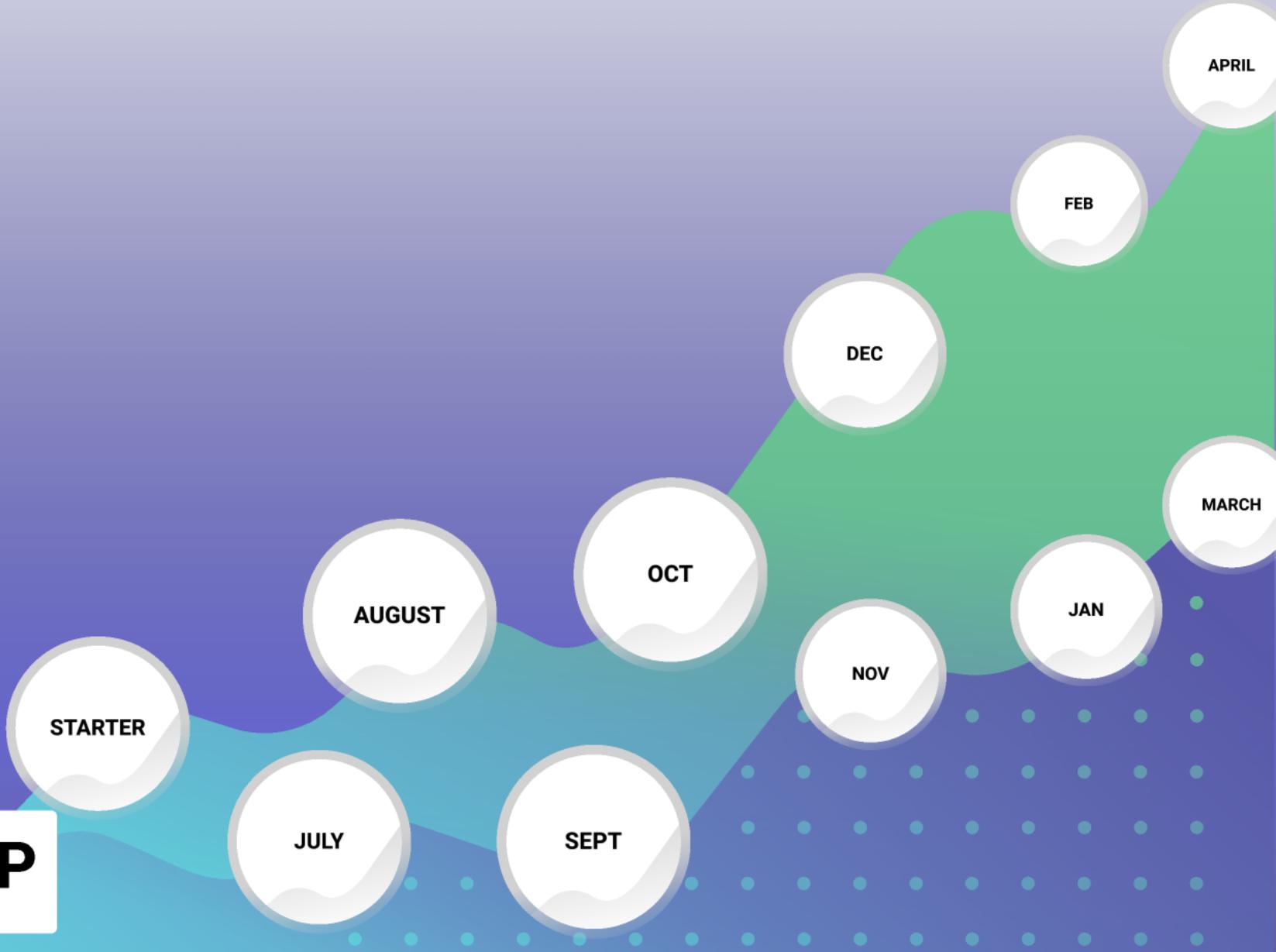


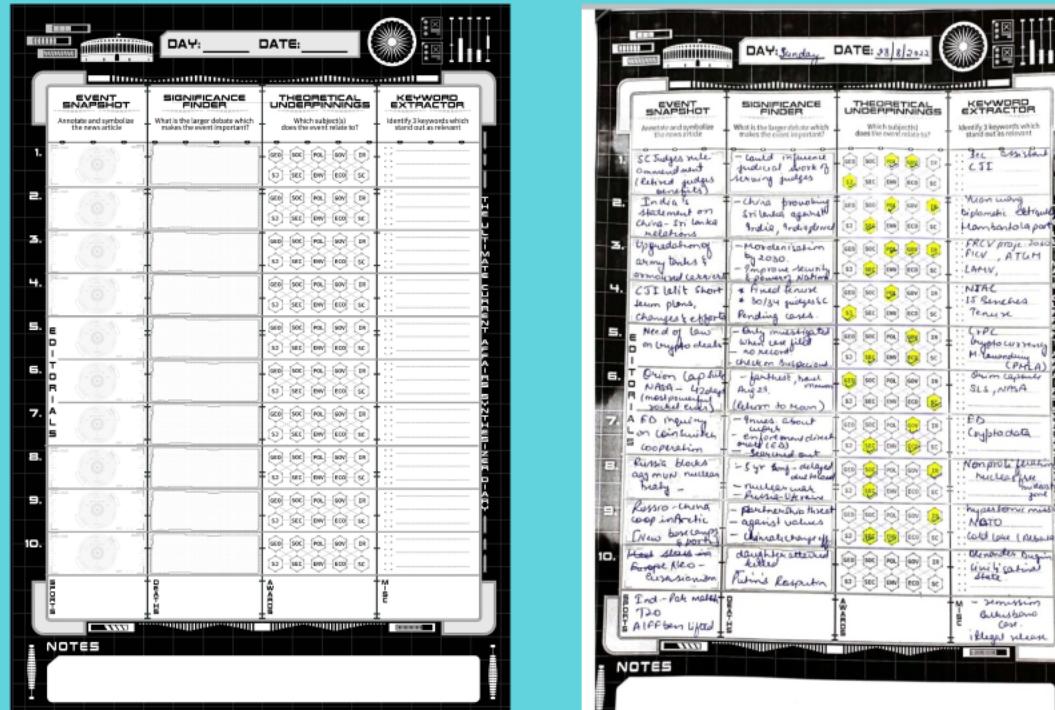
UPSC 2024 ROADMAP



CURRENT AFFAIRS-
THR
UNIVERSAL
CONSTANT

- GS IS PARAMOUNT
- IF BEGINNER, DO THE UPSC SYLLABUS CHALLENGE
- EXPLOIT THE OVERLAP BW MAINS AND PRELIMS GOING FORWARD
- DECIDE OPTIONAL IF NOT DONE YET- USE OPTIONALYZER TOOL
- SET EXPECTATIONS- BE REALISTIC
- SET ACCOUNTABILITY MECHANISMS
- BEGIN CONTENT PREPARATION- GET COMPLETE OVERVIEW OF GS - DONT WORRY ABOUT THE DETAILS YET
- KNOW THAT THIS IS ONLY A PLAN
- PLANS DONT WORK UNLESS YOU DO

