

ScreenTime Report - 2025-11-01

Metric	Value
Total Screen Time	1.24 hours
Productive Time	0.08 hours
Entertainment Time	0.24 hours
Productivity Score	6%
Apps Used	12
Sessions	94

Top Applications

App	Category	Time (hours)	Sessions
sekiro	Other	0.75	6
msedge	Browser	0.15	11
brave	Browser	0.09	14
Code	Development	0.08	13
explorer	Other	0.07	27
GHelper	Other	0.04	5
SearchHost	Other	0.03	9
ApplicationFrameHost	Other	0.03	4
WINWORD.EXE	Productivity	0.0	1
EXCEL.EXE	Productivity	0.0	1