Chimichurri Chicken

Cimichurri chicken tenders for a crowd cook up quickly in the oven, with fresh, herby flavor from chimichurri. Make the chimichurri sauce the day before, if you like, and simply refrigerate in a sealed container until you are ready to bake. We like this with Mexican rice, black beans, and a simple green salad.

Recipe by Bibi

Updated on March 26, 2023

Prep Time:

20 mins

Cook Time:

20 mins

Total Time:

40 mins

Ingredients

- 1 cup packed fresh parsley leaves
- 2 tablespoons fresh oregano leaves
- 1 tablespoon minced garlic
- ½ cup chopped green onion (including green tops)
- 1 jalapeño pepper, seeds and membranes removed, diced
- 2 tablespoons white wine vinegar
- 1 tablespoon fresh lemon juice
- ½ cup olive oil
- · salt and freshly ground black pepper to taste
- 3 pounds chicken tenders
- 1 ½ teaspoons smoked paprika

Directions

- 1. Preheat the oven to 375 degrees F (190 degrees C). Line a 12x18-inch sheet pan with parchment or aluminum foil; set aside.
- Combine parsley, oregano, garlic, green onions, and jalapeño in the bowl of a food processor.
 Pulse just a few times to break up the parsley and combine the ingredients. Place processed
 vegetables in a small bowl; stir in vinegar, lemon juice, and olive oil. Season with salt and
 black pepper.
- 3. Place chicken tenders in a single layer on the prepared pan. Lightly season with salt and pepper; sprinkle smoked paprika evenly over the tenders. Spoon half of the chimichurri evenly over the tenders. Reserve remaining half of chimichurri, covered, in the refrigerator to use later.
- 4. Bake in the preheated oven until chicken is no longer pink in the center and the juices run clear, about 18 minutes. An instant-read thermometer inserted into the center should read at least 165 degrees F (74 degrees C).
- 5. Serve tenders with reserved chimichurri sauce.