DAILY FEEDER

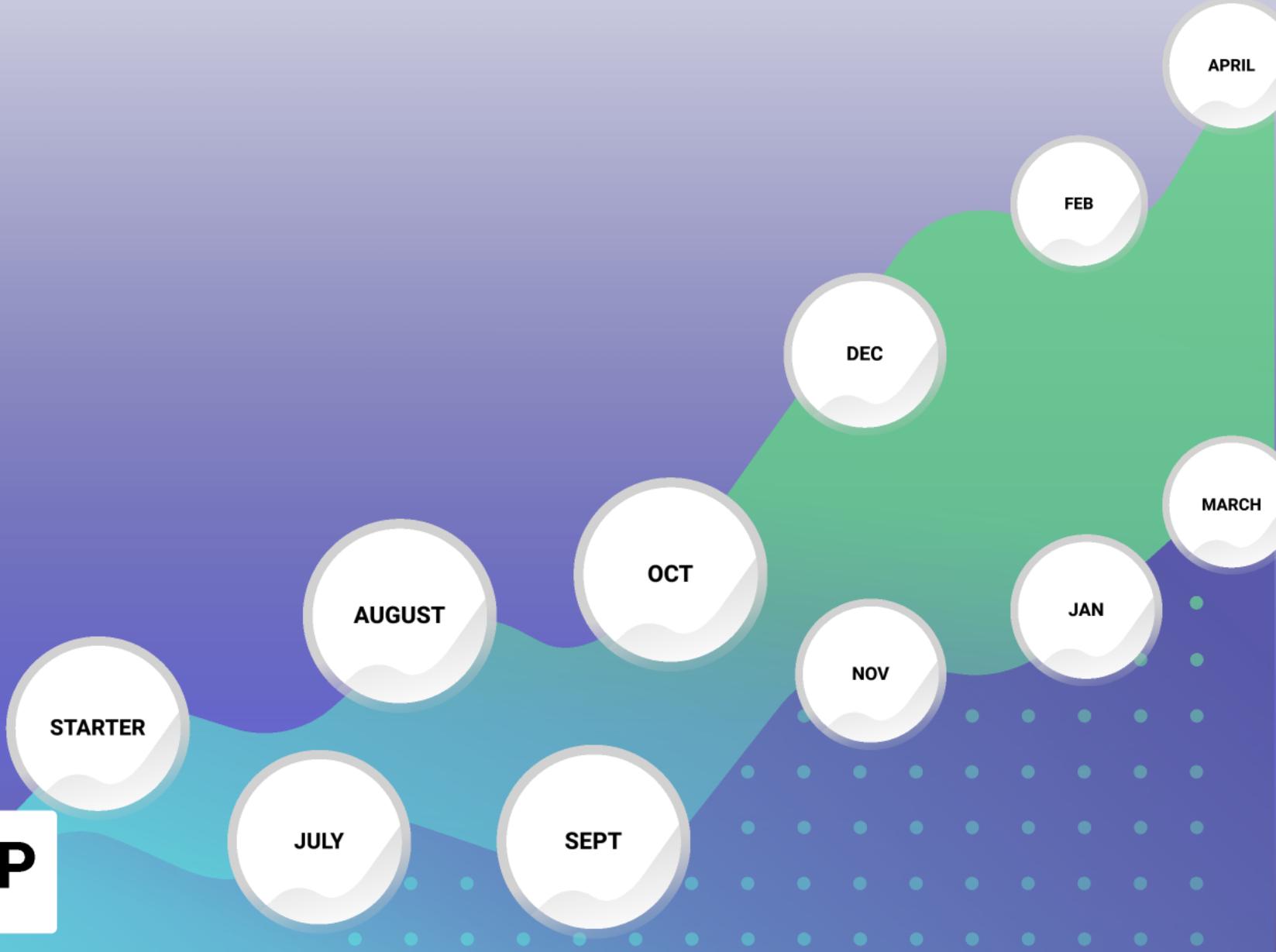


SET YOUR EXPECTATIONS- WORKING PEOPLE MAY NOT BE ABLE TO DO THIS EVERYDAY AND THAT'S FINE

CURRENT AFFAIRS-
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UPSC 2024 ROADMAP





JULY

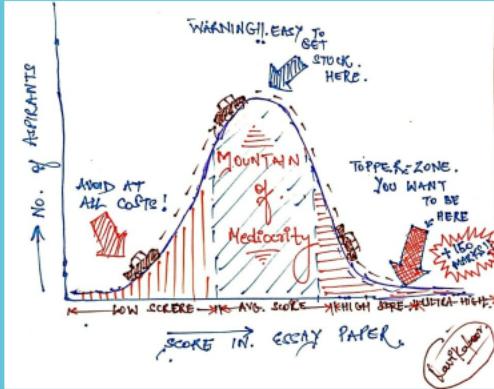
MAINS CENTRIC

- HAVE THE COURAGE TO DROP GS- REMAIN IN TOUCH VIA CURRENT AFFAIRS
- THIS IS LUXURY TIME FOR ESSAY AND ETHICS
- START WRITING ESSAYS- PUSH YOURSELF
- NO NEED TO WRITE GS ANSWERS YET (BUT ONLY IF ATTEMPT IS IN 2024)
- LEARN THE FUNDAMENTALS OF ESSELGO (ESSAY GENERATION ALGORITHM)
- AGGRESSIVELY APPROACH OPTIONAL SUBJECT
- KNOW THAT AFTER PRELIMS, TIME WILL FLY BY

ESSAY

OPTIONAL

ESSAY WRITING FUNDAMENTALS



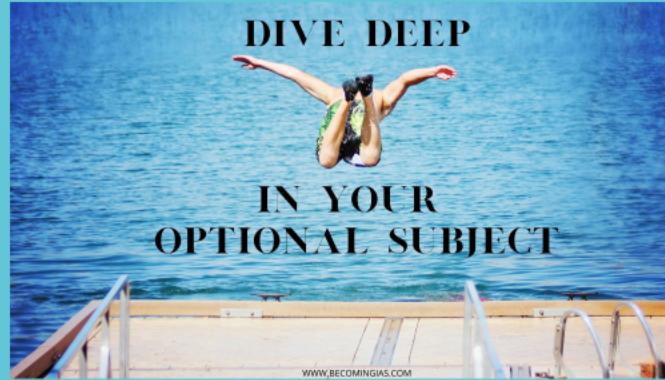
ASSIGNMENTS AND EMAILS WILL BE
INCOMING
FREE ESSAY COURSE VIA EMAIL

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ESSAY

OPTIONAL



- GIVE YOURSELF NO MORE THAN 8-10 WEEKS
- APPROACH WITH CURIOSITY
- PRACTICE AS MUCH AS POSSIBLE
- DO NOT ASSUME YOU WILL GET TIME LATER
- DO NOT FALL INTO FOMO TRAP FOR GS OR CURRENT AFFAIRS

