. Main instrument		
4. Props		

ACTIVITY 19.3 FINALE

Present your regional dance or dances of neighbouring regions before the school.



Formative Assessment

CHAPTER 19 – MY DANCE AND YOUR DANCE

CG	C	Learning Outcomes	Teacher	Self
3	3.1	Interest shown to learn their regional dance.		
3	3.2	Collaborative effort given to present a dance.		
4	4.2	Actively discusses and learns dance(s) from neighbouring regions.		



**Teacher's
observations:** _____

Other comments: _____

Summative Assessment

Dance	Individual	Group – Divided into 4 or 5 groups
	<ol style="list-style-type: none"> Shows one movement combining arms, feet and eyes. Shows an emotion of choice—either in relation to your own experience or to nature with hand gestures. 	<p>Each group to show few lines of a dance form of India.</p> <p>Each group will pick a sense and show emotion connected to that sense a sentence using hand gesture and postures.</p>



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