Instead of:

GOOD VIBES ONLY Try This:

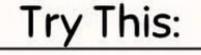


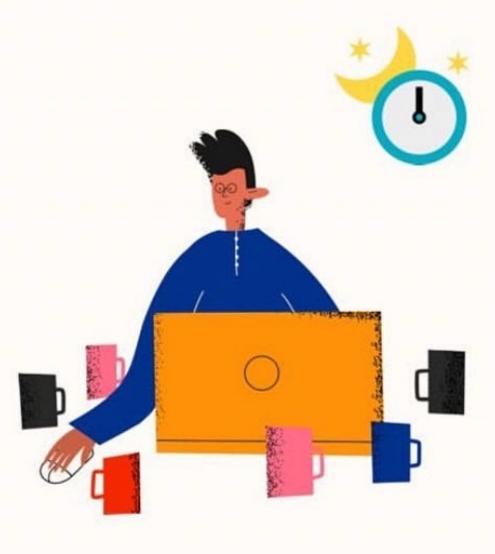
"Good vibes only"

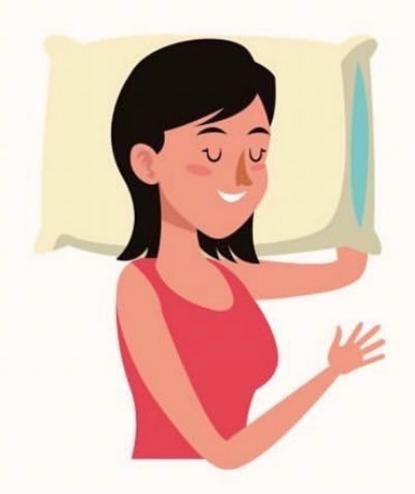
"All human emotions are welcome here!"

@letstalk.mentalhealth

Instead of:







"While you sleep, I grind"

"I need sleep to function"

Instead of:

Try This:



"Hustle 24/7"

"Stay balanced"

Instead of:

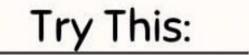
Try This:



"Everything happens for a reason"

"It's ok to feel bad about stuff sometimes"

Instead of:







"Failure is not an option"

"Failure can be a great learning lesson"

@letstalk.mentalhealth