MAINS CENTRIC

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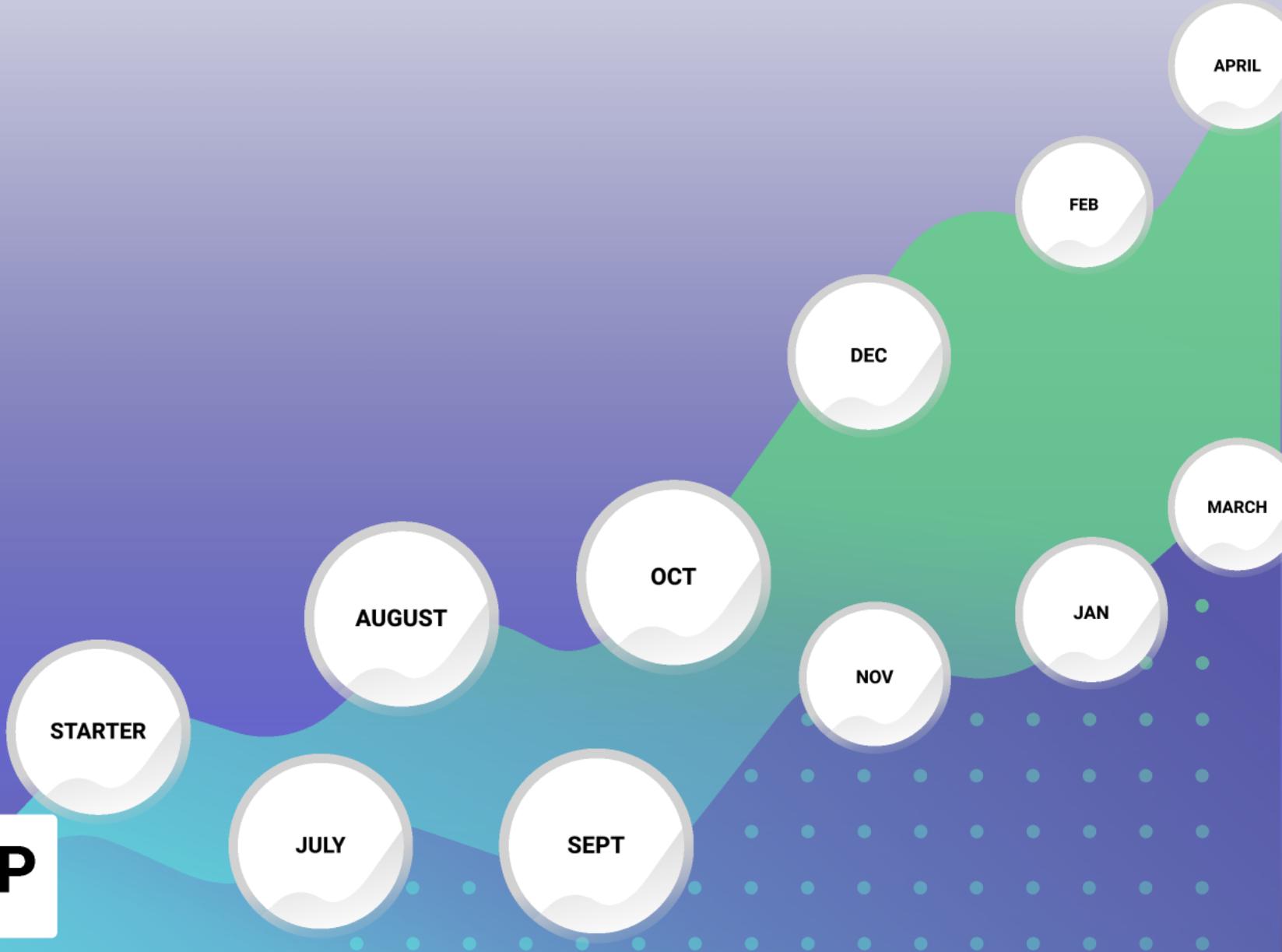
ESSAY

OPTIONAL



JULY

UPSC 2024 ROADMAP



AUGUST

ESSAY+OPTIONAL+ETHICS

• CONTINUE MAINS-CENTRIC

APPROACH

- INTRODUCE ETHICS - HIGH ROI SUBJECT
- GS CONTINUES IN THE FORM OF CURRENT AFFAIRS
- IF YOU TAKE CLASSES, YOU CAN MODIFY AND USE THIS PERIOD FLEXIBLY
- BIGGEST PSYCHOLOGICAL CHALLENGE- PROCRASTINATION AND TEMPTATION

PROCRASTINATION



- YOU SHOULD NOW TRAIN YOUR ATTENTION MUSCLES VIA MIND-TRAINING TECHNIQUES
- DEEP-FOCUS FOR LONGER HOURS
- BUILD STUDY STAMINA
- MEDITATION TECHNIQUES SHOULD BE USED
- THE MAIN MOTIVATOR WILL BE INTEREST AND CURIOSITY SINCE EXAM IS FAR OFF
- USE HABIT FORMATION METHODS, STREAKS, STUDY GROUPS

ESSAY+OPTIONAL+ETHICS

• CONTINUE MAINS-CENTRIC

APPROACH

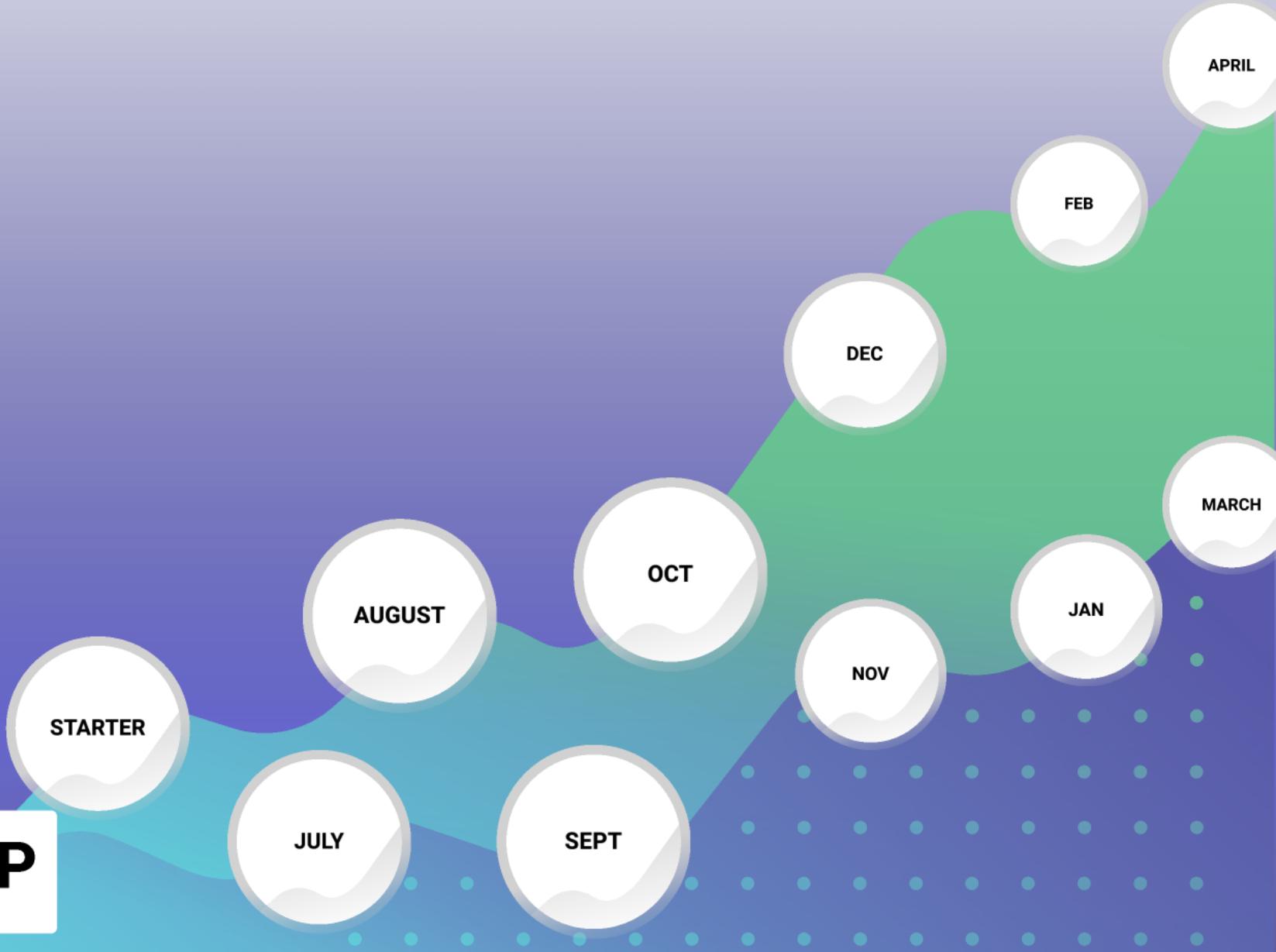
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PROCRASTINATION



