1)Java programming using Thread class

public class Threads {

    public static void main(String[] args) {

        System.out.println("Main Thread "+Thread.currentThread().getName());

        Thread t= new MyThread();

        t.start();

    }

}

class MyThread extends Thread{

 public void run(){

    System.err.println("First Thread Created "+Thread.currentThread().getName() );

 }

}

Output:

Main Thread main

First Thread Created Thread-0

2)Use of Runnable functional interface in Java Program.

public class ThreadClass {

    public static void main(String[] args) {

        int n=10;

        Runnable r=()->{

            int sum=0;

          for(int i=0;i<n;i++){

            sum+=i;

          }

          System.out.println(Thread.currentThread().getName()+" "+sum);

        };

        Thread t=new Thread(r);

        t.start();

    }

}

output:  
  
Thread-0 45