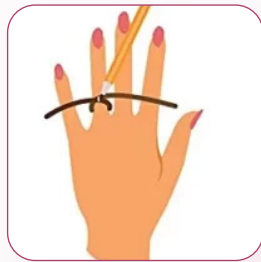


FIND YOUR RING SIZE

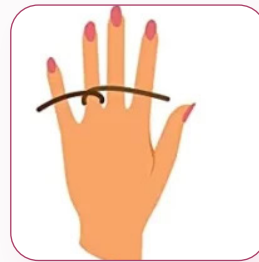
TECHNIQUE 1: WITHOUT YOUR EXISTING RING



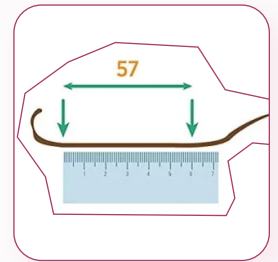
Find a piece of string or paper



Wrap it tight around your finger



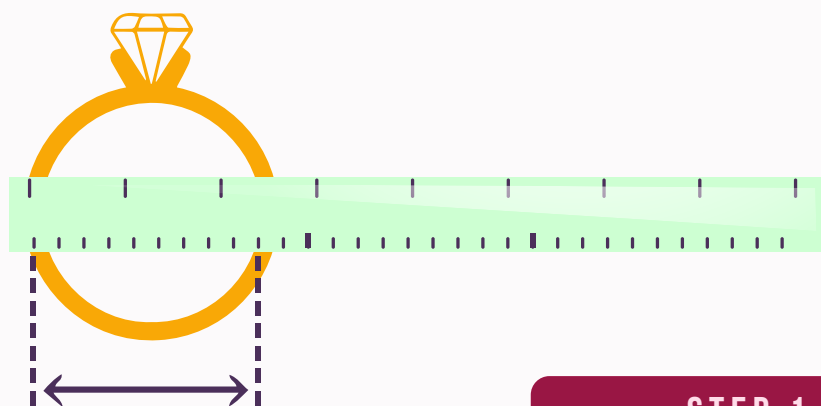
Mark where the end meets



Measure the length with a rule

USE THE CHART TO DETERMINE YOUR RING SIZE.

TECHNIQUE 2: WITH YOUR EXISTING RING



STEP 2

Calculate the ring's inner diameter in millimeters. That's the exact size you're searching for.

STEP 1

After selecting your preferred ring, set a ruler over it.

**CHECK OUT OUR RING SIZE CHART TO
SEE WHICH ONE FITS YOU THE BEST**

INTERNAL RING DIAMETER	INTERNAL RING CIRCUMFERENCE	RING SIZE
14.60 mm	45.9 mm	6
15.00 mm	47.10 mm	7
15.30 mm	48.10 mm	8
15.60 mm	49.00 mm	9
16.00 mm	50.00 mm	10
16.20 mm	50.90 mm	11
16.50 mm	51.80 mm	12
16.80 mm	52.80 mm	13
17.20 mm	54.00 mm	14
17.40 mm	54.60 mm	15
17.80 mm	55.90 mm	16
18.10 mm	56.80 mm	17
18.50 mm	58.10 mm	18
18.80 mm	59.00 mm	19
19.10 mm	60.00 mm	20
19.50 mm	61.20 mm	21
19.70 mm	61.90 mm	22
20.00 mm	62.80 mm	23
20.30 mm	63.80 mm	24
20.60 mm	64.70 mm	25
21.00 mm	66.00 mm	26
21.20 mm	66.60 mm	27
21.60 mm	67.90 mm	28
22.00 mm	69.10 mm	29
22.30 mm	70.00 mm	30