AUGUST

UPSC 2024 ROADMAP





SEPTEMBER

TIME - MANAGEMENT

- LAZY MONTH- EXPECT MOTIVATION TO DROP
- THIS IS WHEN YOU WILL NEED MAX ACCOUNTABILITY AND WILL-POWER
- REMIND YOURSELF THAT THE TIME FOR MAINS CENTRIC APROACH IS COMING TO AN END
- ENROLL IN MAINS TEST-SERIES IF POSSIBLE- IT WILL GIVE YOU A STRUCTURE
- START APRACHING GS
- PREPARE TO DROP MAINS CENTRIC SUBJECTS SOON



- TIME-MANAGEMENT IS HARD
- ENERGY MANAGEMENT IS EASIER
- CONSTANT MOTIVATION IS HARDER
- HABIT FORMATION IS EASIER
- HACK DOPAMINE SPIKES
- TIME-MANAGEMENT SKILLS NEED PRACTICE, STRUCTURE AND SOME DEADLINES

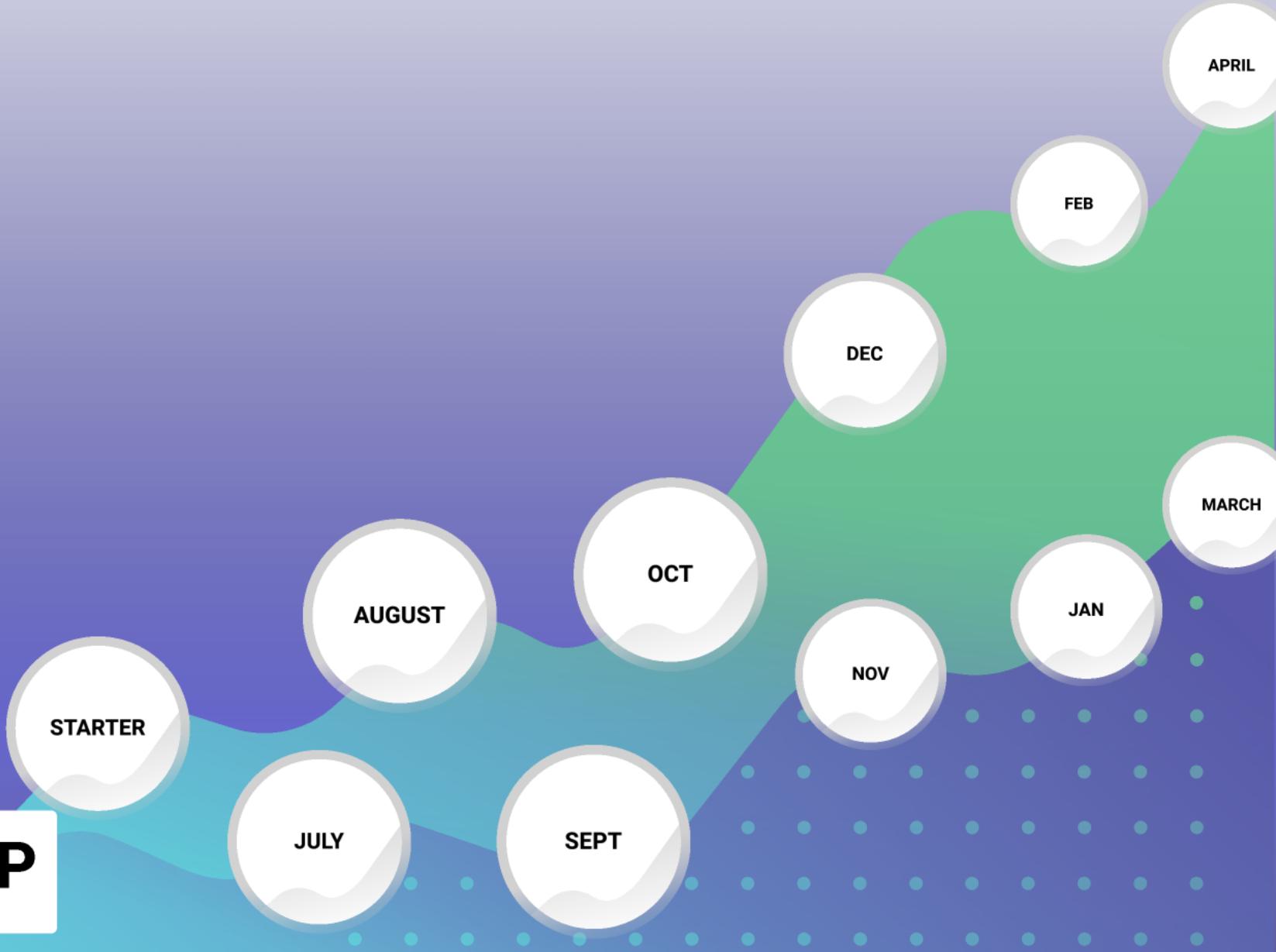
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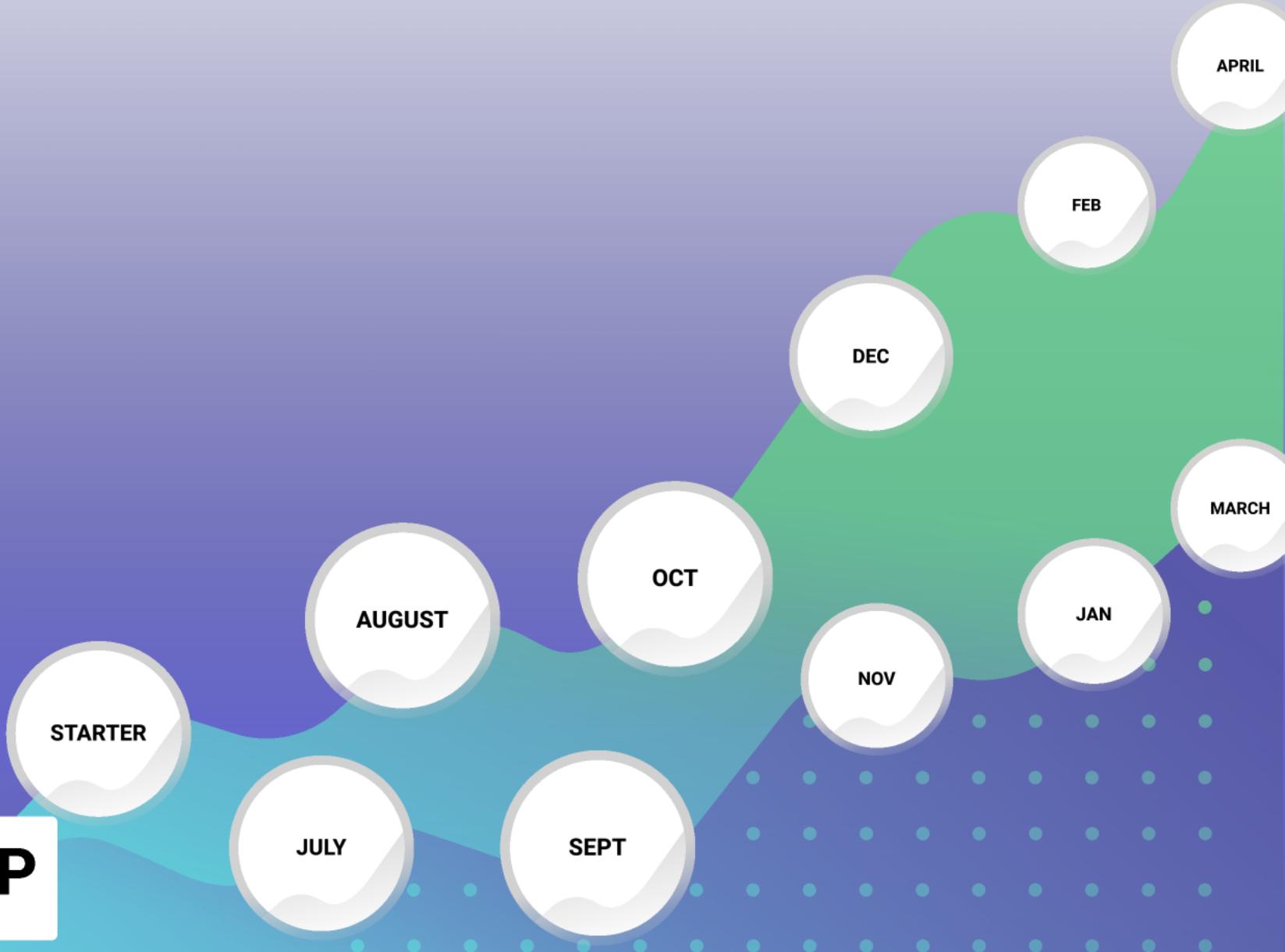
SEPTEMBER

