# YESHASWINI PARIME

## CONTACT

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# **PROFILE**

I am a trained psychologist with a keen interest in D&I; and research in the fields of development, mental health, policy and laws, gender and sexuality with a multidisciplinary approach and intersectional lens

# **EDUCATION**

INTEGRATED M.SC, HEALTH PSYCHOLOGY UNIVERSITY OF HYDERABAD | MAY 2016 - JULY 2021

### **Related Coursework**

Research Methodology,
Organisational/Industrial Psychology,
Counseling Psychology Social and Community
Psychology, Health Communication, Sociology,
Applied Ethics and Philosophy

## **EXPERIENCE**

#### **ACTING PROGRAM and RESEARCH LEAD**

COMMUNITY BUSINESS INDIA | OCT 2021 - PRESENT

- Handling multiple client accounts and conversations
- Co-authored and lead a corporate research project
- Working in drafting and implementing
   D&I training and workshops for corporate organisations
- Involved in market research and strategising
- Involved in employee wellbeing, gender and sexuality training activities

## RESEARCH INTERN | PROJECT BEYOND BOUNDARIES

SANGATH, GOA | NOV 2020- JUL 2021

- Analysed data for policy drafting for govt of Goa's EP
- Conducted extensive review of the literature and Co-authored instruction manual
- Co-authored case studies and ADHD/ADD management plans

#### TRAINEE

PAUSE FOR PERSPECTIVE | FEB 2021 - APR 2021

- · Honed counseling skills
- Supervised sessions with clients

#### **RESEARCH FELLOW**

BEYOND BLOOD | OCT 2021 - MAY 2021

- Conducted extensive review of literature
- Assisted advocacy and development team

#### **INTERN**

LIGHTUP | AUG 2020- SEP 2020

- Worked towards developing a proposal for a community project to serve at-risk and under-served juvenile individuals.
- Exclusively authored chapter on gender and sexuality

## **PROJECTS**

- VALUING VETERANS IN THE WORKPLACE IN INDIA

  A qualitative corporate research study that provides
  an insight into the opportunity and need of veteran
  hiring, highlighting the business case and providing a
  set of recommendations for both- veterans seeking
  employment and for orgaisations to tap into this
  talent pool.
- PATTERNS OF WELLBEING DESPITE CHILDHOOD EMOTIONAL MALTREATMENT: VICTIMS'
   PERSPECTIVES A qualitative research study that discusses the impact of childhood emotional maltreatment on young adults' wellbeing utilizing Glasser's framework and Interpretative Phenomenological Analysis (IPA)
- PREMENSTRUAL DYSPHORIC DISORDER: A
   CONTRIBUTING RISK FACTOR FOR SUICIDALITY,
   MAJOR DEPRESSIVE DISORDER, AND
   GENERALIZED ANXIETY DISORDER: A literature
   review outlining the less explored aspects of
   mental health issues affecting well-being in
   menstruating women identified or diagnosed with
   PMDD

# SKILLS

- Research
- Training/Strategy/Intervention Development and Implementation
- Program Management
- Effective Communication
- Psychological Counseling
- Identification and Assessment