UPSC 2024 ROADMAP



- APROACH GS FOR PRELIMS WITH CURIOSITY AND START WITH WEAKEST SUBJECT FIRST
- PRIORITY LIST IS AS FOLLOWS-
 - Polity
 - Geog
 - Eco
 - Env
 - History
 - Science &Tech
 - CSAT
- FINISH STANDARD BOOKS- SEEK GUIDANCE WHEREVER REQUIRED
- START ANSWER-WRITING FOR GS NOW

UPSC 2024 ROADMAP



**1ST
READING-
OVERVIEW
AND
CONCEPTS**

**2ND READING
AND NOTE-
MAKING**

- IF POSSIBLE JOIN ANSWER-WRITING TEST SERIES AND DO REGULAR PRACTICE
- FINISH 1ST READING AND START 2ND READING
- START TO PREPARE CONCISE NOTES AT THIS STAGE
- KEEP TOUCH WITH ESSAY AND ETHICS
- DROP OPTIONAL SUBJECT

AFTER FIRST READING

162

ERWIN SCHRÖDINGER

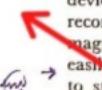
SYMBOLIC MARKING



grating and measuring certain lengths and angles has to be introduced, before even the roughest qualitative knowledge of what we call the objective physical nature of the light and of its physical components can be obtained. And this is the relevant step. That the device is later on gradually refined, while remaining essentially always the same, is epistemologically unimportant, however great the improvement achieved.

The second point is that the observer is never entirely replaced by instruments; for if he were, he could obviously obtain no knowledge whatsoever. He must have constructed the instrument and, either while constructing it or after, he must have made careful measurements of its dimensions and checks on its moving parts (say a supporting arm turning around a conical pin and sliding along a circular scale of angles) in order to ascertain that the movement is exactly the intended one. True, for some of these measurements and check-ups the physicist will depend on the factory that has produced and delivered the instrument; still all this information goes back ultimately to the sense perceptions of some living person or persons, however many ingenious devices may have been used to facilitate the labour. Finally the observer must, in using the instrument for his investigation, take readings on it, be they direct readings of angles or of distances, measured under the microscope, or between spectral lines recorded on a photographic plate. Many helpful devices can facilitate this work, for instance photometric recording across the plate of its transparency, which yields a magnified diagram on which the positions of the lines can be easily read. But they must be read! The observer's senses have to step in eventually. The most careful record, when not inspected, tells us nothing.

LIGHT UNDERLINING FOR PROMPTS



BECOMINGIAS.COM So we come back to this strange state of affairs. While the

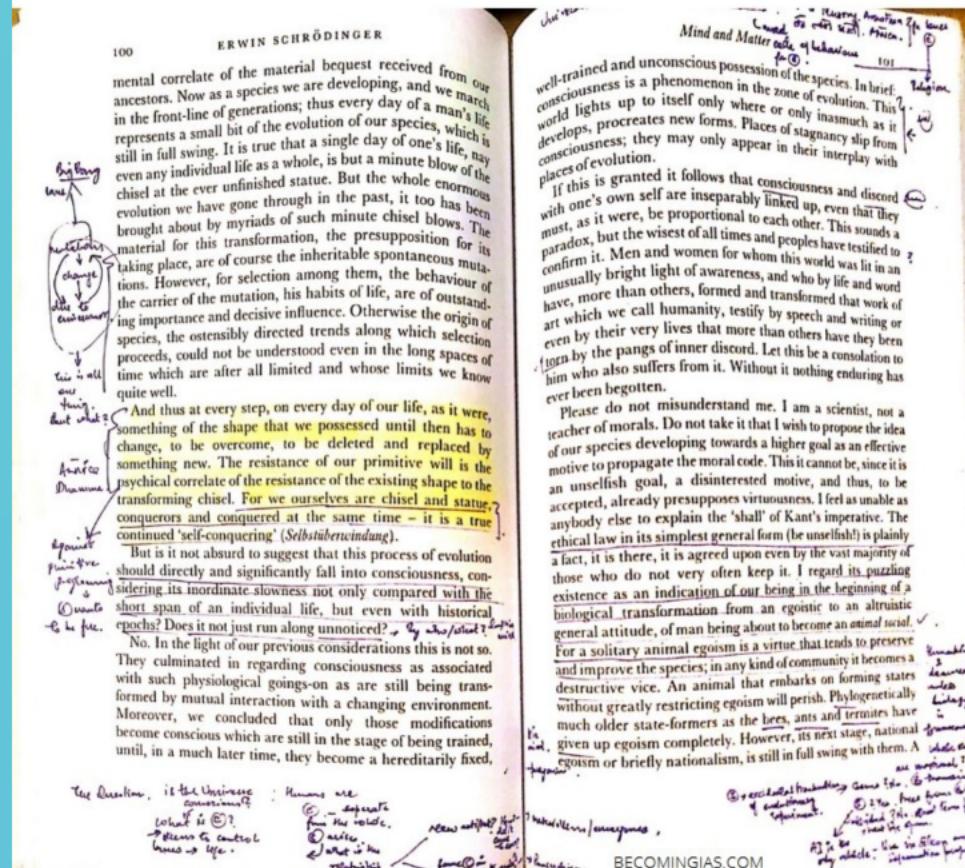
- NOTICE THE OVERVIEW BASED READING
- DETAILS ARE IGNORED
- CONCEPTS ARE ABOSROBED
- DROP PROMPTS FOR YOURSELF WHEN YOU RETURN FOR 2ND READING

1ST READING- OVERVIEW AND CONCEPTS

- IF POSSIBLE JOIN ANSWER-WRITING TEST SERIES AND DO REGULAR PRACTICE
- FINISH 1ST READING AND START 2ND READING
- START TO PREPARE CONCISE NOTES AT THIS STAGE
- KEEP TOUCH WITH ESSAY AND ETHICS
- DROP OPTIONAL SUBJECT

2ND READING AND NOTE- MAKING

AFTER SECOND READING



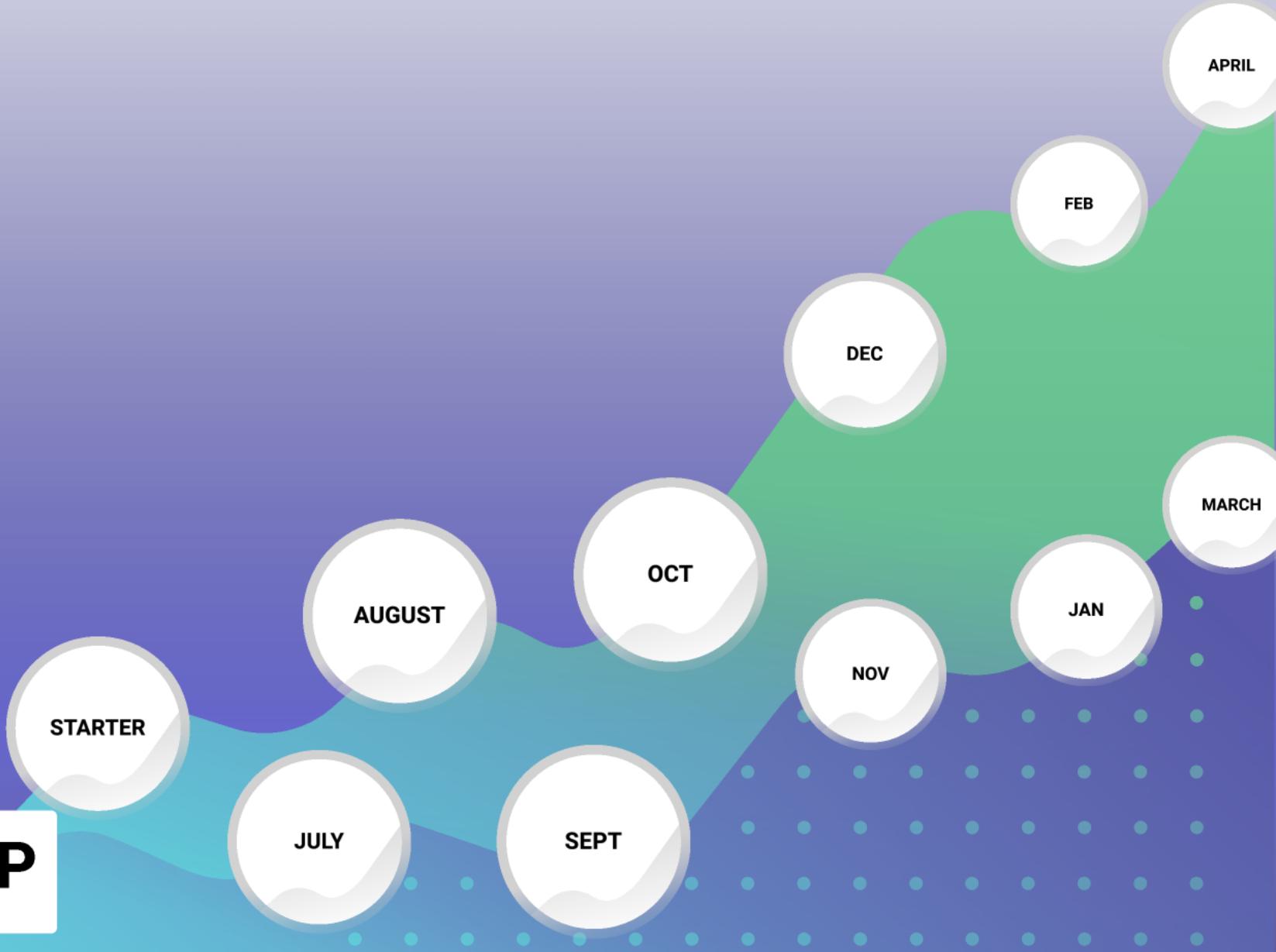
- FOCUS ON DETAILS
- REFINE THE CONTENT
- MAKE CONCISE NOTES

1ST READING- OVERVIEW AND CONCEPTS

- IF POSSIBLE JOIN ANSWER-WRITING TEST SERIES AND DO REGULAR PRACTICE
- FINISH 1ST READING AND START 2ND READING
- START TO PREPARE CONCISE NOTES AT THIS STAGE
- KEEP TOUCH WITH ESSAY AND ETHICS
- DROP OPTIONAL SUBJECT

2ND READING AND NOTE- MAKING

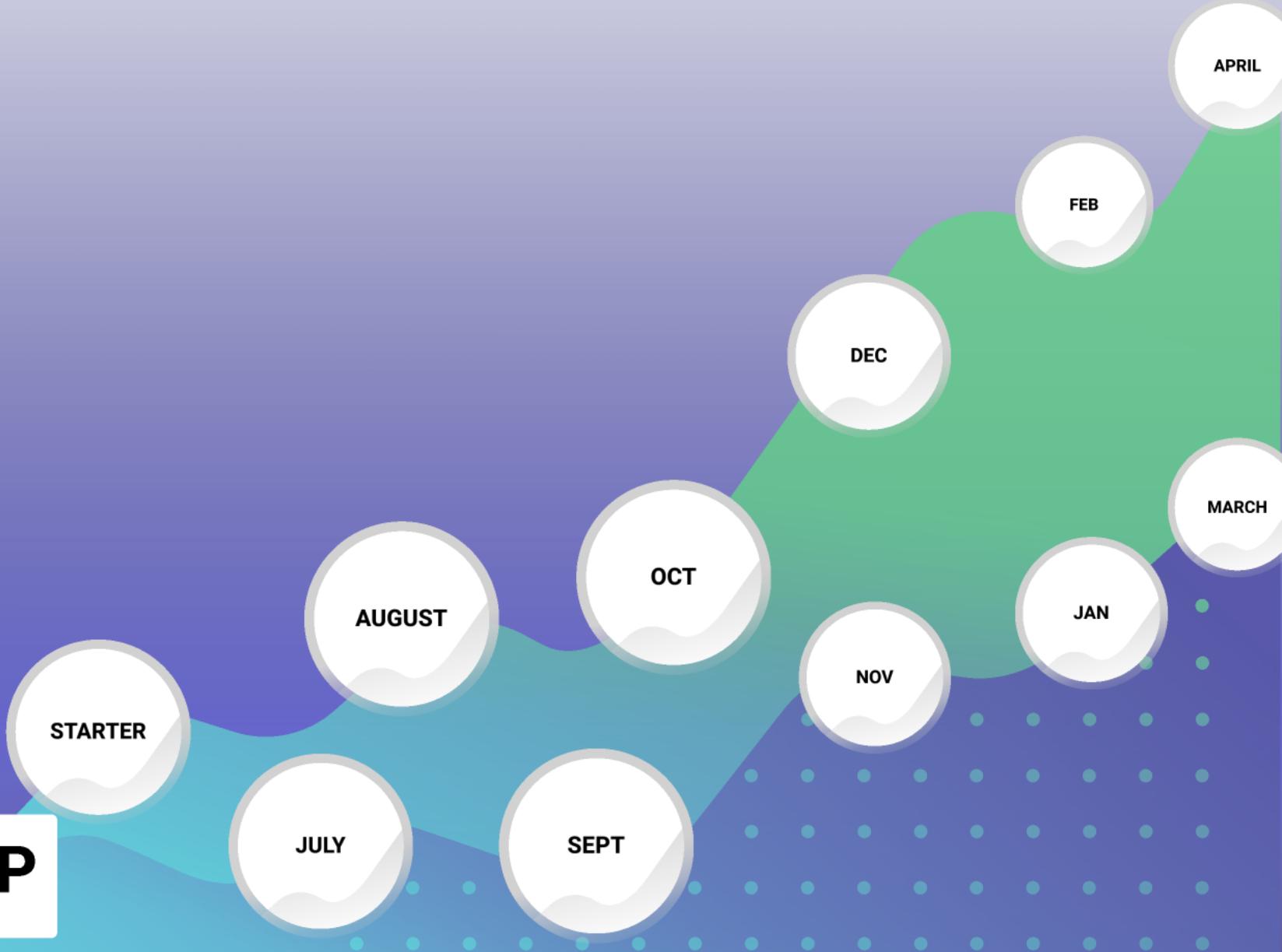
UPSC 2024 ROADMAP



LAST MONTH FOR MAINS

- ONE LAST PUSH TOWARDS MAINS CENTRIC SUBJECTS- ESSAY ETHICS AND OPTIONAL
- NOW THE NEXT OPPORTUNITY WILL BE AFTER PRELIMS
- DONT UNDERESTIMATE PRELIMS- IT IS BY FAR THE TOUGHEST STAGE
- BECOME OBSESSED WITH CURRENT AFFAIRS (AGAIN)

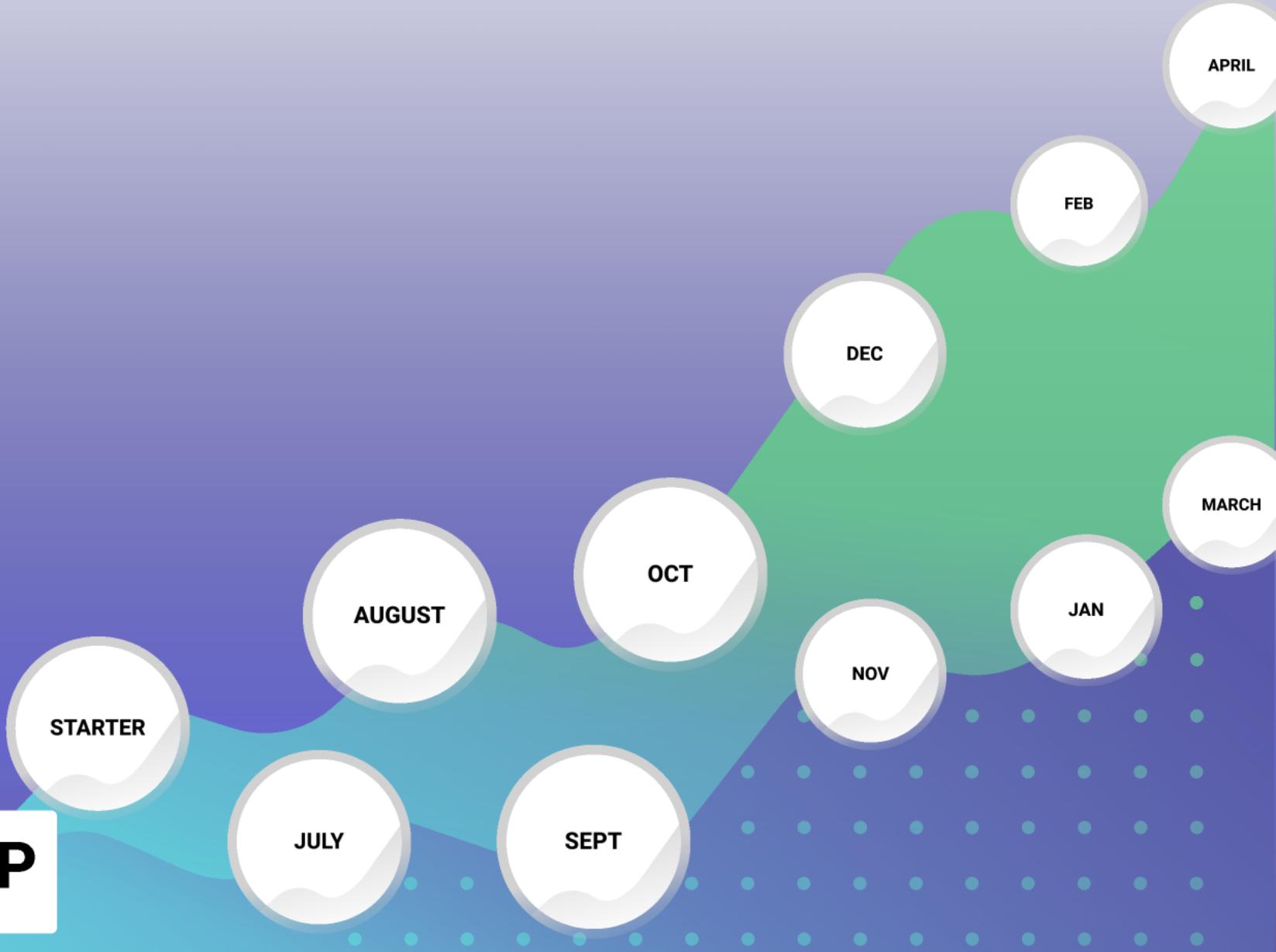
UPSC 2024 ROADMAP



GS CONTINUES BUT STRICTLY FROM PRELIMS POV

- KNOWLEDGE NETWORK SHOULD BE WELL-DEVELOPED BY THIS TIME
- IDENTIFY WEAKEST AREAS OF GS AND ATTACK **aggressively**
- PREPARE CONCISE NOTES IF NOT DONE SO FAR
- LIMIT AND FINALIZE SOURCES OF TEXT/STUDY- DO NOT ALLOW NEW SOURCES
- BRUSH UP CURRENT AFFAIRS IF NOT DONE ALREADY

UPSC 2024 ROADMAP

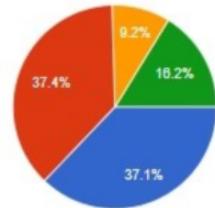


CSAT AND GS

Does CSAT pose a threat to your qualification in prelims 23 ? If yes, what is your biggest fear?

986 responses

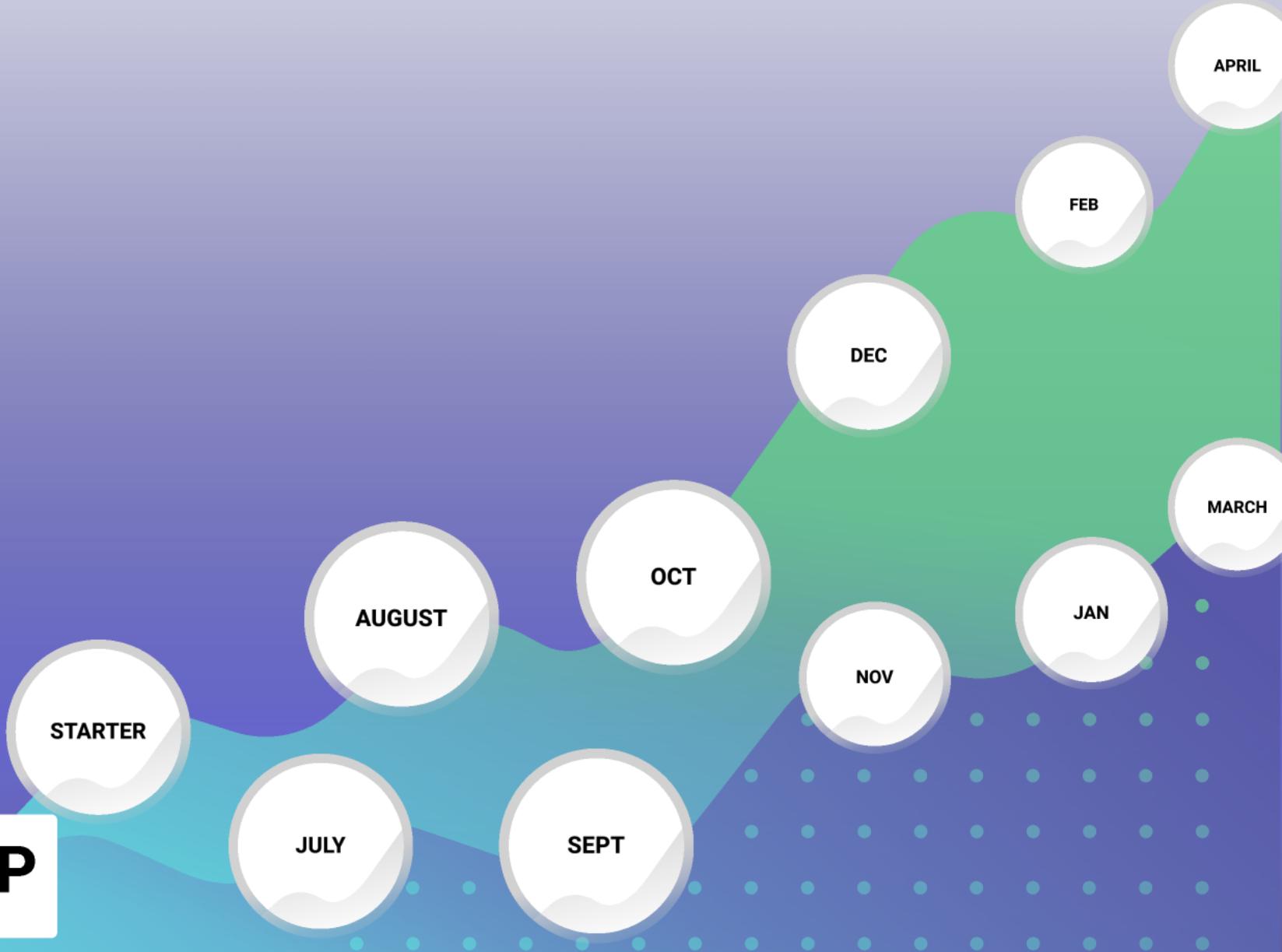
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- No CSAT is not going to be a problem for me
- CSAT Math is my biggest fear
- CSAT English is my biggest fear
- Both Math and English give me nightmares

- IDENTIFY IF CSAT IS A THREAT
- ATTACK AND DEFUSE
- TARGET IS TO SCORE 6-% + IN pyq OF CSAT
- CONTINUE GS AND BEGIN TESTING- JOIN TEST SERIES IF POSSIBLE
- SWITCH FROM KNOWLEDGE AQUISITION TO CONSOLIDATION

UPSC 2024 ROADMAP



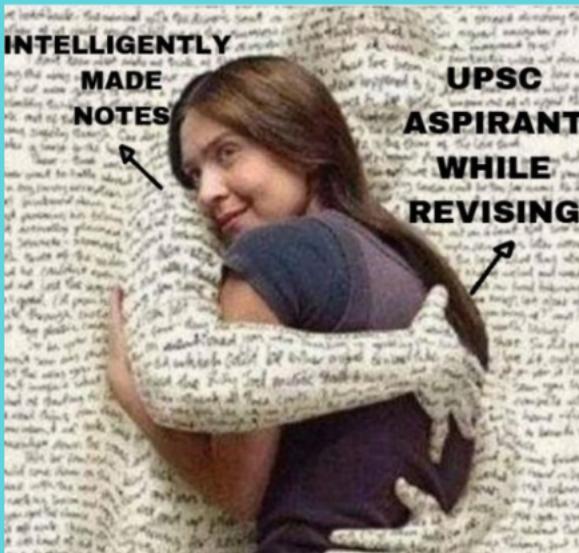
TESTING AND REVISION

- IDENTIFY WEAK AREAS CONSTANTLY
- USE TEST-SERIES AS A DIAGNOSTIC TOOL AND DONT WORRY ABOUT THE RESULT
- PRACTICE MEDITATION
- ANXIETY WILL START TO BUILD
- REVISION NEEDS TO BE MADE INTERESTING
- FIND A SUPPORT NETWORK
- DO NOT ISOLATE YOURSELF - SOCIAZIE HEALTHY DOSES

**REALISTIC
REVISION**

REALISTIC REVISION

- THE CHALLENGE IS THAT REVISION IS NOT ENJOYABLE OR REWARDING
- YOU WILL NEED TO PUSH YOURSELF BY REWARDING EVERY SMALL WIN
- USE DOPAMINE HACKS

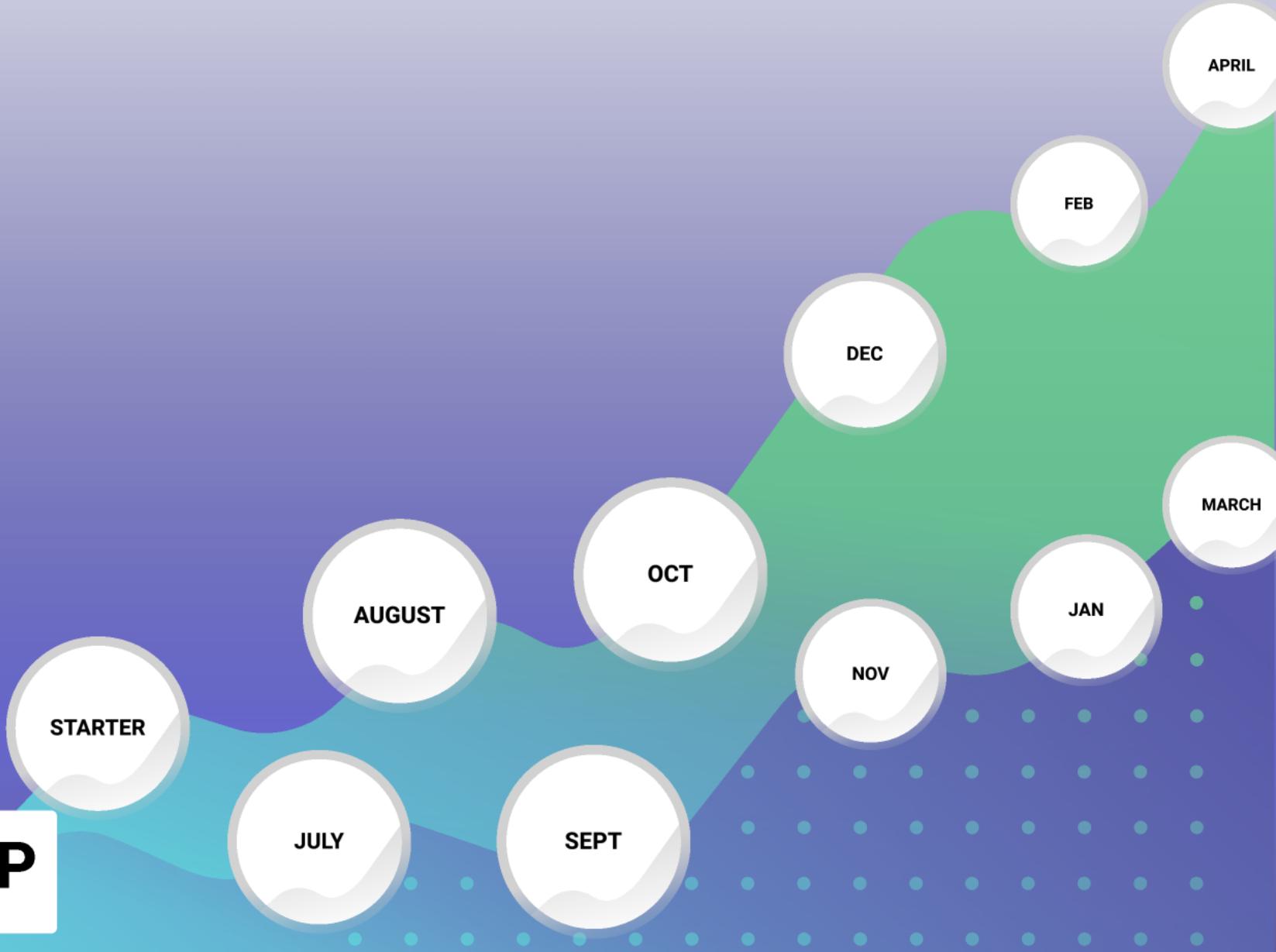


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**REALISTIC
REVISION**

UPSC 2024 ROADMAP



PSYCHOLOGICALLY MOST CHALLENGING MONTH

- CONTINUE MEDITATION
- ANXIETY WILL PEAK
- DO NOT FALL INTO THE GUILT-TRAP
- KNOW THAT THERE IS STILL TIME AND YOU ARE GOOD ENOUGH
- USE YOUR COMMUNITY AND SUPPORT NETWORK

UPSC 2024 ROADMAP

